

Perinatal Psychiatry Masterclass Programme 2022-23: A NHS England Workforce, Training and Education (formerly HEE) funded programme for Senior Trainees in Perinatal Psychiatry.

The application process is now open for our Masterclass for Senior Trainees which will take place from **Monday 9**th – **Friday 13**th **October 2023.**

Applications will be received from the primary constituency (England) with provision made for applicants from the devolved nations and The Republic of Ireland, detailed below.

NHS England has agreed to fund the Royal College of Psychiatrists to deliver a masterclass programme for senior trainees in Perinatal Psychiatry. There are 25 places for trainees (ST4-7) who are in perinatal training posts or doing special interest sessions in NHS perinatal mental health teams in England and who have not been through a previous masterclass programme. The course is free to attend for these participants, as this initiative is funded by HEE to contribute to the ongoing development of clinical expertise and provision within PMH services.

The programme is being adapted to provide an additional eight to ten places for senior trainees in Perinatal Psychiatry who work in the devolved nations (Scotland, Wales, Northern Ireland) and the Republic of Ireland. Each of these places will require funding either through personal study budgets or through relevant national training programmes, for the individual participants. Once applications have been received and applicants are deemed to meet the criteria for receiving a place, proof of funding approval will be required to reserve the place on the programme.

The course involves five days of active participation. The course will be delivered remotely (Zoom) by experienced facilitators and speakers, supported by presentations, background reading, case discussions, and small group work. We have considerable experience in delivering training remotely, with positive feedback about the experience from participants.

The application process for the places is <u>now open</u>. Successful applicants will be expected to attend ALL of the classes.

One of the aims of the programme is to develop relationships between participants within the group in order to support future liaison, networking and peer support.

Applications are invited from ST4-7 psychiatrists who are currently in (or who plan to be around October 2023) training posts or special interest sessions in Perinatal Mental Health Teams.

Applications should be sent to **Perinataltraining2023@rcpsych.ac.uk**.

The email show includes the following:

- A Curriculum vitae
- A brief personal statement setting out why the individual psychiatrist should be offered a place
- Confirmation that the individual is attending perinatal special interest sessions or will be/or is in a Perinatal training post around the time the programme will run.



- Confirmation that the individual applying will attend all the classes
- Evidence of support from the employing Trust/ supervising consultant to release the trainee for the training
- The reference code MCSTOCT23 in the subject line on your email

The course will run from Monday 9th October to Friday 13th October 2023.

The content of the masterclass will include service development, mental disorders in the perinatal period, prescribing, safeguarding, infant mental health, personality dysfunction, and lived experience.

The application deadline is **Thursday 10th August 2023**

Applicants will be notified if they have a place on the course by Monday 21st August 2023

Please forward this email to all colleagues, perinatal mental health teams, and clinical networks who will know of psychiatrists eligible to apply. Please encourage colleagues who may benefit from this opportunity to make an application. Please note that this opportunity is not for consultants or SAS doctors.

Yours sincerely,

Dr Lucinda Green

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Ms Georgia King

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