

ST4 Application Psychiatry

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Introduction

- ▶ ST4 Forensic Psychiatry - Based in South Wales
- ▶ I did not get the greatest score myself! - However I was still able to secure the job
- ▶ Opinion and Experience - Disclaimer

Reasons to not be afraid

“All problems are both a threat and an opportunity”

Limbic System ⇨ *Prefrontal Cortex*

- ▶ You have done this process before! - Not hugely dissimilar to Core Training application
- ▶ You have nothing to lose! - See this as a practise run in order to assess the process
- ▶ Small amount of preparation can go a long way
- ▶ Already have ST4 Psychiatry website saved in your favourites

ST4 Psychiatry Training Recruitment Timetable – August – December 2022 Intake

Advert placed	Tuesday 16 th November 2021
Oriel application window opens	Thursday 18 th November 2021 (10am, UK Time)
Oriel application window closes	Thursday 9 th December 2021 (4pm, UK Time)
Longlisting	Friday 10 th December 2021 – Friday 7 th January 2022
CASC exam dates (if applicable)	Monday 10 th January 2022 – Friday 21 st January 2022
Invites to Interview Sent	By Wednesday 12 th January 2022
Online Interviews	Tuesday 1 st February 2022 Wednesday 2 nd February 2022 Thursday 3 rd February 2022 Monday 7 th February 2022 Tuesday 8 th February 2022 Thursday 10 th February 2022
Self-Assessment Evidence Upload	Monday 21 st February 2022 – Friday 4 th March 2022 (tbc)

CASC results released	Friday 25 th February 2022
Self-Assessment Verification	Monday 7 th March 2022 – Friday 18 th March 2022 (tbc)
Preferences open on Oriel	Monday 21 st March 2022
Self-Assessment Appeal window	w/c Monday 21 st March 2022 (tbc)
Self-Assessment Appeals assessed	w/c Monday 28 th March 2022
Preferences close on Oriel	Friday 8 th April 2022
Candidates notified of Self-Assessment appeal outcomes	w/c Monday 4 th April 2022 (tbc)
Offers Released	w/c Monday 11 th April (tbc)
Hold Deadline	Tuesday 3 rd May 2022 (1pm, UK Time)
Upgrade Deadline	Wednesday 4 th May 2022 (1pm, UK Time)
Anticipated Start Date	Wednesday 3 rd August 2022

This is a guide to final selection scores for ST4 Psychiatry specialties and shows how we will adjust your raw scores to the final scores.

You will be able to see a summary of your scores (both weighted and unweighted) via your Oriel account no later than w/c Monday 4th April 2022 (tbc), just prior to offers being released.

You will be sent your raw online interview scores by email in pdf format along with any comments made by your panel members no later than April 2022. You will also receive your verified self-assessment feedback before offers are made. Sometimes these emails aren't delivered, so if you have not received your feedback by 1st May 2022, then please contact us via psychiatryrecruitment.nw@hee.nhs.uk and we will send you another copy.

Scoring Overview

Your final ST4 Psychiatry score is made up as follows

Area		Total Raw Score per Area	Weighting Applied	Weighted Score per Area	Percentage of Overall Score	Appointability
Verified Self-Assessment Score		45	x 0.7778	35	17.5%	No minimum score required
Online Interview	Part A	20	x 1.25	25	12.5%	At least 50% (raw score) overall and a minimum of 6/20 on both Part A and Part B.
	Part B	20	x 1.25	25	12.5%	
	Part C – Communication Score	10	x 1.5	15	7.5%	
CASC exam score (adjusted to be comparable between diets)		100	None	100	50%	No minimum score required

Maximum score

The maximum score is 200.

Components

- ▶ CASC
- ▶ Interview
- ▶ Self assessment

CASC

- ▶ Already in the bag!
- ▶ If not in the bag this should be your focus - And if sitting in January this has to be a priority
- ▶ CASC skills will help you with Interview and vice versa
- ▶ Remember to use the same email for everything

Self Assessment - Low Hanging Fruit

- ▶ Seems to take up a disproportionate amount of time compared to importance - 17.5% of your total score
- ▶ Opportunity to show what extra work has been done over the past 3 years
- ▶ If unsure about categories - Just try and make this as honest as possible
- ▶ Do not replicate scores in other areas - A score of 3-4 will mean that a probity issue may be raised
- ▶ Controllable and uncontrollable factors
- ▶ There is some low hanging fruit!

