

25 November 2021 Free Webinar - Entering Higher Training

Question

1 As a February starter, I feel like we are at a disadvantage for almost all programmes set up by the RCPsych and there are considerably fewer spaces to apply to- how can this be levelled?

2 Good afternoon, I have a couple of questions: 1- If someone has spent a year or two as SAS doctor before higher training, is there a way to use that as evidence and shorten the higher training?

2- In combined programme (where core training is non- UK approved), if the duration of higher training was shortened than 3 years, will the person still be eligible for CCT?

What if the time was spend in non-uk higher training? Also, can you kindly answer the CCT part?

3 In this round do we make application on oriel to PSYNRO general psychiatry only, regardless of which higher training post we want. After the rank order we would be in a position to prefer which speciality we want higher training to be in?

4 on the application form it doesn't say for core psychiatry trainees to upload evidence from supervisor that you would have completed core training by the time of start date of higher training; whereas in applicants guide it says such evidence is needed in the application form? Pls advise

5 is there a way to get the application form checked before submission to see if it's alright

6 The self assessment domains on application form and those on the website for ST4 august 2022 are slightly different

7 Can you give any advice for those of us who have had long career breaks following core training and are wondering about re-entering Psychiatry at ST4 level?

8 Are dual training slots being phased out? If i am already in a single CCT, can i apply for a second CCT to be added to the one i am in?
thank you

Answer(s)

I am sorry that you feel disadvantaged. The posts made available through national recruitment are declared to the national recruitment team through the various deaneries. If there is something you don't see being offered please contact the recruitment team (psychiatryrecruitment.nw@hee.nhs.uk) directly.

Only time that has been spent in a formal UK training programme can be taken into consideration. Any time that has been spent in a training programme will be assessed during the ARCP process and time may be used to reduce your time in training.

The decision to reduce your time in training would be made by the ARCP panel during your training, the recruitment team would have no involvement in this process. We would advise applicants to contact the Royal College to discuss requirements for CCT. (specialtytraining@rcpsych.ac.uk)

Yes, that's correct. You will submit a single application to the 'General Psychiatry' vacancy. Further along in the process, in March, you will have the opportunity to rank all available ST4 posts across the UK, across all single and dual ST4 level Psychiatry posts, in order of preference

Doctors who have completed 3 years of core training in the UK are required to provide evidence of a final satisfactory ARCP.

Doctors who have not completed a UK Core Psychiatry training programme must provide a 2022 'Certificate C' to show that they have met all required core competences.

No, but please be assured that we will contact applicants directly if we have any queries regarding the application form during the longlisting window. If required, we will ask for further information/evidence to support your application.

As far as we know the domains are correct, but as a team we will check this immediately after this webinar. If you have any queries please contact our team: psychiatryrecruitment.nw@hee.nhs.uk

We do receive applications from people who have taken career breaks. As long as you can demonstrate core competence, we would welcome your application. Please contact our team directly if you have any further queries: psychiatryrecruitment.nw@hee.nhs.uk

No this wouldn't be possible, but you would be welcome to apply for a dual training programme. If succesful, you could request to have your previous experience considered to reduce your time in training.

