Therapeutic Environments

Healing environments – what helps, what hinders?

Date: Friday 5 December 2008
Venue: ORT House Conference Centre, London
Therapeutic Environments
Healing environments – what helps, what hinders?

About the conference
There is a growing body of evidence to suggest that the quality of the social, as well as the physical environment has a direct impact on the experience and outcomes of service users. Yet it is often difficult for practitioners to establish and protect therapeutic environments in inpatient and residential services. It is important for everyone who works in mental health care to understand what goes wrong when a treatment or care environment ceases to be therapeutic, as well as understanding how to release the full potential of the environment to embrace the patient, family and caregivers in a psychosocially supportive therapeutic space.

The conference will explore how the environment – both the physical environment (buildings, gardens, layouts of rooms/facilities) and the social environment (interactions between staff and patients/residents) – can create an atmosphere, context, culture, surrounding and setting, which aids recovery and healing in different institutions.

Who should attend?
This conference will be of interest to consultant psychiatrists, mental health service managers and ward managers, those working in inpatient settings, day centres and care homes, those working with the mentally ill and those working in hospital wards, day centres, prisons and children’s units.

Key themes
The therapeutic environment in childcare; the ward environment in psychiatric treatment; healing potential in the environment; developing standards to regulate treatment and social care environments.

Aims of the conference
This conference aims to make recommendations as to how the sector should look at the healing and therapeutic potential of the treatment and care environment with a variety of client groups.

About CHT
Community Housing and Therapy (CHT) is a charity that operates as a social enterprise and runs residential units for those with severe and enduring mental health difficulties and for ex-military personnel who are homeless and have psychological difficulties. The charity’s objectives are to help people experiencing mental ill health and emotional distress by providing residential accommodation with psychotherapy, care and support. CHT’s therapeutic and rehabilitative programme is designed to create a structure that will lead to recovery, employment and eventual independence. Each therapeutic intervention is focused to make an effective impact on relapse rates and reduce the likelihood of future hospital admissions.
## Programme

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>9.30am</td>
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| 10.00am | Welcome and introduction  
Chair: John Gale  
CEO, Community Housing and Therapy |
| 10.10am | Opening session  
The Mulberry Bush as a therapeutic community: context and culture  
1948 – 2008  
John Diamond  
CEO, Mulberry Bush School Ltd |
| 10.50am | Developing a healing environment for problematic drug and alcohol users  
Bob Campbell  
Business and Development Manager, Phoenix Futures |
| 11.30am | Refreshments                                                           |
| 11.50am | Using the social environment in psychotherapy with adult mentally ill?  
Kannan Navaratnem  
The Arbours Crisis Centre |
| 12.30pm | Environment – judge, jury, executioner and cure?  
Dr Claire Charlesworth-Moore  
Consultant Psychologist, The Peaks, Rampton Hospital |
| 1.30pm | Lunch                                                                   |
| 2.30pm | Developing a national kite mark for mental health services that are enabling environments for both service users and staff  
Tom Harrison  
Chair of the Enabling Environments Advisory Group  
Sarah Paget  
Programme Manager of Community of Communities, Royal College of Psychiatrists’ Centre for Quality Improvement |
| 3.10pm | How conducive to recovery is the typical NHS psychiatric ward?  
Bill McGowan  
University Lecturer, Brighton University |
| 3.50pm | Research into the effectiveness of therapeutic environments  
Mark Freestone  
Head of Research, Westgate DSPD Unit, HMP Frankland and Honorary Research Fellow, University of Durham |
| 4.30pm | Chair’s summary, refreshments and close                                  |

### New Journal

**Advances in Dual Diagnosis**

People with mental health problems who also have problematic use of drugs and alcohol (dual diagnosis) are a significant concern for health services. Despite the escalation of this problem, a consistent and effective approach has been lacking across UK mental health and substance use services about how to treat this client group.

Advances in Dual Diagnosis is a new practice-based journal that will offer you vital access to and information about dual diagnosis treatment in the UK.

To view a sample copy visit [www.pavpub.com/addflyer](http://www.pavpub.com/addflyer)

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### Unable to attend?

Conference papers, as presented to the delegates on the day, are available on CD-rom after the conference for £60 + VAT. This useful reference will include: available speakers’ papers, speakers’ biographies and any additional inserts.

### Continuous professional development

Professionals within the Social Care sector are required to undertake Continuous Professional Development (CPD) by the General Social Care Council (GSCC). Delegates can gain CPD points from attending our conferences and exhibitions.

### Promotional opportunities

For more information about promotional opportunities at this conference, such as exhibiting and including your promotional materials in the conference delegate packs, please contact: Graham Hoare  
Customer Relationships Manager, Pavilion

**Tel:** 01273 666703

**Email:** grahamh@pavpub.com

### About Pavilion

Pavilion is the leading publisher and event organiser for those working in social and healthcare fields, whether they work in the statutory, private or voluntary sectors.

We publish over 200 training packs, 20 journals as well as Mental Health Today and Learning Disability Today magazines.
Therapeutic Environments
Healing environments – what helps, what hinders?

Date: Friday 5 December 2008
Venue: ORT House Conference Centre, London NW1

How to book:
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Delegate rates
(For group rates and bursary places please see terms and conditions.)

Book by 7 November 2008 to get the early bird offer SAVE 15%:

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<td>□ £275 + VAT</td>
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Venue
ORT House Conference Centre, 126 Albert Street, London, NW1 7NE
(a map of the venue will be sent with confirmation of your booking)

Date
Friday 5 December 2008

Conference fees
The fee includes lunch, refreshments and conference materials. Please note accommodation is not included.

Conference papers
Conference papers will be sent out a week after the conference, please fill in the ‘Your details’ section.

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Pavilion reserves the right to make changes to the programme, speakers or venue should this become necessary.

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