

Monday 17 June

	Pentland (600)	Sidlaw (300)	Fintry (300)	Cromdale (700)	Lomond (600)	Lammermuir and Moffat	Lowther	Menteith	Student and trainees' lounge	Ochil 2/3	
8.00am – 10.00am	Registration Strathblane hall										
10.00am – 11.15am	S1 The sexual and reproductive health needs of people with psychiatric illness	S2 Help me please! I've been asked to review a paper	S3 Challenges with adolescent inpatient care and developing the evidence base for alternatives to admission	S4 The importance of early childhood to mental health in later life: the case for action	S5 Launch of RCPsych guidance for mental health organisations regarding staff support following a patient suicide. A prevention and postvention framework					Quiet room	
11.15am – 11.45am	Break Refreshments served in Lennox					Pitch your poster sessions					
11.45am – 11.55am	Welcome address Professor Ian Jones and Professor Stephen Lawrie, Congress Co-Chairs and Dr Abdul Raouf, Associate Dean for Advanced Learning and Conferences			Keynote overflow room	Keynote overflow room Quiet space						
11.55am – 12.25pm	KN1 President's opening lecture Dr Lade Smith CBE, President, Royal College of Psychiatrists			Keynote overflow room	Keynote overflow room Quiet space						
12.25pm – 12.55pm	KN2 Age of onset and cumulative risk of mental disorders: a concise update Professor John J. McGrath, Queensland Centre for Mental Health Research, and National Centre for Register-based Research, Aarhus University			Keynote overflow room	Keynote overflow room Quiet space						
12.55pm – 1.55pm	Lunch Served in Lennox			Fringe: Climate Café (lunch served in room)	Fringe: Unleash the power of media mastery - an introduction to becoming a media spokesperson	Rapid fire poster presentations	SAS doctors lounge: Meet the Committee Officers/ CCQI		Fringe: Trainee wellbeing, coaching and mentoring		
2.00pm – 3.15pm	S6 Treatment resistant psychosis: part one	S7 Preparing psychiatrists for 21st Century health care – why is data and digital literacy important?	S8 Getting the right care from the very start - digital psychiatry advances in risk prediction and clinical decision making at first presentation of psychosis	S9 Sleep, circadian rhythms and mental health	S10 Childhood trauma and psychosis: how abuse and neglect contribute to psychotic illness and its treatment outcomes						
3.15pm – 3.25pm											
3.25pm – 4:40pm	S11 Advances in neuromodulation for obsessive-compulsive disorder	S12 Publishing in the College journals: scope, scholarship and success - an educational session for all College members throughout their career	S13 Just keep swimming: a survival guide for doctors under investigation	S14 Treatment resistant psychosis: part two	S15 Could it happen here, and would you know? Safety standards in mental health services						
4.40pm – 5.10pm						Pitch your poster sessions					
5.10pm – 5.40pm	KN3 Lifestyle for positive mental and physical health Ramaswamy Viswanathan, MD, DrMedSc, President, American Psychiatric Association			Keynote overflow room	Keynote overflow room Quiet space						
5.40pm – 6.10pm	KN4 Personality disorders and complex trauma unlocked: how to work with universal emotional needs Professor Emeritus Arnoud Arntz, University of Amsterdam			Keynote overflow room	Keynote overflow room Quiet space						
6.15pm – 6.45pm	Fringe: Q&A with Professor Emeritus Arnoud Arntz			Fringe: Stand up for mental health!	Fringe: Creative arts: an antidote to existential despair						
6.45pm – 7.30pm											

