



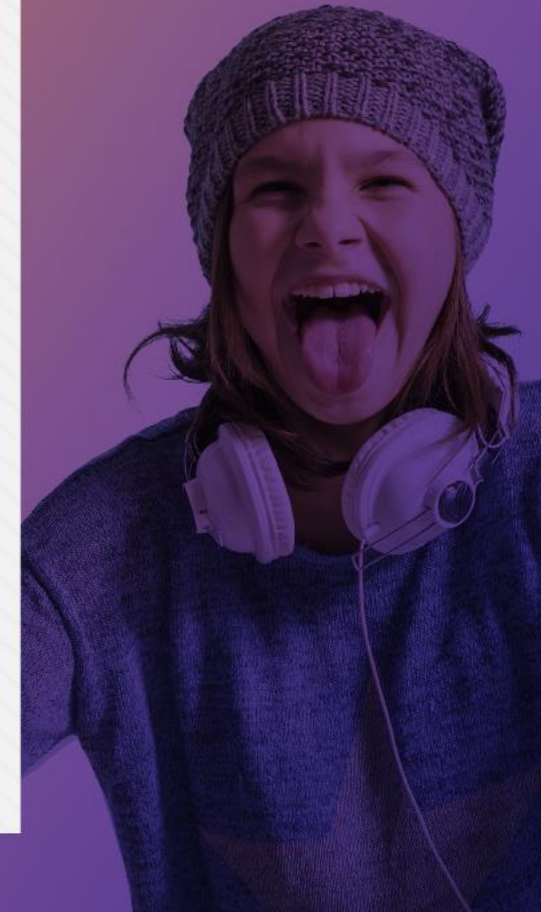
COVID-19

What young people have told us...



Our Mission...

+ Is to support young people to make informed decisions and choices, connecting them to opportunities and empowering them to share and hold power in the design of services and policy.





Renew: Insight from Young Scots

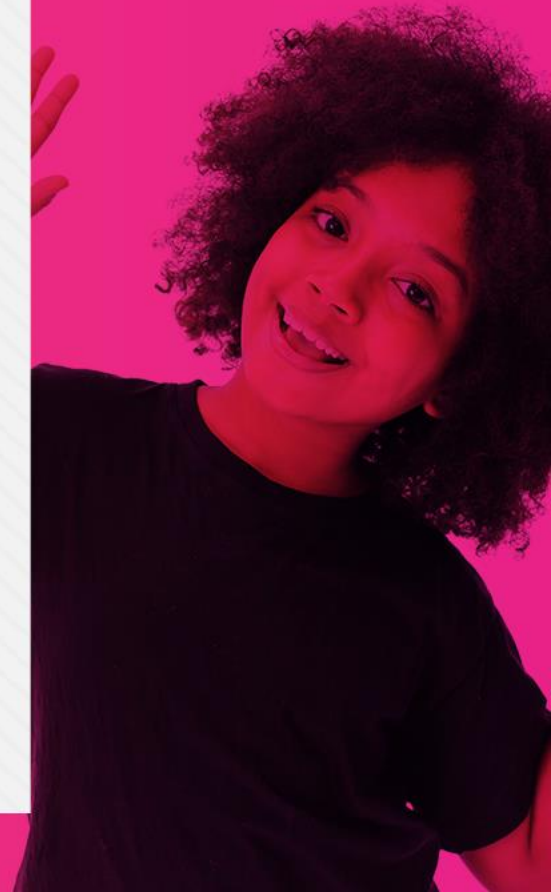
- + #LockdownLowdown – survey run in partnership with the Scottish Youth Parliament and YouthLink Scotland. In field 3rd-17th April 2020, **2,451 responses**.
- + Codesign Digital Session held 5th May 2020 with **49 diverse young people** from across Scotland.
- + Both reports available.