Domain	Descriptors	Scores	Comments	Evidence Required ¹⁵	Maximum number of pieces of evidence required ¹⁶
Domain 8 - Teaching	I have undertaken a major dissertation and been awarded a Masters in Medical / Clinical Education	5	Postgraduate Certificates, Diplomas or Masters in Education must have been completed by the time of closing date of the evidence upload window with evidence of credits awarded by Higher Education Institute.	Degree certificate	1
	I have made a major contribution to a regional or national teaching programme including organising a programme	4	Designing an electronic teaching package scores 3 if substantial (e.g. multiple sections).	Signed headed letter confirming involvement in a teaching programme OR experience of teaching a programme	1-3
	I have obtained a Postgraduate Diploma in education / teaching	4	Formal lecture based presentation as part of curriculum teaching scores 2.	Overview of lectures delivered, and feedback received—if you do not provide this, your score will be amended to informal teaching	1
	I have made a major contribution to a local teaching programme including organising a programme	3	Informal teaching of medical students scores 1 (however many students were present).		1-3
	I have a obtained a Postgraduate Certificate in education / teaching	3	Do not include presenting an audit project as teaching, nor presenting own research etc. at a meeting.		1
	I have some experience in formal teaching Health Professionals (e.g. lectures)	2			1-3

	I have some experience of formal teaching Health-related topics to a non-medical audience (e.g. lectures)	2			1-3
	I have attended a Teaching the Teachers course, Generic Instructors course or similar	2			1
	I have carried out informal teaching of colleagues (including nurses and medical students)	1			1-3
	I have not contributed to teaching	0			0

Domain	Descriptors	Scores	Comments	Evidence Required ¹⁹	Maximum number of pieces of evidence required ²⁰
Domain 10 - Presentations and Poster Presentations in last six working years	I have presented at a regional, national or international meeting	5	Case presentations and journal club presentations are not included as they are part of the curricula requirements.	Copy of event programme or certificate of presentation/poster of conference abstract Copy of presentation/slides evidence if required	1-2
	I have presented at a local meeting on more than one occasion	3	For Regional / National / International presentations, evidence needs to be presented of where the presentation occurred (not just the PowerPoint slides) e.g. printout of the meeting, programme which identifies the speaker, letter of acceptance, conference abstract etc. For local presentations, the PowerPoint slides are sufficient.		2-4
	I have made a local/departmental presentation	1			1
	I have made no presentations nor shown any posters	0	Presentations of original research which lead to PhD/MD etc. already credited in Domain 7 can also be credited here. Teaching presentations are excluded here (credit in Domain 8). 'I have presented at a regional, national or international meeting': it doesn't matter where the meeting was held - it's the body which counts. A national meeting would be organised by a national body e.g. RCPsych, RCP, BMA. 'Regional'		0

Domain	Descriptors	Scores	Comments	Evidence Required ¹¹	Maximum number of pieces of evidence required ¹²
Domain 6 Clinical Governance, Audit and Quality Improvement as a postgraduate in the last six working years	By August 2021, I have completed a quality improvement project (QIP) or complete audit cycle (i.e. first audit/project, action plan and re-audit/assessment to quantify impact of intervention) which has resulted in national change.	5	None	<p>A summary (e.g PowerPoint presentation) covering first QIP/audit, action plan, evaluations/re-audit/assessment to quantify impact of intervention, led by yourself and dates QIP/audit undertaken.</p> <p>Involvement in the QIP/audit e.g. email acknowledgement of registration of QIP/audit with Clinical Governance team or response from QIP/audit lead.</p> <p>Written confirmation (signed headed letter) from Educational supervisor or Audit lead for local, regional or national change.</p>	3
	By August 2021, I have completed a quality improvement project (QIP) or complete audit cycle (i.e. first audit/project, action plan and re-audit/assessment to quantify impact of intervention) which has resulted in regional change.	4			
	By August 2021, I have completed a quality improvement project (QIP) or complete audit cycle (i.e. first audit/project, action plan and re-audit/assessment to quantify impact of intervention) which has resulted in local change.	3			
	By August 2021, I have completed a quality improvement project (QIP) or complete audit cycle (i.e. first audit/project, action plan and re-audit/assessment to quantify impact of intervention) but I cannot evidence any resultant change.	2			
	I have not participated in an audit or Quality Improvement project	0			N/A

Interview

- ▶ Questions are released before hand
- ▶ Book the time off well in advance
- ▶ Optimise your setting for the exam
- ▶ Less is more! - 10 minute interview not an essay - Just try and show the best version of yourself possible

Ranking Preferences

- ▶ There is no game - Just place 1st where you would like to work
- ▶ Location and job specific - Good idea
- ▶ Remember it is only the starting year
- ▶ Numbers of specific jobs may change all the way up to the deadline
- ▶ Wales is a fantastic place to work!
- ▶ [RCPsych Wales training | Royal College of Psychiatrists](#)

Training in Wales

#TrainWorkLive

Wales offers an exceptional training experience, a number of unique incentives and a truly, supportive environment.

