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## **SOUTH WEST DIVISION**

### **Minutes of Business Meeting**

**Held at St Cuthbert's Conference Centre  
Buckfastleigh, Devon**

**Friday 27<sup>th</sup> March 2009  
13.30-14.00**

#### **1 Those present**

The names of 37 people were recorded as attending the meeting. Mrs Pat McPhee was also in attendance.

#### **2 Apologies**

1 apology had been received

#### **3 Appointment of two representatives of those with lived experience**

Dr Adrian James was delighted to announce that Ms Lisa Thomas and Mr Geof Lynn had been appointed to the Executive Committee as full members and he felt that they were a great addition to the Committee.

#### **Obituaries**

4 Dr Keith Dudleston read out the obituaries and the Membership stood for one minutes silence for Dr D S G M Davey, Dr A B Hambley, Dr P B Hunt, and Dr E B A Smith

#### **5 Minutes of last meeting**

The minutes of the meeting held on 16<sup>th</sup> May 2008 were accepted as a true record.

#### **6 Chairman's Statement**

Dr Adrian James thanked all the Committee Members for their support over the last year, particularly Dr Keith Dudleston as his Deputy and Dr Peter Carpenter as Finance Officer. He also thanked Pat McPhee and

Angela Burge for the steady work that they have done. He particularly thanked Dr Mike Metcalfe who had been instrumental in recruiting and appointing Ms Thomas and Mr Lynn.

Over the last year various people had been invited to attend the Committee to give background on the areas in which they work and these had included Dr Denise Cope on the Darzi report, Dr Lawrence Mynors-Wallace who updated the Committee on Validation and Recertification, and Sir Ian Carruthers who spoke on engaging with policy makers.

Unfortunately, through pressure of work and other commitments, Dr Lisa McClelland had found it necessary to resign after a number of years as an Executive Committee Member representing doctors in private practice. Dr James wished to express his and the Committee's thanks to her for the work that she had undertaken during her time in office.

Dr James expressed thanks on behalf of the Committee to:

- Dr Montgomery, Mentoring Scheme Coordinator, for all the time and work he had put into setting up the new Scheme. He remains on the Committee as an Elected Member.
- Dr Richard Laugharne, Public Education Officer, who has held this post for a number of years. Again Dr James expressed his and the Committee's thanks to Dr Laugharne for all the time and effort that he had put into this post. Dr Laugharne continues as a Co-opted Member responsible for the Spring Biannual Meeting, organising the Trainees Prize, Research and Development and the Academic Faculty Representative.
- Dr Rob Macpherson for all the time and effort he had put in over a number of years in developing the SWDT program.

### **New Committee Members**

Dr James welcomed on behalf of the Committee:

- Dr Hayley Richards, Coordinator for the South West Division Mentorship Scheme who has taken on this role from Dr Charles Montgomery.
- Dr Martin Briscoe, a Co-opted Member of the Committee as Public Education Officer.

### **New appointments**

- Dr James was delighted to advise members that Dr Eluned Dorkins had taken on the role of Executive Director of SWDT following the resignation of Dr Rob Macpherson.
- Dr Guy Undrill had taken on the role of Deputy Regional Advisor for the Severn Deanery
- Dr Mike Metcalfe had taken on the role of Deputy Regional Advisor for the Peninsula Deanery.

He congratulated them all on their appointments.

Congratulations were expressed to the recently appointed Fellows in the Divisions:

Dr C E Dorkins  
Dr D Harrison  
Dr S D Nicholson  
Dr J C Speller

Dr James encouraged doctors who have been consultants for a minimum of five years to consider applying for Fellowship. This was an acknowledgement of the experience, achievement and work undertaken by Members of the College. He asked Faculty Representatives to encourage their colleagues to apply. Dr James has been working on the College Charter to amend the application process which has been approved by the Central Executive Committee and would be implemented in the near future.

Dr Mike Nowers (previous Chair of the SW Division), who has recently retired, had asked Dr James to express his thanks to Members of the Committee and colleagues who had supported him during his time as Chair and Member of the Executive Committee. He had very much enjoyed working with them.

The Strategy Day last year will be repeated again in June. There are already two issues which will be discussed in depth:

1. Pharmaceutical support at Biannual Meetings and other events
2. How we might mount a political campaign in the South West

He then drew members' attention to the next conference being held on 19<sup>th</sup> June 'Yes we can! Improving mental health services in the South West'. If you want to know what is happening in the next ten years, particularly with regard to Darzi, this would be a great conference to attend.