#LockdownLowdown

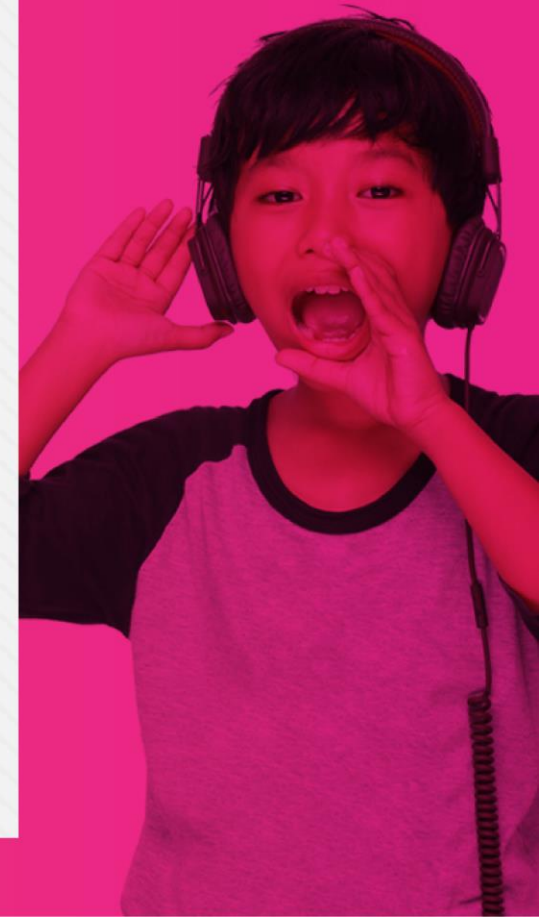
- + Over two fifths (42%) were Extremely or Moderately concerned about **school, college and university closures**. Respondents expressed more concern regarding **exams and coursework**, with around half (49%) stating they were Moderately or Extremely concerned.
- + Over a third (36%) were Moderately or Extremely concerned about their **employment situation**.
- + Almost a third (30%) said that they are Moderately or Extremely concerned about their **financial situation**.





#LockdownLowdown

- + Almost two fifths (39%) felt Moderately or Extremely concerned about their own **mental wellbeing**. When asked about the mental wellbeing of others, 46% were Moderately or Extremely concerned about the **wellbeing of others**.
- + When asked about the impact on their **social relationships with family or friends**, two fifths (40%) were Moderately or Somewhat concerned.
- + When asked about their **ability to access their rights as a young person**, over half of the respondents (58%) stated that they had some concern over their rights.
- + Almost **two thirds of respondents (61%)** were Moderately or Extremely concerned about **the impact of coronavirus (COVID-19) on their future**.





#LockdownLowdown

- + Respondents were asked if they knew how to access information about certain topics during the coronavirus outbreak. The topics that respondents were **most confident** in accessing information about were **Information, advice and updates around lockdown** (90%) and **Activities to do** while inside (82%).
- + The topics that respondents were **least confident** in accessing information about **were Support for mental health and wellbeing** (40%) and **Financial support** that may be available to them (61%).





Codesign Digital Session

- + This workshop aimed to explore the following key areas of discussion:
 - ⦿ The **medium and longer-term impacts** of Covid-19 on Scotland
 - ⦿ The **positive reforms and shifts emerging** from the crisis. This includes both:
 - ⦿ **positive changes** to behaviours or practices made in response to Covid 19 that **we want to keep or harness**, and
 - ⦿ **opportunities to drive change** as a consequence of the crisis
 - ⦿ The **recovery responses that are most relevant for Scotland** in light of the impacts and opportunities, including both **priorities and early policy ideas**.





