

I1 Forensic Institute (Room 3A)

9.45 – 11.00 **Impact of violence on the mental health of society**
Chair: Professor Tom Fahy, Institute of Psychiatry, London

Brief overview

Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Government strategies to reduce violence and impact of violence on public mental health

Mr Damian Basher, Department of Health

Dr Denise Coia, Principal Medical Officer (Mental Health), Scottish Government

Round table discussion lead by Dr Janet Parrott, Chair of the Forensic Faculty

11.30 – 12.45 **Neurobiology of antisocial personality disorder**
Chair: Dr Roland Zahn, The University of Manchester, Neuroscience & Aphasia Research Unit, Manchester

Antisocial personality disorder and psychopathy are overlapping concepts of personality disorder but the underlying common and distinct neurobiological processes have until recently been poorly understood. Early environmental adversity and familial factors have long been implicated in the pathogenesis of antisocial traits. Modern imaging and genetic studies are now revealing how the brain transduces gene-environment interactions to produce behavioural disorder. Bill Deakin will present evidence about neurobiological mechanisms in adults with antisocial personality disorder. Anita Thapar will concentrate on gene environment interactions in the development of antisocial traits. Essi Viding will describe the genetics and neurobiology of the development of psychopathy. The session will be chaired and introduced by Roland Zahn who has a new perspective on the neurobiology of moral emotions.

Antisocial behaviour in young people: what is known about the contribution of genes

Professor Anita Thapar, Cardiff University, School of Medicine, Cardiff

Genetic and neural correlates of child callous-unemotional conduct problems

Dr Essi Viding, UCL, Division of Psychology and Language Sciences, London

Brain structure, function and 5-HT in antisocial personality disorder; findings from a MRC programme grant

Professor Bill Deakin, The University of Manchester, Neuroscience and Psychiatry Unit, Manchester

14.30 – 15.45 **Post Clozapine treatment strategies**

Chair: Dr Ed Silva, Ashworth Hospital, Bronte House, Merseyside

The presentations reflect the practical difficulties faced by jobbing psychiatrists when faced by severe and intractable psychosis. All the presenters have first hand experience in the treatment of patients with highly resistant schizophrenia accompanied by violence, severe side effects, progression through levels of secure care and ultimately lengthy seclusion. The first speaker describes the best available evidence for treatments other than clozapine with the remainder of the session focussing on the practical steps that can be taken to help those with benign ethnic or clozapine induced neutropenias including examples of the various strategies that can be used with G-CSF.

Overview of the evidence base for post clozapine drug treatment

Dr Mark Swinton, Edenfield Centre, Manchester

Clozapine rechallenge after neutropenia, BEN (benign ethnic neutropenia), and the use of G-CSF

Dr Melanie Higgins, Ashworth Hospital, Bronte House, Merseyside

Case presentation: a case of Chronic Treatment Resistance

Dr Elizabeth Jones, Edenfield Centre, Manchester

I1 Forensic Institute (cont'd)

16.15 – 17.30 **Seclusion in the 21st Century – an outdated treatment modality?**
Chair: Dr Ben Johnson, Ashworth Hospital, Liverpool

Seclusion within psychiatric services remains a controversial approach to managing violence and aggression. Often the intervention of choice here in UK, this is not always so within cultures that profess to share common ethical principles and values.

Presentations will explore seclusion practice in key areas, including:

- Relationship with human rights
- Disparity between cultures
- Principles of effective reduction programmes
- Risk management planning to aid termination of seclusion.

Sessions will offer guidance on strategies that have proved effective in reducing seclusion and encourage debate on a complex intervention that continues to attract significant clinical, legal and academic attention.

Cultural variations in the management of violence and aggression

Mr Des Johnson, Ashworth Hospital, Liverpool

Principles and practice of an effective seclusion reduction programme

Dr Inti Qurashi, Ashworth Hospital, Liverpool

Risk management planning to aid seclusion termination

Dr Caroline Logan, Ashworth Hospital, Liverpool

I2 Old Age Institute (Hall 1B)

9.45 – 11.00 **Specialist service priorities for older people**
Chair: Dr Anand Ramakrishnan, Nottinghamshire Healthcare NHS Trust, Nottinghamshire

Management of Affective disorders in older people remains a difficult issue and there have not been many changes in the last few years. This is possibly due to lack of any new developments or due to shift in the service priorities in caring for people with dementias. This session will focus on the recent advances in management of Affective and Anxiety disorders and also on the Specialist services ie: new role of day hospitals based on the current evidence.

Is Old Age depressing?

Professor P. Murali Doraiswamy, Duke University Medical Center, Departments of Psychiatry and Medicine, North Carolina, USA

Declaration of interest: Prof Doraiswamy has accepted funds for a member of staff and research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

Day hospitals for older people: Death or glory? A quality assurance issue

Professor Ken Wilson, St Catherine's Hospital, EMI Academic Unit, Birkenhead

11.30 – 12.45 **Vulnerable adults**

Chair: Dr Jonathan Waite, Queens Medical Centre, Nottingham

Care and support for the Vulnerable older adults is an important function for those involved in providing services to them. This session will provide an update on identifying abuse, neglect and point out bad practices. It will also highlight recent changes in safeguarding and monitoring vulnerable adults. It would give an opportunity to examine the impact of the Safeguarding Vulnerable Adults Bill, implications of the Deprivation of Liberty Safeguards (DoL) and the Mental Capacity Act 2005.

Safeguarding vulnerable adults - current perspective

Professor Paul Kingston, Staffordshire University, Faculty of Health, Staffordshire

I2 Old Age Institute (cont'd)

Can we empathise with the abuser?

Dr Jonathan Waite, Queens Medical Centre, Nottingham
Declaration of interest: Dr Waite has been employed by the Court of Protection.

14.30 – 15.45 A Fair Deal for older people

In the last five years more than 130,000 people over 65 have died as a result of the cold. 18% of people aged 65 to 74 and 6% of people aged 75 and over are physically active at a level which is recommended to maintain a good health. 33% of the overall population are active to the recommended level in 2006, 63% of people aged 65 to 74 reported having a longstanding illness and 38% said longstanding illness limited their ability to carry out daily activities. Around 25% of people over 65 years living in the community have symptoms of depression that need intervention. There have been many reports from Government and Voluntary agencies like Age Concern, Alzheimer's Society etc. about the inequalities in the service provision for older people especially people with mental health issues like Dementia. This session will focus on those issues and how best it could be addressed to enable better service delivery.

Dementia care – a lottery!

Mr Neil Hunt, Alzheimer's Society, London

The need to address age discrimination in mental health

Dr David Anderson, Mossley Hill Hospital, Liverpool

Older people - a concordat between health and social care?

Mr Peter Ashley, User representative

16.15 – 17.30 Dementia in ethnic minorities

Chair: Dr Nitin Purandare, University of Manchester, School of Community Based Medicine, Manchester

The proportion of ethnic minority illness in the UK is expected to rise. Older people from ethnic minorities often do not seek help for memory problems and dementia remains undiagnosed and untreated. This session will explore current knowledge about varying presentations and understandings of dementia in south Asian and Afro-Caribbean ethnic communities. The session will also show this culture-specific knowledge could be used to improve access to services.

Dementia in ethnic minority elders: a review

Professor Ajit Shah, International School for Communities, Rights and Inclusion, University of Central Lancashire

Dementia in Afro-Caribbean elders: lessons from Islington

Professor Gill Livingston, Centre for Ageing and Mental Health Science, London

Twice a Child I-III: Improving access to services for South Asian and African Caribbean elders in Wolverhampton

Professor David Jolley, University of Manchester, Manchester

I3 Academic Institute (Hall 1C)

9.45 – 11.00 Hallucinations, delusions and ADHD

Chair: Professor Nicholas Craddock, Cardiff University, School of Medicine, Cardiff
 This session will explore latest advances in our understanding of biological and psychological mechanisms involved in the causation of hallucinations and delusions. The session will also investigate the relationship between genes, brain and behaviour to explain some of the symptoms of attention deficit and hyperactivity disorder.

Understanding the neural basis of psychotic symptoms

Dr Sukhi S Shergill, Institute of Psychiatry, London

I3 Academic Institute (cont'd)

The psychology of delusional reasoning

Professor Philippa Garety, Institute of Psychiatry, London

Understanding ADHD: investigating links between genetic influences, brain function and behaviour

Professor Philip Asherson, King's College London, London

Declaration of interest: Dr Asherson receives funding from NIHR for clinical research on adults with ADHD and neurodevelopmental disorders in children. He has received support from the Wellcome, MRC and US NIH for studies of ADHD. His research is further supported by funds from Shire, Janssen-Cilag, Eli-Lilly and Flynn Pharma for advisory board and consultancy work.

11.30 – 12.45 Depression

Chair: Dr Nitin Purandare, University of Manchester, Manchester

This session will explore certain aspects of aetiology of depression across the life span. The session will start with the role of endocrine processes in aetiology of childhood depression, followed by insights from treating depression in working age adults with medications. The session will end by exploring shared and unique pathways that lead to depression in older people and in those with dementia.

Psychoendocrine processes and childhood depression

Professor Ian Goodyer, University of Cambridge, Cambridge

Aetiology of depression: lessons from psychopharmacology

Professor Ian Anderson, University of Manchester, Manchester

Declaration of interest: Professor Anderson has accepted funds for a member of staff, research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

Aetiology of depression in older people and dementia

Professor John O'Brien, Newcastle University, Newcastle upon Tyne

14.30 – 15.45 Aggression

Chair: Professor Peter Woodruff, University of Sheffield, School of Medicine, Sheffield

The overall aim of this session is to improve our understanding of factors that may predict aggression in different clinical populations. It will specifically explore mechanisms that lead to aggression in patients with substance misuse and those with psychosis.

Mental comorbidity of violence in free and captive populations

Professor Jeremy Coid, Queen Mary University of London, London

Neuroscientific basis of impulsivity in substance misuse

Dr Anne Lingford-Hughes, Imperial College & Central and North West London NHS Foundation Trust, London

Violence and psychosis

Professor Pamela Taylor, Cardiff University, Cardiff

16.15 – 17.30 Suicide

Chair: Professor Ilana Crome, University of Keele, Staffordshire

This session will explore factors that predict suicide across age spectrum and specifically that predict suicide in those with substance misuse and those held captive in prisons.

Effect of age on factors predicting suicide

Professor Nav Kapur, University of Manchester, Manchester

Suicide and substance misuse

Professor Ilana Crome, University of Keele, Staffordshire

Suicide in Prison

Professor Jenny Shaw, Ashworth Hospital, Centre for Suicide Prevention, Liverpool

I4 Psychotherapy Institute (Room 11B)

9.45 – 11.00 Forensic psychotherapy: murderousness and frightened clinicians

Chair: Dr David Reiss, West London Mental Health NHS Trust, Middlesex

The presentations will be based on two recent publications edited by the speakers, *Psychic Assaults and Frightened Clinicians: Countertransference in Forensic Settings* (Gordon and Kirtchuk) and *Murder: A Psychotherapeutic Investigation* (Doctor). The focus is on how forensic patients empty their minds and personalities of intolerable emotional contents through patterns of relating to staff and – in the case of assaults and murder – to victims. The objectives of the session are to enable participants to develop a mental seat belt to withstand the impacts of their patients and to conceptualise their experiences with patients in order, both individually and as members of a team, to better formulate treatment interventions.

The role of a psychotherapy department in the forensic setting

Dr Gabriel Kirtchuk, West London Mental Health NHS Trust, Middlesex

How much smoke does a smoking gun need? Risk assessment in the community

Dr Ronald Doctor, West London Mental Health NHS Trust, Middlesex

Forensic anxiety: countertransference

Mr John Gordon, Consultant Adult Psychotherapist, West London Mental Health NHS Trust, Middlesex

11.30 – 12.45 Making links-applied psychoanalytic psychotherapy in a medical setting

Chair: Dr Ronald Doctor, West London Mental Health NHS Trust, Middlesex

In this workshop, the two speakers present applied psychoanalytically informed work from medical settings-specifically a gastroenterology clinic and a multidisciplinary chronic pain team. They will focus on the setting and the context, the nature of referrals and what is being requested -explicitly and implicitly- by the referrers'. Specific features of the work particular to this setting rather than a more typical psychotherapy setting will be discussed, using case examples as illustrations.

Psychotherapy and making links - How to do psychotherapy in a medical setting

Dr Julian Stern, St. Mark's Hospital, Harrow

Declaration of interest: Dr Stern has accepted funds for a member of staff, sponsorship for attending a meeting, and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

Making links-Working in a chronic pain setting

Ms Shirley Borghetti-Hiscock, Pain Clinic, Royal Free Hospital, London

14.30 – 15.45 Open access community support groups for people with personality disorder: utilising service-users own resources

Chair: Dr Steve Miller, West London & St George's Mental Health NHS Trust, London

Three service-users will describe the model for offering open access support groups for people with personality disorder. They will share their experiences answer questions and participate in debate. The session will enhance awareness of the assets that people with Personality Disorder have for support and share information on specific and useful techniques for supporting this patient group.

A model for offering support to people with personality disorder – personal experiences

Mr Peter Watts, Member of the Sutton SUN Project group, London

Keeping everyone safe –the inside perspective

Ms Barbara West, Member of the Wnadsworth SUN Project group, London

Some thoughts on what is helpful and why

Ms Annie Owen, Member of the Kingston SUN Project group, London

16.15 – 17.30 Transpersonal psychotherapy

Chair: Dr James Johnston, Leeds

The theme of extending frontiers is applied to psychotherapy and its relationship to spirituality in clinical practice. The first speaker looks at the practicalities of investigating spiritual experience during psychotherapy as patients and therapists face questions such as 'Why must I suffer?' and 'What is it all for?'. The second critically evaluates gains and snags of borrowing techniques from Eastern

I4 Psychotherapy Institute (cont'd)

traditions for use in Western psychotherapeutic interventions. The session should help attendees gain confidence when helping patients to realise their innate capacities in the face of difficulty and in advising them about the safe use of meditation with psychotherapy.

