

Monday 17 June

	Pentland (600)	Sidlaw (300)	Fintry (300)	Cromdale (700)	Lomond (600)	Lammermuir and Moffat	Lowther	Menteith	Student and trainees' lounge	Ochil 2/3	
8.00am – 10.00am	<b>Registration</b> Strathblane hall										
10.00am – 11.15am	<b>S1</b> The sexual and reproductive health needs of people with psychiatric illness	<b>S2</b> Help me please! I've been asked to review a paper	<b>S3</b> Challenges with adolescent inpatient care and developing the evidence base for alternatives to admission	<b>S4</b> The importance of early childhood to mental health in later life: the case for action	<b>S5</b> Launch of RCPsych guidance for mental health organisations regarding staff support following a patient suicide. A prevention and postvention framework					Quiet room	
11.15am – 11.45am	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions					
11.45am – 11.55am	<b>Welcome address</b> Professor Ian Jones and Professor Stephen Lawrie, Congress Co-Chairs and Dr Abdul Raouf, Associate Dean for Advanced Learning and Conferences			Keynote overflow room	Keynote overflow room Quiet space						
11.55am – 12.25pm	<b>KN1 President's opening lecture</b> Dr Lade Smith CBE, President, Royal College of Psychiatrists			Keynote overflow room	Keynote overflow room Quiet space						
12.25pm – 12.55pm	<b>KN2 Age of onset and cumulative risk of mental disorders: a concise update</b> Professor John J. McGrath, Queensland Centre for Mental Health Research, and National Centre for Register-based Research, Aarhus University			Keynote overflow room	Keynote overflow room Quiet space						
12.55pm – 1.55pm	<b>Lunch</b> Served in Lennox			<b>Fringe:</b> Climate Café (lunch served in room)	<b>Fringe:</b> Advocate for psychiatry: Join the RCPsych Ambassador Network	Rapid fire poster presentations	<b>SAS doctors lounge:</b> Meet the Committee Officers/ CCQI		<b>Fringe:</b> Trainee wellbeing, coaching and mentoring		
2.00pm – 3.15pm	<b>S6</b> Treatment resistant psychosis: part one	<b>S7</b> Preparing psychiatrists for 21st Century health care – why is data and digital literacy important?	<b>S8</b> Getting the right care from the very start - digital psychiatry advances in risk prediction and clinical decision making at first presentation of psychosis	<b>S9</b> Sleep, circadian rhythms and mental health	<b>S10</b> Childhood trauma and psychosis: how abuse and neglect contribute to psychotic illness and its treatment outcomes						
3.15pm – 3.25pm											
3.25pm – 4:40pm	<b>S11</b> Advances in neuromodulation for obsessive-compulsive disorder	<b>S12</b> Publishing in the College journals: scope, scholarship and success - an educational session for all College members throughout their career	<b>S13</b> Just keep swimming: a survival guide for doctors under investigation	<b>S14</b> Treatment resistant psychosis: part two	<b>S15</b> Could it happen here, and would you know? Safety standards in mental health services						
4.40pm – 5.10pm						Pitch your poster sessions					
5.10pm – 5.40pm	<b>KN3 Lifestyle for positive mental and physical health</b> Ramaswamy Viswanathan, MD, DrMedSc, President, American Psychiatric Association			Keynote overflow room	Keynote overflow room Quiet space						
5.40pm – 6.10pm	<b>KN4 Personality disorders and complex trauma unlocked: how to work with universal emotional needs</b> Professor Emeritus Arnoud Arntz, University of Amsterdam			Keynote overflow room	Keynote overflow room Quiet space						
6.15pm – 6.45pm	<b>Fringe:</b> Q&A with Professor Emeritus Arnoud Arntz			<b>Fringe:</b> Stand up for mental health!	<b>Fringe:</b> Creative arts: an antidote to existential despair						
6.45pm – 7.30pm											

