

**THE SCIENTIFIC AND MEDICAL NETWORK**  
**in association with Royal College of Psychiatrists Spirituality**  
**and Psychiatry Group**

**BEYOND THE BRAIN VII**  
**A Still Point in the Turning World:**  
**Contemplation in Action**

**August 24<sup>th</sup> - 26<sup>th</sup> 2007**  
**Bath Spa University**

**Speakers:**

**Bishop Kallistos of Diokletia, Dr. Carol Lee Flinders, Dr. Camille Adams Helminski, Prof. Les Lancaster, David Lorimer, Dr. Andrew Newberg, Prof. Sir John Tavener**

**Chairs: Dr. Peter Fenwick, Dr. Andrew Powell, David Lorimer**

**Beyond the Brain VII** will consider the deeper nature of consciousness by addressing the relationship between our mental and spiritual resources and our outer, daily life. Participants will have an opportunity to gain a greater understanding about how our inner wellsprings can feed creativity, insight, and ultimately positive actions in the world. Our interdisciplinary and international team of speakers comes from a number of backgrounds: religious studies, neuroscience, transpersonal psychology and music. They will also be speaking from the spiritual traditions of Greek Orthodox Christianity, Judaism and Sufism. All this will produce a rich texture of experience and insight in a spirit of open exploration.

**Presentations:**

**Dr. Carol Lee Flinders - “*We Piece Alone, We Quilt Together*”:** *paths of mystical activism.* Carol Lee Flinders will look at the life and spiritual path of women mystics, such as Teresa d’Avila, Catherine of Siena, Josephine Butler, Jane Addams, Sister Helen Prejean, Dorothy Day, and Tenzin Palmo.

**Carol Lee Flinders** received a Ph.D. in Comparative Literature from the University of California at Berkeley, and has taught courses in mystical literature at UC, Berkeley, and at the Graduate Theological Union in Berkeley. She is currently teaching at the Sophia Center at Holy Names University in Oakland. She is affiliated with the Spirituality and Health Institute at Santa Clara University and is a director of the newly formed Foundation for the Advancement of Women in Religion.

**Dr. Andrew Newberg:** *Neuroscience and the Mystical Mind: why do we believe what we believe?* Andrew Newberg will focus on a broad array of

beliefs from the mundane to the mystical. After all, every thing that we think about our world - from relationships to morals to religion - is a belief. By exploring the basic components that make up our beliefs - perceptions, cognitions, emotions, social interactions - a deeper awareness of our belief processes and the limitations of those beliefs can be achieved.

**Andrew B. Newberg, M.D.** is currently an Associate Professor in the Department of Radiology and Psychiatry at the Hospital of the University of Pennsylvania and is a staff physician in Nuclear Medicine. Dr. Newberg has been particularly involved in the study of mystical and religious experiences as well as the more general mind/body relationship in both the clinical and research aspects of his career. He is the Director of the University of Pennsylvania Center for Spirituality and the Mind and also teaches in the Department of Religious Studies at the School of Arts and Sciences, University of Pennsylvania.

**Bishop Kallistos of Diokleia: *Entering the Heart: Contemplation in the Orthodox Church.*** Bishop Kallistos will consider how the heart is understood in the mystical tradition of the Eastern Orthodox Church, where it signifies not just the emotions or affections but, more profoundly, the spiritual centre of the total human person, linked on the one side to the physical body and on the other side to the *nous* or visionary intellect.

**Bishop Kallistos Ware** was born, Timothy Ware, in Bath in 1934 and was educated at Magdalen College, Oxford, where he took a Double First in Classics, as well as reading Theology. After joining the Orthodox Church in 1958, he travelled widely in Greece, staying in particular at the monastery of St John, Patmos. In 1966 he was ordained priest and became a monk, receiving the new name Kallistos. He has pastoral charge of the Greek parish in Oxford.

**Interview with Prof. Sir John Tavener: *Silence and Sound, Contemplation and Composition***

**Prof. Sir John Tavener** is widely considered Great Britain's most popular living classical composer.

**Camille Adams Helminski: *Women and Sufism: Love and the Unity of Being.*** Camille Adams Helminski will explore how, since the beginning of consciousness, human beings, both female and male, have walked the path of reunion with the Source of Being but ultimately there is no male or female, only Being. Within the Sufi traditions, the recognition of this truth has encouraged the spiritual maturation of women in a way that has not always been possible in the West.

**Camille Adams Helminski** is co-founder and co-director of the Threshold Society in Aptos, California, an educational foundation in the Mevlevi tradition based on the teachings of Rumi. She was the first woman to translate a substantial portion of the Qur'an into English, in her book *The Light of Dawn*.

**Prof. Les Lancaster:** *The Brain above the Brain: mindfulness and correspondence in Jewish mysticism.* Les Lancaster will explore a central tenet of Kabbalah, the principle of correspondence, whereby everything in this human realm is seen to relate to aspects of the godhead; the 'microcosm' reflects the 'macrocosm'. He argues that kabbalistic insights into what is construed as a 'higher brain' in the godhead may usefully complement neuroscientific research data into the correlates of consciousness in the human brain.

**Professor Les Lancaster** is the UK's first full Professor of Transpersonal Psychology, a position he holds at Liverpool John Moores University, where he co-directs the Consciousness and Transpersonal Psychology Research Unit. He is also an Honorary Research Fellow in the Centre for Jewish Studies at Manchester University, and Emeritus Chair of the Transpersonal Psychology section of the British Psychological Society.

**Chairs:**

**Dr. Peter Fenwick** is Emeritus Consultant Neuropsychiatrist, Maudsley Hospital and Honorary Consultant Neurophysiologist, St. Thomas's Hospital. He is a President of the Scientific and Medical Network and President of the Horizon Foundation.

**Dr. Andrew Powell** is a psychiatrist and psychotherapist who formerly held consultant and senior academic appointments in the Health Service and was founding chair of the Spirituality and Psychiatry Special Interest Group in the Royal College of Psychiatrists.

**David Lorimer** is Programme Director of the Scientific and Medical Network and Executive Vice-President of Wrekin Trust. He recently edited *Thinking Beyond the Brain and Science, Consciousness and Ultimate Reality* and his book on the Prince of Wales's philosophy and work - *Radical Prince* - was published in 2003.

Residential rates for SMN members: £211 - early bird standard accommodation, £235 – early bird en-suite and £241 if booked after 31<sup>st</sup> May when only standard accommodation will be available. For non members rates are £226 for early bird standard accommodation, £250 early bird en suite and £256 if booked after 31st May, when standard accommodation only will be available.

For further information please ring the SMN office on 01608 652 000 or email [info@scimednet.org](mailto:info@scimednet.org).