

National Clinical Audit of Psychosis



NCAP
NATIONAL
CLINICAL AUDIT
OF PSYCHOSIS

EARLY INTERVENTION IN PSYCHOSIS (EIP) PILOT AUDIT 2023

*This team is taking part in the National Clinical Audit of Psychosis pilot audit to help improve the care people with Psychosis receive. In 2023, we will be collecting information about **the care received by people with First Episode Psychosis (FEP)**.*

What does the audit do?

*We collect data from services to see whether people receiving care, their family members and carers receive consistent and high quality care throughout the country. The results **help Trusts understand more about the care they are providing**, how it compares to national standards and **how they could improve it for people who will use the service** in the future.*

What is happening in 2023?

We are making a change to how we collect the data. Before now, services had to fill in questionnaires about the care they had provided to people with FEP. This took up a lot of time. In 2023, *we are trying out a new approach, where we use data that services already send each month to NHS Digital*. This will reduce the work for services taking part in the audit and leave them more time to care for people.

How is the information collected?

*Each month Trusts submit data to NHS Digital on the care they provide to patients (routine data). The information is collected as part of routine care by staff at the Trust. This may include the doctors and nurses who provide your care. The **data that services already send each month to NHS Digital** are what are used for the audit.*



What information is used?

*We use information collected as part of routine care. This includes your **NHS number, date of birth and postcode** and **information about the care you received** (such as what medication you were prescribed or what therapy you were offered). We do not collect names or full addresses. **We publish nothing about individuals or any details that can identify you in any way.***

How will the audit be used?

1. The results from this audit will be used to **shape how the 2024 audit is run** involving all Early Intervention in Psychosis teams and Children and Young People's Mental Health services across the country.
2. We are only involving a small number of teams in 2023. The results will also **help organisations involved this year to understand more about the care they are providing**, how it compares to national standards and how they might work to improve it for people who will use the service in the future.



How do we keep your information safe?

We take our responsibility towards safeguarding your information seriously and will **ensure your data is kept confidential and secure**. We have special permission to collect identifiable data (NHS number, postcode, date of birth) without asking each person for their consent. This is known as **Section 251 approval** and gives Trusts the legal permission to provide this information.

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