Exploring spiritual reality in psychotherapy

Dr Andrew Powell, Oxford

Promises and pitfalls in borrowing psychotherapeutic techniques from other traditions

Dr Chris Mace, St Michael's Hospital, Warwick

I5 (BIA) International Mental Health Institute (Room 12)

9.45 – 11.00 A Fair Deal in North America? Stigma in Canada, services in the Bronx, cross-border resident training in Canada, Mexico and USA

Chair: Dr Nigel Bark, Bronx Psychiatric Center, New York, USA

Roumen Milev will describe a research project on stigma and discrimination in which 220 patients with mood disorders in Canada completed an Inventory of Stigmatizing Experiences. Stigma and Discrimination were high, similar in Depression and Bipolar Disorder with greater psychosocial impact in Bipolar Disorder.

Nigel Bark will describe how City, State and Private psychiatric services with Federal Support provide for one of the poorest and most multi-cultural counties in the US.

Richard Swinson will describe IMPACT/IMPACTO a project that brings together psychiatric residents from Mexico, United States and Canada to spend a month in each country studying mental health policy.

Stigma and discrimination in patients with mood disorders in Canada

Dr Roumen Milev, Queen's University, Mood Disorders Research and Treatment Service, Kingston, Canada

Psychiatric services in the Bronx: one of the poorest and most multi-cultural counties in the United States.

Dr Nigel Bark, Bronx Psychiatric Center, New York, USA

Declaration of interest: Dr Bark has been employed by a provider of services in the Bronx

The IMPACT/IMPACTO Project: Building leadership in public mental health in Canada, Mexico and the USA

Professor Richard P Swinson, McMaster University, Anxiety Treatment and Research Centre, Hamilton, Canada

11.30 – 12.45 A Fair Deal for the changes in the South Asian psychiatry

Chair: Professor S. Haroon Ahmed, Chair of South Asia Division, RCPsych & Psychosocial Centre, Karachi, Pakistan

Session contents will include sharing of experiences among the South Asian countries for promotion of mental health in the background of available resources and uniqueness of individual South Asian countries. This will incorporate the challenges in development of appropriate services and applicable local solutions to deal with those challenges.

The objectives of the session will be to study the applicability of development of culturally relevant, financially feasible and easily accessible facilities. This will in turn help to develop training programmes for the supportive staff which are scantily available in South Asian countries.

- Understanding the limitation of unmodified application of western model of psychiatric services in a developing country.
- Be able to propose changes in the current curriculum of training for mental health professional in South Asian countries.

15 (BIA) International Mental Health Institute (cont'd)

A Fair Deal for the changes in the South Asian Psychiatry- Indian Perspective
 Professor Parmanand Kulhara, Postgraduate Institute of Medical Education and Research, Chandigarh, India

Declaration of interest: Prof Kulhara has accepted funds for research from an organisation that might be perceived to gain or lose from the content of his presentation.

Working together for better mental health in South Asia
 Dr Afzal Javed, The Medical Centre, Nuneaton

Dilemmas of a psychiatrist in a developing country
 Professor Sa'ad Bashir Malik, The Park Lane Clinic, Lahore, Pakistan

12.45 - 12.55 Followed by film screening from Al Rashad Hospital, Baghdad

14.30 - 15.45 **Towards a fair deal in the Western Pacific: Identifying the principal needs**
 Chair: Professor A. S. Henderson, Canberra, Australia

In the context of a Fair Deal for Mental Health, to discuss practices in the multicultural delivery of psychiatric services across the Western Pacific Region so that participants can learn from experiences in different countries and hopefully adapt them for better services in their own countries.

Learning Objectives:

- Identifying principal areas of need for a Fair Deal in the Region
- Understanding different cultures
- Use of Language, learning key words
- Practicing greetings, understanding cultural sensitivities

A New Zealand case note study of compulsory community treatment orders
 Dr Richard Mullen, Dunedin School of Medicine, New Zealand

A Fair Deal: Perceptions, Expectations and Reality
 Dr Vanessa Wong, Hong Kong

Practicing the Culture of Multi Cultural Psychiatry in Brunei and Malaysia
 Dr M P Deva, Suri Seri Begawan Hospital, Brunei

16.15 - 17.30 **The African initiative: Addressing shortages of psychiatrists**
 Chair: Professor Tuviah Zabow, University of Cape Town, Cape Town, South Africa

Despite the paucity of professionals which has been repeatedly highlighted, all the people in Africa have the right to access mental health care. This is an urgent need. Many debates have addressed the shortage of psychiatrists and alternate initiatives to develop appropriate strategies to address the lack have been developed. The various different approaches have been underway which include the provision of skills to primary care health workers. The involvement of the community has resulted in the opportunity to manage less severe mental health illnesses. The awareness of policy makers and educationalists will be introduced in the presentations to illustrate some of the initiatives in the region. Discussion will be held as to activities in other regions in relation to different skills available.

Where there is shortage of psychiatrists: African initiative
 Professor David Ndetel, University of Nairobi, Faculty of Medicine, Nairobi, Kenya

Providing other health personnel with mental health skills
 Dr Femi Olugbile, Lagos State University Teaching Hospital, Ikeja, Nigeria

Increasing access to mental health services in Kenya - a national primary care training programme
 Professor Rachel Jenkins, Director of Board of International Affairs, Royal College of Psychiatrists, London

16 Liaison Institute (Room 4)

9.45 - 11.00 **The presentation and management of fabricated disorders in adults and children**
 Chair: Dr Trevor Friedman, Leicester General Hospital, Brandon Unit, Leicester
 This session will compare and contrast the presentation of factitious disorder in acute health care settings. The main ways factitious disorder presents in acute hospital settings will be described and major management strategies outlined. Key research in this area will also be presented. The session will focus on adults with factitious disorder and fabricated illness induced in children.

Fabricated disorder in adults
 Dr Christopher Bass, John Radcliffe Hospital, Oxford

Fabricated and Induced Illness (FI) by parents in children : an update
 Dr Mary Eminson, Royal Bolton Hospital, Child and Family Services, Bolton

A case of fabricated disorder
 Dr Sarah Burlinson, Royal Oldham Hospital, Department of Psychological Medicine, Oldham

11.30 - 12.45 **Psychological co-morbidity in long term conditions**
 Chair: Dr Ian Rogerson, Cheshire and Wirral Partnership NHS Foundation Trust
 This session will focus on 3 exemplar chronic diseases: coronary heart disease, diabetes and stroke. For each condition the prevalence and impact of psychiatric disorder on long term outcome of function will be reviewed. Treatment and interventions for depression in each of the exemplar conditions will be critically appraised. There will be a general discussion about the cross-fertilisation of knowledge from different chronic diseases to improve overall patient outcome.

Coronary heart disease
 Professor Francis Creed, Manchester Royal Infirmary, Manchester
Declaration of interest: Prof Creed has accepted a fee for speaking at a symposium from organisation(s) that might be perceived to gain or lose from the content of his presentation.

Diabetes and psychiatry
 Dr Khalida Ismail, Guy's, King's & St. Thomas' School of Medicine, London

Mood disorders associated with stroke
 Professor Allan House, University of Leeds, Department of Psychiatry, Leeds

14.30 - 15.45 **Mental health in primary care-medically unexplained symptoms**
 Chair: Professor Else Guthrie, Manchester Mental Health & Social Care Trust, Manchester

This session will describe up-to-date research and clinical management of patients with medically unexplained symptoms in primary care. The first talk will focus on interactions between GPs and patients with medically unexplained symptoms and how these can lead to empowering patients to manage their symptoms better or to disempowering patients who then are left feeling misunderstood. The second talk will focus on the reattribution model and will describe the model and update research on its implementation in primary care. The final talk will describe the management of medically unexplained symptoms from the GP's perspective both in terms of what can be achieved in primary care and what help is required from mental health services.

"We're just b*** them": GPs' values in explaining unexplained symptoms**
 Professor Peter Salmon, University of Liverpool, Liverpool

Reconsidering 'Reattribution': reflections on a primary care intervention for Medically Unexplained Symptoms
 Professor Linda Gask, Resole Health Centre, Manchester

Management of medically unexplained symptoms from the GP perspective
 Dr Carolyn Chew-Graham, Primary Care Research Group, Manchester

16.15 - 17.30 **Liaison psychiatry-Dragon's Den**
 Chair: Dr Christopher Bass, John Radcliffe Hospital, Oxford

Three proposals for the development of a new liaison service will be presented to a panel of dragons. Each presenter will have 10 minutes to present with a further 10 minutes of scrutiny by the dragons. **Presenters:** Dr Jim Bolton, Dr Mel Temple and Dr Stella Morris. **Dragons:** Dr Peter Trigwell, Leeds General Infirmary, Leeds; Dr Peter Aitken, Director of R&D, Devon Partnership NHS Trust, Exeter and Mr Iain Tulley, Wonford House Hospital, Exeter

17 Learning Disability Institute (Hall 1A)

9.45 - 11.00 **Dementia**
Chair: Professor Sally-Ann Cooper, University of Glasgow, Gartnavel Royal Hospital, Glasgow

Dementia in Down syndrome through the ages
Professor Tony Holland, University of Cambridge, Cambridge

Dementia care: protocols, planning and implementation
Dr S. Bhaumik, Chair of the Learning Disability Faculty, Royal College of Psychiatrists, London & Leicester Frith Hospital, Leicester

11.30 - 12.45 **Autism**
Chair: Professor Iqbal Singh, Hillingdon Hospital, Middlesex

What is new in autism?
Dr Tom Berney, Prudhoe Hospital, Northumberland

Understanding sleep disorders: New developments
Professor Elemer Szabadi, University of Nottingham, Nottingham

14.30 - 15.45 **Challenging behaviour and substance misuse**
Chair: Dr Asit Biswas, Leicester Frith Hospital, Leicester

Learning Objectives: How to carry out randomised controlled trials in Learning Disability and implement new research in to practice; To consider and evaluate a range of options in treating challenging Behaviour and to tackle the challenge of substance misuse in people with learning disability

A randomised controlled trial for challenging behaviour in learning disabilities (REBILD): clinical & cost outcomes
Dr Angela Hassiotis, University College London, London

Lessons from a randomised controlled trial in LD
Dr Anton Canagasabay, South Essex Partnership NHS Trust, Essex

Substance misuse in learning disability: a fresh challenge
Dr Helen Miller, National Deaf Services, London

16.15 - 17.30 **A global perspective on learning disability competencies and training**
Chair: Dr Jo Jones, Highbury Hospital, Nottingham

The UK perspective
Dr Jo Jones, Highbury Hospital, Nottingham

How do we deliver it in Chandigarh, India?
Professor Paramanand Kulhara, Postgraduate Institute of Medical Education and Research, Chandigarh, India

Training opportunities in psychiatry of learning disability in New York, USA
Dr Nigel Bark, Bronx Psychiatric Center, New York, US

Panel discussion

9.00 – 9.40
CPD Level 2
Hall 1A

KN1 PSYCHIATRY'S CONTRACT WITH SOCIETY

Chair: Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Professor Dinesh Bhugra, President, Royal College of Psychiatrists, London

9.45 – 11.00
CPD Level 2
Room 11A

W1 HUMAN RIGHTS BASED APPROACH TO PEOPLE WITH COMPLEX NEEDS

Facilitators: Dr Beth Greenhill, Clinical Psychologist and Mr Ged Carney, Forensic Nurse Specialist, Mersey Care NHS Trust, Olive Mount, Liverpool

The workshop will provide an overview to developing a Human Rights based approach in the care of people with complex support needs. The introduction will describe three measures we have developed – a Human Rights based risk screen, a joint risk assessment and management plan, and a HR benchmarking tool to evaluate how well this approach is incorporated into a person's care. There will then be time to see how the tools can work in practice through group work and discussion.

The session aims to increase people's understanding of Human Rights, how using a Human Rights approach helps in risk assessment and management, and to how service users can be involved in the whole process.

11.00 – 11.30

TEA & COFFEE (HALL 2B)

11.30 – 12.45
CPD Level 3
Room 11A

W2 AFFILIATES AND SAS MEMBERS - CESR APPLICATIONS, PMETB AND THE COLLEGE

Chair: Professor Gregory O'Brien, Northgate Hospital, Morpeth

The objective of this workshop is to inform Affiliates and SAS Members about the 'Article 14' route to registration and the roles of PMETB and the College. Delegates will hear from doctors who have successfully applied for Specialist Registration through this route and will be aware, at the end of the session, of the processes and documentation required.

My experience of applying for specialist registration

Dr S H Quraishi, Lancashire Care NHS Foundation Trust, Pendle House, Nelson

Applying for Specialist Registration through Article 14

Dr M I Naeem, Dudley Primary Care Trust, West Midlands

The roles of the College and PMETB

Mr Robert Jackson, Head of Postgraduate Education, Royal College of Psychiatrists, London

12.45 – 13.45

LUNCH (HALL 2B)

13.45 – 14.30
CPD Level 2
Hall 1A

KN2 BLAKE MARSH LECTURE: EARLY SYMPTOMATIC SYNDROMES ELICITING NEUROPSYCHIATRIC CLINICAL EXAMINATION (ESSENCE)

Chair: Dr S. Bhaumik, Chair of the Learning Disability Faculty, Royal College of Psychiatrists, London & Leicester Frith Hospital, Leicester

Professor Christopher Gillberg, University of Gothenburg, Sweden

CPD Level 1
Hall 1B

KN3 PREVENTION OF DEMENTIA IN THE ELDERLY

Professor P. Murali Doraiswamy, Duke University Medical Center, Departments of Psychiatry & Medicine, North Carolina, USA

14.30 – 15.45
CPD Level 2
Room 11A

W3 DEAF AWARENESS FOR MENTAL HEALTH PROFESSIONALS

Facilitators: Mr Kevin Buckle and Dr Ade Oyedeki, National Deaf Services, Liverpool

There are few specialist mental health services for people with severe to profound hearing loss so general mental health services do have to see them. About 1 in 1,000 are deaf from birth but 1 in 7 people have a significant hearing loss. Having a significant hearing loss changes how people view the world and how they behave- it is important to take this in to account when conducting psychiatric interviews, for example, interviewers need to be aware of the nodding head syndrome. It can be difficult to know how to work with interpreters and still achieve a rapport and knowing how to conduct a mental state examination can be challenging for example how to ask a person deaf from birth if they hear voices? There are many pitfalls where communication and understanding can breakdown and mistakes can be made, for example, is it normal for a deaf person to feel they are being looked at.

