



# NATURE AND HEALTH RESOURCES

Public Health

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## Biophilic Design: How to enhance physical and psychological health and wellbeing in our built environments

B Bolten, G Barbiero, 2018

Visions for Sustainability The aim of the present study is to develop a conceptual framework for Biophilic Design, reducing the gap between scientific research and its translation into functional application Public Space: An Invaluable Resource to Deliver Sustainable Urban Health

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## Space to Thrive Report

The National Lottery Heritage Fund and Community Fund Report, 2020

This is an evidence review on the social benefits of urban green spaces, including the benefits to physical health, mental wellbeing and life satisfaction. It provides recommendations for future green space investment, practice and policy as well as highlighting the gaps in the evidence for further research.

[Full Text](#)

## The Great Outdoors Report

Faculty of Public Health, Peter Clark & Rachael Jolley, 2010

This report argues that green space can play an important part in tackling a range of health and social problems. It outlines the evidence that the natural environment can enhance our health and wellbeing, and explains how town planners, health professionals, policymakers and people themselves can work together to create more green space and make better use of it for the benefit of all.

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## Being mindful of mental health - the role of local government in mental health and wellbeing

Local Government Association, 2017

This report explores how councils influence the mental wellbeing of our communities and how council services, from social care to parks to open spaces to education to housing, help to make up the...

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## Briefing statement

Faculty of Public Health, Peter Clark & Rachael Jolley, 2010

This statement gives examples of good practice and advice on how to work in partnership to develop and make best use of green spaces for health and wellbeing.

## Resources on Sustainable Development and Climate Change

Faculty of Public Health

Eleven resources are currently uploaded – 8 “knowledge” resources and 3 “action” resources. Others are being prepared and it is planned to have a total of approximately 20 resources in due course.

[Full Text](#)

## Public Health and Green Spaces: ‘Local action on health inequalities: Improving access to green spaces’.

PHE Health Equity Briefing 8, 2014

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## Urban green spaces and health: a review of evidence

World Health Organisation, 2016

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## Public Health and Landscapes

The Landscape Institute, 2013

The Landscape Institute summarised the evidence in Nov 2013 for the impact on public health of environmental planning, and their 5 principles of healthy places:

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## Public Health and Landscape: Creating Healthy Places

The Landscape Institute, 2013

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## Building health and wellbeing into the built environment – the role of directors of public health in local authorities

Town and Country Planning, Laurence, B. Bath DPH, 2016

## IHE report

Institute of Health Equity, 2014

Indicating how health inequalities can be addressed through attention to green infrastructure.

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## The Natural Environment White Paper: The Natural Choice: securing the value of nature - Implementation update report

Department for Environment, Food and Rural Affairs, 2011 (updated 2014)

[Full Text](#)

## Advancing our health: prevention in the 2020s – consultation document

Cabinet Office, Department of Health and Social Care, 2019

[Full Text](#)



## Urban green space interventions and health: A review of impacts and effectiveness. Full report

WHO, 2017

[Full Text](#)

## Moving Toward an Agenda on Ocean Health and Human Health in Europe

A Borja et. al., *Frontiers in Marine Science*, 2020

Growing evidences demonstrate that the health of the ocean and the health of humans have always been and will continue to be, inextricably linked. Our actions toward the oceans will significantly influence the future of the whole planet and, in turn, our own health. The aim of this review is to contribute to the emerging scientific agenda on ocean health and human health, as well as coordinate efforts with stakeholders, policy makers and the general public. In addition to summarizing some of the key risks and benefits, we describe the governance of oceans and health interactions (especially in Europe), and we finish by proposing a list of elements for potential future research priorities on oceans and human health.

[Full Text](#)

## Social Return on Investment analysis of the health and wellbeing impacts of Wildlife Trust programmes

Leeds Beckett University, The Wildlife Trusts , 2019

This latest research into the economic impact of volunteering with The Wildlife Trusts shows the importance of engaging with nature to prevent avoidable health problems and illnesses from developing or getting worse.

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