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8.00am – 9.00am	<b>Registration</b> Strathblane hall										
8.00am – 8.45am							<b>Fringe: Mindfulness</b>	<b>Fringe: Yoga</b>		Quiet room	
9.00am – 9.30am	<b>KN5 Advancing depression genetics research and putting it to good use</b> Professor Andrew M McIntosh, Division of Psychiatry, University of Edinburgh			Keynote overflow room	Keynote overflow room Quiet space						
9.30am – 10.00am	<b>KN6 An improbable psychiatrist - a patient's memoir</b> Dr Rebecca Lawrence, Consultant Psychiatrist, NHS Lothian			Keynote overflow room	Keynote overflow room Quiet space						
10.00am – 10.30am	<b>KN7 The role of Orexin in sleep/wake regulation: A paradigm shift</b> Professor Ramalingam N Chithiramohan MBBS FRCpsych			Keynote overflow room	Keynote overflow room Quiet space						
10.30am – 11.00am	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions					
11.00am – 12.15pm	<b>S16</b> Menopause - what EVERY psychiatrist needs to know	<b>S17</b> Mental health of asylum seekers and refugees: the present challenges and future opportunities - what the psychiatrists need to know	<b>S18</b> England's disordered eating landscape in young people: current challenges and dilemmas	<b>S19</b> The art, science and practice of deprescribing antidepressants, benzodiazepines, z-drugs and gabapentinoids in clinical practice: The Maudsley Deprescribing Guidelines approach	<b>S20</b> Autoimmune encephalitis for the psychiatrist – findings and proposals from the RCPsych national working group		<b>Fringe:</b> Doing do-able jobs: a masterclass in how coaching and mentoring can help you in professional development				
12.15pm – 12.25pm											
12.25pm – 1.40pm	<b>S21</b> Pragmatic approaches to assessment and management of bipolar disorder	<b>S22</b> Why should research matter to psychiatrists?	<b>S23</b> Eating disorders don't discriminate: food and body image issues in people of colour	<b>S24</b> The antidepressant controversy	<b>S25</b> Prioritising care for mental illnesses, in an era of mental wellbeing awareness						
1.40pm – 2.40pm	<b>Lunch</b> Served in Lennox			<b>Fringe:</b> SIG fair and lunch (lunch served in room)		Rapid fire poster presentations	<b>SAS doctors lounge:</b> Leadership and management	<b>Fringe:</b> Examiners lunch	<b>Fringe:</b> Meet the College Officers		
2.40pm – 3.10pm	<b>KN8 The role of stigma in persons with epilepsy - a conversation with an expert by lived experience</b> Professor Kenneth R. Kaufman, MD, FRCPsych, DLFAPA, FAES, Departments of Psychiatry and Neurology, Rutgers Robert Wood Johnson Medical School, New Brunswick, USA; Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London			Keynote overflow room	Keynote overflow room Quiet space						
3.10pm – 3.40pm	<b>KN9 Funny, peculiar - what's the point of studying laughter?</b> Professor Sophie Scott CBE, Institute of Cognitive Neuroscience, University College London			Keynote overflow room	Keynote overflow room Quiet space						
3.40pm – 4.10pm	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions					
4.10pm – 5.25pm	<b>S26</b> Metaphors of the mind from history, music and contemporary neuroscience: implications for clinical practice	<b>S27</b> 'In sight and in mind' – eliminating out of area treatment and restoring continuity of care	<b>S28</b> Daksha Emson Report - 20 years on - what has been achieved?	<b>S29</b> Ten things every psychiatrist should (hopefully) know...	<b>S30</b>						
6.00pm – 8.00pm	<b>AGM</b>										
8.30pm	<b>Student and trainee social</b> (This is a ticketed event) Volcano Falls, Fountain Park, Edinburgh, EH11 1AF										

Wednesday 19 June

	Pentland (600)	Sidlaw (300)	Fintry (300)	Cromdale (700)	Lomond (600)	Lammermuir and Moffat	Lowther	Menteith	Student and trainees' lounge	Ochil 2/3
8.00am – 9.00am	Registration Galleria									
8.00am – 8.45am							<b>Fringe: Mindfulness</b>	<b>Fringe: Poetry and Haiku</b>		
9.00am – 9.30am	<b>KN10 Recent innovations to detect and intervene to prevent heroin/opioid overdose deaths</b> Professor Sir John Strang, King's College London			Keynote overflow room	Keynote overflow room Quiet space					
9.30am – 10.00am	<b>KN11 The Cass Review – reflections and next steps</b> Dr Hilary Cass			Keynote overflow room	Keynote overflow room Quiet space					
10.00am – 10.30am	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions				
10.30am – 11.45am	<b>S31</b> Integrating genomic medicine into mental health care	<b>S32</b> Severe mental illness: moving the needle on health inequalities and premature mortality. New national findings regarding multimorbidity, diabetes and covid-19	<b>S33</b> Portraying mental illness in literature and memoirs	<b>S34</b> Everything you wanted to know about transgender health but were too afraid to ask	<b>S35</b> Disorders at the interface of neurology and psychiatry – basic skills in neuropsychiatry		<b>Fringe: Doing do-able jobs: a masterclass in how coaching and mentoring can help you in professional development</b>			
11.45am – 11.55am										
11.55am – 1.10pm	<b>S36</b> Ethical limits and compassion in action	<b>S37</b> Advancing dementia care: exploring the roles of artificial intelligence and machine learning in clinical practice	<b>S38</b> Supporting all your trainees to pass the MRCPsych examination: making it personal	<b>S39</b> Metabolic psychiatry: understanding the research and clinical interface between metabolism and mental illness.	<b>S40</b> Disorders at the interface of neurology and psychiatry – Parkinson's disease update					
1.10pm – 2.10pm	<b>Lunch</b> Served in Hall 2				<b>Fringe: Advocate for psychiatry: Join the RCPsych Ambassador Network</b>	Rapid fire poster presentations	<b>SAS doctors lounge: Meet the College Officers</b>		<b>Fringe: Meet the Chief Examiner</b>	<b>Quiet room</b>
2.10pm – 2.40pm	<b>KN12 Don't forget mental illness when we talk about mental health</b> Dr Humphrey Needham-Bennett FRCPsych writing as Dr Ben Cave			Keynote overflow room	Keynote overflow room Quiet space					
2.40pm – 3.10pm	<b>KN13 There are things known and there are things unknown, and in between are journal editors</b> Rebecca E. Cooney, PhD, Nature Mental Health			Keynote overflow room	Keynote overflow room Quiet space					
3.10pm – 3.40pm	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions				
3.40pm – 4.55pm	<b>S41</b> Neuroscience and mental health - insights from mechanistic studies that will bridge the gap to therapeutic advances	<b>S42</b> Implementing measurement-based assessment and care in child and youth clinical settings	<b>S43</b> Embedding public mental health in training and practice: a primer for clinicians	<b>S44</b> New guidance for self-harm: an opportunity not to be missed	<b>S45</b> Disorders at the interface of neurology and psychiatry – update on dementia					
4.55pm – 5.05pm										
5.05pm – 6.20pm	<b>S46</b> Novel treatments for adolescent depression: newly developed interventions addressing health behaviours and co-occurring mental health problems to improve mood for adolescents with depression	<b>S47</b> How to grow a psychotherapeutic psychiatrist: research findings and the psychotherapy curriculum for core trainees	<b>S48</b> Improving diagnosis and long-term outcomes in bipolar disorder: state-of-the-art	<b>S49</b> Gradual reduction and discontinuation of antipsychotic medication in people with schizophrenia and long-term psychosis: results and reflections on the RADAR trial	<b>S50</b> Disorders at the interface of neurology and psychiatry – functional neurological disorders					
6.25pm – 7.40pm	<b>Fringe: Theatre of the Oppressed: using participatory art methodologies to support communities on severe mental illnesses in India and Pakistan</b>			<b>Fringe: Music, Medicine, Mental Health and Me</b>						
8.00pm	<b>Congress Party</b> (This is a ticketed event) Ghillie Dhu, 2 Rutland Place, Edinburgh, EH1 2AD									

