

Minutes

Meeting of the Executive Committee of the
Section of Eating Disorders
11am – 2pm on 23 April 2010
in the Griffin Room
at No 15 Belgrave Square, London



Present: Frances Connan, Dasha Nicholls, Lorna Richards, Ulrike Schmidt, Jane Shapleske and Val Yeung

1. Apologies

- Jon Arcelus, Sarah Cassar, Sylvia Dahabra, Tony Jaffa, Adrienne Keys and John Morgan

2. Minutes

2.1 Minutes of Exec meeting on 14 January 2010

The minutes were approved as a true record of proceedings.

2.2 Minutes of Business Meeting on 22 January 2010

The minutes were approved as a true record of proceedings.

3. Matters arising not covered elsewhere

3.1 Public Debate/Lecture/Event

Ulrike Schmidt reported that Adrienne Keys and Sue Ringwood were working on a draft debate motion together. She offered to ask them for an update.

Action: US

3.2 Commissioning Out of Area Treatment: EDSEC input into College "Task & Finish Group" on Mental Health Commissioning proposed at Feb Council

Ulrike Schmidt informed the group that this had been discussed at the pre-Council Faculty/Section Chairs meeting. Chris Mace was leading the working group; Dr Schmidt had already fed in comments from an Eating Disorders perspective.

3.3 Inter-faculty/section networks – how EDSEC participate?

Ulrike Schmidt had written to Michele Hampson about inter faculty networks. It looked like there would be an online system.

3.4 New Members Reception 30 April

Ulrike Schmidt thanked Dasha Nicholls for her comments and encouraged the group to send any further thoughts over the coming weekend.

3.5 *Review of the Work of College Divisions* – Tony Jaffa collating comments from Div Reps to forward to Candace Gillies-Wright by end of May.

Ulrike Schmidt would make sure that Tony Jaffa had forwarded the collected comments on to Candace Gilies-Wright.

3.6 DSM-V

Ulrike Schmidt highlighted that even though the Section would not be formally involved members could comment directly on an individual basis.

Turning to ICD-11, Dasha Nicholls informed the group that David Kingdon had written an article (in press) about the ICD-11 changes. The changes would be to a branched model with sub-specifications. Eating Disorders would hopefully be acknowledged as an emotional rather than a behavioural disorder. Dr Nicholls would circulate the article when it became available.

Action: DN

4. **Chair's business**

4.1 Report from Council

Ulrike Schmidt had not been able to attend the most recent Council meeting and would not be able to attend the upcoming one due to heavy work commitments. She asked if anyone would be prepared to act as an alternate. Frances Connan offered to attend the next Council meeting on the Section's behalf.

Action: FC

4.2 CR87 update

Ulrike Schmidt reported that the revision was nearly complete.

4.3 CR130 on Nutritional Management of Anorexia Nervosa: update or withdraw

The Exec agreed to first finish work on MARSIPAN before considering whether CR130 needed to be revised.

4.4 ACCEA - Nominations to Sue Duncan by 26 July

Ulrike Schmidt clarified the Section and College processes for ranking applications.

4.5 Honorary Fellowships - Nominations to Liz Atkinson by 30 June

Sue Ringwood was suggested.

4.6 Expiry of Committee Members' terms in 2011 – need staggered exit

The problem of the Exec coming to the end of their periods of office en masse was discussed. Staggered handovers for the new academic secretary and finance officer were proposed, and Ulrike Schmidt offered to check the College Bye-Laws to see if any circumstances would allow members could stay beyond their four year terms, possibly if in different roles. She would also write to the outgoing G&C representative to thank them for their input and ask for their assistance in selecting a replacement. It was suggested that the issue be returned to at the next meeting.

Actions: US (twice); agenda

5. **Vice-chair's business**

5.1 Written Update from John Morgan

The Exec noted the update from John Morgan with interest.

5.2 Position Statement on Gender Specific Services

Dasha Nicholls noted that the document was ambiguous about age ranges – it would be impractical to have split gender wards in Child and Adolescent services. She would mention this to both John Morgan and Margaret Murphy.

