

# Annual Review 2009

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# PRESIDENT'S WELCOME

*Professor Dinesh Bhugra*

It has been a year of change in mental health services, from the continuing impact of the economic downturn to continuing uncertainty in workforce planning. As ever, the College has been ready to respond, continuing its tradition of promoting excellence within mental healthcare and championing improvements in the quality of services throughout all sectors of society.

You may notice that we have changed the format of this year's Annual Review. To keep pace with the trend for organisations to deliver more of their material electronically, we have chosen to publish and circulate the Review online. The Review has also been redesigned to showcase the College's excellent work more effectively, including three special features (pp. 4–9) profiling some of the ways in which the College is meeting its three core purposes (see below).

In October 2009 we held the first ever RCPsych Awards, designed to recognise and reward excellence within psychiatry. The ceremony, held at the Royal Society of Medicine, was a unique opportunity for us to celebrate examples of the outstanding work being carried out

by psychiatrists and other mental health professionals every single day. Turn to pages 12 and 13 to see the winners.

This Review provides just a flavour of the huge volume and breadth of work

carried out by the College over the past 12 months. As ever, my thanks go to the hard-working staff across the UK who have done so much of this. But we are also reliant on the time given for free by our Members and Fellows, and I thank all those who have continued with their unstinting support of the College during 2009.



I look forward to a successful 2010.

*Professor Dinesh Bhugra*  
*President*

The core purposes of the Royal College of Psychiatrists are to:

- set standards and promote excellence in psychiatry and mental healthcare
- lead, represent and support psychiatrists
- work with service users, carers and their organisations

# HIGHLIGHTS OF THE YEAR 2009

The College undertook a very wide range of activities to further its charitable aims in 2009. The focus was, as always, on our strategic aims in the pursuit of public benefit by improving mental health.

## The RCPsych Awards

The RCPsych Awards is a new national award scheme set up to recognise excellence in psychiatry. Over 300 people attended the ceremony to acknowledge and reward the best academic, the most talented trainees, the hardest-working psychiatrists, the most innovative teams and services, and the most influential public educator of 2009. The Lifetime Achievement award went to Professor Sir David Goldberg. See pages 12–13 of this review for photos of this year's ceremony.

## College membership

The number of College members exceeded 15 000 in September 2009. There are 2000 trainees, nearly 2700 overseas members and 1100 Student Associates (a new grade for medical students).

## Recruitment into psychiatry

We ran the national recruitment for core trainee posts at CT1 grade and the online assessments for Healthcare Assessment and Training (HcAT; [www.rcpsych.ac.uk/training/nationalrecruitment.aspx](http://www.rcpsych.ac.uk/training/nationalrecruitment.aspx)).

We supported the first summer school at the Institute of Psychiatry and hosted a reception for students. Stephen Fry, an Honorary Fellow of the College, 'tweeted' in support of recruitment, which brought a surge in visits to our website.

## Revalidation

Revalidation is the most significant change to medical regulation since 1858. During 2009, we piloted case-based discussion for consultants as part of the assessment process. In November, proposals for the recertification of psychiatrists on the specialist register were submitted to the General Medical Council. These are based on the *Revalidation Guidance for Psychiatrists* (draft available on the College website).

## 2009 Annual Meeting

The 2009 Annual Meeting in Liverpool was a huge success, attracting 1200 delegates from all over the world. The meeting provided opportunities to hear about the latest developments in psychiatry, to update existing skills and to network.



## Work with service users and carers

In response to the economic downturn, we have worked with the Financial Services Authority to produce a 'debt first aid kit' to help health and social care professionals identify and work with people experiencing debt and mental health problems: 100 000 kits were delivered to psychiatrists and other professionals ([www.rcpsych.ac.uk/debt](http://www.rcpsych.ac.uk/debt)).

We have addressed a significant gap in support for people who are unwell by producing the first 'get well' cards for mental health ([www.rcpsych.ac.uk/getwellsooncards](http://www.rcpsych.ac.uk/getwellsooncards)).

## Improving communications

In 2008 we established forums for service users and carers, and an email Service User and Carer Network that already has over 1000 members. In November 2008 we set up the College's Facebook profile, primarily for medical students interested in psychiatry, and we now also have a Twitter account with 500 followers: [twitter.com/rcpsych](https://twitter.com/rcpsych)

## Contributions to mental health policy

Our Policy Unit continued to enhance the College's ability to respond to consultations – one every 4 working days in 2009 – and to provide briefings for politicians and policy makers ([www.rcpsych.ac.uk/policyandparliament.aspx](http://www.rcpsych.ac.uk/policyandparliament.aspx)).

The College President was appointed Vice-Chair of the Academy of Medical Royal Colleges. He also represents the Academy on Medical Education England (MEE), and co-chairs the Medical Programme Board, both of which play a major role in setting the framework for future medical education.

## International work

A group of College members trekked through Kerala, India, in January/February 2009 and raised over £30 000 to support our international Volunteers Programme ([www.rcpsych.ac.uk/college/internationalaffairsunit/volunteersprogramme.aspx](http://www.rcpsych.ac.uk/college/internationalaffairsunit/volunteersprogramme.aspx)).

We also worked with a number of overseas governments on issues such as access to services (in Iraq) and the drafting of new mental health legislation (in Egypt).



Trekking through the Western Ghat Mountains, India

## Working with the arts

Film, theatre, poetry and a new free public lecture series all featured in the College's programme. We supported two plays and post-performance discussions on mental health issues at London's Royal Court and Almeida theatres, as well as preview screenings of two films challenging mental health stereotyping. Evenings with Lisa Appignanesi, Alan Beveridge and Femi Oyeboode explored the links and themes between psychiatry and literature.

# EXCELLENCE: RECRUITING PSYCHIATRISTS OF THE FUTURE

## COLLEGE PERSPECTIVE

*Professor Rob Howard,  
Dean*

Psychiatry has never been the most popular of medical specialties, but a disturbing diversion of UK medical graduates away from our specialty has been apparent in the past 5 years.

Although 6th-formers continue to rank psychiatry positively as a potential career option, the combination of uninspiring undergraduate teaching and a tiny representation of posts in the Foundation Programme contribute to the very small numbers who choose to join us in core specialty training.

The College has been working hard to reverse this. Dr Nisha Dogra and colleagues scoped undergraduate psychiatry training in the UK and made recommendations – some of which are being taken forward by the Academic Faculty to improve the undergraduate curriculum and re-engage



Professor  
Rob Howard

our university-based colleagues in teaching.

We've also worked with the UK Foundation Programme Office to boost the numbers of Foundation Year (FY)1 and FY2 posts with meaningful exposure to psychiatry.

The College's highly successful National Recruitment to Specialty Training in England – led by Dr Nick Brown – matched the best available applicants with available core training posts and helped hang on to those precious trainees who know they want to join us.

