



2022 - 2023 National Report

Artwork by a community member at CHT.

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Foreword

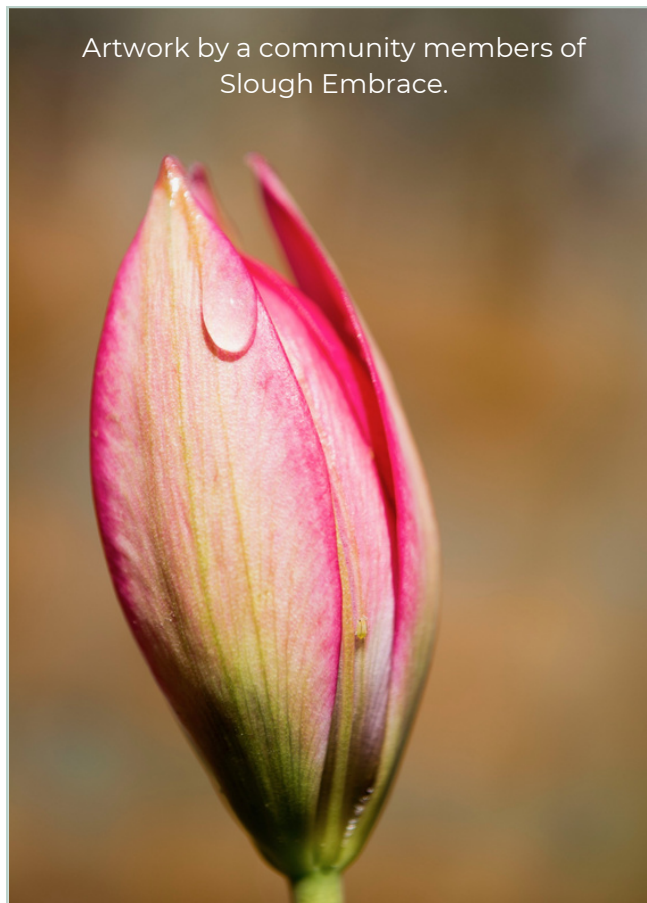
“Welcome to the Community of Communities National Report for 2022-2023. I am Peter Clarke and I have been a member of the Therapeutic Communities Accreditation Panel for over 10 years, including the honour of Chairing that Panel in recent years. I have worked for over 30 years in a Therapeutic Community. I started as a Project Worker and worked in a range of roles including 20 years in Senior Leadership Roles.

The Accreditation Panel has two core activities. It reviews and accredits Therapeutic Communities and it Awards Enabling Environment Awards. There are representations from the three core strands of the Community of Communities membership – Children, Adult, and Prison Services. There is significant representation from ‘experts by experience’ as a group there is an impressive level of understanding, knowledge, and experience. The Panel works together well, and the reflective nature of the panel reinforces the values that run through the standards and is the backbone of the relations work we are involved in.

As we readjust to the post-COVID world, the need to develop relational work is all the more important as we establish new ways to understand communication and begin to repair the trauma COVID and the lockdowns created. Our task will be key to helping to improve wellbeing across all parts of society.

As the work of the Community of Communities will become all the more influential, I am reassured by the quality of the Management Team.

Artwork by a community members of Slough Embrace.



This last year could be seen as a time of consolidation. The team that was new together in 2021-2022 is now going from strength to strength and their support and influence helped the work to develop across the board.

Looking forward I am excited by the opportunities that will be approaching. Relational work has an opportunity to go from strength to strength and the support structures will help Therapeutic Communities to further develop the strands of their work and build their reflective culture.

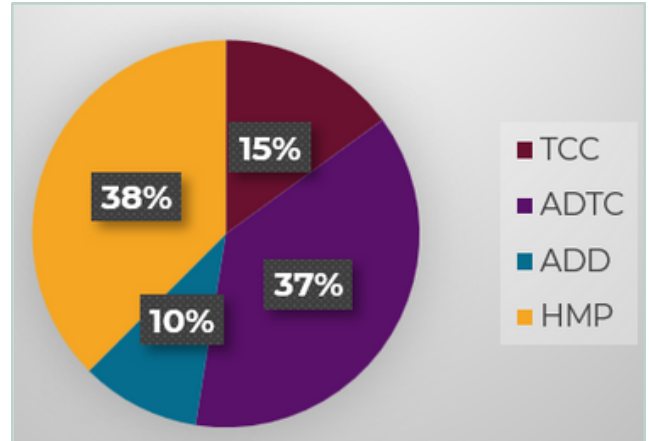
I would like to thank everyone in the Community of Community Team, the members who work of the Committees and Panels and, most importantly, the Communities themselves who make the work we undertake meaningful and truly support us all to build a brighter future.”

