



# North West Division Spring Conference

**Dementia Seminar**  
**9 May 2024**

9:45am – 4:15pm

House Conference Centre, Kings Church  
Sidney Street, Manchester M1 7HB

## Information Booklet

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## General information

### Certificates

Certificates of attendance will be emailed to delegates within two weeks after the event. Please ensure we have your preferred email address.

### Presentations

All slides that we have been given permission to share with delegates will be emailed in PDF format, following the event.

### Accreditation

This CPD event is eligible for up to **one CPD point per hour of content**, subject to peer group approval.

### Feedback

Please complete the [feedback form](#). All comments received remain confidential and are viewed in an effort to improve future meetings.

### Socials

Follow **@RCPsychNW** and share your experience using **#rcpsychNWdementia**

# Programme

Time	Presentation
9.00am	<b>Registration</b>
10-10.10	<b>Chairs' welcome</b> Dr Nish Mathew, Chair of the RCPsych North West Division Consultant Psychiatrist
10.10-10.45am	<b>Update on dementia: Landscape, national priorities, and what we need to do with dementia</b> Dr Mani Santhana Krishnan, RCPsych Old Age Faculty Chair
10.45-11.20am	<b>Medical Update on direction of travel for Alzheimer's disease detection and interventions</b> Prof Craig Ritchie
11.20-11.30am	<b>Winning Poster Presentation #1</b>
11.30 - 11.45am	<b>Comfort break</b>
11.45-11.55am	<b>Winning Poster Presentation #2</b>
11.55-12.30pm	<b>The lived experience of dementia: Carers' stories'</b> Ms Sally Ferris, Ms Miranda Kaunang, Ms Kath Haworth
12.30-1.05pm	<b>Research into dementia</b> Dr Ross Dunne
1.05-2pm	<b>Lunch break</b>
2-2.50pm	<b>Parallel Sessions - Delegates choose one</b> <ul style="list-style-type: none"> <li>• <b>Option A</b> - Alcohol related Cognitive Impairment   Dr Cecil Kullu</li> <li>• <b>Option B</b> - Dementia in intellectual disability   Dr Shahid Zaman</li> <li>• <b>Option C</b> - Dementia and music - research from Manchester university   Robyn Dowlen</li> </ul>
2.50-3.05pm	<b>Comfort break</b>
3.05-3.40pm	<b>Management of Mild cognitive impairment</b> Dr Sharmi Bhattacharyya
3.40-4.15pm	<b>Early onset dementia</b> Dr Matthew Jones
4.15-4.25pm	<b>Winning Poster Presentation #3</b>
4.25-4.30pm	<b>Reflections and Close</b>
4.30-6pm	<b>Networking Reception</b> <i>Please join us if you can for refreshment and an opportunity to network and socialise.</i>

The events team reserves the right to change the programme without prior notice.

The Division would like to thank *Lundbeck LTD* and the *Medical Defence Union* for their valuable support of this conference. The presence of an exhibitor is not an endorsement of its products and exhibitors do not influence the content of the programme.

## Speaker biographies and extracts

### Update on dementia: Landscape, national priorities, and what we need to do with dementia

**Dr Mani Santhana Krishnan**

*RCPsych Old Age Psychiatry Faculty Chair*

#### Biography

Dr Krishnan continues to do full time clinical role as community Old Age Psychiatrist. He has interests in raising the profile of Old Age Psychiatry and has worked on Dementia, Delirium and Depression.

Dr Krishnan has been on the journey of raising delirium awareness since 2014 in his region and globally he contributed to making a social movement using the powers of social media and networking. He started the hashtag #icanpreventDELIRIUM.

His educational video on delirium on YouTube has had over 147K views. <https://youtu.be/BPfZgBmcQB8>



#### Overview

Current landscape of Dementia care in UK. What are our key priorities?

Key learning objectives:

1. Key priorities in Dementia care
2. Timely accurate diagnosis
3. Tackling inequality in access

## Medical Update on direction of travel for Alzheimer's disease detection and interventions

**Professor Craig Ritchie**

*Founder and CEO of Scottish Brain Science*

### Biography

Prof Craig Ritchie is Founder and CEO of Scottish Brain Sciences and Professor of Brain Health and Neurodegenerative Medicine at the University of St Andrew's, having moved from his role as Senior Lecturer in the Centre for Mental Health at Imperial College London in October 2014. He completed his PhD at UCL through an MRC Health Services Research Fellowship and was appointed as Senior Lecturer in Old Age Psychiatry at Imperial College London in 2007. He has also served as R&D Director at West London Mental Health Trust from 2010-14 and Deputy Director of the London Northwest



NIHR Clinical Research Network. In 2014 he was appointed as Chair in Psychiatry of Ageing at the University of Edinburgh.