The most immediately rewarding work has been our direct engagement with medical students, run by the Psychiatric Trainees' Committee (PTC) and ably led by PTC chair Dr Clare Oakley and Dundee medical student

Jude Harrison. Clare and Jude, through their energy and determination, have helped establish and link up undergraduate psychiatry societies in almost all our medical schools.

Interested students are encouraged to become Student Associates of the College and the new grade has over 1100 joiners. Student Associates get free access to the College's journals, their own web-pages and newsletter, and news about events, prizes, elective opportunities and our summer schools.

The first medical student summer school was held in July at the Institute of Psychiatry. There was stiff competition for places and the 27 attendees enjoyed bed and breakfast accommodation with Maudsley consultants and trainees, a week of talks, lab demonstrations and tours, and an evening at 17 Belgrave Square. We showed these students some of the fascination and fun that comes with a career in psychiatry – an image we need to recapture.



## STUDENT PERSPECTIVE

Jude Harrison, Student Associate representative



I became involved with the recruitment initiative after attending the student session at the College's 2008 Annual

Meeting. I canvassed the views of the other students present at the workshop and contacted the PTC suggesting ways they could foster our interest in psychiatry.

Changes to postgraduate training oblige doctors to make career decisions earlier, and new immigration regulations are likely to reduce the number of psychiatrists recruited from overseas.

This, against a background of chronic unpopularity, mean it has never been more important to encourage students to consider a career in the specialty.

Just over a year since the initiative began, a lot has been achieved. The Student Associateship, dedicated undergraduate events, a growing number of student interest groups and even a Royal College of Psychiatrists Facebook group are raising the profile of psychiatry among students. The challenge now is to build on these achievements.

## SCOTTISH PERSPECTIVE

Professor John Eagles, Chair of the Scottish Division Undergraduate Student Teaching and Recruitment Group (S-DUSTARG)



Professor John Eagles

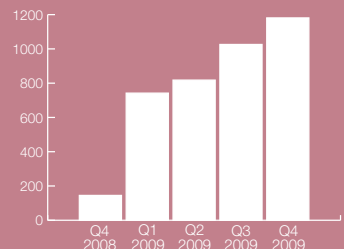
Established in 2003, this group meets three times a year to discuss how to improve the quality of undergraduate teaching and enhance recruitment.

We've contributed to Scottish academic meetings and published surveys of the membership on recruitment and retention. As part of the 2007 Images of Psychiatry campaign, we surveyed Foundation doctors to help identify what deters potential recruits from a career in psychiatry and which factors make it more attractive. Among other findings, the survey highlighted that exposure to a psychiatric post during Foundation training significantly increases the likelihood that a doctor would wish to pursue a career in psychiatry.

In 2006, S-DUSTARG produced a paper which helped shape the College's curriculum on the acquisition of teaching skills among trainees. Following that, we have this year developed a course for psychiatric trainees on how to improve teaching skills. This will run as a pilot and the College has provided central funding with a view to rolling it out – should it prove successful – to other parts of the UK.

Finally, we are editing a College book on enhancing teaching and recruitment. A number of authors from across the UK have contributed chapters and the book should be published in 2010.

Increase in Student Associate numbers since the grade's inception



# LEADERSHIP: REPRESENTING PSYCHIATRISTS TO PARLIAMENTARIANS ACROSS THE UK

## THE UK PARLIAMENT

*Dr Ian Hall, Chair of the Westminster Parliamentary Liaison Committee*

The College has an active programme of parliamentary work overseen by the Parliamentary Liaison Committee. In 2009, we have worked on the Welfare Reform Bill, Equality Bill and the Coroners and Justice Bill, providing MPs with briefing documents and suggesting amendments.

We have achieved significant government concessions on the Welfare Reform Bill, ensuring there are safeguards against discrimination towards people with mental health problems in the welfare system.

We supported the government's measures to ban age discrimination in mental health services through the Equality Bill, highlighting the need for immediate action. The Health Secretary announced in October that the legislation would come into force as early as possible in 2012.

In October, the College launched a position statement *Age Discrimination in Mental Health Services: Making Equality a Reality*, in Parliament. The issue attracted wide interest from parliamentarians, with 18 MPs and Peers attending.

We continue to provide secretarial support to the All-Party Parliamentary Group on Mental Health. We have followed up the Group's 2008 *Mental Health in Parliament* report, working with the charities Mind, Rethink and Stand to Reason to provide mental health awareness training for MPs. We are also working with MPs on the removal of Section 141 of the Mental Health Act, under which MPs automatically

lose their seat if compulsorily detained for more than 6 months.

I led delegations to all three major political party conferences this autumn. We spoke with ministers and shadow ministers covering the range of policy areas that affect mental health, including work and pensions and public health. We also met with backbenchers, addressing local and national issues.

## THE NORTHERN IRELAND ASSEMBLY

*Dr Philip McGarry, Chair of the Northern Ireland Division*



Dr Philip McGarry and public affairs consultant Liz Main outside Stormont, home of the Northern Ireland Parliament

Reform of legislation has dominated the Northern Ireland mental health political agenda in 2009. The *Bamford Review of Mental Health and Learning Disability* recommended a single legislative framework for updated mental health law and the introduction of capacity law. The Department of Health initially proposed separate consequential bills. After lobbying from the College and others in the mental health sector, this was revised to two simultaneous bills and eventually to the

single Mental Health and Mental Capacity Bill. Bamford's four core principles of autonomy, justice, benefit and least harm will be on the face of legislation.

Over the past year, our Division has cemented relationships with Stormont, with health representatives from across the political spectrum seeking our advice. We work closely with other professional groups and with the Mental Health and Learning Disability Alliance, representing a wide range of voluntary and professional groups active in the sector, to push for both service improvements and prevention of service cuts.

## THE WELSH ASSEMBLY GOVERNMENT

*Dr Helen Matthews, Chair of the Welsh Division*

The Welsh Division has become increasingly involved in the policy-making of the Welsh Assembly Government and contributed to all its consultation documents related to mental health over the past 12 months. Of particular importance was the re-structuring of the NHS in Wales (implemented on 1 October).

We are involved with the approved clinician process in Wales, which was initially met with mixed views from members. Following dialogue with our Executive Committee, the Welsh government is currently reviewing the implementation of policy around the procedures of gaining approval. These developments could lead to new guidance in early 2010.

We are also working alongside the Welsh government in seeking legislative competence in mental health. If successful, this competence would be used to bring

## THE SCOTTISH GOVERNMENT

*Dr Peter Rice, Chair of the Scottish Division*

This year, our priority for political engagement has been child and adolescent services. In April, the Health Committee of the Scottish Parliament held an inquiry into child and adolescent services and we provided written and oral evidence.

We held fringe meetings at three of the four Scottish political party conferences, some co-hosted with Barnardo's and the Aberlour Trust. At the Scottish National Party conference, we highlighted the lack of specialist in-patient services for young adults in Scotland with intellectual disability and mental illness. The session, chaired by Minister for Children and Early Years Adam Ingram MSP, included speeches by psychiatrists and carers and generated considerable debate and interest among attendees.