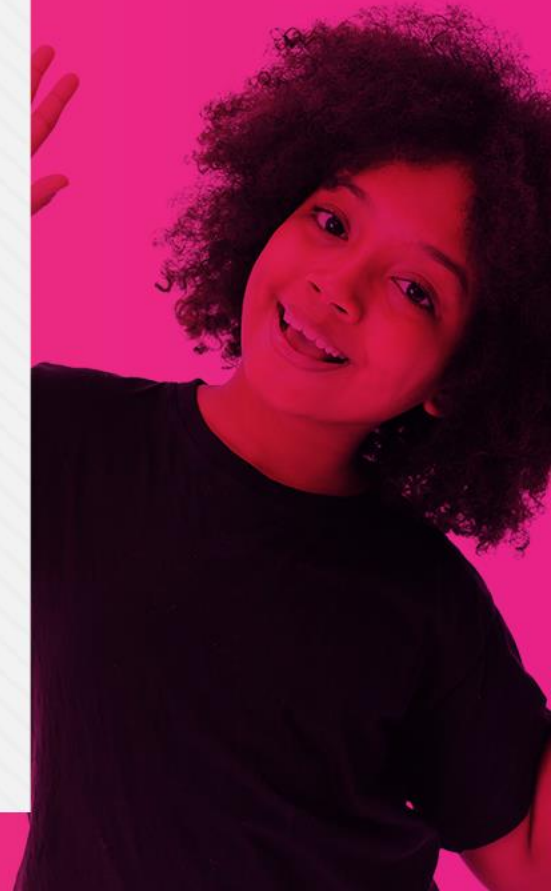
Codesign Digital Session

- + The young people were asked to share how they had been affected during the Covid-19 crisis.
- + The most common response at 28% felt that they **do not have space to themselves.**
- + 26% shared that they have **not been able to easily access healthcare services that they would usually access,** and a further 26% found it **difficult to get online due to poor internet connection.**
- + Other key issues declared included: their **parent or guardian having lost their job or work** (19%); it being **more difficult than usual to afford food** (14%); **them or their family struggling to paying rent, mortgage or bills** (14%); **being alone at home for long periods of time** (12%); and **a health condition that they live with has gotten worse** (12%).



Codesign Digital Session

- + *"I am still working at a supermarket and all though many people are no longer working my work has increased substantially. **I have been doing 50 to 60 hour weeks, 12 hour days to help** with the demand of food."*
- + *"I am due to graduate in June. **All the jobs I had applied for have been put on hold and in the sectors I am interested in have suspended the vast majority of recruitment.** I have moved back in with my parents for the foreseeable until places start recruiting again."*
- + *"**My stress levels have just skyrocketed**, it's hard for everyone with so many unknowns **but so much of my life was meant to stand on the next few years of my life.**"*



Codesign Digital Session: Gold Stars

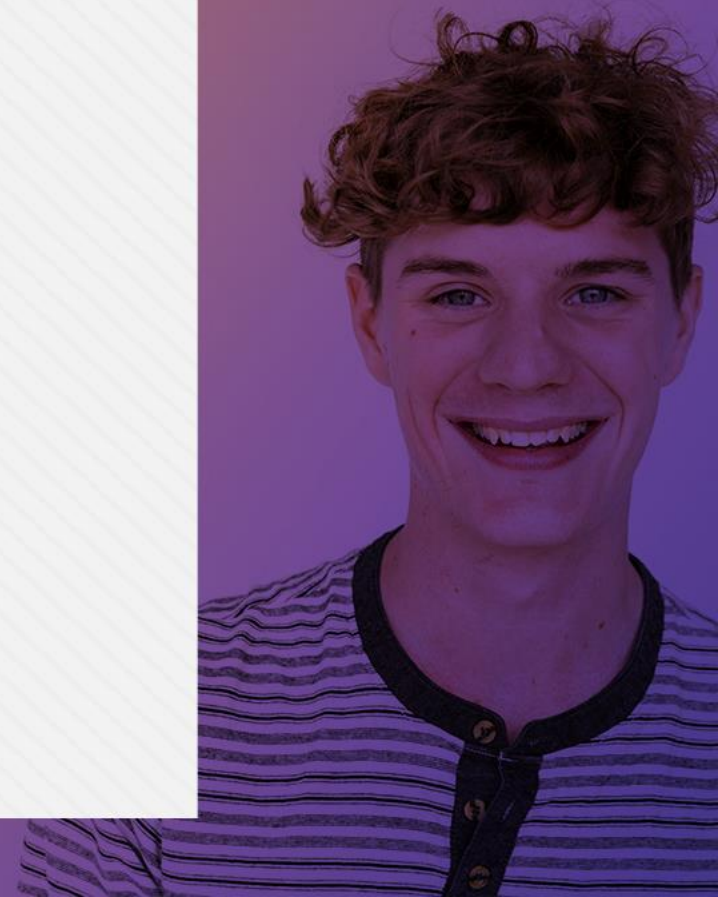
- + The NHS/AttendAnywhere/#ClapForCarers
- + Recognition of key workers – carers; supermarket staff etc.
- + Kindness and community spirit
- + Positive leadership from First Minister; National Clinical Director etc
- + Support from third sector organisations highly valued
- + Free access to learning; cultural activities etc online



