



Registered Charity 326108

Community Interest Company 06417712

Interested?

To reserve a place and for an application form, contact Sue Pauley, (email (l1e@exclusionlink.co.uk) or phone 07815 902049) or fill in the slip below and post to PO Box 2334, Reading, Berks RG4 7ZE

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**Please provisionally book me a place on the
(insert date) Living Learning Experience.**

Name:.....

Address:

.....

E-mail:

Telephone:

Cost: £335 for ATC members, £385 non-ATC members.

This includes 2 nights accommodation, meals and fees.

Please make cheque payable to Exclusion Link CIC and send to Sue Pauley, Exclusion Link, PO Box 2334 Reading RG4 7ZE

Or pay direct to Co- operative bank, Sort code 08 92 99
Account no 6527904100



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**A LIVING-LEARNING EXPERIENCE:
RESIDENTIAL WORKSHOP IN A
TRANSIENT THERAPEUTIC COMMUNITY**

21st – 23rd May 2010
at Commonwork, Chiddingstone, Kent TN8 7NR

This Workshop is for staff working within therapeutic communities, supportive organisations, rehabilitative or residential care settings, and for anyone who wishes to gain a greater understanding of the psychosocial dynamics of residential living.

The Staff Team includes Rex Haigh, Sandra Kelly, Jan Lees, Sheena Money, Neil Palmer, Steve Pearce, Sarah Tucker, Bridget Walker





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What is it?

The 'Living Learning Experience' provides a unique opportunity to live as a member of a temporary TC for three days. Set in the idyllic surroundings of an organic farm in the depths of the Kent countryside, this workshop, which has been running continuously for 15 years, has been an essential part of the training and experience of generations of TC workers across the UK and farther afield. It provides TC staff, both clinical and non-clinical, with an insight into the pressures and processes of TC life from the 'other side'. Community meetings, small groups, activity groups, community time, cooking, eating and having fun together provide the essential framework for the Living Learning Experience.

What will I get out of it?

- have the opportunity to experience and participate in a temporary Therapeutic Community as a resident
- have the opportunity to explore self in relation to others' cultural diversity
- be involved in community meetings, small, large and work groups, and other activities designed to explore the experience of being a member of this short-lived community
- meet with colleagues sharing your experience and concerns
- enjoy the facilities and attractive location of Commonwork, a rural residential centre in Kent.

Future Workshops

(midweek in November and weekends in May each year):

16th – 18th Nov 2010

20th – 22nd May 2011

What have previous participants said?

"The course was well organised and I found it easy to settle with others. I do not feel there was any part I did not learn from."

Manager of residential childcare unit, Staffordshire

"The biggest impact was on me looking at myself. There was nothing I didn't enjoy. It was a great experience"

Psychologist, HMP Grendon

"I have a greater appreciation of what our clients may experience as they enter a challenging and unfamiliar environment. I was able to relax more as the community takes on a life of its own and is a therapeutic end in itself."

Therapist, Drug Rehab Programme, Melbourne

"I returned to work with a determination not to forget this insight. To those who are wondering whether or not to apply, my advice is: hesitate no longer!"

Senior Care Officer, St. Maur, Devon

"It has been one of the most beneficial experiences of my life."

Prison officer, HMP Dovegate

"It gave me greater insight into the frustrations of dealing with people."

Nurse, Complex Needs Mental Health Service, Thames Valley

"It was very refreshing to spend time with others from similar careers. I will always treasure my Living-Learning weekend. Thank you all very much."

Therapist, Ley Prison Programme