Therapeutic Community Accreditation Panel (TCAP) chair, Peter Clarke

The summary of our membership



This figure is a membership map of the UK and the Republic of Ireland. We also have members further afield in Hungary, Greece, India, Taiwan and New Zealand.



This figure highlights the total of our membership within the 2022 - 2023 cycle, broken down by network:

- Therapeutic Child Care (TCC)
- Adult Therapeutic Communities (ADTC)
- Addiction Therapeutic Communities (ADD)
- His Majesty’s Prison Service (HMP)

The table below outlines final membership figures from the 2022 - 2023 cycle. This table also outlines membership type according to the network in which they belong.

Membership Type	Total Count	CYP	TCC	ADTC	ADD	HMP
Total Members	66	29	6	15	4	15
Accreditation	33 (incl HMP audit)	6	0	6	2	14
Full	25	16	5	5	1	1
Developmental	3	7	1	0	0	0
Associate	5	0	0	4	1	0

The summary of our review cycle

In total, we conducted 50 reviews:

- 6 accreditations
- 36 peer-reviews
- 1 supportive visit
- 7 self-reviews

Most services opted for an in-person visit (91%) and some were held online (9%).

An analysis of scores given during the 2022 – 2023 review cycle within self-and peer-reviews was conducted to highlight the most and least met criteria across the network.

The most and least met criteria within reviews using the Service Standards for Therapeutic Communities 10th Edition (n=45) were as follows:

- 100% marked type 1 criteria “Service users and staff are encouraged and supported to put thoughts and feelings into words,” as fully met
- 67% marked type 3 criteria “There is a process in place to gain input from service users and staff into each other’s reviews or appraisals. For example, using 360-degree feedback,” as fully met.

Those communities using additional addiction-based standards least met type 1 criteria “Ex-service users are welcomed back to the TC after leaving, to an event that celebrates their drug-free life,” with only 67% marking this as fully met.

TCC Standards

Those services using 1st Edition Therapeutic Child Care (TCC) Standards (n=5) were seen to fully meet a high proportion of criteria.

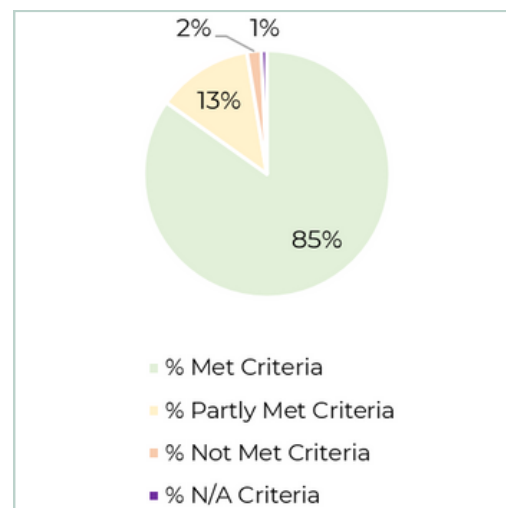
In the analysis of data, the below three criteria were the least met by services at 60% fully met:

- The service celebrates beginnings and endings
- Staff and children inhabit and own spaces for tasks
- Staff and children are involved in making decisions about their environment.

