

MENTAL HEALTH RELIEF ACTIVITIES
(LAHORE CENTRE)

LIST OF RESOURCE PERSONS

Psychiatry

Local

Prof. I.A.K. Tareen
Prof. Muhammad Sharif Chaudhry
Prof. Khalida Tareen
Prof. Ijaz Haider
Prof. Haroon Rashid Chaudhry

National

Prof. S. Haroon Ahmed
Prof. Khalid Mufti
Prof. Abdul Malik Achakzai
Prof. Musarrat Hussain
Prof. Fareed Minhas
Prof. Rizwan Taj

Psychology

Local

Prof. Azhar Ali Rizvi
Prof. Rohi Khalid
Dr. Feriha N. Piracha
Ms. Rhukhsana Kausar
Ms. Rhuksana Sohail

National

Prof. Najma Najam
Dr. Laeeq Mirza
Dr Siamah Qureshi
Dr Khalid

Social workers

Male

Prof. Muhammad Afzal Chaudhry
Mr. Muhammad Altaf Hussain
Mr. Mian Farooq Ahmad
Mr. Aamir Qureshi
Mr. Bashir Ahmad Malik
Mr. Muhammad Liaquat
Mr. Amir Qayyum

Female

Mrs. Ayesha Khan
Mrs. Musarrat Salamat
Mrs. Anjum
Mrs. Humaria Sheikh
Mrs. Nusrat Jameel
Mrs. Nadia Jameel
Ms. Rubina Mumtaz

Medical

Prof. Dr. Mohammad Akbar Chaudhry (FJMC)
Prof. Aftab Chaudhry (FJMC)
Prof. Javeria Manan (FJMC)
Prof. Shakila Zaman (FJMC)
Dr Aizaz Mand Ahmed (Sheikh Zayyad Hospital)
Dr. Farrukh Iqbal (Sheikh Zayyad Hospital)

Murree

Prof. Mohammad Asif
Prof. Farida Asif

DAILY REPORT ON OCTOBER 30 2005

A meeting was held at the residence of Mrs. Humera Sheikh on 30th October 2005. Following participants presenting various NGOs, social organizations and eminent workers attended it.

Names of Participants:

Mrs. Shahima Tariq
Mr. Nayyar Ali Dada
Mrs. Humera Sheikh
Dr Feriha N. Piracha
Prof. Haroon Rashid Chaudhry
Dr. Marriam Haroon
Mr. Aamir Qureshi
Mr. Mian Farooq Ahmed
Mr. Ahmad

The agenda of meeting was to provide immediate shelter and to start rehab programme for the earthquake survivors.

DAILY REPORT ON OCTOBER 31 2005

A meeting was done with Mrs Musarrat Salamat at Salamat School Systems. This school is providing meal three times a day to all the victims of earthquake admitted in Sir Ganga Ram Hospital, Lahore. It is also requested that this school extend the date of providing food for the patients till 31st December, 2005. During this meeting it is decided that this school will also distribute EID GIFTS to patients. Prof. Haroon Rashid Chaudhry, Mrs. Humera Sheikh, Dr. Tauseef attended meeting. Dr. Saima Niaz and Mrs. Shaireen Usman, Department of Psychiatry FJMC/SGRH, Lahore prepared list of Volunteers from this school for forthcoming relief activity in Lahore.

REPORT OF TEAM FROM SIR GANGA RAM HOSPITAL VISITING MUZAFFARABAD

A team consisting of Dr. Syed Imran Murtaza, Dr. Kamran Bukhari, Ms Huma Gul, Ms Mirat Butt is in Muzaffarabad since 29th October 2005. In one day, this team has seen more than 30 patients suffering from different psychological problems. Team has liaison with WHO, Pak army, international camps and different NGOs working there. It has also taken separate groups for males, females and children in different camps. Reportedly survivors felt relaxed after groups. Survivors also shared that though they are provided with food but they need money to buy to daily necessities. A workshop is organized for the students of LUMS on 1st November 2005 shall cover the topics relevant for disaster management and imparting skills to volunteers regarding interaction with earthquake survivors.

Prof. Haroon Rashid Chaudhry
WPA Zonal Representative
Coordinator, Mental Health Relief Services
Muzaffarabad & Sudnuti
Azhad Jamu Kashir
Azhad Jamu Kashir