

# “Supporting Choice in Mental Health – Dilemmas and Possibilities”

## About the Conference:

Choice in healthcare services is popular with service users and carers. What are the dilemmas and possibilities in extending choice in mental health? What are the opportunities and risks for psychiatrists working to extend choice? This conference is particularly for psychiatrists who wish to have a say in influencing the policy on choice, and psychiatrists who wish be better informed on issues surrounding choice. Service users and carers will contribute to the discussion, and the proceedings of the conference will be summarised for the Central Executive Committee of the Royal College of Psychiatrists.

**Date:** Thursday 22nd January 2009

**Venue:** The Liverpool Medical Institution, 114 Mount Pleasant, Liverpool, L3 5SR

**How to Book:** Please return the form overleaf to: Elizabeth Atkinson, Membership Development Manager  
Royal College of Psychiatrists, 17 Belgrave Square, London, SW1X 8PG, with your payment of £95

**Morning session:** Chair – Dr Roger Banks,  
Vice President, Royal College of Psychiatrists

**09.45: Registration and coffee/tea**

**10.15: Welcome and introduction** – Dr Josanne Holloway,  
Chair, North West Division, Royal College of Psychiatrists

**10.30: Service User perspectives** – Ms Alison Faulkner

**10.45: Carer perspectives** – Ms Susan Davies

**11.00: Decisions, Rights and Compulsion: Making Healthy Choices in Mental Health**, Professor Bob Sang,  
Professor of Patient and Public Involvement, LSBU and former advisor to Department of Health, England

**11.15: Department of Health in Scotland**, Headlines on Choice in Mental Health - Dr Denise Coia, Principal Advisor on Mental Health, Scottish Executive

**11.30: Coffee/tea**

**11.50: Panel discussion**  
(Facilitated by Dr Roger Banks, Vice President, Royal College of Psychiatrists, assisted by Dr Josanne Holloway, Chair North West Division, Royal College of Psychiatrists)

### Invited Panellists include:

Dr Ken Checinski, Senior Lecturer/Honorary Consultant, St George's, University of London

Ms Outi Horne, Research Manager, SANE

Ms Susan Ringwood, Chief Executive, b-eat

Dr Mike Shooter, Chair, Young Minds,

Professor Chris Thompson, Director of Healthcare Services, The Priory Group

**12:45 Lunch**

**Afternoon Session:** Chair – Dr Michele Hampson,  
Chair, Faculty of General & Community Psychiatry, Royal College of Psychiatrists

**13.45: Liberty / Choice / Psychiatry**- Professor George Ikkos, Honorary Treasurer, Royal College of Psychiatrists

**14.00: General Practice** – the Gateway to Choice?  
Professor Chris Dowrick, University of Liverpool

### 14.15: Workshop sessions

• **Stream 1:** Making Choice happen where there is limited capacity – Dr Jonathan Waite, Consultant in Old Age Psychiatry, Nottingham, with Service user

• **Stream 2:** Choice issues for adults with capacity, or fluctuating capacity – Dr Frank Holloway, Chair, Rehabilitation and Social Psychiatry Faculty, Royal College of Psychiatrists with Service user

• **Stream 3:** Choice for children, young people and their families - Dr Ann York, Consultant Psychiatrist, Child and Family Consultation Centre, Richmond/Dr Steve Kingsbury, Consultant Psychiatrist, Health Centre, Hoddesdon with Service user

• **Stream 4:** Choice and compulsion – Dr Janet Parrott, Chair, Forensic Faculty, Royal College of Psychiatrists, with Service user

• **Stream 5:** Choice mechanisms and management – Dr Mark Davies, Res Consortium Ltd

**15.15: Tea**

**15.30: Plenary session**- Reports from workshops

**16.00: Summation** – taking forward the Choice agenda – Dr Josanne Holloway, Chair, North West Division, Royal College of Psychiatrists

**16.15: Finish**

