Electroconvulsive Therapy (ECT)
Two Day Training Course for Nurses

Wednesday 11 February and Wednesday 18 March 2015, RCPsych London E1 8BB

9.30am Registration & Refreshments 10.00am Welcome and Introduction 4.30pm Close

This short course has been developed in collaboration between the Royal College of Psychiatrists ECT Accreditation Service (ECTAS) and the National Association of Lead Nurses in ECT (NALNECT) in response to feedback from ECT nurses regarding the lack of national post registration provision of training in this specialist area of practice.

AIMS:
The course will provide nurses with the knowledge, skills and expertise to carry out all duties and responsibilities for ECT in accordance with:

- The Royal College of Psychiatrists guidelines and the ECT Accreditation Service Standards for the Administration of ECT
- The Royal College of Anaesthetists and the Association of Anaesthetists guidelines
- The NICE guidelines
- The Royal College of Nursing guidance for nurses

Participants will be expected to develop knowledge and skills and initiate and share good practice in relation to ECT.

PRE-REQUISITES:
Participants must have current basic life support training.

CONTENT:
- History of ECT
- Current practice, indications, side effects, risks and benefits of ECT
- The administration of ECT
- Trends and service provision
- Legal requirements and ethical issues
- Principles of anaesthesia
- Preparation and care of the patient undergoing anaesthesia
- Roles and responsibilities of practitioners within the ECT service
- Management and organisational requisites
- Specialist monitoring and machinery
- Care of the patient
- Communication and information giving
- Management of emergencies

REFLECTIVE PRACTICE:
The course is designed to enable open discussion and participation within the 2 days and reflection is encouraged within the workbook.

ASSESSMENT:
- Completion of workbook
- Completion of ECT Nurse competency document
- Evidence of participation in a minimum of six ECT sessions

WHO SHOULD ATTEND:
Registered Mental Health Nurses currently working within ECT services or with an interest in ECT. Healthcare Assistants (HCA) and Health Care Support Workers (HCSW) are welcome to attend the training.
COURSE FEE:
ECTAS member clinics: All nurses £95 per course
Non ECTAS member clinics: All nurses £200 per course
Non registered staff (HCA, HCSW): £200 per course

LEARNING OUTCOMES:
Upon completion of the course the nurse will be able to:
• Show an understanding of the historical context of ECT and demonstrate knowledge of the current practice, indications for and risks and benefits of ECT
• Discuss the legal and ethical implications relating to ECT
• Demonstrate knowledge of anaesthesia and care of the patient pre, during and post ECT
• Have an understanding of the biopsychosocial effects of ECT on the patient
• Understand the principles of research, best practice, standards, quality improvement and audit
• Be able to communicate and impart information accurately and effectively with professionals, patients and carers

ACCREDITATION:
This course is the equivalent of 18 study hours.