

**Meeting of the Executive Committee of the  
Eating Disorders Section  
on 13 October 2010**



**MINUTES**

1. **Present:** Jon Arcelus, Frances Connan, Tony Jaffa, Adrienne Key, John Morgan, Lorna Richards, Paul Robinson, Susan Ringwood, Ulrike Schmidt, Jane Shapleske

2. **Apologies:** Sarah Cassar, Sylvia Dahabra, Dasha Nicholls, Val Yeung

3. **Minutes of previous meeting** on 9 July approved subject to correction of minor typos.

**4. SECTION WORKPLAN**

4.1 It was agreed that those identified as workstrand leads would update their sections of the document with objectives/milestones and timescales in time for publishing it at the AGM on 5 November.

**ACTION: All Exec members to update their sections of the workplan.**

4.2 **CR87:** Ulrike Schmidt said the analytic work was complete and the report would be ready for publication in November. The figures on recommended service/workforce size needed updating in the light of additional workload arising from NICE guidance, QED, commissioning processes etc.

4.3 **Commissioning:** Lorna Richards was in touch with Chris Fitch (RCPsych Policy Unit) on how EDSECT might be involved in College work in this area, eg joint guidance with NMH DU for commissioners to be developed next year. It remained unclear what ED services would be nationally commissioned. The Exec agreed that commissioning arrangements should avoid unhelpful separation of acute specialist care from broader outpatient and public health/prevention work, and that both were important. Defining care pathways and thresholds clearly in EDs would help support effective commissioning.

4.4 **Outcomes:** Frances Connan had set up a workshop on 15 December to develop a consensus on how to score HoNOS for ED cases. It was agreed that this should become the basis of a specialist glossary for HoNOS. It was agreed the day should consider HoNOSCA, since its use was increasing, even if the use of two separate measures created transition problems and there were doubts in some quarters about the quality of HoNOSCA.

4.5 **QED:** Tony Jaffa said the steering group was meeting on 15 October to being revising the draft standards in the light of the consultation. More

emphasis would be placed on outcomes and patient experience rather than treatment process and workforce. The College's separation of work on child and adult standards remained a challenge. Expressions of interest would be sought from potential early implementation areas would be sought in due course. It was agreed it would be useful to send out an update on the QED listserve, and have a QED section in the AGM on 5 November if possible.

**ACTION: Tony Jaffa to send QED update to QED listserve.**

4.6 **MARSIPAN.** To be published on 14 Oct with endorsement from Beat, ICGN (Intercollegiate Group on Nutrition), BAPEN (British Association for Parenteral and Enteral Nutrition) and others. Paul Robinson was now working with RCPsych to seek NICE endorsement, and would speak to ICGN on how it could be incorporated into teaching materials and Trust induction processes. He agreed also to pursue the development of online learning materials, and to suggest to RCP (Royal College of Physicians), that they, as co-authors, host a joint workshop on implementation, which would address commissioning.

**ACTION: Paul Robinson to pursue MARSIPAN implementation – NICE endorsement, online and other learning materials, RCP-hosted workshop.**

4.7 **Junior MARSIPAN:** Dasha Nicholls was reported to be due to begin drafting in the next few weeks. The focus would be less on prevention of deaths than in MARSIPAN, and more on communication and co-management.

4.8 **Eating disorders in the workplace.** It was agreed to drop this workstrand, and support Beat's work in this area. Susan Ringwood expected it to become more salient as disability benefits were cut back, even for people who deemed unfit for work by employers' occupational health assessments.

4.9 **Enteral Feeding:** Frances Connan had consulted colleagues and found consensus on a need for national guidance to support clinical judgement. Existing guidance did not address ED specific issues such as restraining hypokalemic patients, although it did signal there was a gap in this area. It was agreed that new guidance should be promulgated in the update of CR130 (Guidelines on nutritional management of AN) and/or via the National Patient Safety Agency.