The Cross-Party Group on Mental Health has met three times in 2009 to discuss in-patient services for children and young people, mental health in prisons and suicide prevention.



SNP Conference, Inverness. Left to right: Dr Susie Gibbs, Minister for Children and Early Years Adam Ingram MSP, carers Mrs and Mr Harper, and Dr Ama Addo

forward a subsequent Assembly Measure (or 'Welsh Law') dealing with assessment, treatment and advocacy in mental health.



# ENGAGEMENT: WORKING WITH SERVICE USERS, CARERS AND THEIR ORGANISATIONS

The Service Users' Recovery Forum (SURF) and the Carers' Forum first met in January 2008, and now meet four times a year. Both forums continue to have a membership from all over the UK. Representatives from SURF and the Carers' Forum attend the main College committees, including the Central Executive Committee and the policy committees.

The Forums have contributed enormously to College policy work and consultations. They are currently working on the revision of the College's Report on Advocacy and will report back in 2010. Although both forums meet separately for most of the day, they come together at the end of the day to discuss a shared agenda.

The Forums demonstrate collaborative working par excellence between service users, carers and professionals, and – despite a wide range of opinions – demonstrate respect of each other's views.

The College's Registrar Professor Sue Bailey and Associate Registrar for Public Education Dr Peter Byrne chaired this year's annual meeting for all service users



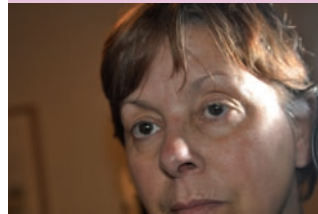
Dr Peter Byrne

and carers involved in the work of the College. The meeting looked at the impact of the recession on mental health, and the quality and standards of in-patient wards.

An increasing number of the College's Faculties and Sections now have service user and/or carer representation, using different models of consultation to suit the specialties and their agendas.

## SALLY DEAN

Sally is a member of SURF. In addition to service user involvement, she enjoys reading good fiction, photography, graffiti, ancient monuments and travel.



**Q:** What motivated you to join SURF?

**A:** The first psychiatrist I saw in 1975 talked to me

and then asked my parents if I had been dropped on the head as a baby! This dismissive and negligent attitude has been endemic in a lot of the psychiatrists I have seen over the years. In joining SURF I hoped to add my voice to national discussions and have an influence on how psychiatrists practise.

**Q:** What impact has SURF had on the work of the College?

**A:** It is difficult to completely assess the impact SURF is having. However, we are managing to be represented in most of the major Faculties and making sure that the service user experience is heard and recognised.

**Q:** What has been your personal highlight of the year?

**A:** Surprisingly, I have several highlights: I was asked to write a paper for the College's seminar on recession; I am involved in writing a leaflet on debt; and I am to record a podcast for the College website. Above all, I believe, I have earned the respect of other members of SURF and members of the College.



Members of the Service Users' Recovery Forum



## RAYMOND BROOKES-COLLINS

Raymond is Co-Chair of the Carers' Forum. His background is in social care and he cared for his late wife, who had a complexity of mental health issues, for 11 years. He now distance cares for a 42-year-old with bipolar disorder and a 13-year-old with attention-deficit hyperactivity disorder and autism.

**Q:** What have you enjoyed about co-chairing the Carers' Forum?

**A:** It enables me to hear the enormous range of experiences and backgrounds of fellow carers. The extra contact I have within the College and its Faculties gives me insight into how the College and its members work and operate. I am treated with dignity and respect, and enjoy the knowledge, experience and, yes, humour. It is a privilege.

**Q:** Do you think that the needs of carers are listened to in the College?

**A:** My feeling is that the College listens to what carers have to say about their everyday lives, which is refreshing and welcome. However, there are many hard-to-reach carers who remain unheard and isolated. I hope the College continues to seek the views of all carers.

**Q:** What has been your personal highlight of the year?

**A:** My personal highlight was at the College's Annual Meeting in July. All of the carers present felt able to contribute, and had their views heard and discussed. It was so rewarding that each person felt confident and energised to make it a memorable meeting. I thank you all.

# FAIR DEAL AND OTHER POLICY INITIATIVES

*Professor Sue Bailey, Registrar*



Professor Sue Bailey

Pressing for adequate health services for people with mental illness is one of the core objectives of the College's 3-year Fair Deal campaign, and has guided the Policy Unit's work this year.

With the 10-year National Service Framework for Mental Health in England drawing to a close in November 2009, mental health charities have been determined that a new policy framework should be there to replace it. The Policy Unit joined the Future Vision Coalition of mental health organisations to help influence New Horizons, the government's mental health strategy. Over the summer, the College hosted a series of seminars on public mental health to gather proposals for protecting and enhancing the UK population's mental well-being.

The impact of the recession on people's mental health and on the NHS as a whole has preoccupied us this year. One project on debt and mental health was completed and another begun, and we hosted a joint

seminar with the NHS Confederation and the London School of Economics to consider the impact of the economic downturn on mental health services. This has led to further work with the College's Divisions to consider the issue at a local level.

The year also saw other new ventures in the Fair Deal campaign. An expert panel reviewed standards set for in-patient facilities by the College Centre for Quality Improvement to see whether they captured the specific needs of Black and minority ethnic patients. The panel's recommendations have been taken up by the relevant networks.

A project on self-harm and suicide is underway, including a survey of College members to discover the main difficulties the mental health system has in treating those who self-harm. A final report will be produced in spring 2010.

## The priority areas of Fair Deal

**F**unding

**A**ccess to services

**I**n-patient services

**R**ecovery and rehabilitation

**D**iscrimination and stigma

**E**ngagement with service users and carers

**A**vailability of services

**L**inking physical and mental health



In April, Lord Bradley reported on diversion from the criminal justice system for people with mental health problems. We have set up a project to consider the problem of delays in the transfer from prison to hospital of mentally ill prisoners. We trust that through identifying some of the barriers we will also find solutions.

Discrimination against older people in mental healthcare has been raised in the position statement *Age Discrimination in Mental Health Services: Making Equality a Reality*, which was launched in Parliament in October.



Each area of the Fair Deal campaign has been addressed by members of the Policy Unit over the year – either through large projects or smaller initiatives. Some of the latter include cost-effectiveness analysis of out-of-area residential care, website toolkits on outcomes and on linking physical and mental health, as well as meetings with the newly formed Care Quality Commission.

## NORTHERN IRELAND: WARD SURVEY

*Dr Claire Coulter, project lead*

When we launched Fair Deal in Northern Ireland, we committed to looking at the state of in-patient wards. We sent a survey to all our Division members, to the manager of each acute adult admission ward in Northern Ireland, and to users and carers. The results surprised us – the main finding was that about a fifth of beds were taken up by people who were well enough to be discharged but were kept in hospital because they had no appropriate place to live. We knew that wards were often overcrowded but had not put together the overall picture before. The problem is not so much about the number of beds as about the lack of supported accommodation for people with complex needs.

