

Nov 03, 2022 4:59 PM

Free Members' Webinar: Applying to CTI/STI Psychiatry,

**Question**

Is there anything a 3rd year medical student could do now to help with an application to psychiatry?

I am hoping to take a locum year after FY2 (2023-24). Will the application process remain the same for intake starting Aug 2024?

**Answer**

It's fantastically exciting that this could be the case! It would be very useful to familiarise yourself with the application process to know what makes you a desirable and competitive candidate so you know what you are working towards. Then starting to look for projects to get involved with locally that you might enjoy is a good start. For example, I loved psychotherapy so contacted the local medical psychotherapist and got involved with an audit and sitting in on psychotherapy groups. Projects lead to more projects and meeting more people and then when you are in F1/F2 you can hone your CV. The PTC are great to put you in contact with local specialists and we have a medical student rep. who can help you get involved with more national projects!  
[ptcsupport@rcpsych.ac.uk](mailto:ptcsupport@rcpsych.ac.uk)

live answered There are currently no plans to change the process, but we cannot rule out changes in the future.

I am working as a teaching fellow in a mental health trust. As an IMG, I need to get a CREST form to enter CT psych training next year.

I have managed to demonstrate all the competencies except section 3.22 and 3.23 that talk about procedures like IV cannulation, catheterization or CPR. These are not regularly done in mental health trusts.

What are my options? This puts IMGs like me at a difficult

position.  
I'm an individual who cannot drive at present due to a medical condition, what have trusts done to cater for this? I would like to apply for psychiatry but there is some concern/hesitation regarding the driving declarations in the Oriel form.

Hello! Thanks so much for today's webinar. Three quick qs today!  
1. Any specific guidance for Northern Irish applicants and the NI recruitment process? 2. Availability of LTFT? 3. Is it possible to apply and if successful, defer? Thanks so much

How long do MSRA results last for? For example if you sat the MSRA in Jan 2023- how many applications can you make based on this score?

Does the referee have to be a psychiatrist?

I had ~8 years after F2 before CTI application so was in the same position when I applied as these competencies were out of date. There are other options to prove competencies such as going on courses etc. I contacted HEE for official advice on this and they guided me through the process.

Hi there, individual trusts may be managing this differently. If you want to write to us at [specialtytraining@rcpsych.ac.uk](mailto:specialtytraining@rcpsych.ac.uk) we can put you in touch with the relevant trust. Thanks.

Hello! Today's webinar mainly looks at HEE (England/Scotland/Wales) applications. NIMDTA in NI deal with NI applications directly. I'm an NI higher trainee and am very happy for you to contact me for a chat. Just send your details to [PTCsupport@rcpsvch.ac.uk](mailto:PTCsupport@rcpsvch.ac.uk) :-)  
The MSRA remains valid for the same recruitment round. For instance, were you to sit in the exam for a post starting in August 2023, in Round 1A, you would be permitted to re-use the score you obtain if you wish to re-apply for Round 2 or Round 2R for posts starting in February 2024.  
No, needs to be a Consultant

Hello, if someone does not want to do LTFT when starting the application in November, and then later in March/April circumstances change and they are now considering LTFT, can this be changed at that time?  
Sorry, what is a DRN?

Does the 12 month post registration experience have to be at time of filling the form or at the time of start of training  
I got my CREST form signed off by my consultant last year, can I use that in my application or do I need to fill in a new one?

When asked "what is your current training program" (on the online application form) are they referring to our foundation school or trust and employing trust ?

thank you, does the 24 months experience include F1?

Applicants are expected to provide details of three referees who have supervised them over the last three years. Ideally you would include your current supervisor. Please note that although we request referee details now, at the time of application, they will not be contacted until much further along in the process when you have accepted a post. The reference is very brief and factual and can be completed via the Oriel system.

live answered. Yes, applications to work LTFT can be submitted at a later date.

Your Foundation School will be able to confirm your DRN (Deanery Reference Number). If you don't have this at the time of application it will be clear from your employment history that you are a current FY2 trainee.  
At the time of starting training

You can re-use evidence from previous applications, as long as the document is still acceptable as per the guidelines. a 2021 CREST document correctly completed would be sufficient

Please include details of your foundation school. If you have any issues completing the application form please contact the recruitment team directly:

[psychiatryrecruitment.nw@hee.nhs.uk](mailto:psychiatryrecruitment.nw@hee.nhs.uk)

Yes it does. Only 12 of the 24 months must be post-registration.

