

**Meeting of the Executive Committee of the
Eating Disorders Section
on 20 January 2011**



MINUTES

1. **Present:** Jon Arcelus, Steven Birrell, Sylvia Dahabra, Chris Freeman (QED discussion only), Tony Jaffa (QED discussion only), Adrienne Key, Dasha Nicholls, Paul Robinson, Susan Ringwood, Ulrike Schmidt (Chair), Jane Shapleske. Minutes: Alex Crowe

2. **Apologies:** Sarah Cassar, Frances Connan, John Morgan, Lorna Richards

3. **Minutes of previous meeting** on 13 October approved. Matters arising:

- Following a discussion on EDs and fitness to practice at the Section AGM, it had been decided that an article for European Eating Disorders Review, setting out the issues, would be useful before any kind of formal position statement or approach to the GMC.

ACTION: Jon Arcelus and Adrienne Key to write EEDR article on EDs and fitness to practice.

4. SECTION WORKPLAN

4.1 **CR87:** Ulrike Schmidt said the document was complete and would be circulated to the Exec for comments shortly.

4.2 **Commissioning/HONOS:** Frances Connan and Janet Treasure were drafting an ED glossary for HoNOS, in consultation with the College, which would be circulated to the Exec and then disseminated as soon as possible.

4.3 **QED:** Tony Jaffa and Chris Freeman joined the meeting for a discussion of QED based on Tony Jaffa's paper circulated in advance. It was agreed to continue working in partnership with CCQI, given their effectiveness, experience and credibility. It was also agreed that a fully integrated ED-specific quality network/accreditation process remained the Section's ideal, as it had been from the outset. Several concerns were expressed about CCQI's proposal to integrate ED into their various existing networks. It might be cumbersome for services working across all ages, which was an important model in EDs given the age profile of patients, and was attracting increasing interest in other specialisms as well. A large proportion of ED patients were seen at adult outpatient services, but there would be no CCQI network for adult outpatients until at least 2012. Support and challenge for ED services might be diluted if part of a more general accreditation process, and there was a risk that general psychiatric services might be accredited for EDs without a sufficiently rigorous assessment. It was agreed that Ulrike Schmidt would draft a letter to Paul Lelliot, for comments from the Exec and after first

consulting Dinesh Bhugra, on behalf of the Section, Beat and the QED Steering Group, seeking further discussion on how these concerns could be resolved. The Exec expressed appreciation for Tony Jaffa's work on QED.

ACTION: Ulrike Schmidt to draft letter on QED to Paul Lelliot.

4.4 **Junior MARSIPAN.** Dasha Nicholls reported that Junior MARSIPAN was about to go out for consultation, and was due to be completed by the end of the year. She would discuss with Paul Robinson how best to seek endorsements for it. It was on NICE's list for potential adoption as new guidance for discussion at a meeting in March, which Sue Ringwood would be attending.

ACTION: Sue Ringwood to raise Junior MARSIPAN at NICE review meeting in March.

4.5 **MARSIPAN.** Paul Robinson reported that MARSIPAN was now on NHS Evidence. RCP had approved it for use in its regional teaching days, and they needed volunteers to help deliver these. NICE had declined to endorse it because they hadn't commissioned it. He was now looking for other ways to ensure it will be implemented, including approaching the Intercollegiate Group on Nutrition about building it into medical training. It was agreed that he would report back on implementation options so these could be applied to both Junior MARSIPAN and MARSIPAN together.

4.6 **MARSIPAN and Diabetes + EDs.** Sylvia Dahabra agreed to lead on reviewing MARSIPAN and taking forward work to fill any gaps. It was agreed she would involve Jacqueline Allan (Diabetics with Eating Disorders). Ulrike Schmidt would approach some people who might be interested in participating. It was agreed the Exec would offer Diabetics with Eating Disorders a small amount of its committee manager's time (1 meeting per month for 6 months) to provide mentoring to help them develop their organisation.

ACTION: Sylvia Dahabra to convene working group to develop guidance on diabetes and EDs.

4.7 **Update of CR130.** It was noted that there was significant overlap between CR130 and MARSIPANs.

ACTION: Paul Robinson to clarify with Tony Winston scope of CR130 revision and overlaps with MARSIPAN and Junior MARSIPAN.

4.8 **Public Debate on EDs:** Adrienne Key reported that the debate in December had gone well and been well attended.

4.9 **Adult curriculum.** Paul Robinson reported that the revised ED curriculum had been submitted to the GMC, which would consider it in the Spring. On Andy Brittlebank's advice, the requirement to have one year's experience in an approved ED unit had been strengthened, by omitting a provision that had allowed some of that year to take place in a non-approved unit if necessary.

4.10 **Child & Adolescent curriculum.** Dasha Nicholls said it was now clearer that this would be a major undertaking, and so she and Tony Jaffa would move ahead with it once the GMC's response to the adult curriculum was clear.

4.11 **Encouraging ED traineeship.** Ulrike Schmidt was continuing to pursue an ED “slot” at the 2011 Maudsley summer school for medical students.

4.12 **Conference:** Early intervention and prevention was proposed as the theme. It was suggested that some material be included on obesity. It was agreed to establish a poster prize for trainees worth £250, with a judging panel of the Chair and two other Exec members; and to have three conference bursaries, respectively for medical students, junior trainees and senior trainees.

ACTION: All Exec members to suggest speakers on early intervention and prevention to Frances Connan.

ACTION: Alex Crowe and Steven Birrell to consider how to advertise Section prizes and bursaries effectively.

4.13 **Website:** Jon Arcelus noted that some of the website seemed somewhat out of date. He encouraged all exec members to send him comments and materials for the website, so he could refresh it.

5. **Commissioning and Inpatient services.** Ulrike Schmidt said her recent listserv survey, on commissioners delaying referral to inpatient services, had revealed little appetite for a Section position statement. However, it had shown up a potential need for guidance on the use of inpatient treatment per se, and how this fitted into ED care pathways. It was agreed to seek advice from the College policy unit on optimal timing of any guidance, in the light of wider developments in commissioning. In the meantime, Dasha Nicholls agreed to approach a commissioner she knew to write something for the Section newsletter on these issues.

ACTION: Alex Crowe to seek advice from Policy Unit on timing of inpatient commissioning guidance.

ACTION: Dasha Nicholls to approach commissioner contact to write article for newsletter.

6. **Single sex wards.** The College Parliamentary Officer had had a parliamentary question asked of Paul Burstow, Minister for Care Services. The answer had not addressed the issue. It was difficult to see how to take further action without naming specific services, which seemed unlikely to be helpful.

7. **Financial Officer’s Report.** Jane Shapleske reported that the Section’s balance was some £16k, on a slow upward trend over the previous three years.

8. **Regional Reps.** The Exec asked for a progress report in appointing the Section’s new regional reps at the next meeting.

ACTION: Alex Crowe to provide progress report on regional reps at April Exec.