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8.00am – 9.00am	Registration Strathblane hall										
8.00am – 8.45am							Fringe: Mindfulness	Fringe: Yoga		Quiet room	
9.00am – 9.30am	KN5 Advancing depression genetics research and putting it to good use Professor Andrew M McIntosh, Division of Psychiatry, University of Edinburgh			Keynote overflow room	Keynote overflow room Quiet space						
9.30am – 10.00am	KN6 An improbable psychiatrist - a patient's memoir Dr Rebecca Lawrence, Consultant Psychiatrist, NHS Lothian			Keynote overflow room	Keynote overflow room Quiet space						
10.00am – 10.30am	KN7 The role of Orexin in sleep/wake regulation: A paradigm shift Professor Ramalingam N Chithiramohan MBBS FRCpsych			Keynote overflow room	Keynote overflow room Quiet space						
10.30am – 11.00am	Break Refreshments served in Lennox					Pitch your poster sessions					
11.00am – 12.15pm	S16 Menopause - what EVERY psychiatrist needs to know	S17 Mental health of asylum seekers and refugees: the present challenges and future opportunities - what the psychiatrists need to know	S18 England's disordered eating landscape in young people: current challenges and dilemmas	S19 The art, science and practice of deprescribing antidepressants, benzodiazepines, z-drugs and gabapentinoids in clinical practice: The Maudsley Deprescribing Guidelines approach	S20 Autoimmune encephalitis for the psychiatrist – findings and proposals from the RCPsych national working group		Fringe: Doing do-able jobs: a masterclass in how coaching and mentoring can help you in professional development				
12.15pm – 12.25pm											
12.25pm – 1.40pm	S21 Pragmatic approaches to assessment and management of bipolar disorder	S22 Why should research matter to psychiatrists?	S23 Eating disorders don't discriminate: food and body image issues in people of colour	S24 The antidepressant controversy	S25 Prioritising care for mental illnesses, in an era of mental wellbeing awareness						
1.40pm – 2.40pm	Lunch Served in Lennox			Fringe: SIG fair and lunch (lunch served in room)		Rapid fire poster presentations	SAS doctors lounge: Leadership and management	Fringe: Examiners lunch	Fringe: Meet the College Officers		
2.40pm – 3.10pm	KN8 The role of stigma in persons with epilepsy - a conversation with an expert by lived experience Professor Kenneth R. Kaufman, MD, FRCPsych, DLFAPA, FAES, Departments of Psychiatry and Neurology, Rutgers Robert Wood Johnson Medical School, New Brunswick, USA; Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London			Keynote overflow room	Keynote overflow room Quiet space						
3.10pm – 3.40pm	KN9 Funny, peculiar - what's the point of studying laughter? Professor Sophie Scott CBE, Institute of Cognitive Neuroscience, University College London			Keynote overflow room	Keynote overflow room Quiet space						
3.40pm – 4.10pm	Break Refreshments served in Lennox					Pitch your poster sessions					
4.10pm – 5.25pm	S26 Metaphors of the mind from history, music and contemporary neuroscience: implications for clinical practice	S27 'In sight and in mind' – eliminating out of area treatment and restoring continuity of care	S28 Daksha Emson Report - 20 years on - what has been achieved?	S29 Ten things every psychiatrist should (hopefully) know...	S30						
6.00pm – 8.00pm	AGM										
8.30pm	Student and trainee social (This is a ticketed event) Volcano Falls, Fountain Park, Edinburgh, EH11 1AF										

Wednesday 19 June

	Pentland (600)	Sidlaw (300)	Fintry (300)	Cromdale (700)	Lomond (600)	Lammermuir and Moffat	Lowther	Menteith	Student and trainees' lounge	Ochil 2/3
8.00am – 9.00am	Registration Galleria									
8.00am – 8.45am							Fringe: Mindfulness	Fringe: Poetry and Haiku		
9.00am – 9.30am	KN10 Recent innovations to detect and intervene to prevent heroin/opioid overdose deaths Professor Sir John Strang, King's College London			Keynote overflow room	Keynote overflow room Quiet space					
9.30am – 10.00am	KN11 The Cass Review – reflections and next steps Dr Hilary Cass			Keynote overflow room	Keynote overflow room Quiet space					
10.00am – 10.30am	Break Refreshments served in Lennox					Pitch your poster sessions				
10.30am – 11.45am	S31 Integrating genomic medicine into mental health care	S32 Severe mental illness: moving the needle on health inequalities and premature mortality. New national findings regarding multimorbidity, diabetes and covid-19	S33 Portraying mental illness in literature and memoirs	S34 Everything you wanted to know about transgender health but were too afraid to ask	S35 Disorders at the interface of neurology and psychiatry – basic skills in neuropsychiatry		Fringe: Doing do-able jobs: a masterclass in how coaching and mentoring can help you in professional development			
11.45am – 11.55am										
11.55am – 1.10pm	S36 Ethical limits and compassion in action	S37 Advancing dementia care: exploring the roles of artificial intelligence and machine learning in clinical practice	S38 Supporting all your trainees to pass the MRCPsych examination: making it personal	S39 Metabolic psychiatry: understanding the research and clinical interface between metabolism and mental illness.	S40 Disorders at the interface of neurology and psychiatry – Parkinson's disease update					
1.10pm – 2.10pm	Lunch Served in Hall 2				Fringe: Unleash the power of media mastery - an introduction to becoming a media spokesperson	Rapid fire poster presentations	SAS doctors lounge: Meet the College Officers		Fringe: Meet the Chief Examiner	Quiet room
2.10pm – 2.40pm	KN12 Don't forget mental illness when we talk about mental health Dr Humphrey Needham-Bennett FRCPsych writing as Dr Ben Cave			Keynote overflow room	Keynote overflow room Quiet space					
2.40pm – 3.10pm	KN13 There are things known and there are things unknown, and in between are journal editors Rebecca E. Cooney, PhD, Nature Mental Health			Keynote overflow room	Keynote overflow room Quiet space					
3.10pm – 3.40pm	Break Refreshments served in Lennox					Pitch your poster sessions				
3.40pm – 4.55pm	S41 Neuroscience and mental health - insights from mechanistic studies that will bridge the gap to therapeutic advances	S42 Implementing measurement-based assessment and care in child and youth clinical settings	S43 Embedding public mental health in training and practice: a primer for clinicians	S44 New guidance for self-harm: an opportunity not to be missed	S45 Disorders at the interface of neurology and psychiatry – update on dementia					
4.55pm – 5.05pm										
5.05pm – 6.20pm	S46 Novel treatments for adolescent depression: newly developed interventions addressing health behaviours and co-occurring mental health problems to improve mood for adolescents with depression	S47 How to grow a psychotherapeutic psychiatrist: research findings and the psychotherapy curriculum for core trainees	S48 Bipolar diagnosis	S49 Gradual reduction and discontinuation of antipsychotic medication in people with schizophrenia and long-term psychosis: results and reflections on the RADAR trial	S50 Disorders at the interface of neurology and psychiatry – functional neurological disorders					
6.25pm – 7.40pm	Fringe: Theatre of the Oppressed: using participatory art methodologies to support communities on severe mental illnesses in India and Pakistan			Fringe: Music, Medicine, Mental Health and Me						
8.00pm	Congress Party (This is a ticketed event) Ghillie Dhu, 2 Rutland Place, Edinburgh, EH1 2AD									