Action: DN

6. **Meetings – Section Conference - Friday 5 November**

Frances Connan ran through the proposed programme. There would be sessions on: Genes and Eating Disorders, a CBT Obesity Trial, Outcomes from Bariatric Surgery and some kind of debate or panel discussion. She would email the Exec asking for title suggestions.

Action: FC

The Exec suggested bariatric surgery providers, the Priory, SLAM, Mind, the National Obesity Forum and Harlow Press as potential stand-holders.

Turning to the 2011 Spring meeting to be organised with the CAP faculty, Frances Connan and Dasha Nicholls undertook to liaise further with Emily Simonoff about the arrangements. Possible sessions could include a debate about transitions, the involvement of families in treatment, risk factors for non-response to treatment and iatrogenic elements of inpatient care.

Action: FC/DN

7. **Eating Disorders Quality Assurance Network**

Jane Shapleske reported that the inpatient group had met recently, and it was hoped that the standards would be finished over the next month. The group was trying to incorporate the staffing/population figures from CR87. Ulrike Schmidt added that the outpatient group had rejected some of the proposed standards initially and that the final set was expected soon. Staffing levels would not be included.

It was suggested that the College Report *Building and Sustaining Specialist CAMHS* be linked to on the ED webpages.

The Exec discussed the utility of expert-derived staffing/population figures as opposed to more evidenced figures (it was acknowledged that in practice the latter were preferable but vastly more difficult to obtain) and the emphasis that they should subsequently be given in standards. Frances Connan commented that she was on the standards steering group and would ask them to consider this point.

Action: FC

8. **Finance Officer's business**

Jane Shapleske reported that the Section's account was £12514 in credit. She had recently attended a business planning session hosted by the College, and commented that this had been very helpful. She highlighted that it would be helpful to identify a particular financial target which would firstly insure the Section against a poorly performing conference and secondly enable them to make suitable reductions to conference fees if possible. This could also provide an opportunity to award bursaries or reductions targeted specifically at trainees and non-medical staff.

9. **Training and education**

9.1 Curriculum and CPD online

Frances Connan mentioned her concerns that PMETB would not approve the ED curriculum. Ulrike Schmidt offered to speak to Rob Howard directly about the situation. Dasha Nicholls and Tony Jaffa had been working on child and adolescent competencies.

Action: US

9.2 PTC

Val Yeung relayed trainee concerns about the expiry of MRCPsych Part 1 eligibility from July. A lot of work had gone into linking competencies to WPBAs.

9.3 MARSIPAN and Junior MARSIPAN

Dasha Nicholls reported that these were still a work in progress – she would email more information to Alex Crowe. The RCPCH had been approached by NICE who had suggested Eating Disorders as the topic for a briefing paper, and as such it was possible that MARSIPAN would effectively become a NICE document.

Action: DN

12. **Divisional and Regional representatives**

12.1 Regional Reps: Sections can now have ETSC-approved Regional Reps – should EDSEC have formally approved Regional Reps?

Ulrike Schmidt suggested that this item be carried over to the next agenda.

Action: Agenda

Jane Shapleske asked if there should be an expectation that all ED jobs would be filled by someone with at least a year of higher training in the field. The Exec initially agreed that this should be the normal minimum expectation, but acknowledged that in a minority of cases an exception could be made for a good candidate with the opportunity to train further. However, following a point made by Dasha Nicholls about moving away from a time-based to a competency-based assessment of applicants' suitability the Exec agreed to return to the issue at the next meeting and finalise a decision.

Action: Agenda

13. **Communication**

13.1 Newsletter

The newsletter had recently been sent out.

13.2 Webpages

Ulrike Schmidt mentioned that there had been some discussion about the images used on the website recently, as it had been felt that some were drab or

unsuitable given the nature of the website. She encouraged the Exec to consider the current images and make appropriate suggestions.

16. **Any other business**

It was noted that CR105 would hopefully be published shortly.