15.45 – 16.15

TEA & COFFEE (HALL 2B)

16.15 – 17.30
CPD Level 1
Room 11A

**W4 KEEPING BODY AND MIND TOGETHER: MEDITATION MADE SIMPLE
MEDITATION TECHNIQUES: AN INTRODUCTION FOR PSYCHIATRISTS KEEPING BODY AND MIND TOGETHER**

Facilitators: Dr Sarah Egger, Chair of Spirituality SIG, Royal College of Psychiatrists & Central & North West London Foundation Trust, St Charles Hospital, London & Dr Paramabandhu Groves, The London Buddhist Centre, London

Very popular at previous meetings, we are pleased to once again offer this workshop to give attendees the opportunity to rest their minds! With all the pressures in life it's important to stop and pause. Meditation is a practice that enables us to find that 'still point in a turning world'. It is both an ancient art and a modern-day skill. There are many meditation techniques from various philosophies and disciplines, but the essence of them all is to quieten the mind. During this session we will promote the benefits of a calm and discerning mind, both in clinical practice and everyday life. We will demonstrate several simple meditation techniques and give participants the opportunity to ask questions.

TC1 Neurology Training Course (Room 3A)

9.45 – 11.00

Core Clinical Skills in Neuropsychiatry

Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

This introduction to the training course – 'Disorders at the interface of Neurology and Psychiatry' covers the core skills of assessment needed for a neuropsychiatric examination. The day will begin with a refresher course on the principles of neurological examination followed by a detailed discussion of cognitive assessment particularly concentrating on aspects of the cognitive exam that are not included in most standard screening tools. The session will be concluded with a description of how the mental state examination may need to be modified in the presence of neurological disease.

The 2 minute neurological examination

Dr Malcolm Steiger, Walton Centre for Neurology and Neurosurgery, Liverpool

Cognitive assessment beyond the MMSE

Dr Adam Zeman, University of Exeter & Plymouth, Peninsula Medical School, Exeter

Modifying the mental state examination in neurological disease

Dr Hugh Rickards, Queen Elizabeth Psychiatric Hospital, Birmingham

11.30 – 12.45

What is new in neurology?

Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

This session will look in detail at some developments over recent years in three areas of neurology which can on occasions present to general psychiatry clinics. Narcolepsy is a topic familiar to most psychiatrists but over the last decade there has been a substantive improvement in our level of understanding of this condition, in particular, pathological mechanisms which have lent themselves to novel therapeutic interventions. Transient epileptic amnesia by contrast is a newly described condition occurring as a complication of epilepsy and which, owing to the unusual way in which it presents, could end up being referred to psychiatric clinics. Potassium channel antibody states are a more recently described brain disorder which can present with psychotic symptomatology such that would be included in a differential diagnosis of psychotic illness.

What is new in narcolepsy?

Dr Paul Reading, The James Cook University Hospital, Middlesbrough

When to consider transient epileptic amnesia?

Dr Adam Zeman, University of Exeter & Plymouth, Peninsula Medical School, Exeter

What do Psychiatrists need to know about channelopathies?

Professor Angela Vincent, Professor of Neuroimmunology, Oxford

14.30 – 15.45

Commonly encountered problems in brain injury

Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

This session aims to bring the general adult psychiatrist 'up to speed' with the more commonly encountered problems in dealing with a patient with acquired brain injury. Most psychiatrists see patients with acquired brain injury long after the initial event and many are unfamiliar with the techniques of actually assessing the severity and why this is important. Simon Fleminger will introduce this session with a practical guide. Organic personality disorder is by contrast a commonly encountered problem for general adult psychiatrist and Dr O'Driscoll will take us through some conceptual thinking on management issues in this regard. The session will include a discussion about the assessment of capacity, a topic of considerable interest with the new legislation and Dr Grace will take us through a clinical approach to this arguing in terms of brain injury that what we are really measuring is insight.

'How to' and 'why to' measure the severity of acquired brain injury

Dr Simon Fleminger, The Maudsley Hospital, Brain Injury Unit, London

TC1 Neurology Training Course (cont'd)

Organic personality disorder

Dr Kieran O'Driscoll, Hope Hospital, Centre for Neurosciences, Manchester

Assessing capacity: Is it really all about insight?

Dr Janet Grace, Walkergate Park Centre, Walkergate Hospital, Newcastle upon Tyne

16.15 – 17.30 **Conversion disorder master class: from tendon hammer to therapy couch**
Chair: Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

Dr Stone and Dr Carson will take the final session of the course giving a management guide to conversion disorders from history taking through neurological and mental state examination to therapeutic interventions.

Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh
Dr Jon Stone, Western General Hospital, Department of Clinical Neurosciences, Edinburgh

I8 Trainees' Institute (Room 12)

9.45 – 11.00 **Lessons in leadership: a European perspective**
Chair: Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

This session will involve three trainee leaders of European psychiatry. They will discuss what they have achieved and the skills and lessons they have learnt about leadership.

Learning objectives:

- Understanding of international training systems
- Leadership and management skills for trainees'

Leadership in international waters

Dr Victor Buwalda, Netherlands, Founding Member of World Association for Young Psychiatrists & Trainees

Trainees' as drivers for change in Europe

Dr Amit Malik, Gosport War Memorial Hospital, Gosport & President of European Federation of Psychiatric Trainees'

Developing a national training scheme

Dr Kajsa Norström, Sweden & Past-President of European Federation of Psychiatric Trainees'

11.30 – 12.45 **Debate: 'This house believes that the sub-consultant grade threatens to degrade psychiatry as a profession'**
Chair: Professor Peter Tyrer, Professor of Community Psychiatry, Imperial College, London

This session will debate whether the creation of a sub consultant grade will be beneficial to psychiatry.

Learning objectives:

- Understanding of key psychiatric workforce issues

I8 Trainees' Institute (cont'd)

Speaking for the motion:

Professor Nick Craddock, Cardiff University, Cardiff and Chair, Academic Faculty, Royal College of Psychiatrists.

Dr Lisa Gardiner, SpR Trainee in Forensic Psychotherapy, Oxford Clinic Medium Secure Unit, Oxford

Speaking against the motion:

Dr Sally Pidd, Consultant in Psychiatry, Associate Dean for Workforce, Royal College of Psychiatrists
Dr Paul Henderson, ST5 Trainee in General Adult Psychiatry, Borders Community Health Services, Galashiels

14.30 – 15.45 **Challenges to the future of training in psychiatry: Question and Answer panel**
Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges' Trainee Doctors Group

This panel will include prominent figures in postgraduate education in psychiatry and the profession in general. The audience will have the opportunity to ask questions of the experts about various training in psychiatry.

Learning Objectives:

- Understanding of the current issues in postgraduate psychiatric training.
- Gain knowledge of the potential future changes in training within the UK.

Speakers:

- Mrs Patricia Le Rolland, Director of Quality, PMETB, London
- Professor Jacky Hayden, Lead Dean of Psychiatry, North Western Deanery, Manchester
- Professor Rob Howard, Dean, Royal College of Psychiatrists, London
- Dr Clare Oakley, Chair, Psychiatric Trainees' Committee, RCPsych and Reaside Clinic, Birmingham
- Dr David Fearnley, Mersey Care NHS Trust, Medical Director & Deputy Chief Executive, Liverpool

16.15 – 17.30 **Portfolios in psychiatry**
Chair: Dr Clare Oakley, Chair, Psychiatric Trainees' Committee, RCPsych and Reaside Clinic, Birmingham

This session will focus on the increasing use of portfolios in professional practice. The use of portfolios by trainees' will be discussed and how this portfolio should evolve to be used as evidence for revalidation for consultants.

Learning Objectives:

- Understanding of the increasing importance of portfolios in psychiatry
- Practical information about compiling a portfolio
- Gain knowledge of example portfolios

How do you measure a good doctor?

Professor Femi Oyeboode, Past Chief Examiner, Royal College of Psychiatrists & University of Birmingham, National Centre for Mental Health, Birmingham

Portfolios for trainees'

Dr Andy Brittlebank, Associate Dean for Postgraduate Training, Royal College of Psychiatrists, London & Newcastle General Hospital, Newcastle upon Tyne.

Revalidation and portfolios for consultants

Dr Laurence Mynors-Wallis, Associate Dean for Revalidation, Royal College of Psychiatrists & Alderney Community Hospital, Poole

9.00 – 9.40
CPD Level 2

KN4 THE STIFF UPPER LIP, SYMPTOM MINIMIZATION AND POST DEPLOYMENT SYNDROME: WHAT ARE THE MENTAL HEALTH COSTS OF MILITARY DEPLOYMENT

Chair: Dr Jonathan Bissón, Cardiff University, University Hospital of Wales, Cardiff

Professor Sandy McFarlane, The University of Adelaide, Centre for Military and Veterans Health, Australia

9.45-11.00
CPD Level 2
Room 4

S1 SCHIZOPHRENIA

Professor Shitij Kapur, Institute of Psychiatry, King's College London, Section of Schizophrenia Imaging and Therapeutics, London

CPD level 4
Room 11B

S2 THERAPIES THAT CLAIM TO CHANGE SEXUAL ORIENTATION – HISTORICAL AND CURRENT PERSPECTIVES

Chair: Professor Michael King, University College Hospital, Royal Free Hospital, Department of Mental Health Sciences, London

The session will involve presentations from three speakers who will discuss different perspectives on the “treatment” of homosexuality. The objectives are to review why interventions that attempt to make homosexual people heterosexual persist and to consider their historical, moral and clinical implications.

The status of sexual conversion therapies in the US

Jack Drescher M.D., New York, New York City, USA

Religious tradition and attempts to change sexual orientation

Mr Jeremy Marks, COURAGE, Guildford

Psychotherapists’ attempts to change sexual orientation – a UK perspective

Dr Annie Bartlett, University of London, Division of Mental Health, London

CPD level 2
Hall 1A

S3 STATE OF PSYCHIATRY IN THE 21ST CENTURY

Chair: Professor Dinesh Bhugra, President, The Royal College of Psychiatrists, London

This session will compare service delivery and mental healthcare policy across different European countries

The future of psychiatry in Europe

Mr John Bowis, MEP for London

Paris 1789: The future of NHS Psychiatry in England?

Professor George Ikos, Hon. Treasurer, Royal College of Psychiatrists, London

CDP level 2
Hall 1C

S4 CAUSES OF MENTAL ILLNESS IN BME GROUPS

Chair: Dr Rizkar Amin, Central & North West London Foundation Trust, London

International experts in Transcultural Psychiatry talk about the cause of mental illness in BME groups. Dr Selten talks about the long-term experience of social defeat defined as a subordinate position or outsider status, leading to sensitization of the mesolimbic dopamine system and increase the risk for psychosis. This hypothesis may explain the increased risk for immigrants from developing countries, for people who grow up in urban environments (with higher levels of competition). Dr Craig presents the findings from the AESOP (Aetiology and Ethnicity in Schizophrenia and Other Psychoses) study, a multi-centre epidemiological study of first episode psychosis in the UK, which suggest early childhood separation from parents and adult social disadvantage, isolation and discrimination may be important risk factors or risk indicators for psychosis and argues that adverse social experiences over the life course play an important role in the aetiology of psychosis. Professor McKenzie describes his research findings of aetiology of mental illness in Canadian and African Caribbean's in Canada.

CPD level 1
Hall 1B

Social Experience and Psychosis: Insights from studies of migrant and ethnic minority groups

Dr Craig Morgan, Institute of Psychiatry, Health Service and Population Research, London

The social defeat hypothesis

Dr Jean-Paul Selten, University Medical Centre, Utrecht, The Netherlands

Etiology of Mental Illness in Canada - African and Caribbean (EMIC – AC)

Professor Kwame McKenzie, Centre for Addiction and Mental Health, Social Equity and Health Research, Ontario, Canada

S5 MODELS OF PSYCHOSOCIAL CARE FOR MAJOR TRAUMATIC EVENTS

Chair: Professor Richard Williams, College Lead Officer for Disaster Management

This session will start with a description of the work performed by NATO to develop a model of care pertinent to governments and regional/national planners of psychosocial care for major traumatic events. This will be followed by a description of the work of the European Network for Traumatic Stress to develop a model of care aimed primarily at the local planners and providers of services. The third presentation will be on the Department of Health's Guidance for psychosocial responses to major incidents in the UK. The presentations will be followed by a discussion of the implications of these.