Codesign Digital Session: Building Blocks

+ Opportunities to drive change positively ...

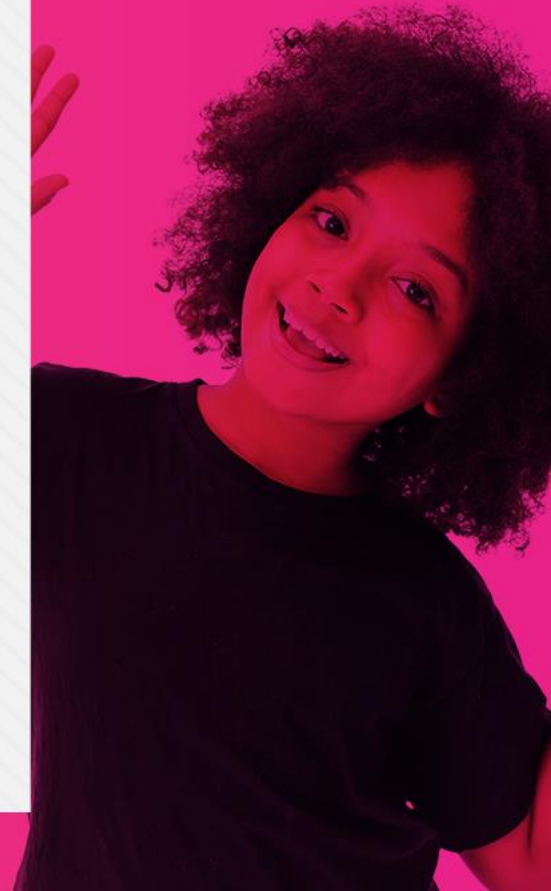
- ⦿ Healthcare
- ⦿ Community spirit
- ⦿ Education
- ⦿ Transport & the environment
- ⦿ Employment
- ⦿ Futureproofing
- ⦿ Technology
- ⦿ Active Lifestyles
- ⦿ Wellbeing



Codesign Digital Session: Strategic Policy Priorities

+ Young people wanted the Scottish Government and others to prioritise:

- ⦿ Mental Health
- ⦿ Environment
- ⦿ Education
- ⦿ Rights and Equality
- ⦿ Health
- ⦿ Transport
- ⦿ Employment



Digital Information

- Over 93,000-page views in 5 months
- Over 115,500 engagements on social media

Coronavirus (COVID-19)

It's easy to feel a bit overwhelmed and scared by everything you're hearing about coronavirus disease (COVID-19) right now. Find out more about what's happening and the simple steps you can take to help prevent catching COVID-19 and spreading to others. Also find out more about what you can do if you are feeling anxious and worried, and how you can support others in your community.

FACTS at Secondary School
What is FACTS and what does it mean for you at school? Find out more about the new guidance on wearing face coverings in school.

What Phase Are We in and What Does it Mean?
What can and can you not do yet in the current phase of the coronavirus (COVID-19) route map? Find out here.

Back to School: Your Frequently Asked Questions
You know you probably have lots of questions about going back to school this year so we've answered some of the top ones.