- 9 "I am an international fellow from India currently working in the UK. One of the requirements for higher training is the Certificate C. The latest version has a number of new areas to be filled up by the signatory. What responses are expected for these?"
Live answered. The signing consultant should include details of the evidence they have seen here. It doesn't have to be evidence in a specific format (e.g. in the way that the curricula requires ACE, CBDs etc). It's flexible so as to not exclude applicants with overseas experience.
- 11 Is application open for North West Deanery? I have searched Oriel, but no evidence of any application open or vacancies for ST4 Psychiatry for this deanery.
Live Answered. Yes, the application window is currently open and will close on Thursday 9th December 2021 (4pm, UK Time). Regardless of which ST4 sub-specialty you are applying for, you will need to search for the 'General Psychiatry' vacancy on Oriel.
- 12 is it better to to get NHS experience for IMG before ST4 application ? or is it ok to apply as ST4 ? I mean to ask if we will able to cope without NHS experience ?
Previous NHS experience is helpful but not essential. Both the College and local trusts work to support IMGs so that they can be successful.
- 13 Is there a limit to the number of times I can reapply to a preferred programme if i already am in a less-desired programme?
No, there is no limit. You would be welcome to apply in multiple rounds of recruitment if you wish.
- 14 Hi, I have completed MRCPsych last year and have 2 year experience in CT3 training(MTI) in UK. I am working as a board certified consultant psychiatrist and Senior Lecturer in Psychiatry.
You appear to have meet the basic requirements of the Person Specification but would need to submit a Certificate C as evidence of completing core competences. We would be unable to comment on the possibility of reducing your time in training - this discussion would be held ahead of your first ARCP during training.
1. am I eligible to apply for ST4 position
2. would you exempt one or two years from ST training given my experience in Sri Lanka.
- 15 can we apply without GMC registration currently
Yes, however you must demonstrate how you expect to achieve GMC registration before the start date.
- 16 Is there a timeline for the academic publications? Could they have been done previously to core training for example?
Yes. Domain 9 does not have a time limit.
- 17 Does this apply to candidates applying to NI, ie scoring etc (aware there is a separate application form). Thanks
Unfortunately we can't answer this as the recruitment processes are managed separately - we would recommend contacting the NI team directly for clarity.
- 19 How is RCPsych portfolio and pre membership RCPsych trainee helpful for ST application?
The portfolio is a great place to store and organise your evidence.
- 20 For International Candidates who are here for more than 12 months, If the UK based consultants are hesitant to sign the Certificate C can we take the signatures of our Professors from our home country on Certificate C?
Consultants are only eligible to sign the certificate if they have worked with you for a minimum continuous period of three months WTE
If you have worked in the UK for more than 12 months you must use your UK supervisor to sign off your Certificate C.
- It is acceptable to provide your consultant with evidence from your overseas posts, or to use an overseas signatory as a second witness (on page 10 of the Certificate C). We would recommend reading through the Cert C and contacting our team directly if you have any queries.
Yes, in this situation you would present evidence from your overseas roles to your UK-based supervisor who is completing the Certificate C. We would recommend reading through the Certificate C and contacting our team directly if you have any queries.
- 21 Do we upload evidence documents in February or in Decemeber?
You will upload the evidence during the upload window (Monday 21st February - Friday 4th March 2022).

- 22 On the self assessment form domain 2 asks for undergraduate prizes (the evidence required is a transcript). I got a prize during my intercalated degree, and it is not on my transcript, will this count? As this is a self-assessment, you will need to decide this. You will also need to provide evidence to support this
- 23 Can self-assessment scores be adjusted up in February to account for publications which are currently in progress, but likely to be published by the deadline for submitting evidence? Yes, scores can be adjusted according to the evidence that has been uploaded. There is an appeal window for any scores that have been reduced.
- 25 If you gain some more achievements between the closing of the application and the time to upload evidence, can you update the self assessment to include your new achievement? It isn't possible to amend any scores within you application after submission. However, you can contact us (psychiatryrecruitment.nw@hee.nhs.uk) and we will make a note to let the clinical verifier know. If they agree, they will adjust your score accordingly.
- 26 If I complete one higher training programme eg forensics but then decide I want to do camhs - could I then go into it after I finish forensic training ? Yes, it would be possible to apply to another ST4 training programme after completing another.
- So just to clarify you can do more than one higher training program
- 28 are there more places than the candidates? Yes, if you meet the requirements you could apply again for ST4 training but there may be limitations if you have completed one programme (e.g. General Adult Psychiatry) and wish to apply for a dual (e.g. Dual General Adult Psychiatry and x psychiatry). If an applicant is flexible they will receive an offer for ST4 training. Fill rates for previous rounds of recruitment can be found on our website. Obviously, some specialties and some locations are more competitive than others.
- 29 Will this talk cover the implementation of the new curricula and how will this effect current and new higher trainees? We will be holding seperate webinars on the new curriculum, and there will be resources available on the website.
- 30 I am not sure if I got this right?
If I have passed CASC, then I have 50% no matter my pass score No, the CASC score makes up 50% of your overall score. A breakdown of the scoring can be found on our website: https://www.nwpgmd.nhs.uk/st4_psy_train_current_record
- 31 Is it possible to apply if you are already a higher trainee in another psychiatry specialty and want to give up your training number in current speciality e.g. forensics to camhs Yes, this is possible.
- 32 Does anyone have any advice for a starter? I am an international medical graduate and I have had different specialisation before and I am keen on getting into psychiatry. Anything that I can do in terms of CPD before I get into core training? Thank you Hi, this webinar focusses on ST4. For CT1 you sit the MSRA exam and that is the only requirement. That is going to be the only basis of your ranking for CT1 entry.
- 33 Would applicants have their interviews during the interview period irrespective of whether they have passed CASC or not? Yes, this may be the case for the current round of recruitment as CASC results will be released on the 25th February.
- 34 Will we have any choice of interview date? The interview dates have been published on our website. You will have the opportunity to book your own interview slot, at a convenient time/date. These will be offered on a first-come, first-served basis
- 35 can we have the email for questions plz? Please contact: psychiatryrecruitment.nw@hee.nhs.uk
- 36 what type of a psychotherapy courses are accepted? The details are in the certificate C and Core Curriculum.
Very briefly it is a short case and long case as per our current certificate C.

