

SCALE UP AND SPREAD

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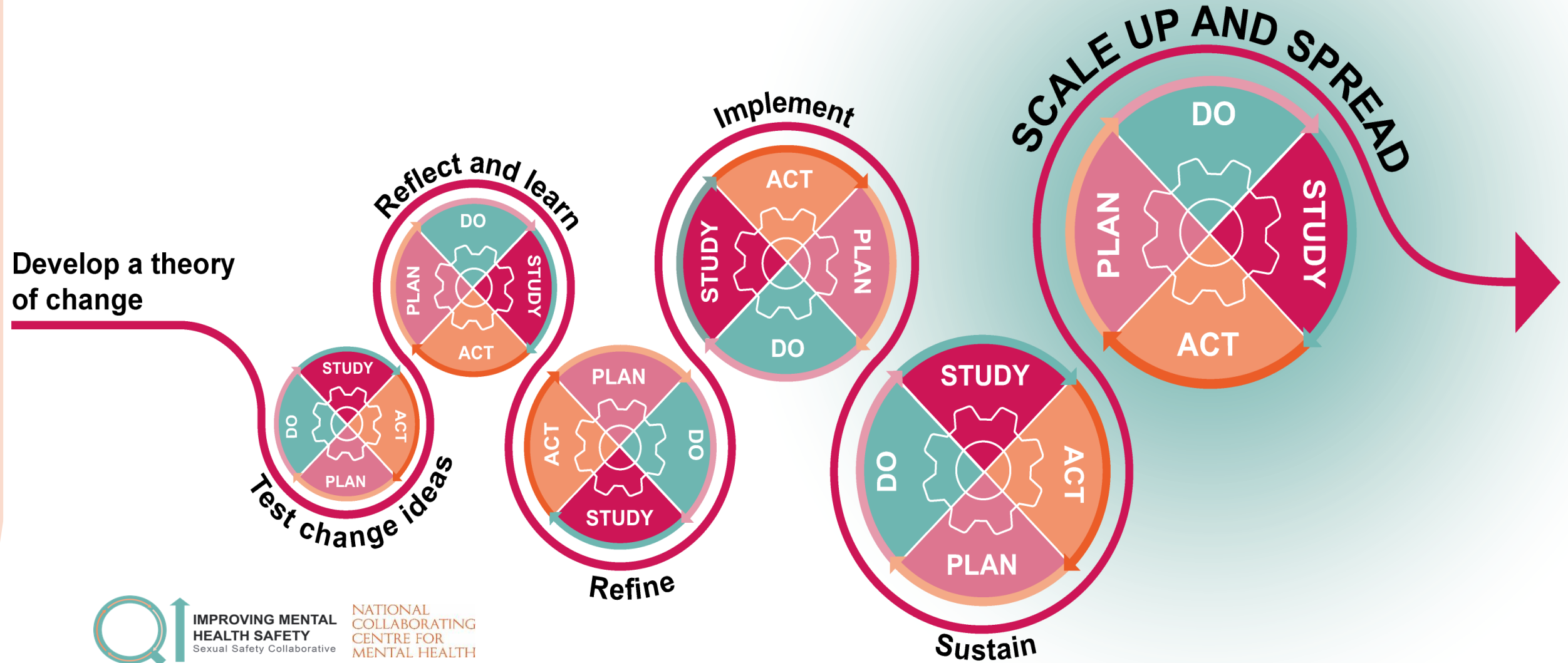
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**IMPROVING MENTAL
HEALTH SAFETY**
Sexual Safety Collaborative

NATIONAL
COLLABORATING
CENTRE FOR
MENTAL HEALTH

Sequence of improvement



What is Scale up and Spread?

SCALE UP

- ▶ Testing your new ways of working with an increasing number of teams e.g. other wards in your unit/hospital
- ▶ To test those ideas in different systems/infrastructures and overcome any problems that may arise
- ▶ To increase confidence that these changes work in each care setting (degree of belief)

SPREAD

- ▶ When your proven interventions and new ways of working are implemented consistently and reliably across a whole system e.g. across a whole hospital or Trust



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How can others in your organisation learn from your work?

The background features abstract geometric shapes in teal and orange tones, primarily concentrated on the right side of the slide. The shapes are layered and semi-transparent, creating a modern, minimalist aesthetic.

Seven Spreadly Sins

- ▶ SIN 1. Don't bother testing in the first place - just go straight to a large pilot across the whole Trust.
- ▶ SIN 2. Give one person the responsibility to do it all. Depend on 'local heroes'.
- ▶ SIN 3. Rely solely on individual's vigilance and hard work.
- ▶ SIN 4. Spread your new ways of working unchanged without adapting them to different settings.
- ▶ SIN 5. Rely on the team who drove the initial improvements to spread the new ways of working across the whole hospital or Trust.
- ▶ SIN 6. Collect lots of data which you check every quarter at most.
- ▶ SIN 7. Expect huge improvements quickly and then start spreading straight away.