

**Meeting of the Executive Committee of the  
Eating Disorders Section  
on 15 April 2011**



**MINUTES**

1. **Present:** Steven Birrell, Susan Ringwood, Paul Robinson, Ulrike Schmidt (Chair), Irene Yi. Minutes: Alex Crowe

2. **Apologies:** Jon Arcelus, Sarah Cassar, Sylvia Dahabra, Tony Jaffa, Adrienne Key, John Morgan, Dasha Nicholls, Sandeep Ranote, Jane Shapleske

3. **Minutes of previous meeting** on 20 January approved subject to minor corrections. Matters arising:

- Re para 4.4: Susan Ringwood said that discussion of Junior MARSIPAN at NICE had now been deferred to the July meeting.

4. **SECTION WORKPLAN**

4.1 **CR87:** Ulrike Schmidt said the document had been submitted for clearance to the College Central Policy Committee meeting on 4 May. Paul Robinson would attend.

4.2 **Commissioning/HONOS:** Frances Connan said that the guidance on scoring EDs in HoNOS had been completed, and now needed to be disseminated to all HoNOS trainers. To avoid any confusion, she would add wording to clarify that it was not intended as an amendment to the HoNOS glossary, and then forward it to John Morgan for him to submit it to CCQI for publication and dissemination.

**ACTION: Frances Connan to complete HoNOS scoring guidance, then John Morgan to submit it to CCQI for publication.**

4.3 Kieron Murphy had been appointed by the Joint Commissioning Panel on Mental Health to lead writing of their guidance for commissioners, which would include a section on EDs. It was agreed that he should speak to Frances Connan and be invited to run a session at the 15 July Strategy Day; perhaps along with a representative of East of England commissioners, whose work/model was currently being widely disseminated. The possibility was raised of a Section (or multidisciplinary) event on commissioning in Spring 2012. A key issue for EDs was the risk of commissioning of different parts of the care pathway being split between national and local level without adequate co-ordination.

**ACTION: Frances Connan to contact Kieron Murphy to discuss linking EDSECT and Joint Commissioning Panel work on commissioning.**

4.4 **QED:** Frances Connan and Ulrike Schmidt reported on continuing discussions with CCQI. Dr Connan was developing descriptions of ED service

models currently in use, which CCQI would use to check that its design for QED would work well for all services. Work continued on issues such as: how to avoid services having to register for multiple networks, or host multiple visits; how inspection and accreditation could be multidisciplinary; how far there would be assessment against non-ED-specific standards; and how QED could support well managed transfer between age-specific services. The QED Steering Group intended to broaden its membership, especially to non-psychiatrists.

- 4.5 **MARSIPAN.** Paul Robinson reported that MARSIPAN was now on the agenda for RCP Regional Study Days. He was pursuing its adoption as a module on BMJ Learning (online CPD). They were keen, and he was now seeking the necessary funding (c. £35k). Junior MARSIPAN could be included in the module.
- 4.6 **Guidance on Diabetes + EDs.** Ulrike Schmidt said that Sylvia Dahabra had begun to convene a working group, which would include Khalida Ismail, diabetologists and liaison psychiatrists among others.
- 4.7 **Update of CR130.** Paul Robinson reported that Tony Winston had agreed to lead this work. The new document would refer to the MARSIPANs but not repeat them. Dieticians would be involved. Paul Robinson agreed to be the Exec's link to this project.
- 4.8 **Media work.** It was pointed out that Dasha Nicholls' BJPsych paper had come out on the day of a conference that many psychiatrists had been attending, so no-one was available to take press calls. It was agreed to appoint a specific media spokesperson in advance in any future similar situations.
- 4.9 **Adult curriculum.** Paul Robinson had been involved in a meeting between the GMC (Cathy Williams) and the College on next steps. The GMC needed to a) approve the rationale for a new curriculum and then b) approve its content and associated assessment system. For a), the College was required, among other things, to demonstrate the need for a curriculum in all 4 UK nations, and show that trainees and service users/carers had been involved in developing it. The process was likely to be complete by mid-2012.  
**ACTION: Susan Ringwood to pursue possibility of letters of support for the new ED curriculum from service user/carer perspectives in all 4 UK nations, and of questionnaires to members on the need for ED specialists.**  
**ACTION: Stephen Birrell to seek further input on the draft curriculum from ED trainees and PTC by end May.**
- 4.10 **Conference:** Frances Connan was developing the theme of early intervention and primary prevention. The programme needed to be finalised by June.

## 5. Chair's Business

- 5.1 Prof Schmidt welcomed Dr Irene Yi and Dr Ranote Sandeep as co-opted members of the committee.

5.2 Sylvia Dahabra was attending the first meeting of the working group to update CR118 on liaison services to A&E.

5.3 It was agreed to invite Ms Veronica Kamerling to be co-opted onto the Exec as a service user carer's representative, following her expression of interest in doing this.

## **6. Finance Officer's Business**

6.1. The College Treasurer had asked committees to make more use of teleconferencing. It was agreed to try this for the 14 October meeting, with London Exec members still meeting at the College to participate in the call.

7. **Regional Reps.** The Exec approved the nominations for Regional Reps that it had received. It was agreed to invite all RRs to the July Strategy Day, and that there should be an item on the agenda about how the RR network could best be involved in the Section's work.

## **8. Other business.**

8.1 The committee passed a vote of thanks and appreciation to Prof Schmidt for her work as Chair.

8.2 It was agreed to invite all outgoing Exec members to the 15 July strategy day to smooth the transition to the new committee.

**ACTION: All Exec members who demitting from the committee in July to report on any ongoing/outstanding Exec work to the Chair elect, John Morgan, before the next meeting on 15 July.**