The College issued a press release about the findings that was widely reported



Dr Claire Coulter, project lead for the Northern Ireland in-patient ward survey, sitting on an in-patient bed

on in all media – including radio stations that usually focus on music! I had my first taste of ‘talk radio’ and found a real level of concern among listeners. Most believed that people should be supported to rebuild their lives within the community rather than being left in hospital too long. I am now working with the Department of Health to develop an audit tool for bed management within Northern Ireland.



## Congratulations to the winners of the 2009 RCPsych Awards

**1** Advanced Psychiatric Trainee of the Year Dr Susham Gupta with President Professor Dinesh Bhugra

**2** Dr David Fearnley, Psychiatrist of the Year, with the President

**3** Psychiatric Academic of the Year Professor Michael Sharpe, with Dean Professor Rob Howard and the President

**4** Core Psychiatric Trainee of the Year, Dr Ian Harwood

**5** Patsy Fung (second left), Dr Janet Parrott (centre) and John Enser (far right) from Oxleas NHS Foundation Trust received the Mental Health Services Provider of the Year award from the President and National Director for Mental Health in England Professor Louis Appleby

**6** Members of the Bridge Substance Misuse Service celebrated with ceremony host Libby Purves and the President







**7** Professor Sir David Goldberg received the Lifetime Achievement Award from Phil Hope MP, Minister for Care Services

**8** Dr Ify Okocha is presented with the Medical Manager/Leader of the Year Award by the Vice-President Dr Denise Coia and the President

**9** Libby Purves congratulates Public Educator of the Year Dr Philip Timms

**10** The ceremony host, journalist and broadcaster Libby Purves

**11** A full house at the Awards Ceremony, held at the Royal Society of Medicine

The Awards were generously sponsored by:  
Diamond sponsor: NCI Information Systems Inc  
Gold sponsor: St Andrew's Healthcare  
Silver sponsor: CHK Charities  
Other sponsor: Cambridge University Press

# PROMOTING QUALITY IN MENTAL HEALTHCARE

## The National Collaborating Centre for Mental Health (NCCMH) and the College Centre for Quality Improvement (CCQI)



*Dr Tim Kendall, Deputy Director,  
College Research Unit*

The NCCMH is hosted by the Royal College of Psychiatrists and funded by the National Institute for Health and Clinical Excellence (NICE) to develop mental health clinical guidelines for the National Health Service (NHS). Half the team of 20 are based in the College Research Unit in Aldgate and the other half at the British Psychological Society's department at University College London.

### CLINICAL GUIDELINES

The NCCMH develops clinical guidelines with a methodological rigour that has become the international gold standard in guideline development. They are based on the best available research evidence and set the standard on effective and cost-effective practice in the whole of the NHS.

### SERVICE USERS

Every guideline development group has full involvement from service users and carers.

### PUBLICATIONS

In the past year we produced 15 articles for peer-reviewed journals, several guidance summaries in the *BMJ* and a number of guided learning modules.

### Guidelines published in 2009

Borderline personality disorder  
Antisocial personality disorder  
Schizophrenia (update)  
Depression (update)  
Depression in adults with a chronic physical health problem

The CCQI works to promote excellence in mental healthcare. It builds on the work of the NCCMH by setting standards for mental health services and promoting quality improvement through national clinical audits, peer-review networks and accreditation of clinical services.

More than 800 services, units and clinical teams across the UK participated in the CCQI's quality improvement and accreditation programmes over the past year, including 93 young people's inpatient units, 92 young people's community teams, 88 therapeutic communities, 64 medium secure units, 108 ECT clinics, 240 psychiatric wards, 34 memory services, 18 liaison psychiatry teams and 13 mother and baby units. In the course of this work, the CCQI coordinated hundreds of peer-review visits to these services by multi-professional teams that often included service users.

Over the past year, the CCQI secured funding to establish a national audit of schizophrenia to add to the existing audits of psychological therapies for anxiety and depression and of the care of people with dementia in general hospital wards. It was also awarded a grant from the Health Foundation to set up a team that will support mental health services across the country to make improvements by acting on the findings of service reviews coordinated by the CCQI.

*Mr Adrian Worrall, Head, CCQI*



### PUBLICITY AND EDUCATION

Our work has attracted significant media interest and continued to feature on television, radio, and in the national and international press. This helps raise public awareness of the guidelines.

### NICE INTERNATIONAL

We have worked as consultants for international organisations, helping them to establish a programme of clinical guidelines and supporting international psychiatry. Work this year has been with the Turkish government and the Ministry of Health in Georgia.

# HONOURS AND APPOINTMENTS

## COLLEGE APPOINTMENTS

**Dr Gillian Pinner**  
Associate Dean for Training Standards

**Dr Andrew Clark**  
College Lead on Workforce

**Dr Marguerite Paffard**  
Co-Director of Flexible Training

**Professor Kam Bhui**  
College Lead on Public Mental Health

**Dr Roger Banks**  
College Lead on Primary Care

## OBE

**Dr Emmanuel Akuffo**  
For services to medicine

## INTERNATIONAL HEALTH ADVISORY BOARD

**Professor Hamid Ghodse**  
Inaugural Chair

## THE WORSHIPFUL COMPANY OF BARBERS

**Dr Jeremy Bolton**  
620th Master Barber



Photograph courtesy  
Dr Geoffrey Rivett

# COLLEGE REPORTS 2009

## COLLEGE REPORTS

- CR152 The Management of Patients with Physical and Psychological Problems in Primary Care : A Practical Guide
- CR153 Links Not Boundaries: Service Transitions for People Growing Older with Enduring or Relapsing Mental Illness
- CR154 Good Psychiatric Practice (3rd edition)
- CR155 Dementia and People with Learning Disabilities
- CR156 Psychiatric Services for Black and Minority Ethnic Older People

## POSITION STATEMENTS

- PS01 Mental Health and Social Inclusion: Making Psychiatry and Mental Health Services Fit for the 21st Century
- PS02 Age Discrimination in Mental Health Services: Making Equality a Reality

## OCCASIONAL PAPERS

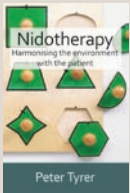
- OP69 Specialist Training in Psychiatry
- OP70 Mental Health and the Economic Downturn: National Priorities and NHS Solutions

# NEW BOOKS 2009



## JANUARY

*Mindreadings: Literature and Psychiatry*  
Edited by Femi Oyeboke



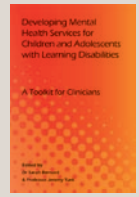
*Developing Mental Health Services for Children and Adolescents with Learning Disabilities: A Toolkit for Clinicians*  
Edited by Sarah Bernard and Jeremy Turk

*Attention Deficit Hyperactivity Disorder: The NICE Guideline on Diagnosis and Management of ADHD in Children, Young People and Adults*

In collaboration with NCCMH and the British Psychological Society

*Am I Going To Die?*

The latest in the Books Beyond Words Series edited by Sheila Hollins



## APRIL

*Modern Management of Perinatal Psychiatric Disorders*  
By Carol Henshaw, John Cox and Joanne Barton



