

# ECTAS Newsletter

Issue 6 - July 2007

Edited by Chloë Hood



COLLEGE CENTRE FOR QUALITY IMPROVEMENT

Hello and welcome to the sixth edition of the ECT Accreditation Service newsletter. ECTAS is member-led and promotes an inclusive, interactive approach to quality improvement. If you have any comments or suggestions about the peer review day, the accreditation process, the email discussion group or your experience of ECTAS in general, please let us know.

## NEWS

### MEMBERSHIP UPDATE

We have recruited a further 10 clinics to date this year, and now have 93 members from the UK and Ireland. You will find a list of all member clinics at the end of the newsletter.

### THANKS TO OUR REVIEWERS

Once again, many thanks to all those of you who have been carrying out peer reviews on behalf of ECTAS. The service could not operate without your generous support.

The second wave of member clinics will be undergoing their second peer-reviews from September, and the third wave from January/February 2008 - there will be more opportunities to participate than ever before!

Becoming a reviewer for ECTAS offers the opportunity to visit other clinics around the country and share ideas and experience. We are collating feedback on the organisation and experience of review days and would be interested in any comments you have to make. Reviewers have reported back to us that they find the review day a valuable learning experience.

If you are interested in becoming an ECTAS reviewer, please contact us for further information

### CYCLE TWO

Cycle 2 peer review visits have been taking place since January 2007. We are delighted that comparison of the data shows that performance has improved. Further clinics have now achieved accreditation with excellence, and three of these have met 100% of all current standards.

### REVISED STANDARDS

The Reference Group is due to meet again in October for the annual review of the ECTAS Standards. Comments and suggestions for the Reference Group have been requested via the email discussion group – the deadline for this is **3 August 2007**.

The new edition of the standards will be available in December, and amended audit tools based on these will be put on the website in 2008.

### SECOND NATIONAL REPORT

The second ECTAS National report is due out at the end of the year. It will include comparison of data between accreditation cycles and show improvements in clinic performance. Copies will be forwarded to clinics in January.

## RESEARCH UPDATE - KERRY KERSHAW

The ECTAS team has been continuing its work on a number of ongoing research projects. Recent publications include a paper in the Journal of ECT looking into the practice and training needs of referring psychiatrists (Blaj et al, 2007) and a paper in the Psychiatric Bulletin looking at patient views on the quality of care when receiving ECT (Kershaw et al, in press). We are currently writing up a paper looking into patients' overall perception of ECT based on the responses of 389 patients to the ECTAS patient questionnaire. Also in final stages is a paper by Dr Bickerton on rationalisation of ECT service provision.

I am continuing my work into memory and ECT, and have been testing patients before, after and 6-months after ECT using a battery of tests, including our newly developed ECT Memory Questionnaire. If anyone has any questions regarding this research, do not hesitate to contact me via email: [psp01kk@gold.ac.uk](mailto:psp01kk@gold.ac.uk).

## EMAIL DISCUSSION GROUP UPDATE

The ECTAS email discussion group continues to attract regular queries and lively debate. We encourage members to post queries, exchange ideas on current practice and offer their opinion on contentious issues. We also welcome comments and questions about the ECTAS standards and all aspects of the accreditation process.

### RECENT QUERIES AND DEBATE

There have been several new debates and queries on the ECTAS email discussion group. These have been collated and added to the discussion group manual, which is attached along with this newsletter.

### Organisation of ECT clinics

Many queries focussed on the organisation of ECT clinics.

Dr Lough asked the group to comment on the need to organise *extra treatment sessions in bank holiday weeks*, when ECT is regularly scheduled on Mondays. Of several replies, the majority response was that either the session was moved to the Tuesday, or for some clinics, if there was no grievous need, treatment was postponed to the next session in that week. Arrangements are usually made to run as an emergency session on the bank holiday in highest risk cases.

Kate Hayden asked for comments on *centralisation of ECT services*, and linked to this Stephen Finch asked at what stage it was not cost effective to continue running an ECT treatment on site, taking into account numbers of patients, the tendency of clinics to merge, and whether patients would become less likely to consent to treatment if it involved more travel. Mike Philpot and Andrew Easton felt that there were definite benefits in terms of training and maintaining a consultant provided service, the downside being the difficulty of overseeing between treatment assessment, necessarily taking place off site. All were in agreement that a dedicated staff team committed to the change to a centralised service was essential.

Dr Hayden also asked for any experiences of *peripatetic ECT services/staff teams*. Replies on this are invited.

John Leyden raised the issue of *risk assessment and travel distance* for a service operating over a large catchment area. John Bowley recommended the last chapter of *Anaesthesia for the High Risk Patient* for this information. Karl Sunkersing and Steve Taylor provided protocols used in their Trusts

All new discussions begun in this period together with their replies can be found in the attached PDF. New threads are shown in italics on the contents page.

