

SEXUAL SAFETY COLLABORATIVE NEWSLETTER

NOVEMBER 2019

Thank you all for joining this national programme and helping ensure that our service users feel safe from sexual harm on our wards. We're now six weeks into the work together, and you should all be testing and learning how to collect the data that will form a critical part of this quality improvement programme. We'll be sharing stories and resources through these regular newsletters, so do send us photos or tips that you think we could all benefit from.

Until our next learning session in January, please keep up the excellent progress on starting the conversation in your ward community, creating your charter and collecting the baseline data. If you have any difficulties at all, don't hesitate to reach out for our support.

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Here are some highlights from the QI Coaches of the great work you are all doing. Don't worry if you are not featured in this newsletter, we will be creating newsletters bi-monthly and want to feature you all. If you have something you are particularly proud of then make sure you let your QI coach know!

- **Miranda PICU (Humber)** are testing using the safety cross to capture incidents that have been difficult to record on Datix. In this way they will be able to collect more accurate information than using online reporting alone.
- Staff on **Wards 3+5 Becklin Centre (Leeds and Yorkshire)** have seen incidents being reported that wouldn't have before the project started. They are also working with their Datix team to add new codes to encourage reporting (in addition to using the safety cross).
- Wards including **Upnor ward (Kent and Medway), Ruby + Ivory wards (East London)** and **Swift ward (Hertfordshire)** have at least one patient on their project team.
- **Burbage ward (Sheffield)** are breaking down their data for their own records into staff, patients and male/female. This could be very useful as we continue to collect data.
- **Moorland View ward (Devon)** have made a one-page handout about the project for their patients and carers which you can see [here](#).



Monday 9th December 2019

We will be holding our first monthly telephone clinic on Monday 9th December 2019 at 2pm. This is to enable you all to speak with each other, share ideas and offer advice. Please look out for your email invitation which will be sent soon!

TOP TIPS for successful QI projects:

- Service user involvement in project teams
- Multidisciplinary project teams (involve all levels)
- Engaged senior sponsorship
- Regular project meetings
- Protected time for project work



To help you with running effective, regular QI project meetings, we have designed a:



Project Meeting Agenda Template (pdf)



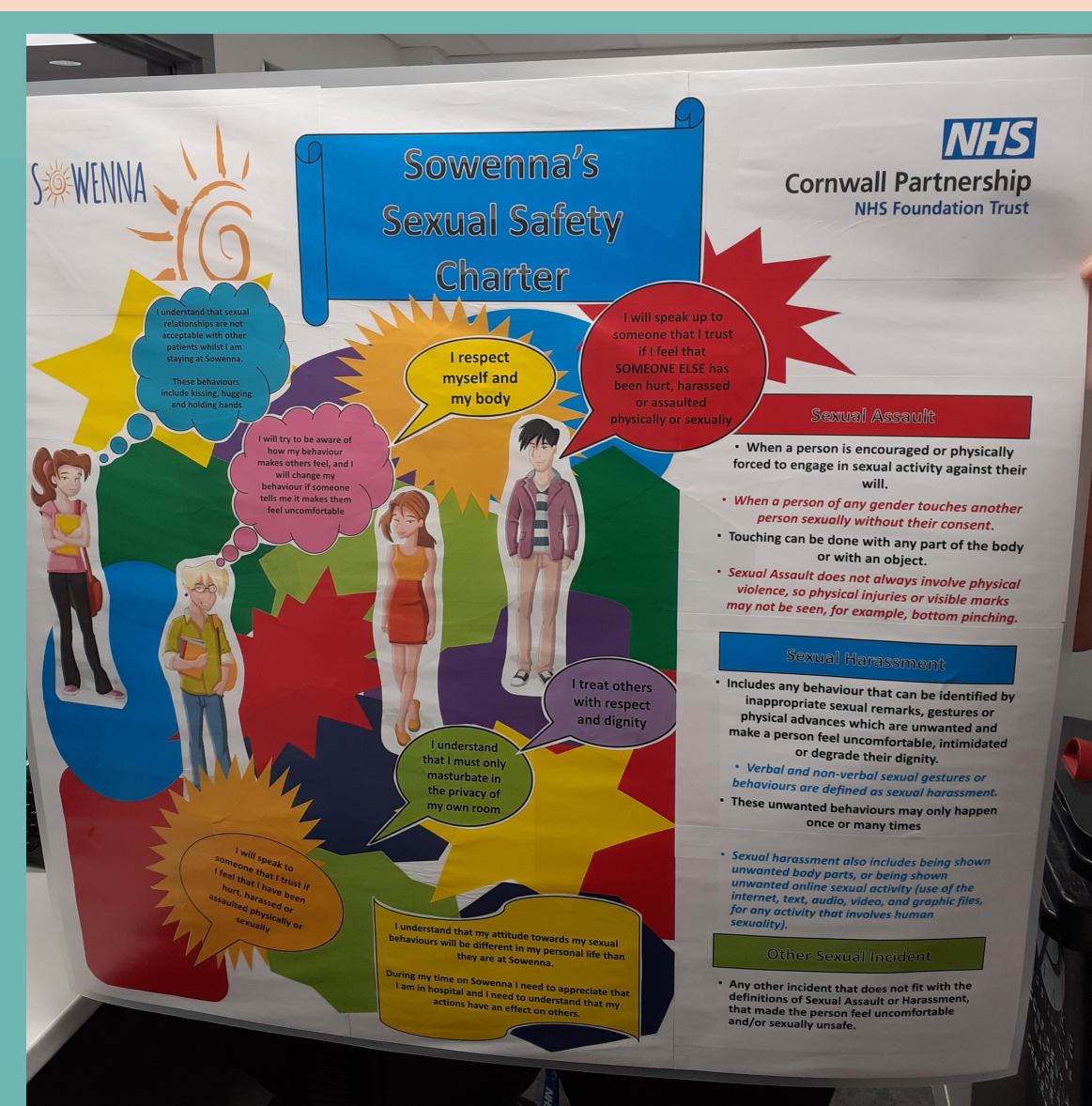
This document includes a template for taking project meeting minutes, focused on agreed actions.