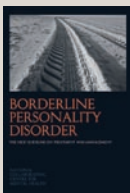
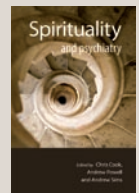
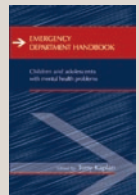
## JUNE

*Emergency Department Handbook: Children and Adolescents with Mental Health Problems*  
Edited by Tony Kaplan

*Spirituality and Psychiatry*

Edited by Chris Cook, Andrew Powell and Andrew Sims

*Nidotherapy: Harmonising the Environment with the Patient*  
By Peter Tyrer

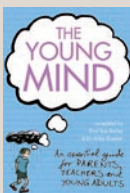


## SEPTEMBER

*Borderline Personality Disorder: The NICE Guideline on Treatment and Management*  
In collaboration with NCCMH and the British Psychological Society

*The Young Mind: An Essential Guide for Parents, Teachers and Young Adults*

Co-edited by Sue Bailey and Mike Shooter; co-published with Transworld



## OCTOBER

*Primary Care Mental Health*

Edited by Linda Gask, Helen Lester, Tony Kendrick and Robert Peveler

## PUBLIC EDUCATION HIGHLIGHTS

### PUBLIC EDUCATION EDITORIAL BOARD

*Dr Philip Timms*

The College continues to be one of the world's main providers of mental health information, producing 148 leaflets on common mental health problems and treatments, and more than 100 translations of these materials into 14 different languages from Arabic to Welsh. New titles this year include Problem Gambling, Physical Activity and Mental Health, and Depression in Older Adults. We receive genuinely positive feedback from the public, who find the information comprehensive, unbiased and easy to understand. Many of our mental health information web-pages continue to rank among the most popular in the world, with visitors from over 200 countries.

I have been supported in my role as Chair of the Public Education Editorial Board by a small group of enthusiastic College members and staff. I am particularly grateful to Dr Martin Briscoe, Dr Jim Bolton, Dr Ashok Jainer and Dr Ros Ramsay, who have all been involved in the writing, editing and translation of the materials, as well as the important task of ensuring that the information is up to date and regularly reviewed. This is a truly mammoth task. We've recently invited three service user representatives onto the Board, and their motivation and passion for public education has reinvigorated our work.



Dr Phillip Timms, Chair of the Public Education Editorial Board

### PRESS AND MEDIA

*Deborah Hart, Director of Communications and Policy*

The central Press Office, and in particular our press officer Liz Fox, has been busy this year responding to an increasing number of media enquiries and regularly issuing topical press releases. We are grateful to the hard-working members of the Public Education Committee and other psychiatrists who act as our media experts.

This work has been complemented by our very active public affairs officer in Northern Ireland, Liz Main, who works closely with the central office and has raised the profile of the Northern Ireland Division enormously.

Highlights of the year include widespread media coverage of the College's 'Get well soon' cards for people who are unwell with mental ill health, which were launched on 10 October to coincide with World Mental Health Day.

New research presented at the 2009 Annual Meeting in Liverpool made headlines around the world, including one memorable story on how eating curry every week could help prevent dementia. The work the College has done on debt and mental health, and age discrimination in older people's mental health services, received good coverage in the national press and on TV and radio.

We also started using social media site Twitter to promote College initiatives and raise our profile ([twitter.com/rcpsych](http://twitter.com/rcpsych)). As one of only a few medical Royal Colleges with a Twitter profile, we have gained over 500 followers in just 6 months.



The two colourful designs of 'Get well soon' cards



# SUMMARISED ACCOUNTS TO 31 DECEMBER 2008

## Treasurer's report

It is my pleasure to present my report as Honorary Treasurer for the financial year ending 31 December 2008.

At the end of 2008 income was £13,540k and expenditure was £13,494k resulting in a surplus of £46k. When an unrealised loss of £245k on investments is taken into account an overall deficit of £199k emerges.

This year has seen a return to an overall operating surplus owing to the economies made on expenditure, coupled with strong governance, planning and risk management by the trustees and senior managers. Trustees and staff have reduced and contained expenditure, despite inflationary pressures to the contrary, including travel and accommodation expenses, trustee away days and new staff recruitment. For example, £150k travel costs were saved during 2008 before new activities are taken into account.

Membership of the College has continued to grow, increasing in 2008 to 14,180 (2007 – 13,103). Increased membership has generated additional income of £149k. Trainee registration with the College now stands at 1488. Uptake of the new UK Associate grade, however, has been disappointing with only 48 psychiatrists joining the College in this capacity. This suggests a need to review the terms and benefits of this grade of membership.

Other areas of increased income include College Centre for Quality Improvement subscriptions of £395k; income from the College Education and Training Centre of £201k; and £110k funding from NHS East Midlands to develop national selection (CT1) initiatives.

The international liquidity crisis has not had an adverse effect on the College's finances owing to the high level of liquidity of our assets. The economic recession has affected the College's investment portfolio but it is anticipated that unrealised losses will be reversed as the economy improves.

Of more enduring concern is the difficulty the College has had in meeting the requirements of its free reserves policy. This has arisen because the costs of supporting faculties, sections, divisions (FSDs) and the College Research and Training Unit are allocated against the general fund, whereas the surpluses generated by these departments are retained within their areas of activities and are classified as designated funds.

During the period January 2005 to December 2008 the following developments have received significant additional funding from general funds to support activities of FSDs:

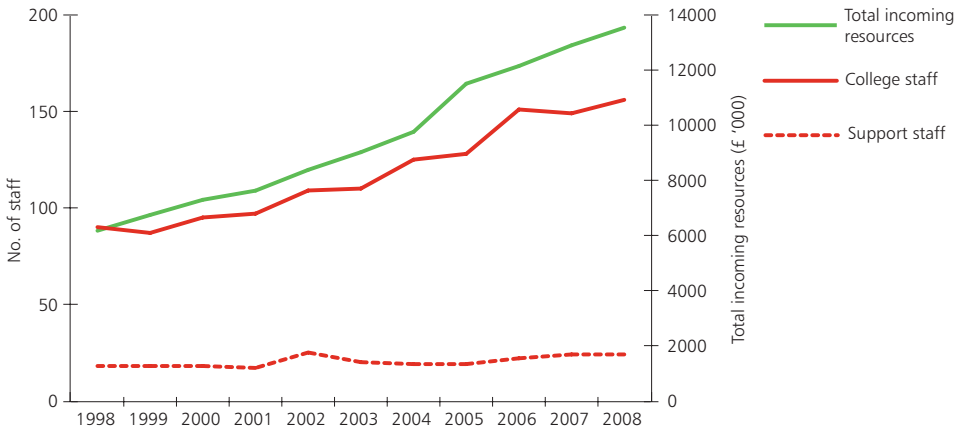
- total support from divisional offices (total funding 2005 to 2008 – £2,229k; funding 2008 alone – £764k; this compares with annual support costs of £263k prior to 2005)
- total administrative support for faculties and sections (total funding 2005 to 2008 – £503k; funding 2008 alone – £194k; this compares with annual support costs of £80k prior to 2005)
- conference days supported by faculties and sections through the College Conference Unit numbered 30 in 2008 (2005 – 26); this does not include study days which have also increased in number.

