National Clinical Audit of Anxiety & Depression

Spotlight Audit of Psychological Therapies
Sampling

Sampling Method – Audit of Practice

Trusts/organisations were asked to identify the eligible service users for the audit of practice using the below method for each of the services you have registered. Eligible service users had to be submitted to the NCAAD team for sampling by 28 September 2018.

Trusts/organisations were asked to:

1. Identify all service users that meet the eligibility criteria (please see
2. Service User Eligibility Criteria on the next page) across the service(s) registered. <u>Trusts/organisations could do this for each service or across the Trust/organisation as a whole but the NCAAD team needed to know which service their therapy was provided by, to sample accordingly.</u>

3. Populate the excel template sent by the NCAAD team with a list of all eligible service users:

    a. Group the service users by the service their therapy was provided by;

    b. Followed by the Clinical Commissioning Group (CCG) responsible for their care;

    c. Order this list by the date that the service users ended therapy with the most recent first.

4. Assign each of the eligible services users in this list an ID number beginning with their Trust/organisation ODS code followed by a number (e.g. ABC001to ABC*nnn*) to ensure that the service user remains anonymous throughout the audit process.

5. Remove the service user's name and any identifiable information.

6. Submit the final list of <u>ALL</u> eligible service users, including the service user ID, service name or code, and CCG name or code, to the NCAAD project team via email (ncaad@rcpsych.ac.uk) by 28 September 2018.

For example:

Trust/Organisation Name: Trust/Organisation Code:					
Service Name	**Service Code**	**Service User ID**	**CCG Name**	**CCG ODS Code**	**End date of contact**
e.g. X CMHT	*e.g. ABC-S1*	*e.g. ABC001*	*e.g. NHS Darlington CCG*	*e.g XYZ*	*e.g. 10/08/2018*

The NCAAD team selected the sample of service users to be included in the audit from the list provided. The specific number of service users selected will vary slightly depending on the size of the number of services registered and the number of eligible service users.

Service User Eligibility Criteria

Trusts/organisations were asked to complete an audit of practice (case note audit) on a sample of service users who meet the following eligibility criteria:

- Aged 18 years or over (no upper age limit);
- Ended contact for psychological therapy between 01 September 2017 and 31 August 2018;
- Who have non-psychotic disorders (a list of excluded ICD-10 codes are available in the appendix).

Trusts/organisations were asked to include service users who completed a full course of psychological therapy, and those who were accepted for therapy but did not complete their treatment for whatever reason (e.g. because they dropped out, declined the treatment offered, were referred to another service).