The NATO model of psychosocial care for major traumatic events

Dr Penny Bevan, Director of Emergency Preparedness, Department of Health, London

The European Network for Traumatic Stress guidelines for psychosocial care following disasters and major incidents

Dr Jonathan Bissón, Cardiff University, University Hospital of Wales, Cardiff

Bringing together recent guidance to create an international framework for psychosocial and mental health care for people affected by disasters, major incidents, terrorism and pandemics

Professor Richard Williams, St Cadoc's Hospital, Gwent

CPD level 2
Room 11A

W5 PEER REVIEWING FOR JOURNALS: AN UNTAUGHT SKILL

Facilitators: Professor Peter Tyrer, Imperial College, London, Dr Ros Ramsay, Book review editor, British Journal of Psychiatry, Dr Neel Halder, Trainee Editor Psychiatric Bulletin, Professor Patricia Casey, University College Dublin

The workshop will discuss peer-reviewing for novices and also for non-novices. The approach will focus on reviewing different types of paper i.e. editorials, original research, systematic and narrative reviews and book reviews. Candidates will be invited to select the type of paper they wish to review and will be allocated accordingly. In addition applicants will be asked if they are novice reviewers and if so will be allocated for part of the session (about 30 minutes) to a group facilitated by the trainee editor.

Declaration of interest: Professor Tyrer is the Royal College of Psychiatrists' Editor. The College might gain in status from this workshop.

11.00-11.30

TEA & COFFEE (HALL 2B)

11.30-12.45
CPD level 1
Room 4

S6 PSYCHIATRIC UPDATES I

Chair: Dr Angela Hassiotis, University College London, Department of Mental Health Sciences, London

All of the presentations in this session come directly from submitted abstracts. Providing a forum for new research is always an essential feature of the College's annual meeting. In terms of training and continuing professional development it is not only important for psychiatrists to have an understanding of research methodology and critical appraisal but also to be able to translate new and interesting findings into a form that makes sense for their own clinical practice. Research presentations are clinically relevant and reflect the diversity of outstanding academic and clinical work that occurs in the UK and beyond.

The Psychiatrists' Support Service Helping Psychiatrists in difficulty
Ms Kathryn Bartlett, Psychiatrists' Support Service Manager, The Royal College of Psychiatrists

The Use of Leverage Tools to Improve Mental health care Adherence (ULTIMA)
Dr Andrew Molodynski, Department of Social Psychiatry, Oxford

The effect of an educational video on the accuracy of proxy decisions: the case of electroconvulsive therapy
Dr Siobhan Pieroni, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

An integrated self-harm service within the day hospital: how has it affected assessments?
Dr Adam Polnay, Queen Margaret Hospital, Dunfermline

Effectiveness of Antipsychotic Treatment in First Episode Psychosis
Dr Aidan Turkington, Department of Psychiatry, Queen's University, Belfast

**CPD level 2
Room 11B**

S7 FROM SHELLSHOCK TO SECURE PSYCHIATRY IN MERSEYSIDE
Chair: Dr Fiona Subotsky, London

This session aims to look at the contribution to psychiatry of work on the Maghull site in Merseyside from a historical perspective, from its early years as a centre for the treatment of shellshock in World War One. This presentation will explore the ideas of doctors such as Robert Rows and WHR Rivers, comparing them with our present understanding of combat stress. The current role of Ashworth hospital is as one of the three "high secure" hospitals in England and Wales providing treatment and care for male mentally disordered offenders. Current aims and provision will be described.

Shell shock, the work at Maghull in World War One
Professor Edgar Jones, Institute of Psychiatry, London

Ashworth Hospital now
Dr Caroline Mulligan, Ashworth Hospital, Bronte House, Merseyside

**CPD level 1
Hall 1A**

S8 PROFESSIONALISM AND PSYCHIATRY: EXPECTATIONS, CHANGE AND CONTROVERSY
Chair: Professor George Ikkos, Honorary Treasurer, Royal College of Psychiatrists

"Professionalism" is a source of endeavour, legitimation and pride. It is also contested and changing. Patients, carers, colleagues, politicians and others have a stake in psychiatric professionalism and their view influence change. This session aims to bring together diverse perspectives with an emphasis on challenging received opinion, informing about emerging changes and creating ideas for the future.

What do carers want from psychiatrists and mental health professionals?
Ms Veronica Kamerling, London Carers' Group, Beating Eating Disorders 'bEAT'

Creating the psychotherapy profession: a challenge or opportunity for professionalism in psychiatry?
Dr Christopher Mace, Chair, Faculty of Psychotherapy, Royal College of Psychiatrists

I'm proud to be a psychiatrist!
Dr Anthony Fry, Consultant Psychiatrist, Dr Anthony Fry and Associates

**CPD level 1
Hall 1C**

S9 CULTURAL COMPETENCE
Chair: Dr Sandra Evans, St Bartholomew's Hospital, Department of Psychological Medicine, London

Ethnicity and cultural competence
Professor Dinesh Bhugra, President, Royal College of Psychiatrists, London

Older age and cultural competence
Dr Jane Garner, Barnet, Enfield and Haringey Mental Health Trust, Chase Farm Hospital, Enfield

Sexual orientation and cultural competence
Dr Ian Hall, Mile End Hospital, Community Learning Disability Service, London

**CPD level 4
Hall 1B**

S10 RESPONDING TO TERRORISM: MENTAL HEALTH MATTERS
Chair: Professor Richard Williams, Scientific Adviser to the Department of Health in England on the Psychosocial and Mental Health Aspects of Emergency Preparedness

To present and discuss mental health, psychosocial and psychiatric perspectives on how people respond to terrorist incidents and hostage taking and the contribution of mental health understandings and practitioners to informing responses to terrorism and the care required by survivors and hostages.

Collective resilience in the crowd: Lessons of the London bombings of July 7th 2005
Dr John Drury, University of Sussex, Brighton

Hostages and hostage taking: what we know and what mental health practitioners can contribute
Professor David Alexander, Director of the Aberdeen Centre for Trauma Research, the Robert Gordon University, Aberdeen

How Should We Respond to and Manage Terrorism: Lessons from the Mental Health Sciences?
The Lord Alderdice, House of Lords, London

**CPD level 2
Room 11A**

W6 CBT MADE SIMPLE
Facilitator: Dr Paul Blenkiron, Bootham Park Hospital, York

Cognitive behaviour therapy (CBT) is the psychological treatment of choice for many psychiatric disorders. The central idea is simple: to feel better, change thoughts and behaviour. However, CBT represents more than just 'positive thinking'. This workshop explores CBT using jargon-free language, audio-visual recordings and skills practice in small groups. After attending this workshop, psychiatrists will be able to:

- Understand and summarise the basic principles of CBT for depression, anxiety, OCD, PTSD, hypochondriasis, psychosis and personality disorders.
- Explain what CBT is (and what it is not) to their patients
- Use diagrams, analogies, stories and humour within daily practice

12.45-13.45

LUNCH AND POSTER VIEWING (HALL 2B)

**13.45-14.30
Hall 1A**

KN5 HUBRIS SYNDROME: AN ACQUIRED PERSONALITY DISORDER?
The Right Hon. Lord Owen CH FRCP in conversation with Professor Peter Tyrer

Hall 1B

KN5A TERRORISTS, FREEDOM FIGHTERS OR DEFENDERS OF THE REALM? – THE NORTHERN IRELAND EXPERIENCE
Dr Oscar Daly, Lagan Valley Hospital, Belfast
Declaration of interest: Dr Daly has accepted a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

**14.30-15.45
CPD level 2
Room 4**

S11 CAN WE LEARN ANYTHING ABOUT SCHIZOPHRENIA WITHOUT UNDERSTANDING LANGUAGE?
Chair: Professor Peter McKenna, Germanes Hospitalàries del Sagrat Cor de Jesús, Barcelona

Dr Crow has advanced the theory that psychosis is the price we pay for language with brain asymmetry and the underlying genes being responsible. Tony David has carried out neuroimaging work studying auditory hallucinations and how the brain processes language. Professor McKenna develops the theme in reference to thought disorder.

The common origin of psychosis and language in the big species bang
Dr Tim Crow, Warneford Hospital, Oxford

Thought disorder or schizophasia?
Professor Peter McKenna, Germanes Hospitalàries del Sagrat Cor de Jesús, Barcelona

Thought disorder, hallucinations and neuropsychology: are we speaking the same language?
Professor Anthony David, Institute of Psychiatry, London

CPD Level 1
Room 11B

S12 LITERATURE AND PSYCHIATRY

Chair: Professor Femi Oyeboade, University of Birmingham, National Centre for Mental Health, Birmingham

This session will explore the benefit of literature for psychiatry. The objectives are:
1. The place of biographical accounts in furthering our understanding of psychiatric disorders and of their impact on the family
2. The place of biography in understanding fictional work; the case of Dostoyevsky

“Is everyone mad?” The presentation of mental disturbance in the work of Dostoyevsky
Dr Allan Beveridge, Queen Margaret Hospital, Dunfermline

Mad or bad: Elfriede Jelinek’s Piano Teacher
Dr Rachel Upthegrove, The Early Intervention Service (West), Birmingham

Relative Strangers: Schizophrenia in the family
Ms Celia Robertson, author of “Who Was Sophie? - The lives of my grandmother”

CPD level 1
Hall 1A

S13 ENHANCING CHOICE IN MENTAL HEALTH: VARIETY, DIALOGUE, PARTICIPATION, FUNDING MECHANISMS

Chair: Dr Helen Miller, Director of Conferences, Royal College of Psychiatrists

Choice can be exercised by patients, carers, professionals, service purchasers. This session aims to look at patient choice in relation to mental health services in primary care and secondary care. The aim is to move from choice as consumerism to choice as dignity, participation, partnership and social inclusion. Different countries in the UK are setting different priorities. How do funding mechanisms support or undermine real choice? How can psychiatrists influence the range of choices available to patients?

Choice: What do service users want from psychiatrists and mental health services?
Ms Janey Antoniou, Service Users’ Recovery Forum (SURF) Royal College of Psychiatrists

Real choice: variety, dialogue and participation
Professor George Ikkos, Hon. Treasurer, Royal College of Psychiatrists

Funding mechanisms, choice and participation
Dr Mark Davies, Director, Res Consortium Ltd

Respondent: Dr Mark Tarn, Secretary, Psychiatric Trainees’ Committee

CPD level 4
Hall 1C

S14 WHAT CAN WE LEARN FROM CROSS CULTURAL RESEARCH?

Chair: Professor Hamid Ghodse, St Georges Hospital Medical School, Department of Addictive Behaviour, London

The learning objectives of this session are to describe examples of cross cultural research; to outline experiences of cross cultural research; to provide outcome data on epidemiological and treatment research where appropriate; to understand qualitative approaches to cross cultural research and the problems and pitfalls and to appreciate the use and methodological problems of quantitative methods in cross cultural research

Professor Dinesh Bhugra, President, Royal College of Psychiatrists, London
Professor Martin J Prince, Institute of Psychiatry, London
Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

CPD level 1
Hall 1B

S15 VETERANS MENTAL HEALTH

Chair: Dr Walter Busuttill, Combat Stress, Ex Services Mental Welfare Society, Surrey

Updates on veterans’ and servicemen’s mental health with an emphasis on access into care during and after military service. Issues and research findings surrounding stigma, help seeking behaviours, clinical presentations, military clinical services available, treatment pathways, access into care on the NHS on leaving the military with update from Government pilot project/s; updates from Combat Stress – national charity for ex-servicemen’s mental health including: residential and outreach treatment programmes; clinical audits and psychometric data collection.

Room 11A

Accessing defence psychiatric services: clinical pathways to the NHS and other agencies on leaving the military

Group Captain Frank McManus, Department of Community Mental Health, Telford

Help seeking, stigma and barriers to care amongst UK service personnel
Dr Amy Iversen, Weston Education Centre, London

Clinical services for veterans: the interface between the NHS and Combat Stress
Dr Walter Busuttill, Combat Stress, Ex Services Mental Welfare Society, Surrey
Declaration of interest: Dr Busuttill is the medical director to national charity Combat Stress

W7 WHAT THE GENERAL ADULT PSYCHIATRIST NEEDS TO KNOW ABOUT DETOXIFICATION FROM ALCOHOL AND/OR DRUGS

Facilitator: Dr Kostas Agath, Westminster Treatment Centre, London

With the use of Vignettes and Extended Matching Items on “detoxification regime” themes, the workshop will give an overview of:

- The rationale for detoxification
 - Detoxification regimes for Alcohol, Opioid and Sedative dependence
- By the end of the workshop, the attendees will be able to:
- Discuss the appropriateness of a detoxification as an intervention
 - Choose a detoxification regime for alcohol dependence
 - Choose a detoxification regime for sedative dependence
 - Choose a detoxification regime for Opioid dependence

15.45-16.15

TEA & COFFEE (HALL 2B)

16.15-17.30
CPD level 2
Room 4

S16 COGNITION AND MENTAL ILLNESS IN DEPRESSION, SCHIZOPHRENIA AND ALCOHOL

Chair: Professor Alistair Burns, University of Manchester, School of Community Based Medicine, Manchester

Cognitive impairment is common in major mental illnesses such as depression and schizophrenia. Considerable proportion of patients with dementia show clinically relevant depressive and psychotic symptoms. This session will explore this intriguing relationship between cognitive impairment, depression and psychosis.

Cognitive Impairment in Schizophrenia

Dr Richard Drake, University of Manchester, School of Community Based Medicine, Manchester

Cognitive impairment in Affective Disorders

Professor Nicol Ferrier, Royal Victoria Infirmary, School of Neurology, Neurobiology & Psychiatry, Newcastle upon Tyne

Alcohol related dementia

Dr E.J. Byrne, University of Manchester, School of Community Based Medicine, Manchester

CPD level 2
Room 11B

S17 HISTORY OF PSYCHIATRY IN THE 18TH CENTURY & 19TH CENTURY

Chair: Dr Lisetta Lovett, Keele Medical School & North Staffordshire Combined Healthcare Trust, Staffordshire

This session will explore the attitudes of those treating the “insane” in the 19th and late 18th centuries as well as approaches towards their care or cure. The audience will learn about theories of causation, the dichotomy between Medical and moral therapy, private and public asylums, mental health policy and the risk of the institution, madhouse keepers and the treatment of patients who were practising doctors.