I am enquiring about core psychiatry training in Northern Ireland. Is this a spa rate application process? If so, where can I find more information/ guidance on this?

Do applicants who have already submitted an ACF application form have to submit a separate core training form to be considered for CTI?

Is it necessary to attach the registration certificate of any consultant who signs the CREST form from outside UK? Consultants are happy to sign the form and provide their registration number which can be easily confirmed online from the respective medical council website. Unfortunately they have some reservations in sharing a copy of their registration certificate

Can you please clarify if the end date for the MSRA is Tuesday the 17th or Thursday the 19th of January, there's seems to have been an error

How does it work in terms of deferring your application? Due to commitments I can only sit the MSRA in January so will have to apply for August 2023 intake when I would want to start training in February 2023. So would I be able to defer or would I need to reapply for February intake?

Will there be a second round of recruitment in feb 2024 based on jan 2023 MRSA scores

We are managing the recruitment into places in England, Scotland and Wales this current recruitment round. Northern Ireland have instructed us they intend to recruit locally.

You can find their contact details here:

<https://www.nimmdta.gov.uk/specialty-training/specialty-schools/psychiatry/>

Yes, you would need to submit two separate applications

The CREST outlines our requirements. If the signatory is registered with a non-UK body, we will require evidence of their current specialist registration, in officially translated English if needed.

The MRSA window is 5-17 Jan

Deferred start dates would be a local School/employment matter. If you applied for an August 2023 start date, but were unable to defer, you would still be able to re-apply for a Feb 2024 start date if you so wish. Your previous application would have no bearing on a R2R application. We would anticipate posts being available for a February 2024 start in our Round 2R, but it is not possible to confirm until much closer to then.

If you plan to take a locum year 2023-24, could you sit the MSRA in August/September 2023 with the plan of applying to start core training in August 2024?

Thanks very much for this session. In regards to February intakes are the same number of core training posts available for these as the August intakes? Does there tend to be availability across all of the devolved nations - Scotland, Wales etc? Thank you.

particular question: If I have taken the OET summer 2021 and my post ends in December 2023(I understand OET expires in one year), and I want to apply for February 2024 round, do I need to take another english exam ?  
can we use past/current MSRA scores for future applications?

Hi, thank you for the presentation. I am about to start a job as a junior clinical fellow in psychiatry in the NHS, and would like to know when is the next recruitment round? so I would be able to have 12 months post gmc experience + crest form signed.. Many thanks!

Hi. I wanted to get an idea about what factors we need to consider when choosing a deanery for training. I have heard a lot about how SLAM in London is one of the best for psychiatry but I have also heard people say that the training is the same throughout the UK. Does training in a particular deanery confer any benefits in the long run as a plus point in resumes for the future?

The MSRA can only be sat once the your application for CTI/STI Psych has been made, as you will be invited to sit the exam after your application has been submitted.

The number deviates from round to round, and it is impossible for us as a recruitment office to anticipate where posts will appear and how many there will be. I would say posts starting in February after the previous August TEND to not be numerous but, to emphasise, we do not know in advance where they will be.

If you have secured full GMC registration then we would not request further evidence of your english language skills. If you don't yet have GMC registration, we would recommend contacting the GMC directly to discuss the requirements. Yes, you can use your MSRA score for more than one application.

Congratulations on your new role. Applications for Feb 2023 are now closed you would be applying for August 2023.

live answered. The training requirements are the same in all areas. There are a lot of factors to consider when selecting a deanery including, where you would like to live and work.

seeing as it is only the msra that counts for our application, how important is our portfolio? will it be assessed at higher speciality applications?

Thank you so much for answering this question. I do have FULL gmc registration and up to date with the requirements.

Hi, in the application where DRN /NTN is asked, as an F2, do i indicate NO, being that i don't know it? i understand the application will show i'm a foundation trainee.