Our Children and Young People's wards have spent some time thinking about how to adapt the ward charter for their settings. The visual display, use of language and age range of service users are all important considerations.

Sowenna Ward in Cornwall have been making a new charter together with young people on the ward and in this photo all they have left to do is add independent contact details!

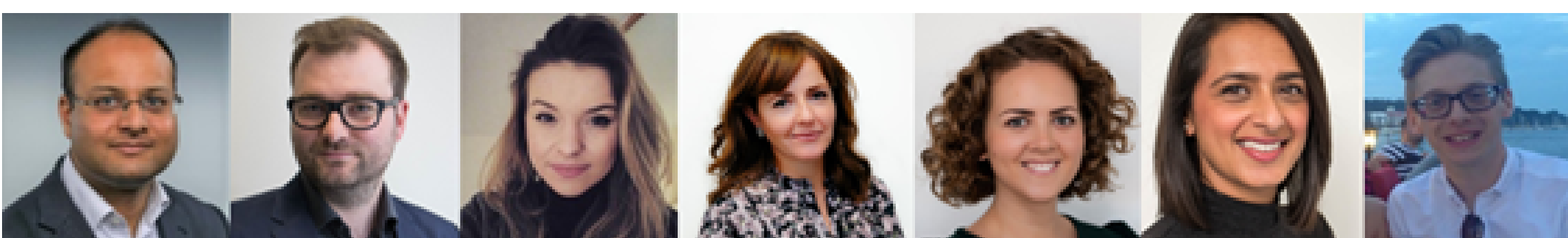
Marlborough House (Oxford) are considering using the NSPCC's 'Talk PANTS' (weblink) campaign and resources as a starting point for developing a ward charter and talking about the topic of sexual safety in a way that is appropriate for younger children on the ward.

Please get in touch with your QI coach if you would like to share more about what you have been doing to adapt the work to your setting and/or would like to speak to others in similar situations, we'd be happy to put you in touch!



Helpful Links

- Sexual health and sexual safety booklet from City & Hackney Centre for Mental Health (East London) ([pdf](#))
- Understanding the impact of sexual violence & how to handle disclosure workshop - The Survivors Trust, Warwickshire ([weblink](#))



IMPROVING MENTAL HEALTH SAFETY
Sexual Safety Collaborative