**ACTION: Paul Robinson, liaising with Frances Connan, to contact NPSA on including ED issues in guidance on enteral feeding.**

4.10 **Public Debate on EDs:** Adrienne Key said that it had now been agreed that Jo Swinson MP would chair the debate on 15 December, which would be on whether the media cause eating disorders, and Dr Jim Bolton would also be present.

**ACTION: All Exec to suggest ideas for suitable speakers for the 15 December debate to Adrienne Key.**

4.11 **Encouraging ED traineeship:**

**ACTION: Ulrike Schmidt to seek slot for EDs in the 2011 Maudsley summer school for medical students.**

**ACTION: All Exec members to find ways of contacting new trainees locally.**

**ACTION: Alex Crowe to seek slot for EDs at the 2011 College conference for trainees.**

4.12 **Conference:** Frances Connan reported that numbers for the 5 November conference were low, and Jane Shapleske said she was expecting the Section to make a loss. There was evidence from listserv activity that this was partly because of competition from College Education and Training Centre events on obesity and mental health in Sept, Oct and Nov, for which EDSECT members were offered a discount. It was possible the 21 January event with the Child and Adolescent Faculty as also having an effect. It was agreed to consider rebranding the 2011 conference as "training" on core issues, and ensure conferences/events were focused on areas in which the Section had most comparative advantage.

4.13 **Regional Reps:** Tony Jaffa explained that whereas the Section's existing Divisional Reps attended Divisional Exec meetings, Regional Reps would not necessarily do so, but would advise Regional Advisors on job descriptions for ED posts. There were more regions than divisions. It was agreed that the Section would seek to recruit Regional Reps, replacing their existing network of Divisional Reps. RRs could be either child or adult psychiatrists, and would work as a network to ensure they could deliver advice on posts outside their age specialism. The RRs would be co-ordinated, and represented on the Exec, by one of their number acting as a Chair of Regional Reps, taking over this role from Tony Jaffa. All RRs would be invited to the annual strategy day. It was agreed to appoint the new RRs from scratch, rather than "grandfathering" Divisional Reps.

**ACTION: Tony Jaffa to inform Divisional Reps of the restructuring of ED regional representation.**

**ACTION: Alex Crowe to write to Division Managers on behalf of the Chair, asking them to set in motion appointment of regional reps for EDs.**

## 5. **Chair's report.**

- Council had agreed to extend terms of office for a further 2 years from 2011 for 6 Exec members. The Chair had contacted all Exec members, and all those who wanted to stay on were able to do so.
- Council planned to hold a workshop on transitions and boundaries between services, in the light of issues in the transition between age-specific services and new developments in this area.
- Council had emphasised the importance of due confidentiality for College proceedings, following some recent leaks.

6. **Vice-chair's report.** The Section's statement on mixed sex wards needed a human interest angle before it could be issued to the media with any impact. However, there were signs of renewed government emphasis on ending mixed sex accommodation, and it was possible the current exception for specialist services might be lost.

**ACTION: John Morgan to explore possibility of raising the mixed sex accommodation issue with Ministers, with advice from College Parliamentary Officer.**

**ACTION: Paul Robinson to consult listserv to determine on current pressure nationwide on mixed sex accommodation.**

7. **Finance Officer's Report.** Jane Shapleske said she had increased the travel expenses budget for 2011 in line with the trend over recent years, but asked that

all Exec members book travel in advance to secure lowest cost tickets. There was enough cash reserve to cover expected losses from the conference. The Exec approved £400 for the junior MARSIPAN project for an audit of child and adolescent services.

8. **Report from Beat.** Susan Ringwood said Beat had been invited to join the Steering Group of the Lib Dems' Body Confidence Campaign, and had made a presentation to a GMC symposium on its use of psychological research. It would launch a new campaign in February on how the media (mis-)represent EDs in images.

### **Future meetings**

- **Friday 5 November 2010** - Section scientific meeting
- **Thursday 20 January 2011** - Exec meeting, 11am, College
- **Friday 15 April 2011** - Exec meeting, 11am, College
- **Friday 15 July 2011** - Exec meeting, 11am, College
- **Friday 14 October 2011** - Exec meeting, 11am, College