Other areas of expenditure include the new Psychiatrists' Support Service (funding 2007 to 2008 – £126k; funding 2008 alone – £68k) and direct expenditure for the Board of International Affairs (funding excluding staff costs 2005 to 2008 – £223k; funding 2008 alone – £58k). The new Policy Unit had an expenditure of £142k before College overheads are allocated.



Professor George Ikkos,  
Honorary Treasurer

Despite the above increases, relative growth of central College support departments has been limited. The graph below, for example, presents the numbers of central support services staff (including Facilities, Human Resources, Finance and IT) in the light of increase in overall numbers of staff and annual turnover over the years 1998 to 2008. The additional staff cost this year amounted to £331k.



Increase in College staff in relation to incoming resources, 1998 to 2008

2008 was the first year of full implementation of the new examinations system. In view of the enormous amount of work that has gone into the new examination and the funding of start-up and first-year operating costs of Healthcare Assessment and Training (HcAT), the Central Executive Committee has agreed the introduction of a 15% contribution to the development fund from examinations income. Introduction of the new examinations format has resulted in a decrease in net examinations income by £278k. Opportunities for new income generation may include extending the MRCPsych examination to overseas centres. A first pilot will be taking place in Hong Kong in 2009.

The relationship between the College as an institution and commercial organisations continues to evolve. Income from exhibitors at the Annual Meeting held at Imperial College in 2008 was £4k (2007 – £67k). The relationship between medicine and commercial interests in the UK is currently being reviewed by the Academy of Medical Royal Colleges and the College anticipates the Academy's report with interest.

Faculties, sections, divisions and special interest groups (FSDSIGs) have also contributed to income generation through conference attendance fees and commercial sponsorship. The income generated from commercial sponsorship of FSDSIG activities in 2008 was £75k (2007 – £98k). Although most FSDSIGs contribute successfully to income generation, faculty and division conferences continue to depend on membership fees and other general funds to meet the direct costs of the faculty and section central administrative support, the Conference Unit and the divisional offices.

A major long-term challenge for the College continues to be that of securing premises beyond the expiry of the lease in 17 Belgrave Square in 2034. Work to address this challenge continues actively and will have major financial implications for the future.

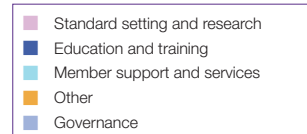
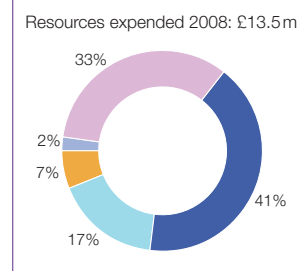
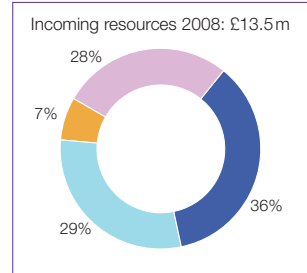
20 March 2009

## STATEMENT OF FINANCIAL ACTIVITIES – YEAR TO 31 DECEMBER 2008

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2008 £000	Total Funds 2007 £000
<b>Incoming resources</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income – donations and gifts	28	–	28	1
Investment income and bank interest	360	–	360	383
<b>Incoming resources from charitable activities</b>				
Standard setting and research	1,410	2,346	3,756	3,349
Education and training	4,841	–	4,841	4,915
Member services and support	3,980	2	3,982	3,784
College campaign and public education	31	56	87	75
Central College development	482	–	482	381
Prize funds	–	4	4	12
<b>Total incoming resources</b>	<b>11,132</b>	<b>2,408</b>	<b>13,540</b>	<b>12,900</b>
<b>Resources expended</b>				
<b>Cost of generating funds</b>				
Activities for generating funds	23	–	23	21
Investment management costs	7	–	7	10
<b>Charitable activities</b>				
Standard setting and research	2,055	2,395	4,450	4,506
Education and training	5,427	21	5,448	5,330
Member services and support	2,307	1	2,308	1,985
College campaign and public education	906	20	926	752
Prize funds	–	7	7	9
<b>Governance costs</b>	<b>325</b>	<b>–</b>	<b>325</b>	<b>418</b>
<b>Total resources expended</b>	<b>11,050</b>	<b>2,444</b>	<b>13,494</b>	<b>13,031</b>
<b>Net incoming (outgoing) resources before transfers</b>	<b>82</b>	<b>(36)</b>	<b>46</b>	<b>(131)</b>
<b>Transfer between funds</b>	<b>31</b>	<b>(31)</b>	<b>–</b>	<b>–</b>
<b>Net incoming (outgoing) resources before other recognised gains and losses</b>	<b>113</b>	<b>(67)</b>	<b>46</b>	<b>(131)</b>
<b>Other recognised gains and losses</b> (Losses) gains on investment assets	<b>(245)</b>	<b>–</b>	<b>(245)</b>	<b>44</b>
<b>Net movement in funds</b>	<b>(132)</b>	<b>(67)</b>	<b>(199)</b>	<b>(87)</b>
<b>Reconciliation of funds</b>				
Total funds brought forward	6,112	479	6,591	6,678
<b>Total funds carried forward</b>	<b>5,980</b>	<b>412</b>	<b>6,392</b>	<b>6,591</b>

# BALANCE SHEET AS AT 31 DECEMBER 2008

	2008 £000	2007 £000
<b>Fixed assets</b>		
Tangible assets	2,070	2,042
Listed investments	890	1,142
	<b>2,960</b>	<b>3,184</b>
<b>Current assets</b>		
Stocks	117	177
Debtors	1,829	1,620
Short-term bank deposits	3,000	3,500
Cash at bank and in hand	1,577	467
	<b>6,523</b>	<b>5,764</b>
<b>Creditors: amounts falling due within one year</b>	<b>3,091</b>	<b>2,357</b>
<b>Net current assets</b>	<b>3,432</b>	<b>3,407</b>
<b>Total net assets</b>	<b>6,392</b>	<b>6,591</b>
<b>Represented by:</b>		
Funds and reserves		
Income funds		
Restricted funds	412	479
Unrestricted funds		
Designated funds	3,364	4,512
General funds	2,616	1,600
	<b>5,980</b>	<b>6,112</b>
	<b>6,392</b>	<b>6,591</b>



## Summarised accounts

The Trustees confirm that the summarised accounts on pages 20 and 21 are a summary of the information extracted from the full Annual Report and Accounts, which were approved on 20 March 2009. The summarised accounts may not contain sufficient information to allow a full understanding of the financial affairs of The Royal College of Psychiatrists. Copies of the full accounts on which the auditors have reported without qualification and which have been delivered to the Charity Commission may be obtained free of charge upon written request to the Finance Department, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Approved on behalf of the Trustees and signed on their behalf by: Professor D. Bhugra, President; Professor G. Ikkos, Treasurer – 20 March 2009

## Report of the independent auditors to the members of The Royal College of Psychiatrists

We have examined the annexed summarised accounts (comprising Statement of Financial Activities and Balance Sheet) of The Royal College of Psychiatrists for the year ended 31 December 2008.

