

**Course In Trauma Psychology for Physicians, Teachers, Mental Health Professionals,  
and Other Volunteers: Addressing the Needs of Traumatized Children  
Karachi, Pakistan  
November 7-8, 2005**

**Faculty:**

Syed Arshad Husain, M.D., FRC Psych, FRCP (C)  
(Course Director)  
Professor & Chief of Child and Adolescent Psychiatry  
Professor of Child Health (Pediatrics)  
Director, International Center for Psychosocial Trauma  
University of Missouri, Columbia, Missouri, USA

Syed Haroon Ahmed, F.R.C. Psych  
Professor Emeritus  
Jinnah Post Graduate Medical Center  
Karachi, Pakistan

Tariq Sohail, M.D., M.R.C. Psych  
President  
Jinnah Medical University  
Karachi, Pakistan

Abul Fazi, M.D.  
Professor of Psychiatry  
Aga Khan University  
Karachi, Pakistan

Eli Breger, M.D.  
Life Fellow  
American Academy of Child and Adolescent Psychiatry  
Full Bright Senior Specialist  
Hilton Head Island, South Carolina

Kathy Dewein, Ph.D.  
Director of Psychological Services  
Division of Youth Services  
State of Missouri  
Columbia, Missouri

Mohammad Talib, M.A., T.I.  
National Track & Field Coach  
Director, Pakistan Fitness Center  
Karachi, Pakistan

Rich Sternadori, CBO  
Med Candidate  
Stephens College  
Columbia, Missouri USA

Andra Ferguson, MS  
Adolescent Therapist  
Royal Oaks Hospital  
Windsor, Missouri USA

Rose Procter, BS  
Executive Director  
International Medical & Educational  
Trust (IMET) USA  
Columbia, Missouri USA

Javed Choudhry, M.D.  
Child Psychiatry Fellow  
School of Medicine  
University of Missouri-Columbia  
Columbia, Missouri USA

Masood Anwar, M.D.  
Bethesda, Maryland USA

Mohammad Baber, M.D.  
Attending Psychiatrist  
St. Louis, Missouri USA

Handura Shakur Hankins  
Humanitarian Worker  
Building Consultant  
Baton Rouge, Louisiana USA

**Objectives**

1. To develop skills in identifying the psychological consequences of the 2005 Earthquake Disaster on children and their families.
2. To provide hands on treatment practicum to physicians, mental health professionals, teachers, and other rescue workers to help children and their families better cope with their trauma and losses.

3. To develop a road map to promote trauma recovery in children and their families and to enhance mental wellness.

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**November 7, 2005:**

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| 1:00 - 2:30 | Recognizing the Psychological Consequences of the earthquake in Children<br>(Syed Arshad Husain, M.D.) |
| 2:00 - 4:00 | Use of Art and Play Therapy in Dealing with Trauma in Children<br>(Kathy Dewein, Ph.D.)                |
| 4:00 – 5:30 | Recovery Program for Child Victims of Natural Disasters<br>(Eli Breger, M.D.)                          |

**November 8, 2005:**

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| 9:00 - 11:00 | Helping Children Deal with Grief and Loss<br>(Kathy Dewein, Ph.D. and Arshad Husain, M.D.)  |
| 11:00- 1:00  | Helping the Helpers: Dealing with Compassion Fatigue<br>(Kathy Dewein, Ph.D., Rich Sternadori, CBO, and Mohammad Talib, M.A., T.I.) |
| 1:00         | Distribution of Certificates  |