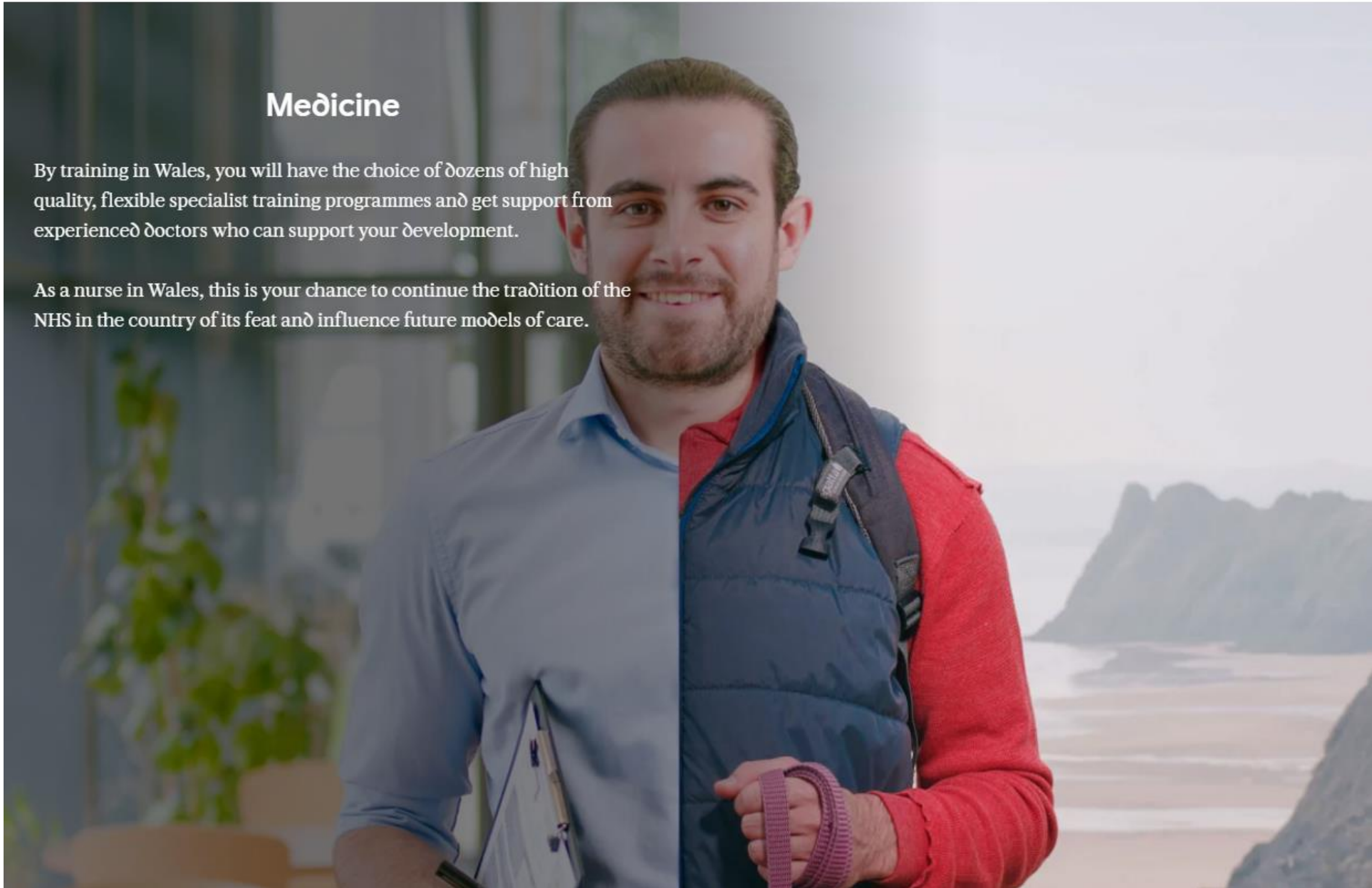
- In both 2019 and 2020, Wales has achieved a 100% fill rate into core training (CT1).
- Between 2019 and 2020, Wales achieved the highest fill rate for specialty training (ST4) across the UK at 92%.

[#TrainWorkLive](#) in Wales.

Medicine

By training in Wales, you will have the choice of dozens of high quality, flexible specialist training programmes and get support from experienced doctors who can support your development.

As a nurse in Wales, this is your chance to continue the tradition of the NHS in the country of its feat and influence future models of care.



Special Interest Time

Make it yours!

- ▶ Medical Education
- ▶ Research
- ▶ Specialist interest days in other sub specialities
- ▶ Law Degree
- ▶ Leadership and management qualifications
- ▶ Welsh lessons...
- ▶ Etc.

Opinions

- ▶ ST4 is a lot better than Core Training - You will have made it past the hump!
- ▶ Now is a good time to apply - Competition is getting more so every year
- ▶ ST4 is a lot easier than CESR route
- ▶ Your special interest time is precious!
- ▶ Special interest time in Psychiatry is *valued* and *protected*
- ▶ *The variety of what you can do with your special interest time is huge*
- ▶ That being said - You can always apply again in a years time

Conclusions/Opinions

- ▶ This is not hugely different to previous applications
- ▶ Most of the work is already done

- ▶ Good luck!