Thursday 20 June

	Pentland (600)	Sidlaw (300)	Fintry (300)	Cromdale (700)	Lomond (600)	Lammermuir and Moffat	Lowther	Menteith	Student and trainees' lounge	Ochil 2/3	
8.00am – 9.00am	Registration Strathblane hall										
8.00am – 8.45am							Fringe: Mindfulness	Fringe: Bollywood dance fitness		Quiet room	
9.00am – 9.30am	KN14 Awe as a pathway to mental and physical health Dacher Keltner, UC Berkeley			Keynote overflow room	Keynote overflow room Quiet space						
9.30am – 10.00am	KN15 Mental health rehabilitation; what's not to like? Professor Helen Killaspy, Professor of Rehabilitation Psychiatry, Division of Psychiatry, University College London and Honorary Consultant in Rehabilitation Psychiatry, Camden & Islington NHS Foundation Trust			Keynote overflow room	Keynote overflow room Quiet space						
10.00am – 10.30am	Break Refreshments served in Lennox					Pitch your poster sessions					
10.30am – 11.45am	S51 Co-production made easy: 10 simple rules you can implement today to create patient designed and led care	S52 Age, cognition and electro convulsive therapy	S53 Rising rates of involuntary detention: is there a solution?	S54 The commercial determinants of mental health: identifying and reversing these	S55 Are neurotransmitters passé in psychiatry? A view from the foothill						
11.45am – 11.55am											
11.55am – 1.10pm	S56 Clozapine in the real world: how to improve the use of clozapine in treatment resistant schizophrenia	S57 Delivering a whole system approach to mental health rehabilitation for people with complex psychosis	S58 The UCLPartners-PRIMROSE pathway: reducing physical health inequalities in severe mental illness	S59 Treatment of gender dysphoria in children and adolescents: a review of the evidence base	S60 Shattering glass ceilings: women in leadership						
1.10pm – 2.10pm	Lunch Served in Lennox			Fringe: Art workshop		Rapid fire poster presentations	SAS Doctors Lounge: Coaching and mentoring		Fringe: Meet the PTC and find out what we do		
2.10pm – 2.40pm	KN16 Judge Tim Eicke, European Court of Human Rights			Keynote overflow room	Keynote overflow room Quiet space						
2.40pm – 3.55pm	S61 Use of mood-stabilising medications in pregnancy	S62 RCPsych Act Against Racism – behaviours, competencies and systems to effectively tackle racism in the workplace	S63 Violence: do we underestimate women?	S64 Gambling disorder: clinical characteristics, screening and treatment	S65 Improving mental health outcomes for autistic women						