

Faculty of Eating Disorders Spring Conference

Date: Wednesday 29 May 2024

Venue: Online via EventsAir

Time	Session
09.15am	<p>Welcome address</p> <p>Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i>, and Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i></p>
09.30am	<p>Plenary 1: Inpatient psychotherapy and transition</p> <p>Chair: Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i></p>
09.30am	<p>The effectiveness of Intensive CBT-E for longstanding anorexia nervosa</p> <p>Dr Riccardo Dalle Grave, <i>Director Department of Eating and Weight Disorders, Villa Garda Hospital, Garda, Italy</i></p>
09.50am	<p>Integrated Step Care Team: Using CBTE and Remote Technology to Help Outcomes for Patients with Severe Eating Disorders Needing Hospitalisation.</p> <p>Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i> and Dr Layla Hamadi, <i>Clinical Psychologist</i></p>
10.10am	<p>Transitions</p> <p>Dr Maria Livanou, <i>Kings College London, London</i></p>
10.30am	<p>Q&A</p>
10.45am - 11.15am	<p>Break</p>
11.15am	<p>Plenary 2: Pathways into eating disorder care and outpatient psychotherapy</p> <p>Chair: Dr Hubertus Himmerich, <i>Kings College London, London</i></p>

11.15am	<p>Pathways into eating disorder care</p> <p>Professor Alessio Monteleone, <i>University of Campania "Luigi Vanvitelli", Largo Madonna delle Grazie, Naples, Italy</i></p>
11.35am	<p>Viennese model of outpatient treatment of adolescent anorexia nervosa based on the new Maudsley model</p> <p>Professor Andreas Karwautz, <i>Medizinische Universität Wien, Vienna, Austria</i></p>
11.55am	<p>Balancing evidence-based with evidence-generating: extending cognitive behavioural therapy for eating disorders</p> <p>Dr Karina Allen, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i></p>
12.15pm	<p>Q&A</p>
12.30pm - 1.30pm	<p>Lunch</p>
1.30pm	<p>Plenary 3: Working with young people and novel developments</p> <p>Chair: Dr Lisa Mukherjee, <i>Great Ormond Street Hospital for Children, London</i></p>
1.30pm	<p>Towards understanding how single- and multi-family therapy for anorexia nervosa work</p> <p>Dr Julian Baudinet, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i></p>
1.50pm	<p>Day programmes for adolescents eating disorders-current practices and future directions</p> <p>Dr Mima Simic, <i>South London and Maudsley NHS Foundation Trust (SLaM)</i></p>
2.10pm	<p>Transdiagnostic and personalised diagnosis and treatment of eating disorders</p> <p>Professor Christina Ralph-Nearman, <i>University of Louisville, United States of America</i></p>
2.30pm	<p>Early life appetite: a risk factor for later ED symptoms</p> <p>Professor Clare Llewellyn, <i>University College London</i></p>
2.50pm	<p>Q&A</p>
3.05pm - 3.35pm	<p>Break</p>

3.35pm	<p>Plenary 4: Update from the Faculty’s research bursary winners and highlights of the conference and reflections on the day</p> <p>Chair: Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i></p>
3.35pm	<p>Update from the Faculty’s research bursary winners</p> <ul style="list-style-type: none"> • Passent Helal - Changes in Gut Microbiome Composition in Individuals with Anorexia Nervosa following inpatient treatment: A Case Series • Wendy Yuepeng Wang - A qualitative study into the unmet training needs of psychiatry trainees with respect to delivering care of people with eating disorders – trainee and trainers’ perspective • Mrityunjai Kumar - A Workforce survey to evaluate perspectives about Eating Disorder Psychiatry posts and their training needs
4.05pm	<p>Highlights of the conference and reflections on the day</p> <p>Panellists:</p> <ul style="list-style-type: none"> • Dr Ashish Kumar, <i>Chair of the Eating Disorders Faculty, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</i> • Dr Agnes Ayton, <i>Vice Chair of the Eating Disorders Faculty, RCPsych</i> • Dr Hubertus Himmerich, <i>Kings College London, London</i> • Dr Lisa Mukherjee, <i>Great Ormond Street Hospital for Children, London</i>
4.30pm	Meeting Close