I currently work in a non-NHS role as a medical school lecturer, my line manager is a professor of anatomy, has a medical degree but does not retain a license to practise, as he is my current employer reference, is he an acceptable reference for the process, I note a previous response saying references must be a consultant/

I am working as a teaching fellow in a mental health trust. As an IMG, i need to get a CREST form to enter CT psych training next year.

I have managed to demonstrate all the competencies except section 3.22 and 3.23 that talk about procedures like IV cannulation, catheterization or CPR. these are not regularly done in mental health trusts.

How to address this issue? please shed some light in detail regarding this

yes, portfolios are assessed at Higher Training applications

That's great, in that case there's no need to sit a further english language exam.

You have answered your own question :) As a current FY2, you will not need to supply a DRN/NTN.

The applicants' handbook states that last three clinical/educational supervisors from and current post and then the previous two to that are required. We would advise applicants to complete the reference section as best as they can, as if the employing trust and local School are not happy with it, they can ask for further referees during the pre-employment checks.

Unfortunately, the CREST document is a requirement for all CTI/STI level specialty posts. We would advise you to liaise with your local employer to see if they can offer you experience in suitable specialties/locations in order to achieve the necessary competencies.

Are there specific deaneries best known for teaching certain sub-specialities? If so how would you go about finding this information to help in ranking your options?

Is it advisable to have a training job as your first job in the NHS for Psychiatry? Many people advise against it. For IMGs.

Any other suggestions for MSRA question banks?

What website did you say we can see the guidance for professional dilemma MSRA question aside reading the GMC good practice handbook

Hi, is there a document which explains how the London deaneries are split up and which hospitals are in which area?

Hello! I've completed my psychiatry residency from India, and completed MRPsych A and B, giving the casc exam this January. What would be the best course of action for me at the moment? I'm interested in child and adolescent psychiatry and wish to do specialty training in it.  
Thank you

We would ask applicants to rank their preferences based on their own judgement and desire to work in such regions.

There is an IMG rep. for the RCPsych trainees we can put you in contact with for advice if that would help? She is part of a network of IMGs doing psychiatry in the UK. If you email us at [ptcsupport@rcpsych.ac.uk](mailto:ptcsupport@rcpsych.ac.uk)

Hi, have you seen this page <https://medical.hee.nhs.uk/medical-training-recruitment/medical-specialty-training/psychiatry/core-psychiatry-training/overview-of-core-psychiatry-training/msra>

Could it be this one <https://medical.hee.nhs.uk/medical-training-recruitment/medical-specialty-training/psychiatry/core-psychiatry-training/overview-of-core-psychiatry-training/msra>

Last year's recruitment documents for the London region can be found here:

<https://nwpngmd.nhs.uk/sites/default/files/Locations%20-%20LASE%20August%202022.pdf>

This will act as a useful guide.

We would advise you to read the applicants' guide and the person specification for Child and Adolescent Psychiatry to see if you fulfil the criteria required.

Hello, I am a current F2 and am strongly considering applying for August 2024 entry. Do you have any idea whether the 'MSRA-only' model of applications (no interviews/portfolio) is here to stay for the long-term?

is it possible to take the MSRA if we do not/will not have 24 months experience by august 2023?

In which locations are the run through CAMHS and LD training being offered?

Hello! Great seminar, thank you. I contacted SPARC UK back in September regarding opportunities for medical students to gain experience in psychiatry/research. Is this initiative still active?

For STI CAMHS posts, oriel states that it's solely based on MSRA ranking. However, the HEE website listed essential and desirable criteria which will be evaluated via application form and interview. Just slightly confused about the different information on different sites. Can you please clarify this? Thanks!

as for the post- qualification 12 months experience, can that post-registration experience be in an F1 position? I've been an SAS doctor for 2 years in adult psyciatry. Could these years count towards reducing my CT years?

There are currently no plans to change this.

You will only be able to sit the MSRA if you application is longlisted successfully by the recruitment team, and that will require fulfilling all of the entry requirements These will be listed on Oriel when they are available.