Thursday 20 June

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8.00am – 9.00am	<b>Registration</b> Strathblane hall										
8.00am – 8.45am							<b>Fringe:</b> Mindfulness	<b>Fringe:</b> Bollywood dance fitness		<b>Quiet room</b>	
9.00am – 9.30am	<b>KN14 Awe as a pathway to mental and physical health</b> Dacher Keltner, UC Berkeley			Keynote overflow room	Keynote overflow room Quiet space						
9.30am – 10.00am	<b>KN15 Mental health rehabilitation; what's not to like?</b> Professor Helen Killaspy, Professor of Rehabilitation Psychiatry, Division of Psychiatry, University College London and Honorary Consultant in Rehabilitation Psychiatry, Camden & Islington NHS Foundation Trust			Keynote overflow room	Keynote overflow room Quiet space						
10.00am – 10.30am	<b>Break</b> Refreshments served in Lennox					Pitch your poster sessions					
10.30am – 11.45am	<b>S51</b> Co-production made easy: 10 simple rules you can implement today to create patient designed and led care	<b>S52</b> Age, cognition and electro convulsive therapy	<b>S53</b> Rising rates of involuntary detention: is there a solution?	<b>S54</b> The commercial determinants of mental health: identifying and reversing these	<b>S55</b> Are neurotransmitters passé in psychiatry? A view from the foothill						
11.45am – 11.55am											
11.55am – 1.10pm	<b>S56</b> Clozapine in the real world: how to improve the use of clozapine in treatment resistant schizophrenia	<b>S57</b> Delivering a whole system approach to mental health rehabilitation for people with complex psychosis	<b>S58</b> The UCLPartners-PRIMROSE pathway: reducing physical health inequalities in severe mental illness	<b>S59</b> Treatment of gender dysphoria in children and adolescents: a review of the evidence base	<b>S60</b> Shattering glass ceilings: women in leadership						
1.10pm – 2.10pm	<b>Lunch</b> Served in Lennox			<b>Fringe:</b> Art workshop		Rapid fire poster presentations	<b>SAS Doctors Lounge:</b> Coaching and mentoring		<b>Fringe:</b> Meet the PTC and find out what we do		
2.10pm – 2.40pm	<b>KN16</b> Judge Tim Eicke, European Court of Human Rights			Keynote overflow room	Keynote overflow room Quiet space						
2.40pm – 3.55pm	<b>S61</b> Use of mood-stabilising medications in pregnancy	<b>S62</b> RCPsych Act Against Racism – behaviours, competencies and systems to effectively tackle racism in the workplace	<b>S63</b> Violence: do we underestimate women?	<b>S64</b> Gambling disorder: clinical characteristics, screening and treatment	<b>S65</b> Improving mental health outcomes for autistic women						