

Sexual Safety Collaborative Learning Set 9

Monday 13th September 2021

Welcome!

Thank you for joining the final sexual safety learning set

The event will start at 11.30am

While you wait, visit our SSC Appreciation Board:

https://miro.com/app/board/o9J_lxGQG68=/

(link also provided in the chat)



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MENTAL HEALTH



#MHSIP

#SexualSafetyInMH

Welcome

Tom Ayers



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Housekeeping

- The presentations and discussion today will be recorded and may be shared on our website. If following today's event you do not wish to be identified please contact us on the email below.
- Please mute your microphone unless you are speaking.
- Please turn your camera off when others are presenting.
- If you would like to ask a question or leave a comment, please use the chat function within the meeting.
- If you experience any technical difficulties, please email safetyimprovement@rcpsych.ac.uk
- All presentation slides will be made available on the RCPsych Sexual Safety page, soon after the event.

Additional support

- ▶ We recognise that this topic can be difficult and challenging to think about and discuss.
- ▶ You can also contact any of the NCCMH team if you need any extra support during today's event.
- ▶ Should you wish to speak to a QI coach or require additional support, please email safetyimprovement@rcpsych.ac.uk and we will be in touch.

Agenda

11:30 - 11:40	Welcome	Tom Ayers, Director (NCCMH)
11:40 - 11:55	Opening speaker	Amy Herring, Co-chair - Expert Reference Group
11:55 - 12:05	End of Programme Theory of Change	Matt Milarski & Kate Lorrimer, QI Coaches (NCCMH)
12:05 - 12:25	Q&A Panel Discussion	Tom Ayers (NCCMH) QI Coaches (NCCMH)
12:25 – 12:30	Celebrating your achievements	QI Coaches (NCCMH)
12:30 – 12:45	Breakout groups: Making a Difference	All
12:45 – 12:50	Reflecting on the Collaborative	Saiqa Akhtar
12:50 – 13:00	Summary and close	Helen Smith, National Adviser to the Mental Health Safety Improvement Programme

Opening Speaker

Amy Herring
Co-chair- Expert Reference Group

End of Programme Theory of Change

Matt Milarski & Kate Lorrimer

QI Coaches

Psychological Safety*

Understand and respond to the needs of the individual

Improve culture

Staff support, training and availability

Access to resources and education

Collaborate with other organisations

Respond to a sexual safety incident

Record incidents and analyse data

To increase the percentage of service users and staff who feel safe from sexual harm within mental health and learning disabilities services

Trauma-informed care

Ensuring a safe ward environment

Openness to talk about sexual safety, relationships and sexual behaviours

Support change and quality improvement

Learn from incidents and good practice

Informed staff with confidence to discuss sexual health and safety

Improve staff visibility and availability

Co-produce staff training

Reflection and supervision for staff

Co-produced agreement, visible to all

Promote information

Shared understanding of the system response

Multi-agency working

Responder has adequate time and skills

Support for all parties involved

Step by step guidance and flowcharts

Use data to promote learning

Accurate and timely data collection

*Psychological safety sits behind each primary driver as essential to creating the conditions for this work. In turn, addressing each of these primary drivers will also promote psychological safety. It should be seen as fundamental to improving sexual safety.



Q&A Panel discussion

Tom Ayers & QI Coaches

Celebrating your achievements



**IMPROVING MENTAL
HEALTH SAFETY**
Sexual Safety Collaborative

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Breakout groups: Making a difference



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Reflecting on the collaborative

Saiqa Akhtar

QI Coach

Summary and Close

Helen Smith

National Advisor - Mental Health Safety Improvement Programme



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