### **New Associate Grade for medical students**

This initiative has been launched by the College to recruit undergraduates into the Royal College of Psychiatrists. The Peninsula has the largest number of student members in the country. Dr James encouraged everyone to get involved with medical students and encourage them to consider psychiatry for their career to ensure that future numbers of psychiatrists are adequate in the future. The Peninsula Graduates are having an inaugural meeting on the 29<sup>th</sup> April in Plymouth with guest lecturers and doctors were encouraged to attend.

## **7 Secretary's Report**

The Secretary's role has evolved into being a Deputy Chair and Dr Dudleston in this role had attended the Central Executive Committee meetings in London on behalf of Dr James when necessary.

Dr Dudleston congratulated Dr Mike Metcalfe, who had recently been appointed as a Deputy Regional Advisor. He very much appreciates his support and guidance in this new role.

### **New appointments**

- Dr Richard Laugharne has been appointed Head of School of Psychiatry for the Peninsula Region.
- Dr Kate Lovett has been appointed as the Peninsula Programme Director. He also offered his congratulations to all the recently appointed Fellows.

## **8 Finance Officer's Report**

Dr Carpenter pointed out that there are two streams of money received into the Division:

- (a) **Committee costs** - Surplus funds from the Biannual Meetings cover the costs for the Executive Committee and SW Training and Education Committee meetings. This includes funding the attendance fees and expenses of the lived experience member's attendance. If a loss is incurred the College will help if necessary. In the past these meetings have been supported by Pharmaceutical Companies raising approximately £6000, without this there would not be enough money to fund the Committees in the South West Division.
- (b) **SWDT** – The surplus funds from SWOPT was transferred from the University of Bristol which helped start up SWDT. A loss was made on a few courses during 2007-8. The MRCPsych Course has been a great success and it was intended to break even on this initiative.

## **9 SWDT**

Deaneries have introduced free training courses to trainees similar to those offered by SWDT. This has caused an overlap with the SWDT programme reducing considerably attendance on the SWDT courses and it has been necessary for a few to be cancelled. The Management Team agreed that the new focus needs to be put on the programme to ensure the viability of the continuation of SWDT. Master Classes aimed at Consultants, but open to trainees and other disciplines, will be the future focus of the SWDT programme.

The very successful course for SpRs, CV and Interview Skills will continue to run.

## **9 Regional Advisors**

### **Peninsula Deanery**

Dr Dudleston is delighted that Dr Mike Metcalfe had taken on the role of Deputy Regional Advisor and thanked him for his support.

The Regional Advisor continues to scrutinise job descriptions for consultants and SAS doctors. A request to Trusts had been made on all job descriptions whether or not they have been endorsed by the College.

Dr Dudleston had attended the South West Division Education and Training Committee, and the South West Division Regional Representatives Committee, which have both been chaired by Dr Dinani. He has found the Regional Representatives Committee very helpful, and would encourage all representatives to attend this meeting.

### **Severn Deanery**

Dr Shamim Dinani is delighted that Dr Guy Undrill had been appointed the Deputy Regional Advisor earlier in the year.

Dr Dinani pointed out that Foundation Trusts were emerging around the region. Although they did not have to have job descriptions scrutinised by the Regional Advisor, it appears that they were all keen to continue this process and seek the advice and help for the development of job descriptions from Regional Advisors.

Dr Adrian James thanked both Dr Keith Dudleston and Dr Shamim Dinani on behalf of the members of their Division for all the hard work they had put into these roles.

## **10 Annual Dinner**

The first annual dinner had been held last June and will be repeated again this year. New members to the Division and new Fellows are offered free places but anyone within the Division is welcome to attend. Details of the event and costs will be circulated during the Summer. The date for the Annual Dinner is 2<sup>nd</sup> October.

## **11 Any Other Business**

### **Retired Doctors**

Dr Angela Rouncefield represents Retired Doctors on the Executive Committee. Anyone approaching retirement who would like to join a Peer Group should contact Dr Rouncefield via the South West Division Office. Very successful peer groups for retired doctors have been set up around the region. During October an annual event is held for all retired doctors in the Division and everyone will be circulated details later in the year.

Dr Adrian James thanked everyone for attending the meeting.

PM/AJB/24/04/09