Hey! I am not sure about SPARC, but there are lots of ways to get involved with the academic faculty at the College, via our Trainee Rep on that committee - feel free to give us a shout on [ptcsupport@rcpsych.ac.uk](mailto:ptcsupport@rcpsych.ac.uk)! If you are keen to contact SPARC specifically, and haven't received an answer, please email [careers@rcpsych.ac.uk](mailto:careers@rcpsych.ac.uk), marked for the attention of Clare and I will try to find out for you. Answered live. This will be MRSA only.

Post-registration experience would not be in an F1 post, as full registration is obtained at the end of F1. Only training undertaken in a CTI/STI Psychiatry post can count towards CT training. You may also wish to discuss this in your ARCP in Core Training.



With Northern Ireland using interviews also - is there any guidance on interview preparation should you be invited for one? For example a portfolio to prepare?

Thank you

How many CAMHS specific run-through programs are there in the country, and where are they located? Is the application the same? Thanks!

If planning to apply for round Feb 2024, will there be another MSRA exam scheduled for the round of application of summer 2023?

So to clarify, if you sat the MSRA in Jan 2023 you would not be eligible to use that score for September 2024?

Would less than full time also be considered based on religious reasons?

Regarding using past experience to reduce the CT duration, can my experience of working as non trainee at a mental health trust counted?

Roughly what is a good score for the Msra to get your first choice job? Thanks

Hi, NI is not using interviews at present by my understanding but can double check. I'm in NI and happy to have a chat if any q.s re: NI application if necessary - [chriswalshpsych@gmail.com](mailto:chriswalshpsych@gmail.com)

Cheers

This information can be found on the Medical Education website: <https://medical.hee.nhs.uk/medical-training-recruitment/medical-specialty-training/psychiatry/core-psychiatry-training/overview-of-core-psychiatry-training/posts>

Posts with a February 2024 start date will likely be recruited to approximately August 2023. There will be another MSRA exam date after the closing date for this vacancy.

To be clear, the MSRA score can be re-used in Round 1R and Round 2R (posts starting in February 2024). For posts starting in August 2024, that is a new recruitment year, and the MSRA would need to be sat again

<https://www.hee.nhs.uk/our-work/doctors-training/delivering-greater-flexibility>

Category 3 allows trainees to request the opportunity to train LTFT for personal choice.

Only training undertaken in a CT/ST Psychiatry post can count towards CT training. You may also wish to discuss this in your ARCP in Core Training.

Unfortunately we can't predict this as it would depend on the number of applicants, their range of scores and the areas that they have preferred. We would advise all applicants to preference available posts in order of preference.

Hi, does locuming via a hospital bank for F3 count as an employment gap on the application form? And would this effect the long-listing?

Does round 2 generally have a lower applicant/post ratio?

Within a deanery, how flexible is it to stay within a sub-area of the deanery throughout core?

Sorry if you have already mentioned- when can we apply for the training posts starting in February 2024? are there 2 MSRA dates during one recruitment year?

Can you book a place for Msra in advance, or do you need to wait until you are invited to sit msra?

I'm a UK graduate doing the Foundation Programme in the UK but from a non-English speaking country: do I need to resit IELTS to prove my English competency?

Hello! I've completed my psychiatry residency from India, and completed mrpsych A and B, giving the casc exam this January.

What would be the best course of action for me at the moment ?

I'm interested in child and adolescent psychiatry and wish to do specialty training in it.

Thankvou

CREST form looking for ALS, people who have been working in Psychiatry for last 2-3 years, we dont do ALS in Psychiatry

Employment gaps would need to be explained in the application, there are fields available for this, but what the gap is related to would not have much bearing on longlisting. There are normally fewer posts available for February intake. This would be a local decision made within the deanery.

Posts with a February 2024 start date will likely be recruited to approximartely August 2023. There will be another MSRA exam date after the closing date for this vacancy.

You will need to be invited to MSRA, which happens after the longlisting process is complete.

If you have fulll GMC registration you would not need to re-sit IELTS

We would advise you to read the applicants' guide and the person specification for Child and Adolescent Psychiatry to see if fulfil the criteria required.

Unfortunately, the CREST document is a requirement for all CTI/STI level specialty posts. We would advise you to liaise with your local employer to see if they can offer you experience in suitable specialties/locations in order to achieve the necessary competencies.