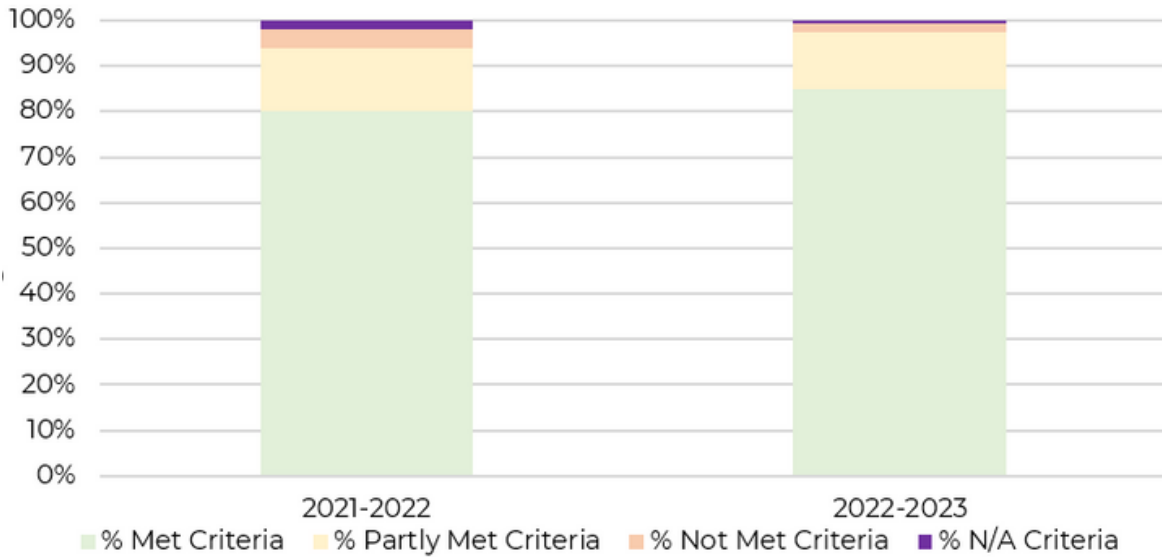
Please note that the 2nd Edition TCC Standards began this cycle through the review of relevant literature and expert consensus. In the next cycle, 2024 - 2025, TCC services will be using updated standards.

Average scores

The graph below represents the average percentage of criteria met, partly met and not met by the whole CofC membership using TC Service Standards in the 2022-2023 cycle. This data will be used in the benchmarking section of 2023-2024 local reports.

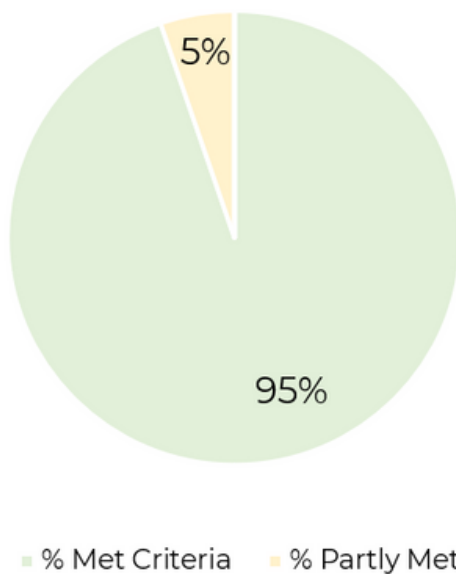


This graph shows how this has been compared to last years' average performance and indicates an improvement across the network.

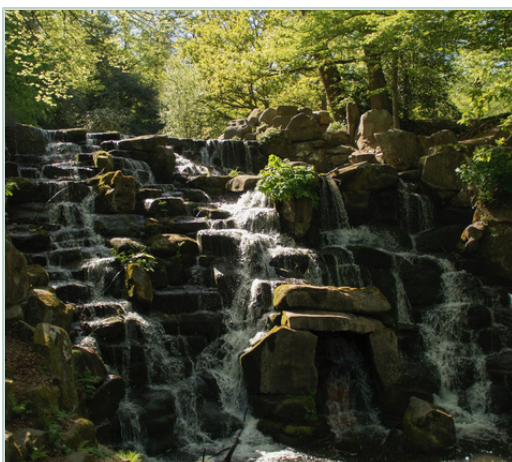


This is fantastic as it suggests that communities have started to rebuild since the COVID-19 pandemic, and engagement with the CofC network has supported this.

Five communities completed reviews using the Therapeutic Child Care (TCC) standards. The average percentage of criteria met, partly met, and not met by those using the TCC standards are represented in the graph below.



The summary of our events



Artwork by community members of Slough Embrace.

We have held a number of training and networking events during the 2022 - 2023 cycle.

Training

We provided a mixture of training opportunities during the summer period to support members with participating in the cycle.

These included:

- 2 peer-reviewer training sessions with a total of 63 attendees
- 1 lead reviewer training with 4 attendees
- 1 TC specialist training with 4 attendees.