The management of insanity in the voluntary lunatic hospitals of Georgian England

Dr Leonard Smith, University of Birmingham, Centre for the History of Medicine, Birmingham

A Fair Deal for the Insane: A Madhouse Keepers Effort to Achieve this in the Early 19th Century
 Dr Lisetta Lovett, Keele Medical School & North Staffordshire Combined Healthcare Trust, Staffordshire

What's Up Doc: medical practitioners in 19th Century asylums
 Dr Alannah Tomkins, Keele University, School of Humanities, Staffordshire

Hall 1A **S18 LAUNCH OF THE MENTAL HEALTH AND SOCIAL INCLUSION POSITION STATEMENT**

CPD level 4
 Hall 1C **S19 DISTINGUISHED GUEST LECTURE: MEDICINE, MEDICAL LEADERSHIP AND HEALTH INEQUALITIES**
 Chair: Professor Hamid Ghodse, St Georges Hospital Medical School, Department of Addictive Behaviour, London

Professor Ian Gilmore MD, PRCP, President of the Royal College of Physicians, London

Please note this is an open lecture to which all are welcome

Professor Ian Gilmore is a Consultant Physician and Gastroenterologist at the Royal Liverpool University Hospitals and Honorary Professor at the Department of Medicine, University of Liverpool. His specialty interest is liver disease.

Professor Gilmore was previously Registrar of the College and a member of Council – he chaired a Working Party (2001), producing the report Alcohol – can the NHS afford it? A blueprint for a coherent alcohol strategy. He continues to chair the Alcohol Committee, now also chairs the Alcohol Health Alliance - relevant agencies work together in a coherent and focussed framework. He is Chair of the European Alcohol and Health Forum Science Group and is a member of the Climate and Health Council.

Professor Gilmore is currently a Commissioner for Sir Michael Marmot's review of the social determinants of health in this country. He has lectured extensively overseas and has had particularly fruitful clinical and research collaborations with American colleagues. He continues to undertake some clinical work.

CPD level 1
 Hall 1B **S20 COPING WITH THE UNEXPECTED; SUPPORTING RESILIENCE OF NHS STAFF IN A FLU PANDEMIC**

Professor Vivienne Nathanson, Director of Ethics, British Medical Association

Professor Richard Williams, Scientific Adviser to the Department of Health in England on the Psychosocial and Mental Health Aspects of Emergency Preparedness

CPD level 1
 Room 11A **W8 CULTURAL COMPETENCE**
 Facilitators: Dr Sandra Evans, St Bartholomew's Hospital, Department of Psychological Medicine, London and Dr Brian Douglas, St Ann's Hospital, London

This workshop will use interactive techniques and training materials including video clips to equip attendees with skills in cultural competence. The workshop will follow on from the earlier session on cultural competence.

I9 Film Institute (Room 4)

9.45-11.00 **The horror, the horror**
 Chair: Dr Ross Overshott, Royal Oldham Hospital, Oldham

The session will contain presentations exploring the long relationship psychiatry has had with the horror genre.

Madness in the Dracula film
 Dr Fiona Subotsky, London

A brief history of horror films
 Dr Kostas Agath, Westminster Treatment Centre, London

Lessons for psychiatry from the horror genre
 Dr Peter Byrne, Newham University Hospital, London

11.30-12.30 **Death and near death on film**
 Chair: Dr Jonathan Bisson, Monmouth House, Cardiff

Suicide in Bollywood
 Dr Imran Ali, Hope Hospital, Salford

Deathwatch
 Dr Ross Overshott, Royal Oldham Hospital, Oldham

Good grief: what psychiatry can learn from grief on film
 Dr Peter Byrne, Newham University Hospital, London

12.45 **Showing of the BBC Horizon programme**

14.30-15.45 **Documentaries and psychiatry**
 Chair: Dr Mark Salter, Homerton Hospital, London

Working with documentary filmmakers: service user perspective
Problems and Pitfalls of being in a documentaty
 Ms Janey Antoniou, service user consultant

But it's almost true: a brief history of mental illness documentary films
 Dr Peter Byrne, Newham University Hospital, London

Working with documentary filmmakers: a psychiatrist's perspective
 Dr Mark Salter, Homerton Hospital, London

16.15-17.30 **Q&A on the BBC Horizon programme "How mad are you?"**

The programme achieved 1.8 million viewers per episode transmitted at 9 p.m. on BBC2. Large numbers downloaded the programmes on iPlayer from October until late Decemebr 2008. Three speakers will describe the origins of its reality TV format, making the programme and the critical reaction to its broadcast.

Yasmin Miller, participant
 Rob Liddle, producer
 Peter Byrne, programme consultant

9.00 – 9.40
Hall 1A**KN6 PUBLIC SAFETY AND THE INQUIRY CULTURE**

Chair: Professor Dinesh Bhugra, President, Royal College of Psychiatrists, London

Professor Louis Appleby CBE, Department of Health, National Director for Mental Health in England & University of Manchester, Centre for Suicide Prevention, Manchester

9.45-11.00
CPD level 2
Hall 1A**S21 MENTAL HEALTH ACROSS OFFENDER PATHWAY – CURRENT PERSPECTIVES I**

Chair: Dr Simon Plunkett, Lancashire Care NHS Foundation Trust, Preston

Although it is widely recognised that the prevalence of psychiatric morbidity in prison is much higher than in the community, historically mental illness in prisons remains largely undetected and untreated. In 1999, responsibility for prison healthcare in the UK transferred to the NHS to improve the quality of care in line with community services. The session will report on the latest findings of a series of projects, examining pathways of care throughout the criminal justice system.

The National evaluation of prison mental health in-reach services

Dr Jane Senior, Northwest Forensic Academic Network & Mersey Care NHS Trust, Liverpool

The effects of the prison environment on mental health

Ms Lamiece Hassan, Northwest Forensic Academic Network & Mersey Care NHS Trust, Liverpool

A pilot study of “Critical Time Intervention” adapted for mentally disordered remand prisoners

Professor Jenny Shaw, Northwest Forensic Academic Network & The University of Manchester, Manchester

CPD Level 2
Room 3A**S22 PSYCHIATRY MORBIDITY: LESSONS FROM THE SECOND BRITISH NATIONAL SURVEY**

Chair: Dr Angela Hassiotis, University College London, Department of Mental Health Sciences, London

The second British National Survey of Psychiatry Morbidity set out to estimate the prevalence of psychiatric morbidity, to examine use of services, and to identify the extent to which social disadvantage and other factors are associated with mental disorders. Information was obtained by structured survey interviews. It has provided a rich source of data to guide the future planning of mental health services, and this session focuses on the challenging areas of those with psychosis, women and mental health, and people with borderline intellectual functioning.

Gender, suicidality and sexual abuse

Professor Paul Bebbington, University College London, Department of Mental Health Sciences, London

Alcohol in moderation, premorbid intelligence and Cognition In Older Adults: results from the Psychiatric Morbidity Survey

Dr Claudia Cooper, University College London, Department of Mental Health Sciences, London

Psychiatric morbidity and social functioning among adults with borderline intellectual functioning living in private households

Dr Ian Hall, Mile End Hospital, Community Learning Disability Service, London

CPD Level 2
Hall 1B**S23 INTERNATIONAL CLASSIFICATION OF DISEASES ICD-11 & DSM-V**

Chair: Professor Sir David Goldberg, Institute of Psychiatry, London

This session aims to create a broad discussion of both the International Classification of Diseases Eleventh Revision (ICD-11) & the Diagnostic and Statistical Manual of Mental Disorders fifth revision (DSM-V) as the new classificatory systems will affect our clinical lives for a number of years, users should have an opportunity to feed into it. A final revised version of ICD-11 is intended to be submitted to the World Health Assembly for approval by 2014 & a release of the final, approved DSM-V by the APA is expected in May 2012.

Creating ICD-11 and DSM-V: progress and challenges

Professor Norman Sartorius, President, Association for the Improvement of Mental Health Programmes

CPD level 1
Hall 1C**S24 PSYCHIATRY AS COGNITIVE NEUROSCIENCE: PHILOSOPHICAL PERSPECTIVES**

Chair: Matthew Broome, University of Warwick, Warwick Medical School, Coventry

The unifying philosophical theme is how psychopathology is studied scientifically within psychiatry and psychology through the paradigms of cognitive neuroscience and cognitive neuropsychiatry. Topics addressed include the nature of psychiatry as a science; the compatibility of the accounts of mental illness derived from neuroscience, information-processing, and folk psychology; the nature of mental illness; the status of delusions and the (dis)continuity between delusions and ordinary beliefs; the interplay between clinical and empirical findings in psychopathology and accounts of virtue and responsibility in moral psychology and ethics.

In defence of the Continuity Thesis: delusions as irrational beliefs

Dr Lisa Bortolotti, University of Birmingham, Department of Philosophy, Birmingham

A secret history of ICD and the hidden future of DSM

Professor KWM Fulford, University of Warwick, Warwick Medical School, Coventry

Mental illness is indeed a myth

Dr Hanna Pickard, All Souls College, Oxford

CPD level 2
Room 11B**S25 SHAPING POLICY FOR MENTAL HEALTH I: WHAT INFLUENCE CAN THE SERVICE HAVE?**

Chair: Dr Michael Maier, West London Mental Health NHS Trust, London and Dr Tom Brown, Western Infirmary, Glasgow

This double session will finish at 12.45 and will include a coffee break at 11.00

Dr Anthony Sheehan, University of Central Lancashire, Preston

Dr Denise Coia, Vice President, Royal College Psychiatrists

Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Dr Martin Elphick, College Specialist Advisor on Information Based Funding, Quality and Outcomes

In this session four speakers will attempt to address the issue of whether those of us working in the NHS can actually influence policy and if so ,how? Speakers include clinicians , managers and civil servants. Following presentations from these varying perspectives there will a round table discussion allowing considerable time for the audience to both question the speakers panel and share their own experience of this important topic.

CPD level 1
Room 12**S26 WHERE PATHS MEET: PSYCHIATRISTS IN A MULTI-FAITH SOCIETY**

Chair: Dr Sarah Eagger, Central & North West London NHS Foundation Trust, St Charles Hospital, London

What is the role of religion and spirituality for psychiatrists and mental health service users in 21st century Britain? Does belonging to a faith tradition help Service Users cope with mental health difficulties? What role do faith and spirituality have to play in professional life? And are Service Users and healthcare professionals happy to talk to each other about spirituality and faith, especially when they belong to different traditions? These are some of the issues we aim to explore through this session, through appraising the literature, personal reflection, and audience discussion.

The Faith of the psychiatrist

Professor Christopher Cook, Tees, Esk & Wear Valleys NHS Foundation Trust & Durham University, Durham

The Faith of patients

Dr Simon Dein, University College London, London

CPD level 1
Room 11A

W9 MEDICAL MANAGEMENT FOR PSYCHIATRISTS

Facilitators: Dr Sudhir Kaligotla and Mr David Curtis, Pennine Care NHS Foundation Trust, Ashton under Lyne

Will enable the participants to look at the following issues:

- NHS Structures and Governance.
- Clinical Leadership vs. Management the difference and the challenges.
- Finance for the uninitiated – Basics of a Balance Sheet.

This workshop will look at management across the NHS with particular emphasis on the role of clinicians within mental health. The workshop will also touch upon both corporate and clinical governance. The last component will give a flavour of finance and accounts for the uninitiated.

11.00-11.30

TEA & COFFEE (HALL 2B)

11.30-12.45
CPD level 2
Hall 1A

S27 MENTAL HEALTH ACROSS OFFENDER PATHWAY – CURRENT PERSPECTIVES II

Chair: Dr Simon Plunkett, Lancashire Care NHS Foundation Trust, Preston

Although it is widely recognised that the prevalence of psychiatric morbidity in prison is much higher than in the community, historically mental illness in prisons remains largely undetected and untreated. In 1999, responsibility for prison healthcare in the UK transferred to the NHS to improve the quality of care in line with community services.

The session will report on the latest findings of a series of projects, examining pathways of care throughout the criminal justice system.

Suicide in the Criminal Justice System: a case control study

Ms Naomi Humber, University of Manchester, Manchester

National Confidential Inquiry into Suicide and Homicide by people with mental illness

Dr Nicola Swinson, University of Manchester, Manchester

Suicide in discharged prisoners and across the criminal justice pathway

Professor Jenny Shaw, Prison Health Research Network, The University of Manchester, Manchester & team from the Offender Health Network

CPD level 1
Room 3A

S28 STRANGERS IN A STRANGE LAND: THE MENTAL HEALTH OF TRAFFICKED WOMEN, REFUGEES AND ASYLUM SEEKERS

Chair: Dr Louise Howard, Institute of Psychiatry, King's College London, London

International experts will be discussing the mental health of trafficked women, refugees and asylum seekers. Dr Abas will be discussing mental disorders and mental health care for women victims of human trafficking, drawing on work with the International Organisation for Migration and on her research with women in Moldova in a rehabilitation centre. Helen Atkins and Silva Hove, from the POPPY project (the National service provider for women trafficked into prostitution) will be discussing the mental health of women trafficked into prostitution in the UK and comparing these with women in prostitution who have not been trafficked.

Dr Turner will be focusing on the importance of research evidence concerning the manner in which asylum seekers present, the likelihood that a history of rape will not be easy to disclose in an initial interview, that there may be inconsistencies in recall without this necessarily implying that there is fabrication and that there may be dissociation within the official asylum interview itself.

Mental disorders and mental health care in women victims of human trafficking in Europe

Dr Melanie Abas, Institute of Psychiatry, Kings College London, London

Traumatic Memories and Judicial Assumptions

Dr Stuart Turner, Trauma Clinic, London

The mental health consequences of women trafficked into prostitution in the UK

Ms Helen Atkins, Exiting Prostitution Development Officer and Ms Silva Hove, POPPY Support Team Leader (Acute Services)

CPD level 1
Hall 1B

S29 REVALIDATION: WHAT IT MEANS FOR YOU

Chair: Dr Elizabeth Fellow-Smith, West London Mental Health NHS Trust, Windmill Lodge, Southall

This session will inform members about the developments in revalidation including licensing and re-certification and the College's role in re-certification of specialists. It will examine the likely and possible components of re-certification and will look at data from pilot sites on possible tools.

