

## NATIONAL CLINICAL AUDIT OF ANXIETY AND DEPRESSION

The audit programme aimed to find out how secondary care mental health services for people with anxiety and depression are performing so that the quality of care they offer can be improved











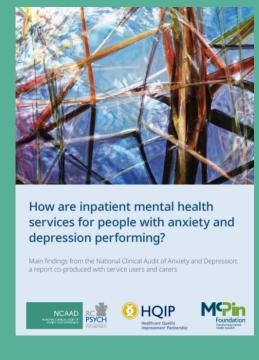


Core audit:
inpatient care
and treatment of
service users

All reports were co-produced with the McPin Foundation and service users

Care and treatment of adults with anxiety and/or depression

The programme ran between 2017 and 2020



3795 casenotes from 54 Trusts were analysed

How are secondary care psychological therapy services for adults with anxiety and depression performing?

447 free text

comments from

the service user

survey

8 themes

identified using

qualitative

analysis

Results of an audit of NHS-funded services in England a co-produced report

13 standards

across 7 areas

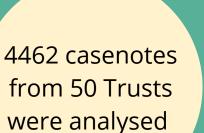
measured Trust

performance



Spotlight
audit: secondary
care
psychological
therapy
services

8 standards across 5 areas measured service performance









662 service user surveys were analysed

















Spotlight audit: service user experiences of psychological therapy

4 key findings and 1 principal recommendation 1453 therapist surveys were analysed





A pilot audit which tested the feasibility of continuous data collection

An animation summarising the past three years of the audit

6 QI workshops and 2 QI webinars Winner of the Richard Driscoll Memorial Award for service user involvement