## Respective responsibilities of Trustees and auditors

The Trustees of the College are responsible for the preparation of the summarised accounts in accordance with applicable law and the recommendations of the charities SORP. Our responsibility is to report to you our opinion on the consistency of the summarised accounts with the full Annual Report and Accounts.

## Basis of opinion

We conducted our work in accordance with the Bulletin 1999/6 'The auditors' statement on the summary financial statements' issued by the Auditing Practices Board for use in the United Kingdom.

## Opinion

In our opinion the summarised accounts are consistent with the full Annual Report and Accounts of The Royal College of Psychiatrists for the year ended 31 December 2008.

Buzzacott LLP, Chartered Accountants and Registered Auditors, 12 New Fetter Lane, London EC4A 1AG – 23 March 2009

These summarised accounts were circulated to the membership of the College and were approved at the Royal College of Psychiatrists' AGM, 4 June 2009.

# CENTRAL EXECUTIVE COMMITTEE MEMBERSHIP

## President<sup>†</sup>

Professor D K M L Bhugra

## Treasurer<sup>†</sup>

Professor G Ikkos

## Dean<sup>†</sup>

Professor R J M W Howard

## Registrar<sup>†</sup>

Professor S M Bailey

## Editor<sup>†</sup>

Professor P J Tyrer

## Elected members

Professor S M Benbow (F)

Professor R N Chithiramohan (F)

Dr S R Nimmagadda (M)

Dr P A Sugarman (M)

## Chairs of Faculties<sup>†</sup>

*Academic*

*Addictions*

*Child and Adolescent*

*Forensic*

*General and Community*

*Learning Disability*

*Liaison*

*Old Age*

*Psychotherapy*

*Rehabilitation and Social*

## Vice-Presidents<sup>†</sup>

Dr D A Coia\*

## Associate Deans<sup>†</sup>

Dr A D Brittlebank

Dr B S Lunn

Dr L M Mynors-Wallis

Professor G P O'Brien

Dr GT Pinner

## Deputy Registrars<sup>†</sup>

Dr P Byrne

Dr O Junaid

Dr N H Deuchar

Dr P R Snowden

*Information reflects committee membership as at 8 December 2009. Further enquiries should be sent in writing to the Registrar.*

*\*term of office ends 31 December 2009*

*†member ex officio; F, Fellow; M, member*

## Chairs of Sections<sup>†</sup>

*Eating Disorders*

*Neuropsychiatry*

*Perinatal*

Dr U Schmidt

Dr J M Bird

Dr R Cantwell

## Chairs of Divisions<sup>†</sup>

*Eastern*

*London*

*Northern & Yorkshire*

*Northern Ireland*

*North West*

*Scottish*

*South East*

*South West*

*Trent*

*Welsh*

*West Midlands*

Dr D Girling

Dr M Maier

Dr R D Adams

Dr P McGarry

Dr J Holloway

Dr P Rice

Dr P S Davison

Dr A James

Dr D Khoosal

Dr S H M Matthews

Dr S Edwards

## Co-opted members

Dr H Griffiths (for the National Director of Mental Health)

Dr JS Bamrah (Chair, BMA CCSC Psychiatry Sub-Committee)

Dr P Lelliott (Director, College Research Unit)

## Chair of Professional Governance & Ethics Committee<sup>†</sup>

Dr E Fellow-Smith

## Director of Conferences<sup>†</sup>

Dr H Miller

## Director of Public Education<sup>†</sup>

Dr P Byrne

## Affiliate Representative

Dr I Ahmad

## Chair of the Psychiatric Trainees' Committee<sup>†</sup>

Dr J J Van Niekerk

## Patients and Carers

## Representatives

Mr R Brooks-Collins

Mrs C Young



# EDUCATION, TRAINING AND STANDARDS COMMITTEE MEMBERSHIP

Dr F Ahmad  
 Dr R P Arnold  
 Professor S M Bailey<sup>†</sup>  
 (Registrar)  
 Dr J S Bamrah<sup>†</sup> (Director, CPD)  
 Dr V B Banks  
 Professor A W Bateman<sup>†</sup>  
 (Chief Examiner)  
 Dr J A Bearn (co-opted)  
 Dr S Bhaumik  
 Professor D K M L Bhugra<sup>†</sup>  
 (President)  
 Dr A M Boyle  
 Dr A D Brittlebank<sup>†</sup>  
 (Associate Dean)  
 Dr R Cantwell  
 Dr A Clark  
 Professor S Curran  
 Dr F M C Denman

Dr H E De Waal (co-opted)  
 Dr G A Doody  
 Dr S Edwards  
 Dr M P Farrell  
 Dr A Gregoire (co-opted)  
 Professor J Hayden (co-opted)  
 Professor R J M W Howard<sup>†</sup>  
 (Dean)  
 Dr B W Jacobs  
 Professor R Jenkins  
 Dr J A Jones  
 Dr J H Kent  
 Dr P T Lelliott (co-opted)  
 Dr D Longson (co-opted)  
 Dr B S Lunn<sup>†</sup> (Associate Dean)  
 Dr R MacPherson  
 Dr M Maier (co-opted)  
 Dr A Malik (co-opted)

Dr E J Marshall (co-opted)  
 Dr A Michael  
 Dr T Morris  
 Dr L M Mynors-Wallis<sup>†</sup>  
 (Associate Dean)  
 Professor G P O'Brien<sup>†</sup>  
 (Associate Dean)  
 Dr D G Patterson  
 Dr G P Pinner  
 Dr N B Purandare  
 Dr R Rao Nippani  
 Dr P H Robinson  
 Dr J A Russell (co-opted)  
 Dr M S Simmons  
 Dr M Staines  
 Dr J J Van Niekerk  
 Dr J W Warner  
 Professor R J W Williams

*<sup>†</sup> member ex officio*

## OFFICERS OF STANDING COMMITTEES

Committee	Chair
Policy Coordination Programmes and Meetings	Professor S M Bailey Dr H Miller
Psychiatric Trainees Publications	Dr J J Van Niekerk Professor P J Tyrer
Management Board	
Public Education	Dr P Byrne
Westminster Liaison	Dr I Hall

## OFFICERS OF SPECIAL COMMITTEES

Committee	Chair
ECT and Related Treatments	Dr A M E Easton
Informatics	Dr M Baggaley
Professional Governance & Ethics	Dr E Fellow-Smith
Ethics Sub-Committee	Dr C P L Freeman

