

We are ukactive



ukactive exists to improve the health of the nation by getting more people, more active, more often. Whoever you are, wherever you live and work, whatever your background, we create opportunities for every person to improve their health through the strength of the UK's physical activity sector.

> More people, More active, More often

Other sectors



Department
for Environment
Food & Rural Affairs



THE CHURCH
OF ENGLAND



Money &
Pensions
Service



Engaging Communities, Transforming Lives



More people
More active
More often



More people
More active
More often

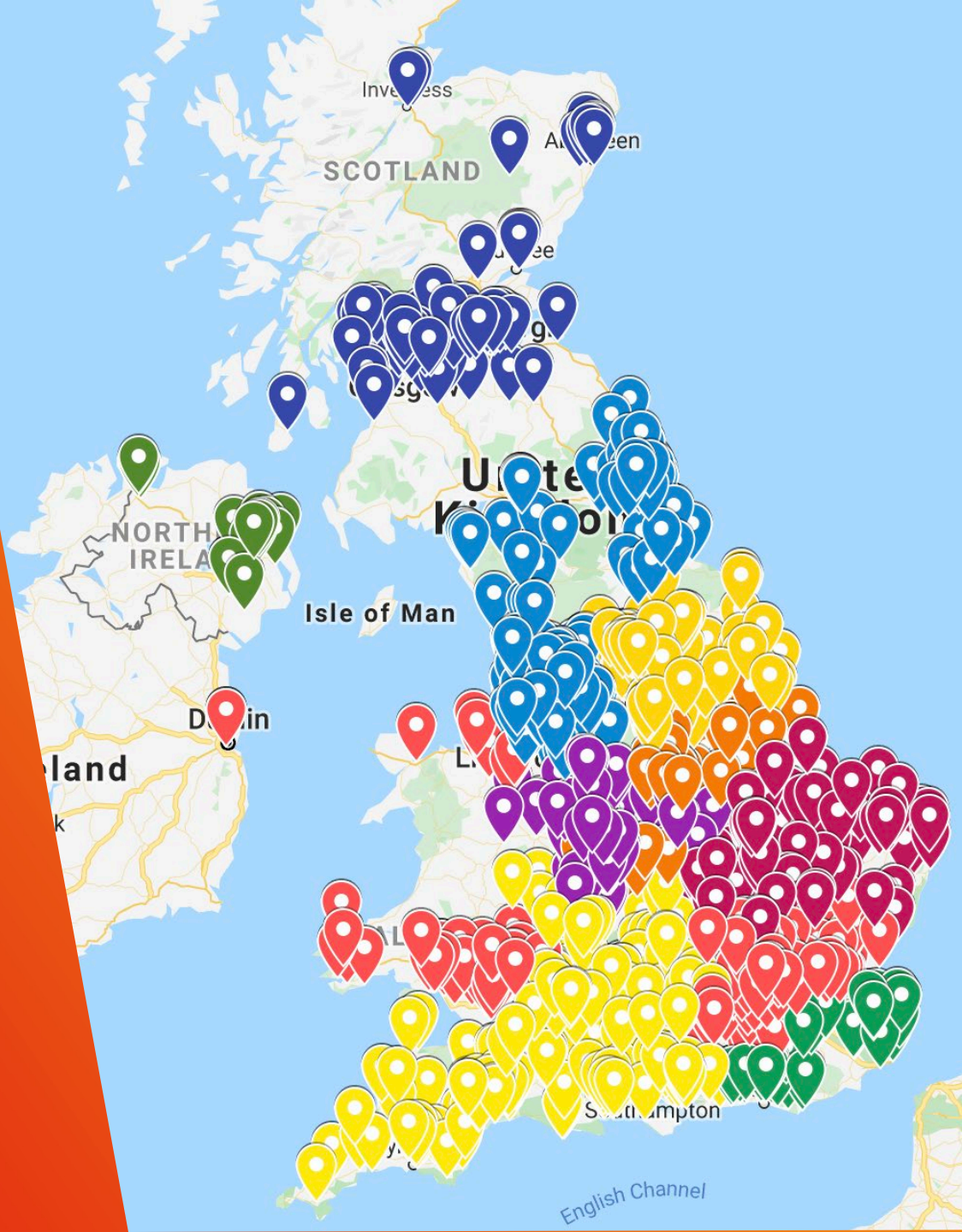
7000+ gyms and facilities

Employs 400,000 professionals

Delivers activity to over **10 million people**

80% of population within 20' of our sites

Generates **£85.5 billion in social and economic value** every year

