

# Measurement Plan

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# What are we trying to measure?

## Our aim:

**To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services**

# How will we measure that?

- Our measurement plan has two main elements:
  - Asking people whether they feel safe and feel able to talk about it
  - Number of sexual incidents on the ward or unit
- We want this data per project team
- Your data for each of these should be put onto LifeQI on the **first and third Monday of every month**
- We know this will take some work - the first task for every ward or unit is to put the measurement plan into place
- Data between now and January will be used to establish a baseline before we set our improvement targets

# Asking people if they feel safe

## Step one:

- Co-produce a sexual safety charter for your ward or unit
- This should include:
  - a statement about people's right to feel safe from sexual harm on the ward
  - A set of expected standards of behaviour
  - who they can contact/talk to if they don't feel safe

# Asking people if they feel safe

## Step two:

- Start using our postcards to ask service users and staff whether they feel safe every two weeks

Feeling safe from sexual harm means feeling free from being made to feel uncomfortable, frightened, or intimidated in a sexual way by service users or staff. Your answers to these questions are anonymous.



**IMPROVING MENTAL  
HEALTH SAFETY**  
Sexual Safety Collaborative

Please tick: Service user  Staff

In the past two weeks, have you felt safe from sexual harm on the ward?

**Yes / No**

Please circle your answer

If you did not feel safe from sexual harm at any point, would you feel able to speak to someone about it?

**Yes / No**

Please circle your answer

If you would like to speak with someone independent about your sexual safety on the ward, please see the contact details on the ward sexual safety charter.

- There are different ways to use these postcards to ask people if they feel safe. How will you do it?



# Measuring incidents

- We also ask that you count the number of incidents of sexual harm on your ward or unit
- We have defined these into three categories:
  - Sexual harassment
  - Sexual assault
  - Other sexual incident
- Incidents should be recorded daily/by shift on your safety cross or using your Datix figures
- And put into Life QI on the **first and third Monday of every month**

# Operational definitions

**Sexual harassment** includes any behaviour that is characterised by inappropriate sexual remarks, gestures or physical advances which are unwanted and make a person feel uncomfortable, intimidated or degrade their dignity. Verbal and non-verbal sexual gestures or behaviours are categorised as sexual harassment.

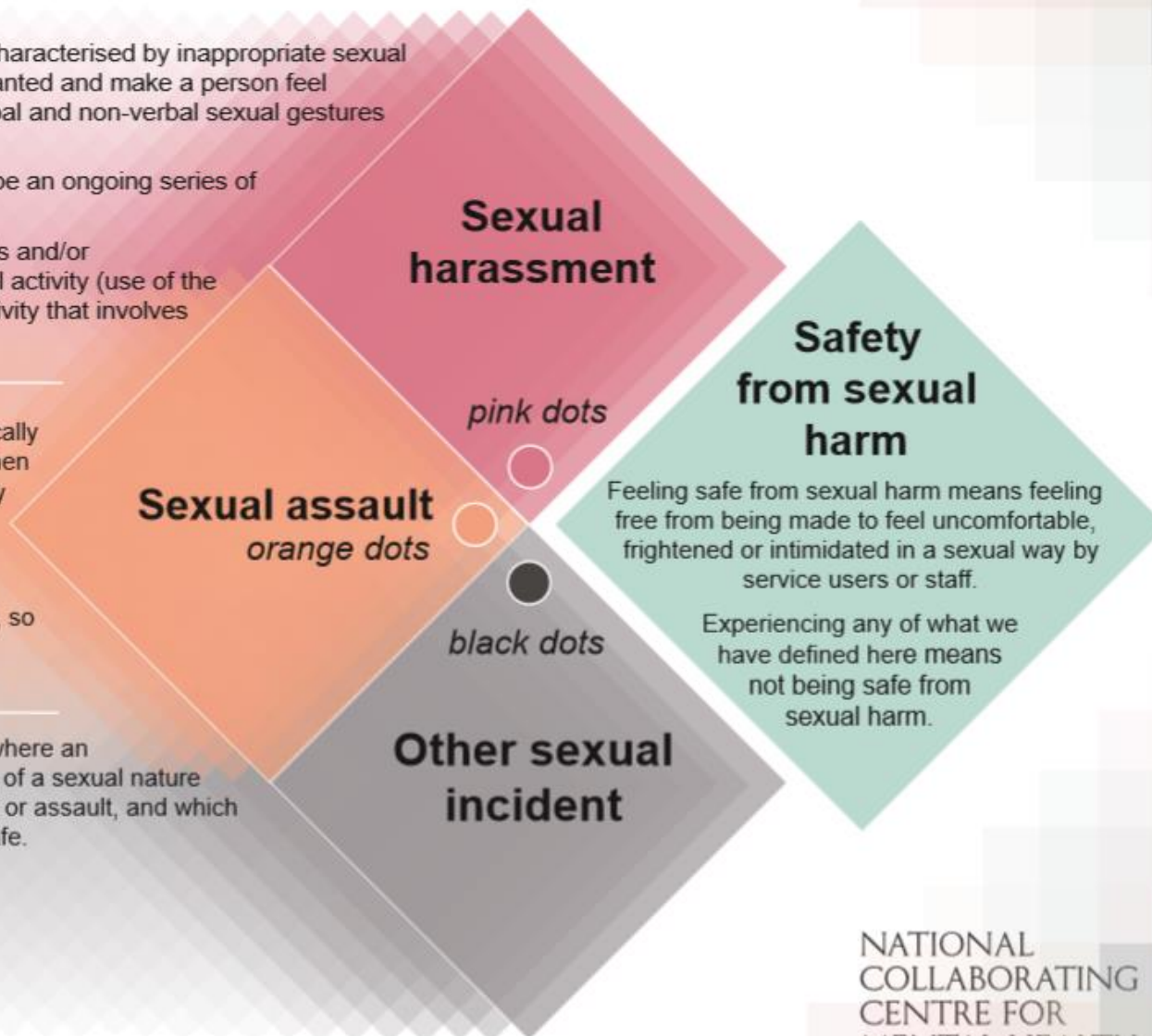
These unwanted behaviours may only happen once or be an ongoing series of events.

