

PROGRESS REPORT

Mental Health Relief Activities (Lahore Centre) (3rd November to 7th November 2005)

A team comprising of a Consultant Psychiatrist and Psychologist (Dr. Syed Imran Murtaza, Dr. Kamran Bukhari, Ms. Mirrat Gul Butt & Huma Gul) visited Muzaffarabad. They provided inpatient and outpatient care daily in Abbas Hospital, Muzaffarabad and they had also taken groups of elderly males, females and children. They were in close liaison with NGOs working in that area. They discussed future plans for the rehabilitations of children and young girls with local social workers.

Prof. Haroon Rashid Chaudhry also visited Muzaffarabad on 5th & 6th November, 2005. He met Dr. Khalid Shibib, Regional Officer WHO in WHO Headquarters. They decided to extend this programme with more mental health professionals and to cover larger area. Prof. Chaudhry also met Prof. Syed Muhammad Owais, Orthopedic Surgeons. He talked about liaison in psychiatric services for patients in orthopedic ward. Prof. Chaudhry also met Prof. Usman Sanovic Consultant Psychiatrist and Member of team from Bosnia. They discussed about the working and future plans and Prof. Haroon Rashid Chaudhry greatly admired the services provided by Bosnia Medical team.

Mrs. Shagufta Mustafa an eminent social worker and representation of Aurat Foundation wife of Mr. Mustafa Mayer of Muzaffarabad also had fruitful discussion with Prof. Chaudhry.

On 4th to 6th November 2005 another team consisting of Dr. Feriha N. Peracha, Dr. Imran Murtaza, Ms. Asma Ayub and Mrs. Ayesha Aziz Khan visited Chakoti. They created awareness in general public regarding psychosocial issues and supporting each other in the time of need. Groups of earthquake survivors were also taken. They also established three small and one big tent schools in the ground of demolished schools. Dr. Imran Murtaza provided psychiatric consultation to 200 patients.

Both team at Muzaffarabad and Chakoti celebrated EID with earthquake survivors and distributed gifts among them.

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