- 37 Will there be a perinatal endorsement?
Hello, we are working to create a perinatal endorsement. There is currently a pilot being run through the college.
- 38 When do you choose which endorsement you would like?
That is after you join the rotation and in discussion with local educators in the deanery. Depends on what is available in the region.
- 39 If my core training is finishing in august 2022 then do I need to upload evidence to say that or just give NTN number
Please include your NTN at this stage. Further along in the process you would need to provide your final ARCP to your recruiting region
- 40 What about CESR?
We have separate training for CESR, the next one is on 10th Feb 2022, currently accepting registrations. It is beyond the remit of this webinar.
- 41 Does developing a trust policy count towards any of the domains?
It would be a quality improvement project.
- 42 how many years of higher training is needed to get CCT.
In most cases, higher training is 3 years (following 3 years of core training), but this will vary in some circumstances, e.g. if you undertake dual training.
- I did not do years of core training in UK. I did not training SAS post job for about 30 months when i start higher training.
- 43 In the QIP domain - do you have to have lead on it, or can you be one of a team that has contributed to the QIP?
Applicants for ST4 Psychiatry are required to have 36 months' experience in Psychiatry to be eligible. Further information can be found in our Applicants' Guide.
Being a lead is clear. When you are part of a team, you have to demonstrate that you played a significant part and that has to be specific. For example just being part of data collection for a national project is not what we are looking for.
- 44 Do LTFT Higher trainees also receive 1 day a week as a "specialty day?"
Hello, that is a conversation between you and your Educational Supervisor, but we certainly would expect you to have protected time as a LTFT.
- 45 Can we progress from CT3 to Higher training if psychotherapy case is pending (no SAPE)
All core competences are required to have been achieved before starting in ST4. You can apply, and be on track to achieve your psychotherapy competences - however, you will need to provide a supporting statement from your psychotherapy tutor to confirm this
- 46 Re portfolio and points: How is commitment to specialty proven ? Does it still matter? In that sense, why doesn't experience in psychiatry count at all ? For example years worked as specialty doctor. Why are they not relevant at all ?
The years as a SAS doctor would have given the opportunity to participate in various activities which are part of the 10 domains of the self-assessment.
- 47 If coming from non UK training (after passing MRCPsych) how much time of training is required in CAMHS , old age and adult each
If you are applying for ST4 after MRCPsych, without UK core rotation, we are not asking for specific times in OA, CAMHS and adult. We ask that you demonstrate competencies and these are signed off by a clinical supervisor on your certificate C.
- 48 Re interview: In person interviews were three to four different panels which reduced subjectivity. Is there any plan to introduce 2 panels for the 2 scenarios thus offering a less subjective experience?
No changes are planned. Psychometric analysis shows the current process to be robust and reliable. There is no evidence to show that having more panels will make the scores more valid.
- 49 Can a service evaluation count for the audit/quality improvement section?
Yes. Make sure your role in the service evaluation is clear.
- 50 if you choose GA and later decide to change to CAMHS is it possible to do that?
You would have to submit a new application in the next round of recruitment, it is not possible to transfer scores. You would be applying again in open competition.
- 52 How does one go for the academic fellow post during higher training?
To be discussed at local deanery once you are in the rotation.
- 54 Would it matter if my Supervisor has retired and can corroborate my evidence for a competency?
Answered live