What will revalidation look like and mean to you?

Dr Laurence Mynors-Wallis, Alderney Community Hospital, Poole & College lead on Revalidation

Revalidation: where we are and how we got here! What now?

Mr Robert Jackson, Head of Professional Standards Department, Royal College of Psychiatrists, London

CPD level 1
Hall 1C

S30 PSYCHEDELIC THERAPY: BRIDGING THE GAP BETWEEN PSYCHOTHERAPY AND PHARMACOLOGY

Chair: Dr Ben Sessa, Orchard Lodge Adolescent Unit, Somerset

Psychedelic drugs have a controversial history in medicine. Fifty years ago they were investigated as agents to bridge the gap between psychotherapy and psychopharmacology. Despite their reported clinical effectiveness they became demonised in the wake of the 1960s drug culture. Now, after a 40-year hiatus there are projects underway to revisit these substances. This symposium explores the contemporary psychedelic research of recent years.

Three speakers will present their evidence-based approach to this field of medicine to ask whether drugs like LSD, MDMA and psilocybin might shed their controversial past and once again become established prescription medicines for the future.

Psychedelic psychopharmacotherapy: something old, something new?

Professor David Healy, Cardiff University, Bangor

The safety and efficacy of 3,4-methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for treatment-resistant posttraumatic stress disorder (PTSD): A Double-Blind Randomized Placebo-Controlled Pilot Study

Dr Michael C. Mithoefer, Medical University of South Carolina, South Carolina, USA

Declaration of interest: Dr Mithoefer has accepted funds for a member of staff, research, sponsorship for attending a meeting and fees for consultancy from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

The use of psilocybin in psychiatry and medicine: an experimental model with advanced-stage cancer patients

Dr Charles S. Grob, Professor of Psychiatry and Pediatrics, UCLA School of Medicine, California, USA

CPD level 2
Room 11B

S31 SHAPING POLICY FOR MENTAL HEALTH II: WHAT INFLUENCE CAN THE SERVICE HAVE?

Chair: Dr Michael Maier, West London Mental Health NHS Trust, London and Dr Tom Brown, Western Infirmary, Glasgow

This double session will run from 9.45 to 12.45 and will include a coffee break at 11.00

Dr Anthony Sheehan, University of Central Lancashire, Preston

Dr Denise Coia, Vice President, Royal College Psychiatrists

Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Dr Martin Elphick, College Specialist Advisor on Information Based Funding, Quality and Outcomes

In this session four speakers will attempt to address the issue of whether those of us working in the NHS can actually influence policy and if so, how? Speakers include clinicians, managers and civil servants. Following presentations from these varying perspectives there will a round table discussion allowing considerable time for the audience to both question the speakers panel and share their own experience of this important topic.

CPD level 2
Room 12**S32 COMPETENCE BASED TRAINING IN EUROPE**

Chair: Dr Anne Lindhardt, University of Copenhagen, Psychiatric Center Bispebjerg, Denmark
 Discussant: George Christodoulou, Hellenic Psychiatric Association, Athens, Greece

Competence based training is in use in a number of European countries. UEMS is working on a report to develop this type of training for psychiatry and to give out recommendations on a European level to stress the importance of the multi facets of the role of psychiatrist as a training tool. Alongside is the development of assessment procedures to reflect the diversity of competences. The session will report from experiences with competence based training and assessment and present the work of UEMS.

Training for psychiatry in Europe, presentation of a European survey

Dr Roelof Ten Doesschate, Stichting Adhesio, Deventer, Netherlands

Competence based training - experiences from Denmark

Dr Anne Lindhardt, University of Copenhagen, Psychiatric Center Bispebjerg, Denmark

CPD level 2
Room 11A**W10 BECOMING A CONSULTANT PSYCHIATRIST – WHAT YOU REALLY NEED TO KNOW**

Chair: Dr Clare Oakley, Chair, Psychiatric Trainees' Committee, RCPsych and Reaside Clinic, Birmingham

Facilitators: Dr Amit Mallik, Gosport War Memorial Hospital, Gosport & President of European Federation of Psychiatric Trainees' & Dr Graham Worwood, Consultant in General Adult Psychiatry, Queens Medical Centre, Nottingham

This session will involve three personal accounts from recently appointed consultants. It will contain information about how to get the consultant job of your choice and how to survive your first year as a consultant.

Learning Objectives:

- Provide information about optimising chances for success in obtaining a consultant post
- Knowledge and understanding of the key practical issues in succeeding as a new consultant.

12.45-13.30

LUNCH AND POSTER VIEWING (HALL 2B)1.30-13.45
Hall 1A**A PSYCHIATRIST IN ELITE SPORT**

Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges' Trainee Doctors Group

From a chance request to help out with an elite athlete, there followed a series of events over a few years that led to my becoming a full time Psychiatrist in Elite Sport. This role entails many dimensions and calls upon a variety of professional skills with an underpinning psychiatric basis. This presentation will offer a flavour of this unique position in working with a variety of teams in the Olympic arena and other elite sports and will suggest a way forward for others who might wish to follow this pathway.

Dr Steve Peters, University of Sheffield, Sheffield & British Cycling and UK Sport

13.45-14.30
Hall 1A**KN7 BAD SCIENCE**

Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges' Trainee Doctors Group

Dr Ben Goldacre, Maudsley Hospital, London

14.30-15.45
CPD level 2
Hall 1A**S33 WEB 2.0 DEVELOPMENTS AND THEIR IMPACT ON PSYCHIATRY**

Chairs: Dr Martin Baggaley, Maudsley Hospital, London & Dr Fionnbar Lenihan, Royal Edinburgh Hospital, Edinburgh

Web 2.0 is the future of internet. It brings people together in a more dynamic and interactive space. Web 2.0 is a trend in the use of World Wide Web technology and web design that aims to facilitate creativity, information sharing, and, most notably, collaboration among users. These concepts have led to the development and evolution of web-based communities and hosted services, such as social-networking sites, wikis, blogs, and podcasts. How do these developments effect psychiatry will be discussed in this interactive session.

Web 2.0 Psychiatry – a model for Psychiatry in the 21st century

Dr Justin Marley, Rotherham General Hospital, South Yorkshire

RCPsych on the web – encouraging interaction

Dr Martin Briscoe, Wonford House Hospital, Exeter

Web 2.0 – Psychiatry blogs and podcasts

Dr Zia Nadeem, St John's Hospital, Livingston, Scotland

CPD level
Room 3A**S34 JUSTICE AFTER RAPE: A FAIR DEAL FOR ALL**

Chair: Dr Fiona Mason, St Andrew's Healthcare, Northampton

The Solicitor General, Vera Baird has been leading attempts to improve justice for rape victims. Dr Fiona Mason will both Chair, and introduce the session addressing the links between the psychological sequelae of rape and the judicial process. Dr Mason will also explore some of the myths believed by many jurors in rape trials.

Professor Vanessa Munro will present research examining complaint credibility in (mock) rape trials: exploring the impact of juror education on post-assault behaviour. Dr Ellison will consider the issue of the use and abuse of psychiatric evidence in rape trials - specifically during cross-examination - and the issue of false accusations and women's "madness".

The presenters will then consider potential ways forward following their work with Vera Baird, and the judiciary, and recent legal precedents.

Psychological reactions to rape: relevance at trial

Dr Fiona Mason, St Andrew's Healthcare, Northampton

Complainant credibility in (mock) rape trials; exploring the impact of juror education on post-assault behaviour

Professor Vanessa Munro, University of Nottingham, Nottingham

The use and abuse of psychiatric evidence in rape trials

Dr Louise Ellison, University of Leeds, Leeds

Legal developments and discussionCPD level
Hall 1B**S35 OPEN FORUM: NEW WAYS OF WORKING, LEARNING THE LESSONS**

Chair: Professor Sue Bailey, Registrar, The Royal College of Psychiatrists, London

Come and discuss New Ways of Working.

CPD level 2
Hall 1C**S36 PREDICTION OF THE EFFICACY AND TOLERABILITY OF PHARMACOLOGICAL INTERVENTIONS: INSIGHTS FROM PHARMACOGENETIC RESEARCH**

Chair: Dr David Baldwin, RSH Hospital, University Department of Mental Health, Southampton

The session will provide an introduction to the insights offered by pharmacogenetic research into three common problems – metabolic disturbances with antipsychotic drugs; effects of different antidepressant drugs on depressive and somatic symptoms and suicidal thoughts; and role of genetic polymorphisms in smoking cessation therapies.

The session has been developed by the Psychopharmacology Special Interest Group (PSIG), and will also see the award of the 2009 Robert W Kerwin prize for Psychopharmacology to Dr Yevtushenko,

for the best paper in a College journal on the subject of clinical psychopharmacology published in a College Journal for the period August 2007-July 2008.

Insights from GENDEP and other pharmacogenetic studies of antidepressant treatment

Dr Kathy J Aitchison, Institute of Psychiatry, King's College London, London

Declaration of interest: Dr Aitchison has accepted funds for research and fees for consultancy from an organisation that might be perceived to gain or lose from the content of her presentation.

Pharmacogenetics of smoking cessation

Dr Marcus Munafo, University of Bristol, Bristol

Declaration of interest: Dr Munafo has accepted funds for research and consultancy from organisation(s) that might be perceived to gain or lose from the content of his presentation.

Influence of 5-HT2C receptor and leptin gene polymorphisms, smoking and drug treatment on metabolic disturbances in patients with schizophrenia

Dr Olga Yevtushenko, Institute of Pharmacology and Toxicology Academy of Medical Sciences, Ukraine

CPD level 1
Room 11B

S37 AN OVERVIEW OF THE DEPRIVATION OF LIBERTY SAFEGUARDS

- Overall position of DoLS in relation to mental health legislation.
- Mental health, mental capacity and eligibility assessments
- Advance decisions; the roles of the Best Interests Assessor and the Independent Mental Capacity Advocate.
- Lasting powers of attorney and the role of the Court of Protection.

An overview Deprivation of Liberty Safeguards

Dr Jonathan Waite, Queens Medical Centre, Nottingham

Declaration of interest: The CETC was sponsored by DH to produce Mental Health Assessor training for DoLS

CPD level 2
Room 12

S38 TECHNOLOGICAL ADVANCES IN PSYCHIATRIC MEDICAL EDUCATION

Chair: Dr Jonathan Bisson, Cardiff University, University Hospital of Wales, Cardiff

This lecture will bring together three speakers that are in the process of developing innovative technological advances in psychiatric medical education. There will be talks covering the use of e-learning in psychiatric medical education, the development of virtual patients and the use of podcasts. It is envisaged that this session will give the attendees some pointers in how to develop these innovations within their local areas. It is particular importance to encourage doctors and medical students to actively engage in the development of these resources this leads to ownership of the resource and increases the likelihood of the resource being accessed.

At the end of this session the attendees will:

- Have an insight into technological innovations in the enhancement of psychiatric medical education
- Have confidence and practical advice on how theses can be developed locally.
- Gain an appreciation of how this technology can be embedded in the conventional curriculum.

Podcasts in the undergraduate psychiatry curriculum

Ms Olia Mohamed Ahmed, Cardiff University, Department of Psychological Medicine, Cardiff

Creating and Embedding Virtual Patients

Mr Marcus Parry, University of Southampton, Division of Medical Education School of Medicine, Southampton

CPD level 2
Room 11A

W11 FAIR DEAL FOR MENTAL HEALTH: HOW TO INFLUENCE THE POLITICAL AGENDA IN YOUR AREA

Facilitators: Dr Ian Hall, Mile End Hospital, Community Learning Disability Service, London & Mr Neil Balmer, Public Affairs Officer, Royal College of Psychiatrists, London

Hosted by the College's Westminster Parliamentary Liaison Committee, this workshop aims to show psychiatrists how to lobby their political representatives with the aim of improving mental health services, and promoting good mental health. Members will learn how to use tools such as the College Fair Deal campaign to address local issues. This will include learning how to present arguments and local stories in a digestible form. Members will learn how to find out who the local representatives are, how to approach them and also get tips on how to work with other local campaigning groups.

15.45-16.15

TEA & COFFEE (HALL 2B)

16.15-17.30

CPD level 1
Room 3A

S39 REBUILDING MENTAL HEALTH SERVICES IN IRAQ

Chair: Dr Riadh Abed, Rotherham District General Hospital, Department of Psychiatry, Rotherham and Dr Nasser Loza, The Behman Hospital, Cairo, Egypt

The objectives of the session are to reflect on the effects of prolonged states of civil violence and social upheaval on psychiatric morbidity and on mental health services and to consider how societies and services begin to recover following such upheavals. Also, to encourage college members/fellows to consider ways they can help in such situations.

The Experience of Running a Large Mental Health Facility Under a Situation of Violence and Civil Strife

Dr Jameel Kadam Muslim, Al-Rashad Teachin Mental Hospital, Baghdad, Iraq

Conversion disorders in a walk-in clinic in Iraq

Dr Nsaif Jasim Mhaimeed Al-Hemiary, College of Medicine, Baghdad, Iraq

Implementation of Cognitive Behavioural Therapy training in Iraq: Needs and challenges

Dr Saleh Dhumad, Consultant Psychiatrist, Park Royal centre for Mental Health, Central and North West London Foundation Trust

Comments

Dr Salih Al-Hasnawi, Iraqi Health Minister and Professor Nasser Loza, Chair of the Middle Eastern Division

CPD level 2
Hall 1B

S40 PSYCHIATRIC UPDATES II

Chair: Dr Matt Allin, Institute of Psychiatry, London

All of the presentations in this session come directly from submitted abstracts. Providing a forum for new research is always an essential feature of the College's annual meeting. In terms of training and continuing professional development it is not only important for psychiatrists to have an understanding of research methodology and critical appraisal but also to be able to translate new and interesting findings into a form that makes sense for their own clinical practice. Research presentations are clinically relevant and reflect the diversity of outstanding academic and clinical work that occurs in the UK and beyond.