This meant that we received an additional 70 reviewers for following cycles.

Networking

We continued to provide spaces for members to come together, reflect and share with other like-minded services.

These events included:

- 11 online community meetings
- 1 HMPPS workforce development event
- 1 annual forum using the theme *'Therapeutic Communities: An inclusive model? Adaptability, diversity, and creativity.'*

Feedback

In feedback forms when asked *"How useful did you find our events/training?"* we received an average score of 5 out of 5.

"It is always helpful to hear from others working in TCs. I have especially enjoyed some of the recent presentations of some useful and thought-provoking material."

CofC member feedback

Action plan

The following table includes a summary of action points created following feedback from the 2021 – 2022 cycle. These have been updated in accordance with the 2022 – 2023 cycle.

Areas identified for improvement	Planned action	Outcome
To support members with the preparation for their reviews. For example, with technology and adapting timetables. For reviews online, to be encourage creativity and include more interactive and informal elements.	CofC to review timetables in the Advisory Group. To support communities with their review timetable, especially if the review was held online.	The timetable was reviewed with the Advisory Group. The CofC team felt that this action is closed, and work is continuing to ensure it is embedded within our processes.
Continue to use a hybrid model. Offer face-to-face visits where possible for communities that prefer this.	To include in-person and online opportunities for reviews.	91% of CofC review visits were held in-person in the 2022 – 2023 review cycle. The remaining 9% were able to utilise the online process. This action is closed and will be approached similarly going forward.
Increase the amount of reviewers we train and offer lead reviewer training to those who have attended three or more peer-reviews.	The 2022-2023 cycle will include reviewer more training.	CofC trained 63 peer-reviewers, 4 lead reviewers and 4 TC Specialists during the 2022 – 2023 cycle. This work is ongoing and requires services to put forward reviewers.
Continue to encourage members to share learning and resources on Knowledge Hub and at the Annual Forum so that communities can receive advice on training needs.	This will be done at training, events and reviews. In addition to welcome emails and 'how to guides'	CofC members have continued to share learning which has supported us meeting this action. For example, the 2022 Annual Forum had 10 nominated individuals from communities who shared learning and hosted workshops at the College. Whilst Knowledge Hub engagement continues to be a focus, there has also been an increase in membership. The CofC team felt that this area is still a focus, and we will continue to work on this.

Cont...

<p>Continue to encourage host communities to break their self-review workbook into manageable chunks, so it doesn't feel like a huge task.</p>	<p>To ensure that this information is more readily available for communities.</p>	<p>CofC updated information in the project lead pack and trainings. This action is now closed but will continue.</p>
<p>After the launch of CARS in 2021 - 2022, continue to be on hand to support with any technical needs.</p>	<p>To support CofC members getting to grips with the new system by offering guidance documents, drop-in sessions and responding to email queries.</p>	<p>This action is met to good effect. The CofC team continues to make CARS edits based on the feedback we receive, which is embedded within the processes. This action has been closed.</p>
<p>To make changes and improvements to our materials to make them more accessible for members.</p>	<p>To make improvements to process documents, project lead packs and workbooks.</p>	<p>This is ongoing. A working group has been formed. The next stage is to evaluate the HMP and CYP documentation to ensure accessibility, which will be done through co-production.</p>

Click the two buttons below to read a poem by two community members from our ADTC member, Sequoia!

[Click here >](#)

[Click here >](#)



Artwork by a community member of Slough Embrace.

Summary

This report outlined CofC membership and activity during the 2022 – 2023 cycle. It provided an overview of membership and review summaries and an action plan for the project team going forward.

In total, this year has supported CofC to understand the needs of the project, therefore our aims going forward into the 2023 – 2024 cycle include:

- Continue to develop more accessible materials
- Launch the TCC 2nd Edition standards
- Begin the 11th Edition TC standards.

Contributions

We would also like to recognise and thank the following individuals for contributions to this report:

- Community members from three of our Adult TCs, CHT, Slough Embrace and Sequoia for artwork
- Peter Clarke, our Therapeutic Communities Accreditation Panel (TCAP) chair, for the foreword
- The CofC Project Team, Beth Thibaut, Katy Carver, Niamh Roberts and Leyla Ury.