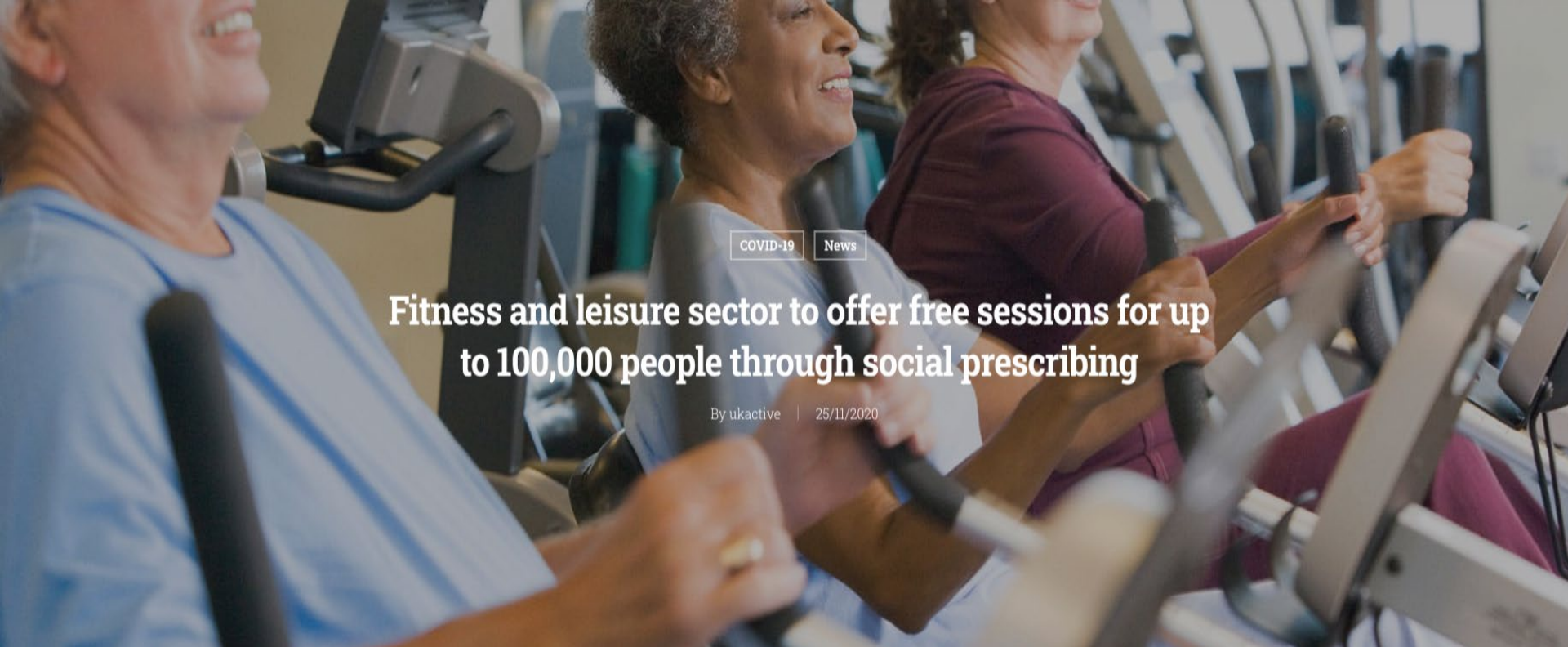


Vision

To enable the fitness and leisure industry to play a major role in social prescribing ambitions supporting new pathways to improve patient's choice and control over how they become more active



More people
More active
More often



COVID-19 News

Fitness and leisure sector to offer free sessions for up to 100,000 people through social prescribing

By ukactive | 25/11/2020



How will it work?

- Publish sector-facing consultation Oct
- Mapping /matching gyms and leisure sites to NHSE Link Worker network
- Test regions beginning early 2022
- Promote existing links /develop new

Referral pathway:

- Link workers, PCN, ICS
- Community services - psychiatrists, mental health nurses*
- Inpatient mental health*
- Self referral*
- IAPT