Sexual harassment also includes exposure to body parts and/or self-stimulation and exposure to unwanted online sexual activity (use of the internet, text, audio, video, and graphic files, for any activity that involves human sexuality).

**'Sexual assault** is when a person is coerced or physically forced to engage in sexual activity against their will, or when a person (of any gender) touches another person sexually without their consent. Touching can be done with any part of the body or with an object' – definition adapted from The Crown Prosecution Service.

Sexual assault does not always involve physical violence, so physical injuries or visible marks may not be seen.

The **other sexual incident** category is for incidents where an individual may have witnessed or experienced something of a sexual nature that does not fit in to the categories of sexual harassment or assault, and which made the person feel uncomfortable and/or sexually unsafe.







Sexual assault
Sexual harassment
Other sexual incident

Month and Year:

1			2			3			4			5			6			7			8			9			10								
AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT	AM	PM	NIGHT						
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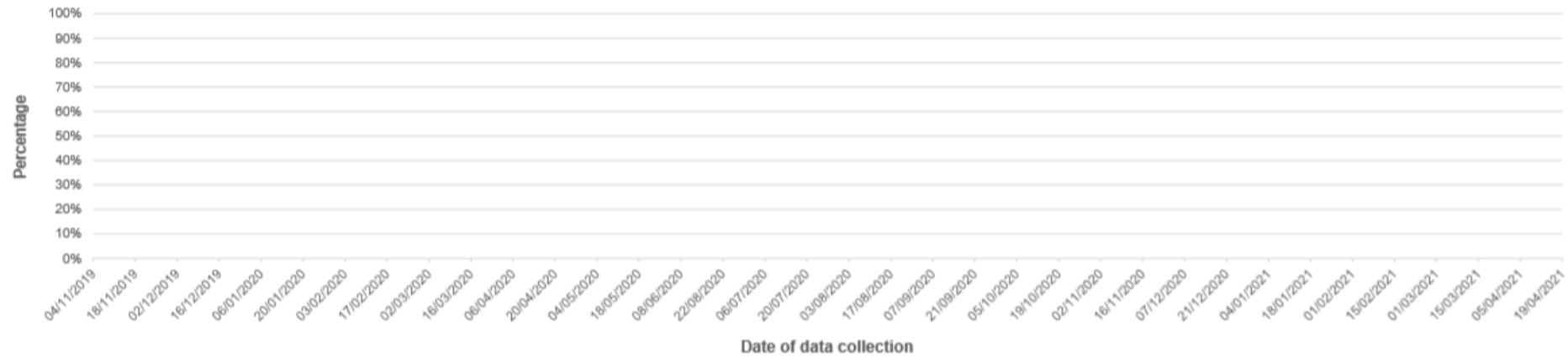




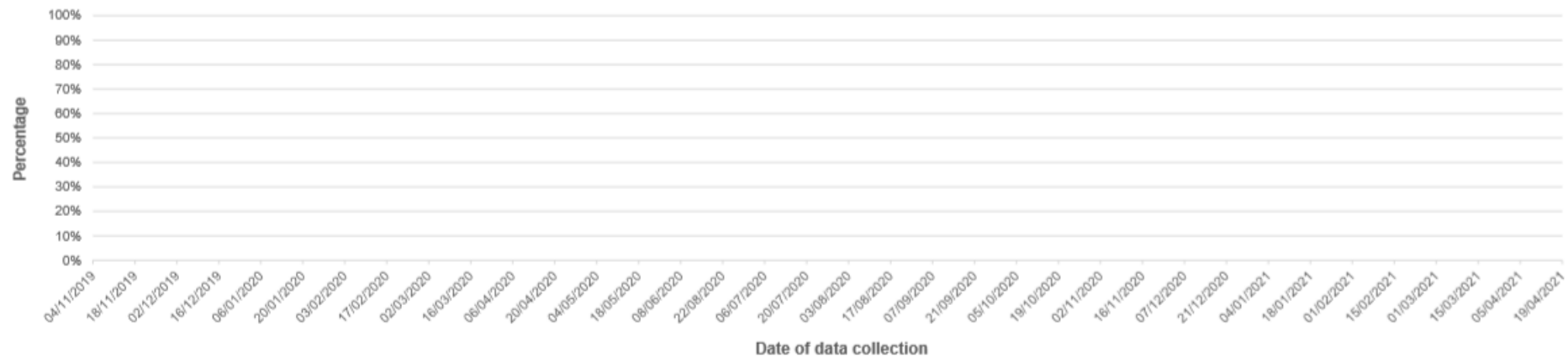
## Ward Name

Trust Name

Percentage of service users and staff who felt safe from sexual harm on the ward in the previous two weeks



Percentage of service users and staff who would feel able to speak to someone if they did not feel safe from sexual harm



# What you need to do next...

- Read the measurement plan
- Co-produce your ward or unit charter
- Agree how you will use the postcard to collect data
- Use the postcard to collect data twice a month (at minimum)
- Decide if/where you will display your safety cross
- Ensure all staff are familiar with the operational definitions, display these
- Record incidents every day with dots on the safety cross or via Datix
- Agree who will input your data on LifeQI
- Get to grips with LifeQI (more than one person needs to do this!)
- Input your data into LifeQI every first and third Monday of the month
- *But remember - your coach will help you with all of this*

