

Training at your place...

Teaching Skills in Mental Health

This course has been designed for doctors at all levels in mental health, who are responsible for teaching mental health to undergraduate medical students. The aim of the course is to raise awareness of what is expected of students and how to ensure appropriate delivery of training and will include the principles of effective

training; developing learning objectives; delivery methods; learning and teaching styles and interactive group work sessions.

Fee: £3,500.00

Average group size: 30

Workplace Based Assessment Training (WPBA)

This one day training course for assessors has been designed to inform delegates about the changes to psychiatric postgraduate training places as a result of the implementation of Modernising Medical Careers (MMC). We will introduce delegates to the WPBA tools used to support the Competency Based Curriculum for Specialist Training in Psychiatry.

By the end of the training you will be able to:

- Use the assessment programme within the Competency Based Curriculum for Specialist Training in Psychiatry
- Recognise and appropriately use the WPBA tools that support the Curriculum

- Outline the changes in training and assessment and the roles of the MMC and the Postgraduate Medical Education and Training Board (PMETB)

This training session is intended for healthcare professionals who will be involved in conducting workplace based assessments of psychiatrists in training.

Fee: £4,500.00

Average group size: 50

Working with People who Self Harm

Courses are designed for a wide range of teams working with people who self harm, including psychiatrists, inpatient nursing staff, multidisciplinary community teams, staff working in education, housing, the voluntary sector and emergency services. The training:

- Is designed and delivered by service users and clinicians in partnership
- Builds on good practice and research evidence
- Includes resource materials to use with clients

Each course is tailored to your team's needs and existing knowledge base. Topics could include, for example: understanding reasons for self harm, intercultural working and self harm, developing a consistent team approach, self harm and young people, consent and capacity, psychosocial assessment, harm minimisation and self management, signposting and resources, interagency working, and staff support and supervision needs.

Fee: £2,500.00

Average group size: 30

Working Safely with Vulnerable Adults – the legal implications

The legal position of vulnerable adults is constantly changing with new legislation, differing interpretations of current legislation and changing societal values. Finding the balance between protecting vulnerability and ensuring autonomy is a perpetual dilemma for all professionals working with vulnerable adults.

The training enables you to understand the relevant legislative and policy requirements, to recognise abusive situations and to protect vulnerable adults.

Content includes: general legal principles; human rights; statutory framework (National Assistance Act; Mental Health Act; Mental Capacity Act); management of property and assets; care and welfare decisions; protection (Mental Health Review Tribunal; Public Guardian; Independent Mental Capacity Advocate; Court of Protection; criminal offences); confidentiality, and case studies.

Fee: £3,250.00

Average group size: 20

What you need to know

- For further details contact the CETC on cetc@rcpsych.ac.uk or telephone 020 7977 6654/58 or visit www.rcpsych.ac.uk/cetc
- All courses have a one day duration, unless stated otherwise.
- The demand for on-site training is high. For availability of topics and trainers we suggest you book a minimum of 8 weeks in advance.
- All course prices are *exclusive* of VAT.
- Please note that course fees are correct at time of printing and may be subject to change.

Training at your place...

In our current climate where training budgets are being constantly cut, the College Education and Training Centre (CETC) is looking for ways to make our training courses more affordable. We are pleased to offer a range of training courses for your organisation on-site.... i.e. at your place.

On-site training courses have many advantages

- Less time away from the workplace
- Staff are close to their workplace for easy contact
- Whole teams can be trained at once and benefit from our team building experience
- No extra travel and overnight accommodation costs

What we would like you to provide

- Suitable teaching accommodation which is light, comfortable and airy – Trust boardroom standard or postgraduate training rooms are usually ideal
- A buffet lunch and refreshments
- Audio visual equipment
- Photocopying facilities during the event (if required)
- A member of staff to register delegates, act as the key contact with the trainer and ensure the smooth running of the day

What we will provide

- Negotiation and agreement of dates
- Course materials for each delegate
- Advice, guidance and support
- Speaker booking and liaison
- Course evaluation
- Certificates of attendance

Training at your place... Courses include...