In 2015 he established the Centre for Dementia Prevention and that year took on the academic leadership role of the EPAD (European Prevention of Alzheimer's Dementia) Programme. Between 2017 and 2022 he was the elected Chair of the Scottish Dementia Research Consortium and in 2020 he founded and was the inaugural Director of Brain Health Scotland.

He established Scottish Brain Sciences in summer 2022 to accelerate the development of both diagnostics and therapeutics for early-stage neurodegenerative disease and moved full time into the role of CEO of this company in January 2023.

## Living with dementia 24/7

**Ms Sally Ferris, Ms Miranda Kaunang, Ms Kath Haworth**

*CEO and Experts by Experience, Together Dementia Support*

### Biography

Sally is the CEO of Manchester-based dementia charity, Together Dementia Support, set up to enable people living with dementia to lead meaningful, active lives. Increasingly the charity has developed more services for carers, particularly peer support and self-advocacy opportunities.



Miranda had to give up paid employment to care for her Mum during the pandemic and was then left with this ongoing role. Recently she struggled and succeeded in getting her Mum into full-time care. She now describes herself as a 'carer in recovery' due to the impact of caring on both her mental and physical health.

Kath became a carer about 30 years ago when her husband developed severe mental health problems, leading to his early retirement. She continued to juggle part-time work, family commitments and pursuing her own interests. Her husband now has complex physical health problems and is increasingly dependent on her due to dementia.



### Overview

As statutory services offer less and less to support people with dementia, families are left to become the experts, navigate services and provide the wrap around expert support and care that is needed. Hear what they need and what has helped them to cope – most of the time!

Key learning objectives:

1. Carers' knowledge and experience should be recognised and better utilised
2. Carers need help to recognise their own health needs
3. Dementia services must enable easier access to support and advice for carers

## Research into dementia

### **Dr Ross Dunne**

*Dementia Theme Co-Lead @ Geoffrey Jefferson Brain Research Centre |  
MRCPPsych, PgDipStat*

#### **Biography**

Dr. Dunne trained in Trinity College Dublin (2005), was a core trainee on Dublin University's Psychiatric Rotational Training Scheme, and won a Research Training Fellowship (HRB) in Dublin in 2010 for research into ECT, depression and memory. In 2012 he was awarded an NIHR Academic Clinical Fellowship (dementia) in Cambridge, where he completed higher training in old age psychiatry.

Since joining Greater Manchester Mental Health Trust (GMMH) in 2015 he has recruited for and run disease-modifier trials in dementia. His clinical role is consultant for a 20-bedded functional and organic later-life unit and

locality ECT lead. He is a member of RCPsych's Quality Network for Old Age Mental Health Services (QNOAMHS) accreditation & advisory panels, & a regular inpatient peer-reviewer.

In 2018 he became clinical director of the Greater Manchester Dementia Research Centre (GMDRC) where he's a principal investigator on NIHR and industry-funded trials and cohort studies in dementia and depression. The GMDRC is now a member of the NIHR Dementia – Translational Research Collaboration (D-TRC). He is Greater Manchester NIHR Clinical Research Network (CRN) Division 4 lead for dementia and an honorary senior lecturer at the University of Manchester. He runs national workshops on Parkinson's (Foundation & Advanced), Dementia and Palliative Care MasterClasses for the Neurology Academy.

Dr. Dunne's current research interests include clinical prediction models, biomarkers, and machine learning in neuroimaging and neurodegenerative disease, palliative care in dementia and dementia in LMICs and diaspora populations. He designed and teaches a free, open-source course in R programming and data science for doctors, including machine-learning (Data4Docs© & Stats4Shrinks©). He is a member of the Movement Disorder Society and British Geriatric Society. He is also a WEMSI©-trained wilderness physician, and if not at work will be up the nearest mountain. He thinks being an NHS consultant is very like navigating in a white-out.



## Alcohol related Cognitive Impairment – The underappreciated problem

**Dr Cecil Kullu**

*Consultant Liaison Psychiatrist*

### Biography

Dr Kullu is a Consultant Psychiatrist in liaison Psychiatry based at North Manchester General Hospital and Associate Chief Clinical Information Officer for Greater Manchester Mental Health Foundation Trust. He has over 17 years of experience as a consultant psychiatrist in a range of mental health clinical settings. He has held leadership roles such as Associate Medical Director for Research and Development and Chair of Clinical Senate for Northwest for NHSE.



His research and clinical interests are in interaction between physical illness and mental health conditions, Self-Harm, Alcohol Related Brain Damage, Delusional infestation, and use of digital technology in health care settings.

He set up the first service for psychotherapy treatment for self-harm for people presenting to the emergency department in Merseyside which won the innovation award from ARC Northwest Coast.