- 55 Re interview:
I sat the interview twice, exactly the same scenarios, 2 different panels, had the same preparation and second time, I was scored overall 9 (nine) point less. It is worrying, I think. Hence my question related to more panels.
- For the current round of recruitment, applicants will sit a single ST4 Psychiatry interview. If you have any queries about the process please contact our team directly: psychiatryrecruitment.nw@hee.nhs.uk
- 56 Can 2 of your referees be from the same 6 month job? I have a limited number of people who could be referees due to several previous clinical supervisors having retired/gone on sick leave.
I have used my educational supervisor who has known me for the last 3 years as 1 referee and 2 consultants from one of my CT2 jobs, hopefully this is OK?
- Ideally your referees should cover your last 3 years of employment so it would depend on your third referee.
- This appears to be correct. Please contact our team directly if you have any queries: psychiatryrecruitment.nw@hee.nhs.uk
- 57 I am working as a speciality doctor for the past 4months. Before that i was working in my home country before reaching here. Can get Cert C from my previous supervisor?
so if more than 12 months it should all be from a UK supervisor? Thank you
- If you have worked in the UK for less than 12 months, it's possible to submit a Certificate C from an overseas supervisor.
- Yes, if you have worked in the UK for 12months+, you must have your Certificate C signed by a UK based consultant.
- 58 Should IMGs do 4 years of ST training for CCT?
- IMGs are only required to do 3 years as the UK trainee, unless they choose a dual specialty like GA and OA.
- 59 Are you penalised if you accidentally overscore yourself on the self-assessment?
- No, you will have the opportunity to support your response with evidence during the self-assessment process. If the clinical verifiers disagree they will adjust your scores accordingly.
- 60 is it possible to do a year in General Adult Psychiatry or Old Age Psychiatry if doing CAMHS ?
- Unfortunately we can't comment on the structure of the placements as these will differ according to regions.
- 61 not sure about what can be evidence for research, can it be a master's degree from overseas?
- As this is a self-assessment, you will need to decide this. You will also need to provide evidence to support this
- 62 Is it the same process for applying in Northern Ireland ?
- No it is separate. Further information can be found on the NIMDTA website.
- 63 For psychotherapy competency on certificate c, I believe the new certificate for 2021 asks for some extra details and is not just a box to be ticked? Could you please clarify?
- The Certificate C for 2022 can found on our website (https://www.nwpgmd.nhs.uk/st4_psy_train_guidance_docs). The signing consultant needs to provide a very brief summary of the evidence viewed.
- 64 well done to the presenters,can i find out if one gets a dual training job say general adult and old age, is it only 1 endorsement you get or have they been cases where people do two
- When you complete the dual training programme you are on the specialist register under both. More information can be found here <https://www.rcpsych.ac.uk/training/curricula-and-guidance/dual-training?searchTerms=dual%20training>
- 65 If the trainee have yet to pass their MRC psych exams and currently in CT3 training, ARCP panel would usually give outcome 4 - release of training programme untill exams are passed, if you are taking a year out to pass the exams, how do you amend the outcome 4 to 6 and does taking a year out to pass exams have any affect on application to higher training?
- You wouldn't amend the outcome. In this situation you would submit your ARCP with an outcome 4 and an explanation of how you would meet the outstanding competences by the post start date. Please contact our team directly if you have any further queries.

- 66 What is the purpose of endorsement?
Benefits?
All the information on endorsements and their benefits are found here:
<https://www.rcpsych.ac.uk/training/curricula-and-guidance/specialty-guides/sub-specialty-endorsements-guidance-and-faqs?searchTerms=endorsement>
- 67 Re portfolio and points: How is commitment to specialty proven ? Does it still matter? In that sense, why doesn't experience in psychiatry count at all ? For example years worked as specialty doctor. Why are they not relevant at all ?
For this round of recruitment applicants will not have the formal opportunity to prove their commitment to specialty. Further information can be found in the statement published on our website: https://www.nwpgmd.nhs.uk/st4_psy_train_guidance_docs
- 68 In Covid times, if it was difficult to complete certain competencies, for example long case psychotherapy , it needs long time and commitment from the patient and availability of trainees over long time that needs to be the time of more than one placement , if you were lucky and found a suitable case.so can the college be easy on that
No, this is still a requirement for ST4 Psychiatry regardless of the pandemic. It is possible to submit a Certificate C without completing a long duration case, but you would not need to provide an explanation/evidence to show how you would be able to achieve this by the post start date.
- 70 How is the CASC score converted in to an application score? Do you need to get 100% in CASC to get the full application score or do you have to have the top mark for that sitting? How are all the scores between pass and top mark subsequently converted?
Information about this can be found in the 'Scoring Overview' published on our website:
https://www.nwpgmd.nhs.uk/st4_psy_train_current_record
- 71 Good evening. What kind of brief summary of evidence is required for each ILO? The link provided on the chat thread isn't opening, unfortunately.
Thank you.
This only has to be brief description of the evidence provided.
- 72 May be a stupid question, but each domain gets only 1 score right? Like if I score the maximum of 6 then I cant score another 2 or 3 in the same domain right?
That is correct - you can only score yourself once in each domain.
- 73 For CAMHS run through training - one placement is focused on paediatric enriched as part of the run through training - does this fall under having 36 months of psychiatry training?
Yes, as this is part of a formal UK core Psychiatry training programme the experience would be considered.
- 74 dual of GA and CAMHS is not currently given?
No
- 75 I have done diploma in psychiatry from india. Can this be used in scoring for self assessment score?
As this is a self-assessment, you will need to decide this. You will also need to provide evidence to support this
- 77 Hi, if a publication was written before graduation but date of publication was as a postgraduate, does this count as a postgraduate publication?
As this is a self-assessment, you will need to decide this. You will also need to provide evidence to support this