- Applying to the General Medical Council (GMC) under the Certificate of Equivalent Specialist Registration (CESR)
- Appraisal Training Courses for Appraisers and Appraisees
- Coaching Skills (Level 1)
- Deprivation of Liberty Safeguards (DoLS)
- Educational Supervision
- Health of the Nation Outcomes Scales (HoNOS)
- Medico Legal Training
- Mental Health Clustering Tool (MHCT)
- Personal and Professional Development Training
- Suicide Awareness Training
- Teaching Skills in Mental Health
- Workplace Based Assessment Training (WPBA)
- Working with People who Self Harm
- Working Safely with Vulnerable Adults: the legal implications

Bespoke Courses

Most of our provision is available as 'Training at your Place'. Our courses can be designed to suit your specific organisational needs. For example: MHA Section 12 Training, Approved Clinician Training, The Must Knows of Medication Course.'

Applying to the General Medical Council (GMC) under the Certificate of Equivalent Specialist Registration (CESR)

This one day course will give an introduction and guide to the CESR processes with special emphasis and guidance on how to prepare the application and how to succeed. The course will be presented by experts from the Royal College of Psychiatrists.

Course content includes introduction to CESR application process; the roles of GMC and the College; what, and how much, goes into an application; an analysis of the career progression to date of successful applicants and the role of the College Office.
Fee: £5,000.00 • Average group size: 40

Appraisal Training Courses for Appraisers and Appraisees

Level 1: Appraisal Training for Appraisees

This course will provide an overview of the current national appraisal process in light of revalidation and will guide you through how, when and why appraisals should be completed

Fee: £3,750.00

Average group size: 30

Level 2: Appraiser Training

Design specifically for appraisers, this course will focus specifically on the skills required to be a good appraiser and prepare you for the problems and difficulties you might face. The new competencies for appraisers will also be introduced as they become available.

Fee: £3,750.00 • Average group size: 24

Coaching Skills (Level 1)

This one day course will give you a comprehensive understanding of the purpose and principles of coaching, what core competencies are involved and how to structure conversations in coaching sessions. You will then identify areas where coaching can be used in your practice and how to introduce it as a psychiatrist.

This is a comprehensive day of practical skills development equipping you to transfer your newly honed skills into a variety of clinical and management settings. Group work and personal interaction will be important, therefore group sizes are restricted to twelve.

Fee: £3,500.00 • Average group size: 12

Deprivation of Liberty Safeguards (DoLS) Mental Health Assessor Training Courses: Modules 1/2

The Deprivation of Liberty Safeguards are new measures to protect people who lack the mental capacity to make decisions for themselves. They came into effect in April 2009 using the principles of the Mental Capacity Act 2005 and apply to people in care homes or hospitals where they may be deprived of their liberty. In line with

the DoLS Regulations (SI 2008 No.1858), the training is made available by the Royal College of Psychiatrists. We can provide training for eligible medical practitioners according to your requirements.

Fee: £4,750.00 per module • Average group size: 30
Duration of courses: one day per module

Deprivation of Liberty Safeguards (DoLS) Update Training for DoLS Mental Health Assessors

A one day training course to provide the annual further relevant training for Deprivation of Liberty Safeguards Mental Health Assessors, as required by the regulations.

Course content includes current case law; assessment process in action; statutory criteria; completion of forms; information sharing, and case studies.

Fee: £4,750.00 • Average group size: 30

Educational Supervision

Educational Supervision: Trainer Development Course

Understanding the training role and function of clinical and educational supervisors within current postgraduate training structures in psychiatry.

This one day development course is designed to for:

- senior trainees
- non-career grade doctors.
- consultant trainers (new to training roles)
- existing trainers who want to improve and learn more.

The course aims to provide the trainer with a coherent understanding of their role, competencies, performance and further development needs within the context of Modern Postgraduate Medical Training.