### Overview

Mechanisms of Alcohol causing cognitive impairment Neuro cognitive domains affected

Key learning objectives:

1. Gain understanding of cognitive impairment from alcohol use disorder.
2. Hear perspective of a carer.

## Dementia in intellectual disability

### **Dr Shahid Zaman**

*Assistant Professor in Psychiatry of Intellectual Disability, University of Cambridge & Hon. Consultant Psychiatrist, CPFT*

#### **Biography**

Dr Shahid Zaman has been research lead in dementia in Down syndrome for over fifteen years and he has undertaken basic research in animal models of the genetic forms of Alzheimer's disease. He is the clinical lead psychiatrist for the disability service in Cambridgeshire and Peterborough.

#### **Overview**

- Clinical aspects of dementia in people with intellectual disability.
- Focus on people with Down syndrome.
- Staging the disease.
- Disease modifying drugs.

## Dementia and music – research from Manchester University

### **Robyn Dowlen**

*Teaching and Research Associate, University of Manchester*

#### **Biography**

Robyn Dowlen is a Teaching and Research Associate in the Division of Psychology and Mental Health at the University of Manchester. Robyn's research centres on understanding the benefits of music and creative self-expression for people living with dementia and their family members. She has a long-standing research relationship with Manchester Camerata – an orchestra and charity with a world-leading music and dementia programme.



## Management of Mild Cognitive Impairment

**Professor Sharmi Bhattacharyya**

*Consultant in Old Age Psychiatry*

### Biography

Prof Sharmi Bhattacharyya is a Consultant in Old Age Psychiatry working in Wrexham, North Wales. A consultant since 2007 she has other academic and management roles: Visiting Professor at the University of Chester, Medical Member for Mental Health Tribunals, Clinical Lead for Older People's mental health Services in North Wales and currently Chair of Old Age Faculty in Wales. Her interest and passion lies in working with older people with mental health problems. She is involved in research, teaching and has publications and presentations in areas such as dementias, mental health in ethnic communities, and dementias in younger people.



### Overview

Diagnosis of MCI and how it differs from early dementia

Key learning objective: Given new treatments on the horizon, importance of diagnosing early

## Early onset dementia

**Dr Matthew Jones**

*Consultant neurologist and honorary senior lecturer*

### Biography

Matt is a consultant neurologist at the Manchester Centre for Clinical Neurosciences, Salford Royal. He is an honorary senior lecturer at the University of Manchester.

His clinical interests are general and acute neurology with sub-specialisation in cognitive neurology; he runs a tertiary clinic for early onset and atypical dementia taking referrals from throughout the North West of the UK and beyond.

His research interests are in the clinical, genetic and pathological classification of early onset and rarer dementia syndromes. He has also been Principle Investigator for a number of clinical trials in dementia and brain infection.



### Overview

An overview of the early onset dementias; their clinical presentations, clues to diagnosis and reasoned investigation strategies.

Key learning objectives:

1. Improved recognition of early onset dementia subtypes
2. Understanding the most useful clinical clues and investigation strategies to aid accurate diagnosis

## North West Division events 2024

The Division Events Team are currently working with the North West Executive Committee on the following events for 2024:

### **Autumn Awards Ceremony – Save the date**

14 November 2024 | Online

### **Autumn Conference – Save the date**

15 November 2024 | Online

## North West Division vacancies

We are looking to appoint enthusiastic and experienced consultants and SAS Doctors to join the North West Division Executive Committee. The closing date for applications is **31 May 2024**.

If you would like to apply for one of the roles please email [northwest@rcpsych.ac.uk](mailto:northwest@rcpsych.ac.uk) including an up-to-date CV and a completed [good standing form](#)

### **Regional Advisor**

**Term of office:** 5 years

**Job purpose:** To represent the College on all matters relating to postgraduate education and continuing professional development in psychiatry.

[View the job description](#)

### **Deputy Regional Advisor (Shared)**

**Term of office:** 5 years

**Job purpose:** The Deputy Regional Advisor will have a complementary role to that of the Regional Advisor, representing the College on all matters relating to postgraduate education and continuing professional development in psychiatry and will act on their behalf in their absence.

[View the job description](#)

### Workforce Lead

**Term of office:** 4 years

**Job purpose:** To support the College's workforce activity, each College Division will appoint a Workforce Lead whose principal task is to support and advise the College's Workforce Committee through the provision of local intelligence on workforce issues. The College's workforce activity is overseen by the Specialist Adviser for Workforce.

[View the job description](#)

### Regional Specialty Representatives

- Academic: Division-wide
- Eating Disorders: Division-wide
- General & Adult (shared): North West
- Forensic: North West
- Old age (shared): North West
- Addictions/Substance Misuse: Mersey & North West
- Medical Psychotherapy: Division-wide
- Perinatal: Division-wide

**Term of office:** 5 years

**Job purpose:** Regional Specialty Representatives are appointed locally to support Regional Advisors and Deputy Regional Advisors, by providing expert advice on their psychiatric subspecialty.

[Regional Specialty Representative job description](#)

[Further useful information](#)