Persistence of Antenatal Depression - A Longitudinal study nested in a cluster randomized trials

Dr Abid Malik, Manchester West NHS Foundation Trust and Honorary Teacher at University of Sheffield

Olfactory Reference Syndrome: A Systematic review of the world literature

Dr Millia Begum, Behavioural Psychotherapy Service, NHS Forth Valley

Transient Epileptic Amnesia: Regional Brain Atrophy and Its Relationship to Memory Deficits

Dr Amit Bhaduri, Homerton University Hospital, London

The 'Schizophrenia Postdrome': A study of low-level positive symptoms after remission of first episode schizophrenia

Ms Kate Burley, University of Birmingham, Birmingham

CPD level 2
Hall 1C**S41 BIPOLAR DISORDERS - NEW GUIDELINES, NEW EVIDENCE AND NEW DIRECTIONS: A BRITISH ASSOCIATION OF PSYCHOPHARMACOLOGY SYMPOSIUM**

Chair: Professor Thomas Barnes, Imperial College, Division of Neuroscience and Mental Health, London

This session will follow the format of the highly successful British Association of Psychopharmacology (BAP) organised session in 2008 meeting around depression. The proposed focus for 2009 is bipolar disorder. The session will begin with an overview of some of the key recommendations from the new BAP revised guidelines on bipolar disorder due to be published in 2009. This will be followed by a review of the management of treatment resistant bipolar disorder. The session will conclude by examining new treatment avenues arising from new evidence around the mechanism of action of current mood stabilizers.

The BAP 2009 Bipolar Disorder Guidelines

Professor Guy Goodwin, Warneford Hospital, Neuroscience Building, Oxford

The management of difficult to treat bipolar disorder

Professor Nicol Ferrier, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

New potential treatment avenues in bipolar disorder

Dr Richard McQuade, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

CPD level 2
Room 11B**S42 DUAL DIAGNOSIS: WHAT DID THE MENTAL HEALTH ACT AND NATIONAL SERVICE FRAMEWORK EVER DO FOR US?**

Chair: Dr Ken Checinski, University of London, Division of Mental Health St George's, London

Despite extensive interest in dual diagnosis research, inclusion in the National Service Framework for Mental Health and a plethora of service models, the care of people with substance misuse and other mental disorders remains patchy. The amended Mental Health Act (England & Wales) does little to help and the Code of Practice is strangely silent. Can a revitalised NSF reach the parts legislation clearly fails to do? The session explores missed chances and opportunities to improve the care of the dually diagnosed individual.

National Service Frameworks and dual diagnosis

Dr Mary-Jane Tacchi, Crisis Assessment and Treatment Service, Newcastle upon Tyne

Effective approaches to improve dual diagnosis treatment

Professor Alex Copello, University of Birmingham, Birmingham

Making use and avoiding abuse of the amended Mental Health Act in Dual Diagnosis

Dr Ken Checinski, University of London, Division of Mental Health St George's, London

CPD level 2
Room 12**S43 COMPETENCIES IN PSYCHIATRY: AN IMPOSITION OR A HELP?**

Chair: Professor Rob Howard, Dean, The Royal College of Psychiatrists, London

For the motion: Dr Andy Brittlebank, Tynedale Mental Health Team, Hexham

Against the motion: Professor Nick Craddock, University Of Cardiff, Cardiff

CPD level 1
Room 11A**W12 HOW TO TACKLE THE ISSUES AROUND DOMESTIC VIOLENCE IN EVERY DAY CLINICAL PRACTICE - "THERE IS NO PLACE LIKE HOME ..."**

Facilitators: Dr Jacqueline Short, Central Regional Forensic Mental Health Service, Porirua, New Zealand and Dr Louise Howard, Institute of Psychiatry, King's College London, London

Domestic violence is an issue that can confront clinicians with complex difficulties. The session will be co-ordinated by an expert in the area of women's mental health and domestic violence and a renowned UK forensic psychiatrist. They will provide advice and information on dealing with domestic violence in every day clinical practice, with particular emphasis from Dr Short on cross cultural issues in New Zealand. The presentation will include case scenarios and women's experiences of domestic will be illustrated on video and then discussed with the audience.

17.35-19.30
Hall 1A**ANNUAL GENERAL MEETING & PRESENTATION CEREMONY****110 Child and Adolescent Institute (Hall 1B)**

9.35 – 10.45

Psychosis:

Chair: Dr Richard Corrigan, Guy's Hospital, Snowfields Adolescent Unit, London

Prospective study of peer victimization in childhood and psychotic symptoms in a non-clinical population at 12 years of age

Professor Dieter Wolke, The University of Warwick, Coventry

Differentiation of schizophrenia high-risk from ADHD using clinical, cognitive and electrophysiological measures

Dr Madeleine Groom, University of Nottingham, Queen's Medical Centre, Nottingham

11.15 – 12.30

Psychosis and early intervention

Chair: Professor Dieter Wolke, The University of Warwick, Coventry

Using CBT in adolescents with early onset psychosis

Dr Richard Corrigan, Guy's Hospital, Snowfields Adolescent Unit, London

Using CBT in adolescents with early onset psychosis

Dr Sophie Browning, Institute of Psychiatry, King's College London, London

Developing early-onset psychosis services – a CAMHS perspective

Dr Clare Lamb, North Wales Adolescent Service, Clwyd, Wales

13.20 - 14.20

Israel Kolvin Lecture: A fresh look at the role of childhood adversity in schizophrenia

Chair: Professor Emily Simonoff, Institute of Psychiatry, London

Professor Robin Murray, Institute of Psychiatry, London

14.30 – 15.45

Early Intervention in Psychosis – a Fair Deal for children and adolescents

Facilitators: Dr David Ward, Newcastle Child & Adolescent Mental Health Services, Newcastle upon Tyne & Mr Paul Veitch, Early Intervention in Psychosis, Newcastle upon Tyne

The workshop organiser will briefly discuss the national and international guidelines on the collaboration between Child and Adolescent and Adult Mental Health Services in the delivery of early intervention in psychosis services. The implementation of these guidelines nationally will then be reviewed along with a brief presentation of a service cited in the National Service Framework review as a model of good practice. The workshop will then go on to look at the difficulties and dilemmas of managing psychotic symptomatology in children and adolescents and the challenges to early intervention in psychosis best practice guidelines in this age group. Clinical case discussion will be used to illustrate some of these themes.

111 General & Community Institute (Hall 1A)

09.35 - 10.45

What the generalist needs to know about.....

Chair: Dr Leon Rozewicz, Nelson Hospital, Sheffield

The title of this session is fairly self explanatory. Generalists, by their very nature, can be faced with a broad range of problems in their day to day practice. Some present more complex challenges than others. The intention of this session is for specialists in three complex management areas to describe guidelines and practice relevant to the generalist. Following the symposia the goal is that generalist will feel more equip to manage these problems and know when they should refer to tertiary level specialists.

Gender Dysphoria

Professor Kevan Wylie, Sheffield

I11 General & Community Institute (cont'd)

Eating disorders

Dr John Morgan, Yorkshire Centre for Eating Disorders, Leeds

Obsessive Compulsive Disorder

Professor Naomi Fineberg, Queen Elizabeth II Hospital, Hertfordshire

Declaration of interest: Prof Fineberg has accepted funds for research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of her presentation.

11.15 – 12.30 Primary and secondary care working together – but where and how?

Chair: Dr Roger Banks, Vice President, Royal College of Psychiatrists

The Darzi review of health services in England recommended significant changes in the context in which the public will engage with health care in the future. Greater patient empowerment and choice also require significant changes in the way in which health care is commissioned and delivered. Practice based commissioning is seen as the key to delivering greater flexibility and choice in England. The other jurisdictions of the UK are also pursuing significant changes in commissioning and provision. This session will give an overview of these changes in primary and secondary care across the UK and will discuss potential advantages to be realised and disadvantages to be overcome.

Primary/Secondary care relationships in Scotland, its strengths and weaknesses and how this differs from the rest of the UK

Dr Denise Coia, Vice President, Royal College Psychiatrists

The Bamford Review – Realising the vision for Northern Ireland

Professor Roy McClelland, Chair, Bamford Review, Belfast

RCGP/RCPsych collaborations in relation to mental health in primary care

Dr Carolyn Chew-Graham, Primary Care Research Group, Manchester

13.50 – 14.30 Debate: "This house believes that the medical model needs reasserting in Psychiatry"

Chair: Dr Tony Pelosi, Glasgow

In 2008 a group of psychiatrists published a paper titled "Wake-up Call for British Psychiatry" in the British Journal of Psychiatry (193:6-9). This paper has generated a great deal of discussion both within the pages of the British Journal of Psychiatry but also at various College meetings. One of the central tenants of the argument being made was that there is a creeping devaluation of medicine within British psychiatry and that there should be a reassertion of the medical model. This will be a subject of a debate with two brief presentations for and against the motion.

For the motion

Professor Nick Craddock, Cardiff University, Department of Psychological Medicine, Cardiff;
Professor Femi Oyebode, University of Birmingham, National Centre for Mental Health, Birmingham

Against the motion

Dr Joanna Moncrieff, University College London, Department of Mental Health Sciences, London;
Dr Frank Holloway, South London and Maudsley NHS Foundation Trust, Bethlem Royal Hospital, Kent

14.30 – 15.45 Cognitive and Behavioural Therapies: Specialisations for the generalist

Chair: Professor Jan Scott, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

This session is aimed at the non-CBT specialist. It examines some developments of standard CBT aimed at specific patient groups and the evidence for their effectiveness.

CBT for depression – Lessons from the Star*D Study

Dr Michael Thase, University of Pittsburgh Medical Center, Pittsburgh, USA

Third generation cognitive therapies

Dr Edward Watkins, University of Exeter, School of Psychology, Exeter

I11 General & Community Institute (cont'd)

16.15 – 17.30 Be ahead of the drug reps: What you need to know to understand how new and emerging drugs work

Chair: Dr Hamish McAllister-Williams, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

This session will help equip psychiatrists with background knowledge relevant to understanding potential mechanisms of action of a range of recently introduced and emerging treatment options using in depression, bipolar disorder, substance misuse and schizophrenia.

The glutamate model of schizophrenia

Professor Paul Harrison, Warneford Hospital, University Department of Psychiatry, Oxford

Declaration of interest: Prof Harrison has accepted funds for research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

What are partial agonists and how do they work?

Dr Ann Lingford-Hughes, University of Bristol, Community Based Medicine, Bristol

Circadian Rhythms, sleep and melatonin

Dr Sue Wilson, University of Bristol

I12 Rehabilitation & Social Institute (Room 3A)

9.35 – 10.45 What does a Fair Deal mean for rehabilitation services?

Chair: Dr Helen Killaspy, University College London, London

This session will explore the role of rehabilitation services in the wider mental health system and the importance of the speciality for service users with longer term and complex mental health needs. The session includes an overview of the subject, a service user's perspective on what a "Fair Deal" means to them and how individual service users' needs can be respected and attended to. The third speaker will address the subject from the perspective of setting national care standards and the challenges of delivering rehabilitation services to those with less common conditions such as Asperger's syndrome and organic brain conditions.

Fair Deal for mental health: why specialist rehabilitation services are crucial to its success

Dr Frank Holloway, Chair of the Rehabilitation and Social Faculty & South London and Maudsley NHS Foundation Trust, Bethlem Royal Hospital, Kent

FAIR DEAL: spelling it out for service users

Mr Maurice Arbuthnott, London

Setting National Care Pathway Standards to improve Outcomes

Dr Geraldine Strathdee, Darzi Mental Health programme, Clinical Director, London

11.15 – 12.30 The treatment of Asperger's syndrome

Chair: Dr Paul Wolfson, Erith Centre, Kent

This session will build on the theme explored in the previous Rehab Institute session on diverse needs of rehabilitation service users and explore how services can best meet the needs of people with Asperger's Syndrome.

Asperger syndrome and mental illness

Professor Terry Brugha University of Leicester, Department of Health Sciences, Leicester

Asperger syndrome, autistic spectrum disorder and adult mental health services

Dr Andrew Flynn, Oxleas NHS Trust

I12 Rehabilitation & Social Institute (cont'd)

Asperger syndrome; a service user's perspective

Ms Rita Parkin, Liverpool

14.30 – 15.45 Getting the measure of recovery

Chair: Dr Glenn Roberts, Wonford House Hospital, Exeter

It is no longer satisfactory for services to report activity. There is instead an increasing ambition to demonstrate outcomes and a particular interest in developing meaningful measures that evaluate recovery outcomes. Tools and measures that report on recovery outcomes are valued as a way of reporting on services but also as a stimulus for service and practice development and a support for individuals in their personal experience of recovery. This session will present leading and pioneering approaches to the assessment of recovery outcomes being used across a wide range of services in England and Scotland.

The Mental Health Recovery STAR

Judy Weleminsky, Chief Executive, Mental Health Providers Forum, London

How recovery focused practice is being assessed in Scotland

Mr William Ellis, Scottish Recovery Indicator Project Lead, Scottish Recovery Network, Glasgow

Embedding recovery outcome evaluation in routine practice across a mental health and social care community

Alison Moores, Lead on recovery standards and outcomes Devon Community Care Trust (South Devon) Ltd, Newton Abbot

16.15 – 17.30 Assessing the quality of rehabilitation services

Chair: Dr Patricia Abbott, Ashworth Hospital, Maghull

This session will include an update on the development of a quality assessment process for mental health rehabilitation services in the UK. The latest results of the international DEMoBinc (Development of a European Measure of Best Practice for People with Longer Term Mental Health Problems in Institutional Care) study will be presented. A third speaker will describe the use of local quality assessment tools for rehabilitation services in Lancashire.