#BackToSchool Message from Professor Jason Leitch
Take a look at our IGTV from Professor Leitch, National Clinical Director for Scotland, to hear his message about what schools might look like and information about looking after your mental health and emotional wellbeing.

SQA Update: Revised Results & Appeals
Updated information from the Scottish Qualifications Authority on this year's results and appeals process.

What is Coronavirus and How Might it Affect Me?
What is COVID-19? What are the symptoms of coronavirus and how to take steps to prevent it. Plus, what to do if you think you might have coronavirus.

NHS Inform's Information About Coronavirus (COVID-19)
Get the official and most up to date information about how COVID-19 is spread, what the symptoms are and what to do if you think you have them.

The Answers to Common Coronavirus (COVID-19) Questions
We answer your frequently asked questions about the coronavirus (COVID-19).

Mental Health & Emotional Wellbeing Information
Find information about supporting a positive emotional wellbeing during the coronavirus (COVID-19) outbreak and links to further support.

How is Coronavirus (COVID-19) Impacting Education?
All the latest information on how COVID-19 might affect exams, coursework, schools, colleges and universities.

How to Look After Your Finances During Coronavirus (COVID-19)
With lots of businesses closed because of coronavirus (COVID-19) you might find you're struggling to pay the bills. Here's some information on how to look after your finances during this difficult time.

Support For People Who Are Self-isolating
This can be an especially difficult time as having to self-isolate, but there are lots of ways you can get help and support with things like money, bills, food and medical supplies and your mental wellbeing. Find out what is available and how you can access it.



FACTS at Secondary School

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Young Carers Package: COVID-19 Response

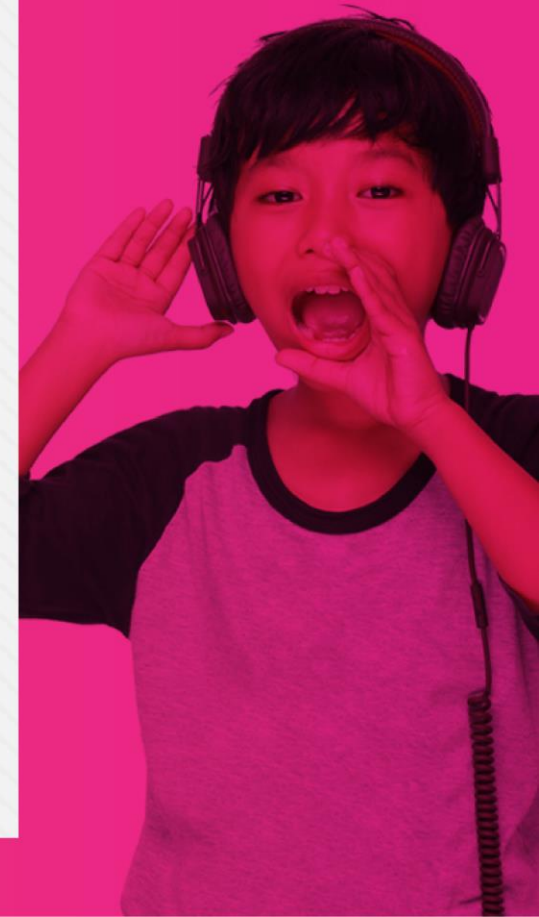
- +Launch of digital package of opportunities
- +Includes: Headspace subscription, mobile top-ups, entertainment/beauty e-vouchers, clothing store e-vouchers
- +Bespoke information created for young carers: PPE, mental health, Covid-19 updates
- +“Do I look like I care” social media campaign
- +Reach: 774 young carers signed up – with 317 during lockdown





Data Wellbeing Fund: COVID-19 Response

- + Scottish Government Wellbeing Fund
- + Data packages (Mi-Fi and mobile top-ups) for 12-18 year olds experiencing poverty and disadvantage
- + Reach: 460 young people – 12 months of data
- + Information provided via Young Scot Membership
- + Local Authority partnerships with Stirling, Glasgow and Inverclyde – supporting allocation of data packages





Thank you...

@YoungScot | @KirstenUrquhart