

Additional Resources

1. NHS E/I new *Working in Partnership* document

<https://www.england.nhs.uk/publication/working-in-partnership-with-people-and-communities-statutory-guidance/>

2. Training for Experts by Experience



Peer Leadership Development Programme

This is a 4 step programme, helping you to find out more about how NHS systems work to provide personalised care for patients. It gives you resources and skills to help you represent patients in order to make a difference and improve services. You can do 1,2,3 or 4 Steps, depending on your individual wishes or circumstances. Step 1 is 4 weeks of online course materials in bite-sized chunks, only 2 hours per week, done in your own time but with a course chat function to bounce ideas off others and the course facilitators. Step 2 follows the same pattern. Step 3 is by application and is a larger commitment of 8 weeks: Weeks 1-4 are online course materials as before and then weeks 5-8 are 4 full day MS Teams sessions with your course cohort. Step 4 has only run once so far, and is currently by invitation only. I cannot recommend this programme highly enough! It's amazing what many of the course members have gone on to do.

If you want to ask direct questions about the course please email Jo Fitzgerald or Colin Royle. jo.fitzgerald@nhs.net or colin.royle@nhs.net. They are extremely personable and will give you a great idea of what is involved.

You can also check out this promo video <https://www.youtube.com/watch?v=z6y0AugXxPI> and <https://www.futurelearn.com/courses/peer-leadership-foundation-step-1> <https://www.futurelearn.com/courses/peer-leadership-foundation-step-2>

3. Coproduction approach from NHS E/I Peer Leadership Development Programme

See attached document – *Our approach to strategic coproduction* pdf.

4. Training in Quality Improvement

RCPsych offers training modules in QI and various NHS Trusts have their own bespoke courses. https://elearninghub.rcpsych.ac.uk/product?catalog=170_CORE_LM_QIM1_QI_Essentials_2021

5. Training in coproduction for Health & Care staff

Midlands Training Academy are running online workshops for staff on coproduction. There will be other courses nationally, but this is an example. It's a good start. The next one is on 13/10/2022.

[The Patient Voice: Patient and Public Involvement – Midlands Leadership Academy](#)

6. NHS E/I Perinatal Mental Health coproduction resource

There were some delegates with a specific interest in Perinatal Mental Health. Here is an example of a resource which was produced by NHS England and Improvement PMH coproduction group, and recently been published in draft for comment. Input came from a group of 15 women and families with lived experience of PM illness and different regional service provision, and feedback from other contacts through many different maternity organisations with whom they work. It will hopefully influence regional implementation of the NHS PMH Long Term Plan. It is available for viewing *and for comment* on the NHS Futures Platform via this link for those who have access, or as a pdf Document, attached alongside this resources page.

<https://future.nhs.uk/PMHSCN/view?objectID=145538629>