Developing a rehabilitation quality network

Dr Steffan Davies, Lincolnshire Partnership NHS Trust, Lincolnshire

Development of a European measure of best practice for people with longer term mental health problems in institutional care (DEMOBinc)

Dr Helen Killaspy, University College London, Department of Mental Health Sciences, London

Quality assessment of rehabilitation services in Lancashire and managing the market

Mr Tony Ryan, Tony Ryan Associates, Whitefield, Manchester

I13 Perinatal Institute (Room 3B)

9.35 – 10.45 Interface between perinatal and adult mental health services

Chair: Dr Roch Cantwell, Perinatal Mental Health service, Glasgow

What adult mental health services should do for women with severe mental illnesses in pregnancy and postnatally: lessons from inquiries

Dr Margaret Oates, Nottingham

Why do we need to be so concerned about the care of pregnant WOMEN And mothers of young infants?

I13 Perinatal Institute (cont'd)

11.15 – 12.30 Panel Discussion:

Interface between Perinatal and Psychological Services

Chair: Dr Liz McDonald, East London and the City Mental Health Trust and Dr Lucinda Green, St Thomas' Hospital, London

Working with mothers with severe mental illness and their infants

Dr Amanda Jones, North East London Mental Health Trust

Psychological priorities for women with PTSD in the Perinatal Period

Dr Patricia d'Ardenne, East London and the City Mental Health Trust

14.30 – 15.45 Workshop: Providing preconceptional advice to women with severe mental illness: what and how

Facilitators: Dr Ian Jones, University of Cardiff and Dr Alain Gregoire, Southampton Perinatal Mental Health Service

16.15 – 17.30 Workshop: Preventing relapse of psychosis and depression after childbirth: evidence and practice

Facilitators: Dr Liz McDonald, East London and the City Mental Health Trust and Dr Lucinda Green, St Thomas' Hospital, London

I14 Neuropsychiatry Institute (Hall 1C)

09.35 – 10.45 Mild Cognitive Impairment – What do clinicians need to know?

Chair: Dr Alex Mitchell, Leicester General Hospital, Department of Liaison Psychiatry, Leicester

This session will describe the concept, clinical value and outcome of MCI as applied to NHS clinicians. However, it will feature the latest evidence based research.

Is the concept of MCI clinically relevant?

Dr Fiona Matthews, Cambridge University, Institute of Public Health, Cambridge

Do we know who is at risk and who will decline?

Professor Frans Verhey, Maastricht University Medical Center / Alzheimer Centre Limburg, Maastricht, the Netherlands

Rates of progression of MCI & related disorders A meta-analysis

Dr Alex Mitchell, Leicester General Hospital, Department of Liaison Psychiatry, Leicester

11.15 – 12.30 How useful are advanced neuroimaging techniques in Neuropsychiatry?

Chair: Professor Shoumitro Deb, University of Birmingham, The National Centre for Mental Health, Birmingham

There has been a major advancement in MR technology in the recent years. Many of these techniques including Diffusion Tensor Imaging (DTI), M R Spectroscopy (MRS), Arterial Spin Labelling (ASL), MR perfusion, EEG-fMRI hold promise for use in clinical practice although currently they are used primarily for research purpose. This session will summarise the scope for potential use for some of these techniques in various neuropsychiatric conditions. The session will also highlight the ways these techniques may help us understand the brain behaviour relationship in the context of brain dysfunction.

Multimodal neuroimaging in traumatic brain injury

Professor Andrew Blamire, Newcastle University, Newcastle Magnetic Resonance Centre, Newcastle upon Tyne

114 Neuropsychiatry Institute (cont'd)

DTI tractography in neuropsychiatry: back to the future?

Dr Marco Catani, Institute of Psychiatry, Department of Psychological Medicine, London

Multimodal neuroimaging in epilepsy

Dr Andrew Bagshaw, University of Birmingham, School of Psychology, Birmingham

14.30 – 15.45 **Epilepsy & Neuropsychiatric aspects: what can a psychiatrist do?**
Chair: Professor Mike Trimble, Institute of Neurology, London

Epilepsy is a common neurological condition with neuropsychiatric co-morbidities. This session will describe common affective and psychotic co-morbidities and their management and discuss use of antiepileptic medications in psychiatric settings.

Affective disorders in epilepsy

Dr Niruj Agrawal, St George's Hospital, London

Using anti-epileptic drugs in psychiatric settings

Dr Jonathan Bird, Frenchay Hospital, Burden Centre for Neuropsychiatry, Bristol

Declaration of interest: Dr Bird has accepted funds for a member of staff, research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisatio(s) that might be perceived to gain or lose from the content of his presentation.

16.15 – 17.30 **Traumatic brain injury**
Chair: Dr Niruj Agrawal, St George's Hospital, London

Traumatic Brain injury is a common cause of presentation to A&E departments. With advances in acute management, increasing number of people survive even with severe injuries though with neurocognitive and neuropsychiatric consequences. This session will highlight various post traumatic brain injury neuropsychiatric problems. The assessment and management of these problems will be described.

Post Concussion Syndrome

Dr Simon Fleminger, Maudsley Hospital, London

Neuropsychiatric assessment of traumatic brain injury

Prof Shoumitro Deb, University of Birmingham, The National Centre for Mental Health, Birmingham

Treating neuropsychiatric disorders in TBI

Dr Alan Carson, Royal Edinburgh Hospital, Edinburgh

115 Addictions Institute (Room 4)

09.35 – 10.45 **Forensic and Addictions Joint Presentations**

Chair: Dr Andrew Johns, Bethlem Royal Hospital, Kent and Dr Janet Parrott, Bracton Centre, Dartford

The link between substance misuse, mental illness and crime is well established. This session aims to bring together forensic and addiction psychiatrists to report on a working group that is looking at fostering links between the two specialities

Learning Objectives: To understand the current research in co-morbidity of addiction and forensic psychiatry. To understand the application of research to clinical practice by means of clinical case vignettes with discussion

"The MDO pilot" - a new community forensic addictions service

Dr Lynne Daly, Greater Manchester West Mental Health NHS Foundation Trust, Manchester

Risk and Substance Misusing offenders

Dr Christine Brown, Abertawe Bro Morgannwg University NHS Tust, Swansea

115 Addictions Institute (cont'd)

Addiction treatment needs in remand prisoners

Professor Pamela Taylor, Cardiff University, Department of Psychological Medicine, Cardiff

Followed by a Panel Discussion.

11.15 – 12.30 **New understandings and pharmacological treatments in alcohol disorders**
Chair: Professor Colin Drummond, Institute of Psychiatry, London

This session aims to look at what is currently known about the neurobiology of alcohol dependence and to describe the treatment implications derived from this understanding. The session will describe current best practice in management of alcohol withdrawal to reduce the harm caused by alcohol dependence.

Pharmacological treatments for alcohol dependence: novel approaches derived from preclinical studies

Professor Hilary J. Little, St George's University of London, London Channels & Cell Signalling Centre, London

The neurobiology and management of alcohol detoxification

Dr Anne Lingford-Hughes, Imperial College & Central and North West London NHS Foundation Trust, London

14.30 – 15.45 **Injecting treatments for Opioid misuse**
Chair: Dr Sally Porter, Community Substance Misuse Team (OAKS), Croydon

Clinical trials of Injectable substitution treatment for Opioid dependence are taking place in the UK and abroad. This session looks at the efficacy of such treatment and what is known about the risks and benefits of such treatments.

Injectable Opioid treatment in the UK

Professor John Strang, Institute of Psychiatry, London

Injectable Opioid treatment in North America

Professor Martin T. Schechter, University of British Columbia, Department of Health Care and Epidemiology, Vancouver, Canada

16.15 – 17.30 **Carers and users in addiction services: squaring the circle?**
Chair: Dr David Ball, Institute of Psychiatry, London

This session aims to explore the relationship between patients, their carers and the substance misuse treatment services. The benefits of carer involvement, and the potential conflicts between the needs of patients and the needs of their carers, will be examined.

The session will take the form of an interactive debate with speakers including two psychiatrists, a service user and a carer.

This house believes that in the treatment of addictions, the needs of users and those of carers are mutually incompatible?

Dr Ken Checinski, St George's University of London, London

Dr Vanessa Crawford, Homerton University Hospital, London

I16 Eating Disorders Institute (Room 11B)

Eating Disorders Unbound: Improving Care in a Multi-Cultural Society

Eating disorders affect women, men and children from all walks of life and cultural backgrounds. This session aims to 1) enhance knowledge and understanding of the epidemiology, aetiology and cultural diversity of eating disorder phenomenology and 2) develop knowledge and skills with which to improve access to care and outcome of treatment for people with eating disorders from diverse cultural backgrounds.

Dr Anne Becker will open the session with a keynote presentation addressing global perspectives on epidemiology, phenomenology, diagnosis and aetiology of eating disorders. Further presentations will consider the needs of young people and mothers from ethnic minority groups, the impact of gender and sexuality on service use and outcome, barriers in pathways of care for the culturally diverse population of the UK, and how services might better adapt to improve access and treatment for all. The session will close with an interactive discussion session for speakers and delegate

9.35-10.45 Chair: Professor Ulrike Schmidt, Institute of Psychiatry, London

A global perspective on eating disorders

Keynote speaker: Dr Anne Becker, Massachusetts General Hospital, Boston, USA

11.15-12.30 Chair: Professor Glenn Waller, Vincent Square Clinic, London

Gender & sexuality

Dr John Morgan, Yorkshire Centre for Eating Disorders, Leeds

Children & families: cultural isolation & dissonance

Dr Mima Simic, The Maudsley Hospital, Michael Rutter Centre for Children & Young People, London

14.30-15.45 Chair: Dr John Morgan, Yorkshire Centre for Eating Disorders, Leeds

Pathways to care: Is there institutional racism in ED services?

Professor Ulrike Schmidt, Institute of Psychiatry, London

Making the evidence base apply to everyone: How therapies need to be adapted to accommodate cultural diversity

Professor Glenn Waller, Vincent Square Clinic, London

16.15 -17.30 Panel debate

Chair: Professor Bob Palmer, Leicester Eating Disorders Service, Leicester

Dr Anne Becker, Dr John Morgan, Dr Mima Simic, Professor Ulrike Schmidt, Professor Glenn Waller & Ms Susan Ringwood, Chief Executive, Beat, the National Eating Disorders charity, Norwich

9.00 – 9.30
Hall 1A

KN8 RESEARCH FOR A CASE: TOWARDS BETTER FORENSIC MENTAL HEALTH SERVICES

Chair: Dr John Baird, Glasgow

Professor Pamela Taylor, Cardiff University, Cardiff

9.35-10.45
CPD Level 2
Room 12

S44 UPDATE OF THE NEWLY ESTABLISHED CARE QUALITY COMMISSION (CQC) IN ENGLAND

Chair: Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Overview

Anthony Deery, Head of Mental Health Operations, CQC

CTOs so far

Dr Tony Zigmund, College Lead on Mental Health Law

10.45 – 11.15

TEA & COFFEE (HALL 2B)

11.15-12.30
Room 12

SESSION: WHY SHOULD PSYCHIATRISTS WORK IN THE FAMILY COURTS?

Chair: Mr Justice Ryder, High Court Judge and Family Division Liaison Judge for the Northern Circuit

Why should psychiatrists work in the Family Courts?

Her Honour Judge De Haas QC, Circuit Judge and Designated Family Judge for Liverpool

The Bearing Good Witness Pilot

Ms Sonja Mahoney, QED, Legal Services Commission

Surely you must be mad to want to work in the Family Courts?

Dr Shazad Amin, Consultant Psychiatrist

To increase awareness of the workings of the Family Courts, and how expert evidence from Psychiatrists can assist them in making long-term decisions for the welfare of children, in the light of the Chief Medical Officer's report, Bearing Good Witness.

12.30-13.20

LUNCH AND POSTER VIEWING (HALL 2B)

13.05-13.15
Hall 1A

FILM SCREENING

"Communication Breakdown" – Short talk by Dr Andrew Holwell

13.20-13.50
Hall 1A

KN9 EARLY INTERVENTION IN MOOD DISORDERS

Chair: Chair: Dr Matt Allin, Institute of Psychiatry, London

Professor Jan Scott, University of Newcastle, School of Neurology Neurobiology & Psychiatry, Newcastle upon Tyne

14.30-15.45
CPD level 2
Room 12

S45 THE AMERICAN PERSPECTIVE

Chair: Professor Dinesh Bhugra, President, The Royal College of Psychiatrists, London

Speaker: Dr Alan Schatzberg, Professor and Chairman, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, USA

15.45-16.15

TEA & COFFEE (HALL 2B)

16.45-17.30
CPD level 1
Room 12

S46 REFUGEES IN THE MIDDLE EAST

Chair: Dr Nasser Loza, The Behman Hospital, Cairo, Egypt

Presentations will reveal the current situation of Mental Health provisions for asylum seekers in Egypt, including those from Iraq, sub-Saharan African, and others. It will also highlight the short-comings and difficulties as well as possible suggested solutions. The main objectives of the session are:

- Information a current status of Psychiatric services for non-nationals in Egypt.
- Clarify the needs of such populations
- Invite contributions to improve services

Iraqi Refugees in Egypt – Psychosocial Challenges

Dr Hind Roushdii, The Behman Hospital, Cairo, Egypt

Psychiatric services for Sudanese refugees in Egypt

Dr Ashraf Azer

Mental Health Services for displaced people

Dr Sabah Sadik, Rochester Health Centre, Kent