# ECTAS Member Clinics

## Member clinics that have not yet been accredited and are currently in the process of self- or peer-review

Arundel Suite, Middlesbrough  
 Briary Wing, Harrogate  
 Broadmoor, London  
 Calderdale Hospital, Halifax  
 Capio Nightingale  
 Diana Princess of Wales Hospital, Grimsby  
 Fairfield Hospital, Bury  
 Fieldhead, Wakefield  
 Llwyn-y-groes, Wrexham  
 Longley Centre, Sheffield  
 John Conolly Wing, Southall  
 John Elliot Unit, Rochdale

Kinwell, Kettering  
 Morecambe Bay  
 Miranda House, Humber  
 Princess Grace Hospital, London  
 Queen Elizabeth Hospital, Birmingham  
 Sligo Clinic  
 Springfield Hospital, London  
 Stonebow Unit, Hereford  
 St Georges, Staffordshire  
 West Cumberland Hospital, Cumbria  
 Weston General, Weston Super Mare  
 Wonford, Exeter

## Accredited Clinics

*\* = accredited with excellence*

Ablett Unit, Denbighshire  
 Addenbrookes Hospital, Cambridge  
 Airedale Hospital, West Yorkshire  
 Barnes Hospital, London  
 Barnsley District General Hospital  
 Becklin Centre, Leeds  
 Bethlem Royal Hospital, London  
 Bodmin Hospital, Cornwall\*  
 Broadoak Unit, Liverpool\*  
 Bushey Fields Hospital, Dudley  
 Callington Road Hospital, Bristol  
 Carol Foster, Oxleas, Sidcup  
 Cefn Coed ECT Suite, Swansea  
 Chase Farm, London  
 Cheadle Royal Hospital, Cheadle  
 Cherry Knowle, Tyne and Wear  
 Clatterbridge Hospital, Wirral  
 Coity Hospital, Bridgend  
 Derby City General  
 Dorothy Pattison Hospital, West Midlands\*  
 Downshire Hospital, Downpatrick\*  
 Edward Street Hospital, West Bromwich  
 Glenbourne Clinic, Plymouth  
 Green Lane, Devizes  
 Farnham Road Hospital  
 Forston Clinic, Dorset  
 Hadrian Clinic, Newcastle General Hospital  
 Hafan Derwen Hospital, Carmarthenshire  
 Hartington ECT unit, Derby  
 Ladywell Mental Health Unit, Lewisham  
 Lagan Valley Hospital, Lisburn\*  
 Lakeview Clinic, Coventry  
 Maudsley Hospital, London\*  
 Millbrook Hospital, Nottingham

Montpellier Unit, Cheltenham  
 The Mount, Leeds  
 Mount Gould Hospital, Plymouth  
 Needham Suite, York  
 Newton Abbot (Torbay) Hospital, Devon  
 Parkhouse Hospital, Manchester  
 Parkwood ECT Suite, Blackpool\*  
 Princess Marina Hospital, Northampton\*  
 The Priory Hospital North London  
 The Priory Hospital, Roehampton\*  
 Prospect Park Hospital, Reading\*  
 Purbeck Suite, Poole\*  
 Queens Medical Centre, Nottingham  
 The Riverside Clinic, Uxbridge  
 Royal Preston Hospital  
 Royal Oldham Hospital, Oldham  
 Saffron Suite, Wolverhampton  
 Sevenacres, St Mary's, Isle of Wight  
 Shelton Hospital, Shrewsbury  
 Somerset Partnership, Taunton  
 Stepping Hill Hospital, Stockport  
 St George's Hospital, Morpeth  
 St Patrick's Hospital, Dublin  
 St Vincents, Dublin (formerly Clonskeagh)\*  
 Sutton Hospital, London  
 Tameside Hospital, Ashton-under-Lyne  
 University College Hospital, Galway  
 Warneford Clinic, Oxford  
 Waterford Regional Hospital  
 West Park, Darlington  
 Whiston Hospital, Prescot  
 Whitchurch Hospital  
 Wigan & Leigh Hospital  
 Wotton Lawn, Stroud

**Joanne Cresswell**

Phone: 020 7977 4994

Email: [jcresswell@cru.rcpsych.ac.uk](mailto:jcresswell@cru.rcpsych.ac.uk)

**Chloe Hood**

Phone: 020 7977 6694

Email: [chood@cru.rcpsych.ac.uk](mailto:chood@cru.rcpsych.ac.uk)

**Nicola Scanlon**

Phone: 020 7977 6696

Email: [nscanlon@cru.rcpsych.ac.uk](mailto:nscanlon@cru.rcpsych.ac.uk)

**ECTAS**

Phone: 020 7977 6696

Email: [ectas@cru.rcpsych.ac.uk](mailto:ectas@cru.rcpsych.ac.uk)