Enjoying Work - Weekly Survey

Date:

Please answer the following three questions based on your experience of work in the past week. All responses are anonymous.

Enjoyment at work		
In the past week at work, how often have you enjoyed being at work? Please tick one of the following:		
○ Not at all		
○ Hardly at all		
○ A few times		
○ Fairly often		
○ Frequently		
Burnout		
Using your own definition of "burnout", please tick one of the options below:		
O I enjoy my work. I have no symptoms of burnout		
I am under stress, and don't always have as much energy as I did, but I don't feel burned out		
 I am definitely burning out and have one or more symptoms of burnout, such as physical and emotional exhaustion 		
The symptoms of burnout that I am experiencing won't go away. I think about work frustrations a lot		
OI feel completely burned out. I am at the point where I may need to seek help		
Enjoyment at work		
How likely are you to recommend your team as a place to work? Please tick one of the following:		
O1 O6 O2 O7 O3 O8		
○4 ○5 ○10		

Enjoying Work - Weekly Survey

Date:

Please answer the following three questions based on your experience of work in the past week. All responses are anonymous.

Enjoyment at	work	
In the past week at work, how often have you enjoyed being at work? Please tick one of the following:		
○ Not at all		
O Hardly at all		
O A few times		
O Fairly often		
○ Frequently		
Burnout		
Using your own d below:	efinition of "burnout", please tick one of the options	
O I enjoy my work	x. I have no symptoms of burnout	
OI am under streed on't feel burne	ss, and don't always have as much energy as I did, but I d out	
OI am definitely burning out and have one or more symptoms of burnout, such as physical and emotional exhaustion		
The symptoms about work frust	of burnout that I am experiencing won't go away. I think trations a lot	
O I feel completely help	y burned out. I am at the point where I may need to seek	
Enjoyment at	work	
How likely are you Please tick one of	to recommend your team as a place to work? the following:	
○1 ○2 ○3 ○4 ○5	○6 ○7 ○8 ○9 ○10	
don't feel burner O I am definitely k such as physical O The symptoms about work frust O I feel completely help Enjoyment at y How likely are you Please tick one of O1 O2 O3 O4	work u to recommend your team as a place to work? the following:	