## OFFICERS OF DIVISIONS

Division	Chair	Secretary
Eastern	Dr D Girling	Dr M Iqbal
London	Dr M Maier	Dr G Rands
Northern & Yorkshire	Dr R Adams	Dr S Barlow
Northern Ireland	Dr P McGarry	Dr U Huda
North West	Dr J Holloway	Dr S Plunkett
Scottish	Dr P Rice	Dr L Watt
South East	Dr P Davison	Dr S Rathod
South West	Dr A James	Dr P Carpenter
Trent	Dr D Khoosal	Dr D Chaloner
Welsh	Dr H Matthews	Dr J Lewis
West Midlands	Dr S Edwards	Dr D Watts

## OFFICERS OF FACULTIES AND SECTIONS

Faculty	Chair
Academic	Professor N J Craddock
Addictions	Dr M P Farrell
Child and Adolescent	Dr M A C Murphy
Forensic	Dr J Parrott
General and Community	Dr M E Hampson
Learning Disability	Dr S Bhaumik
Liaison	Dr P V Gill
Old Age	Dr D N Anderson
Psychotherapy	Dr C J Mace
Rehabilitation and Social	Dr H T Killaspy
<b>Section</b>	<b>Chair</b>
Eating Disorders	Dr U Schmidt
Neuropsychiatry	Dr J M Bird
Perinatal	Dr R Cantwell

Secretary
Professor P W R Woodruff
Dr E Finch/Dr F Keaney
Dr C Lamb
Dr H Stone
Dr N Kosky
Dr H Boer
Dr P Aitken
Dr P J Connelly
Dr S Mizzen
Dr P Wolfson
<b>Secretary</b>
Dr J Morgan
Dr N K Agrawal
Dr E McDonald

## OFFICERS OF SPECIAL INTEREST GROUPS

Group	Chair	Secretary
Adolescent Forensic	Dr P Collins	
Forensic Psychotherapy	Dr C Minne	Dr D Reiss
Gay and Lesbian	Professor M King	Dr H Killaspy
Mental Health Informatics	Dr J Marley	Dr P Kukkadapu
Management	Dr V Majjiga	
Philosophy	Dr M Broom	Professor B Fulford
Private and Independent Practice	Dr P T S Milln	Dr S McKeown
Psychopharmacology	Dr D Baldwin	Dr K Aitchison
Spirituality and Psychiatry	Professor C Cook	Dr S Dein
Transcultural	Dr R Amin	
Women	Dr F Mason	

# IN MEMORIAM

*Deaths December 2008 to December 2009*

- Allen, Beatrice Margaret (b. 1924)  
Ashcroft, George Warburton (b. 1930)  
Avery, Michael John (b. 1930)  
Bagadia, Vrajlal Narshidas (b. 1922)  
Batizy, Gusztav Andras (b. 1918)  
Bavin, Jack Thomas Rainsford (b. 1926)  
Bereen, Frederick James (b. 1941)  
Berg, Ian (b. 1932)  
Bhattacharyya, Sambhu Nath (b. 1931)  
Bickford, James Arscott Raleigh (b. 1917)  
Binns, John Kenneth (b. 1928)  
Board, Hedley Rex (b. 1934)  
Bolt, Jean Mary Wilson (b. 1926)  
Byrne, Geraldine Carmel (b. 1955)  
Chubb, Helen Lindsay (b. 1963)  
Crown, Sidney (b. 1924)  
Cundall, Richard Leslie (b. 1939)  
Dalgleish, William Armstrong (b. 1925)  
Davies, Terence Stanley (b. 1913)  
Dunn, William (b. 1921)  
Eckland, Beaumont Lloyd (b. 1957)  
Eisenberg, Leon (b. 1922)  
Freedman, Isidore (b. 1932)  
Gillie, Anne Katherine (b. 1925)  
Gold, David Victor (b. 1966)  
Gore, Charles Patrick (b. 1918)  
Howarth, Edmund (b. 1928)  
Hunter-Brown, Isobel Henderson (b. 1918)  
Imlah, Norman William (b. 1924)  
Jones, Wilfrid Llewelyn (b. 1916)  
Joyston-Bechal, Montague Philip (b. 1930)  
Kaligotla, Sudhir (b. 1971)  
Knight, Gwendoline Dorothy (b. 1909)  
Kohen, Dora Devora (b. 1946)  
Lang, Jochen (b. 1966)  
Martin, John Christopher (b. 1953)  
Mathur, Gyaneshwar Narayan (b. 1934)  
Mitchell, Philip Henry (b. 1919)  
Morton, Michael Robert (b. 1930)  
Muir, Walter John (b. 1958)  
Nayani, Tony (Tanveer Husein) (b. 1962)  
Nicol, Arthur Rory (b. 1938)  
O'Connell, Brian A. (b. 1926)  
Odejide, Olabisi Adebayo (b. 1941)  
Omotayo, Joseph Olusola (b. 1964)  
Parker, Richard Henderson (b. 1919)  
Pettitt, Vera Agostina (b. 1920)  
Piachaud, Michael James Henry (b. 1948)  
Pitcher, David Corbett Reid (b. 1929)  
Plunkett, Gerald Barry (b. 1927)  
Pollitt, Geoffrey (b. 1920)  
Rae, Alistair Sutherland Livingston (b. 1912)  
Rao, A Venkoba (b. 1927)  
Raschka, Leslie B (b. 1925)  
Reed, John Langdale (b. 1931)  
Robins, Lee (b. 1922)  
Russell, Michael Anthony Hamilton (b. 1932)  
Seifert, Ruth (b. 1943)  
Sim, Myre (b. 1915)  
Slack, Margaret Mary (b. 1927)  
Stephens, Frederick Peter (b. 1927)  
Stone, Frederick Hope (b. 1921)  
Turlle, Georges Charles (b. 1921)  
Vahia, Nalinkant Sunderji (b. 1916)  
Vummadisingh, Vijaya Kumar (b. 1947)  
Weatherhead, Arthur Dixon (b. 1921)  
White, Iain Harvey (b. 1951)  
Williams, Arthur Hyatt (b. 1914)  
Wilson, John David (b. 1934)  
Wolff, Sulammith (b. 1924)  
Zahangir, Mohammed (b. 1939)

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The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369)

Occasional Paper OP72

## SUPPORTERS

The Royal College of Psychiatrists is grateful to the following organisations for their support of College research projects and academic activities during the past year.

Big Lottery Fund  
Care Standards Improvement Partnership  
Charitable Monies Allocation Committee of St Andrew's Hospital,  
Northampton  
Department of Health  
Gatsby Foundation  
Health Foundation  
Health Programme within the 7th EU Framework  
Healthcare Commission  
National Institute for Health and Clinical Excellence  
NHS National Institute for Health Research  
108 NHS providers of mental health services in the UK and Ireland

We are very grateful for the generous bequest by the late Helen Margaret Stevenson.

The College also thanks the many members, non-members and organisations that have given to College campaigns and appeals, and our advertisers for their continued business.