

# Relational Security Explorer

Good relational security is the collective knowledge and understanding we have of our patients and the actions we take to ensure security and high-quality care. Everybody has a responsibility for relational security. That's why it's so important to talk as a team about how it feels and decide together how it can be improved.

## HOW TO USE THE EXPLORER

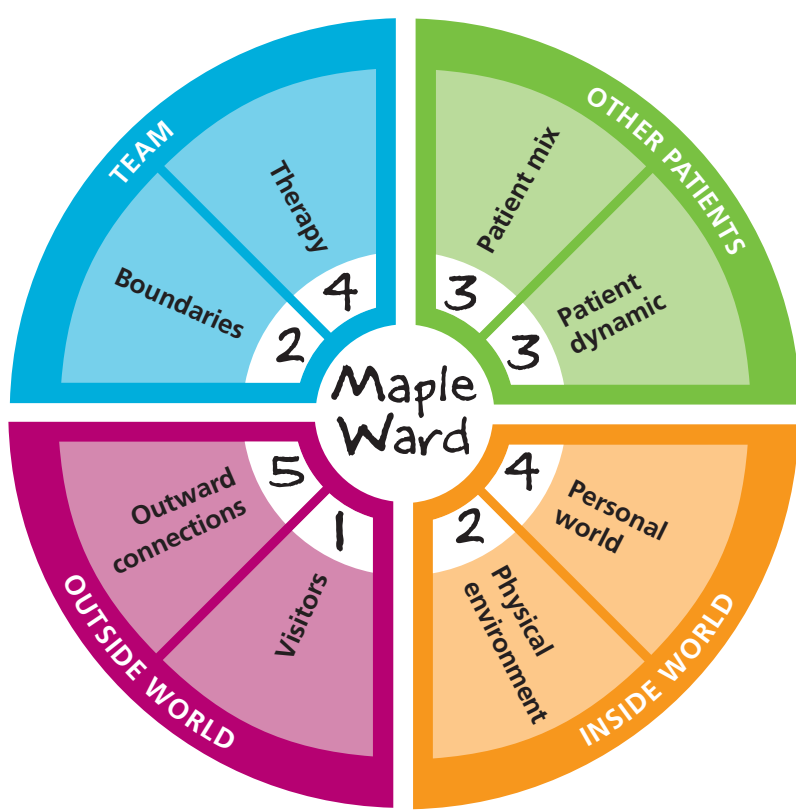
You can use the Explorer to support handover, for staff supervision, to investigate an incident or think about how a whole ward or service feels. Bring what you've learned in **SEE THINK ACT** to the discussion, write in the middle of the circle what you're talking about – and just get talking!

**1** Check everyone understands all eight dimensions in the Explorer.

**2** Discuss each of the dimensions in relation to your topic (for example, your ward, an incident or your own development). You can use the prompts in the shaded area or look at "We know we're getting it right when:" and "Effective leaders:" at the end of each section in your **SEE THINK ACT** handbook.



If you think it's useful you could rate the areas. For example:



- 1. Very weak** in this area – we need to do a lot of work
- 2. Fairly weak** in this area – there's still some way to go
- 3. About halfway there**
- 4. Fairly good** at this – but there's more to do
- 5. Great** at this – could help others learn.

**3** Decide together what actions would improve each area, and how and when it's going to happen.