Fee: £3,750.00 • Average group size: 24

Educational Supervision: Skills Based Course

This three day course will provide delegates with improved skills and best practice techniques in handling supervision of trainees in today's NHS. Prior to the course delegates will be receive training support materials and will be expected to undertake directed private study (one day). The two day attended course includes group sessions and individual skills based training using simulated scenarios. Delegates will be involved in observing, giving feedback and assessment. The emphasis is on individual skills development delivered in a supportive team environment.

Price on application.

Please request our detailed course leaflet

Health of the Nation Outcome Scales (HoNOS) and the Mental Health Clustering Tool (MHCT) training

The MHCT has been developed in partnership between the Department of Health, the Royal College of Psychiatrists and the Care Pathways and Packages Project (CPPP) as a means of allocating clients to Care Clusters which in turn supports care planning and enables MH PbR. The MHCT retains HoNOS and thus supports providers and commissioners in measuring health and social care outcomes in mental health without the need to collect additional data.

HoNOS was published by the Royal College of Psychiatrists (RCPsych) in 1996 and is now the most widely used outcome measure in specialist mental health services in England and overseas. The RCPsych has over 15 years experience of training clinical staff in the use of the HoNOS, working with staff teams to train them as trainers and with Trusts to develop and support Trust wide training and implementation plans.

To support mental health service providers and commissioners in implementing MH PbR, the following training courses are available:

- **Mental Health Clustering Tool – Foundation One Day Training Course.** Delivered directly to all staff who will be involved in assessment and clustering
- **Mental Health Clustering Tool – Train the Trainers Two Day Course.** Designed to help organisations train staff and implement MHCT. For organisations which have no previous experience of using HoNOS
- **Mental Health Clustering Tool – Train the Trainers Course One Day Update Course.** Designed to help organisations train staff and implement MHCT. For organisations which HAVE previous experience of using HoNOS

Please request our detailed course leaflet.

HoNOS only training courses are available on request.

Medico Legal Training: Writing for Court – Ensuring Quality and Effectiveness

This course will enable you to produce effective legal statements and reports. This is a practical course and delegates will be asked to bring an anonymised report/ statement to support their learning activities.

Fee: £3,500.00

Average group size: 30

Medico Legal Training: Presenting in Court – Maintaining Credibility and Integrity

This course will enable delegates to both understand the legal process and to give effective evidence. This course includes a practical course case study role-play. Delegates will be asked to

dress accordingly for a court appearance.

Fee: £3,500.00

Average group size: 30

Personal and Professional Development Courses

Leading teams and delivering services in today's NHS is a complex and challenging task. For doctors, other clinicians and managers, developing their skills in getting the most from teams and individuals is a crucial part of achieving results and hitting targets.

The personal and professional development programmes offered by the CETC directly address the skills doctors, clinicians and managers need to be successful in their roles. Whether you need to improve performance, successfully implement change, resolve conflicts, build effective teams or increase your personal effectiveness, our programmes can help.

- Assertiveness Training
- Building Multi-Professional Teams
- Building Effective Relationships
- Communication Skills
- Dealing with Conflict
- Decision Making
- Emotional Intelligence
- Performance Management
- Time Management
- Implementing Change
- Negotiation and Influencing Skills
- Understanding and Managing Stress

Fee: £3,500.00 per course

Average group size: 25

Suicide Awareness Training

Training in Suicide Awareness: 'Connecting with People'

The CETC in collaboration with Connecting with People are organising the following courses.

'Inspiring'. 'Great practicable tips for speaking to patients'

Suicide Response Training: This one day course is designed to reduce stigma, increase empathy and enhance participants' skills of assessing and responding to people with suicidal thoughts in a compassionate way. It promotes collaborative care using the concept of suicide mitigation and improves the ability to conduct an effective assessment and instigate a safe, clinically appropriate management plan.

Fee: £3,900.00

Average group size: 30

Suicide Awareness – Train the Trainer

This one day Train the Trainer session develops capability to deliver the 'Connecting with People' 2 hour Suicide Awareness Training for General Hospital professionals and aims to maximise its take up and impact. Delegates will be taught enhanced presentation and facilitation skills and will have the opportunity to practice them in a supportive environment.

Fee: £3,900.00

Average group size: 16