Acknowledgements

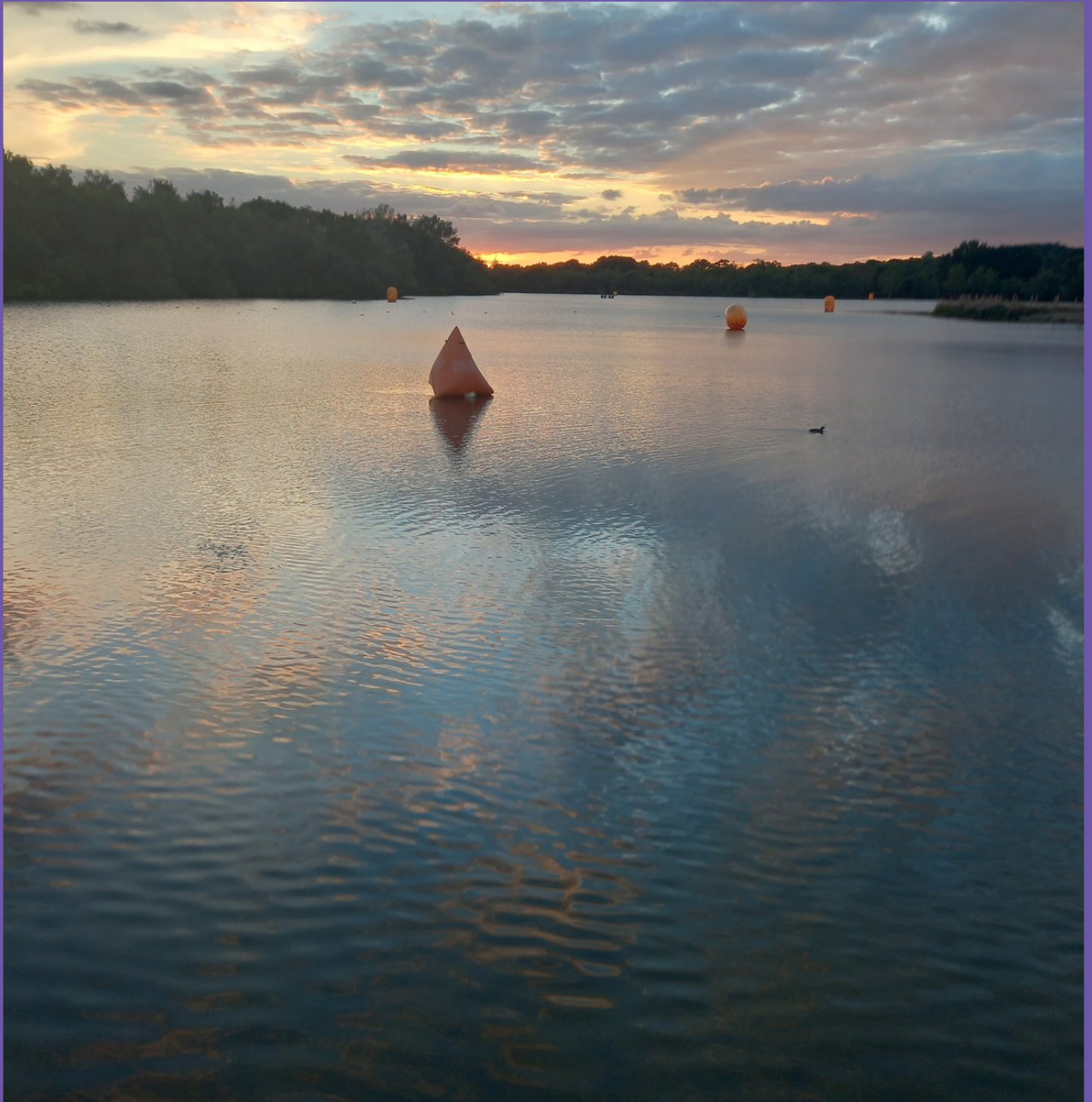
We would like to thank the following groups for ensuring the success of the 2022 - 2023 cycle:

- Peer and lead reviewers
- TC Specialists
- Peer representatives
- Working Groups
- The Advisory Group (AC)
- Therapeutic Communities Accreditation Panel (TCAP)
- Member services!



Artworks by community members of Slough Embrace.

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