Tuesday 2nd June

I1 Forensic Institute (Room 3A)

9.45 - 11.00  Impact of violence on the mental health of society
Chair: Professor Tom Fahy, Institute of Psychiatry, London

Brief overview
Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

Government strategies to reduce violence and impact of violence on public mental health
Mr Damian Basher, Department of Health
Dr Denise Coia, Principal Medical Officer (Mental Health), Scottish Government

Round table discussion lead by Dr Janet Parrott, Chair of the Forensic Faculty

11.30 - 12.45  Neurobiology of antisocial personality disorder
Chair: Dr Roland Zahn, The University of Manchester, Neuroscience & Aphasia Research Unit, Manchester

Antisocial personality disorder and psychopathy are overlapping concepts of personality disorder but the underlying common and distinct neurobiological processes have until recently been poorly understood. Early environmental adversity and familial factors have long been implicated in the pathogenesis of antisocial traits. Modern imaging and genetic studies are now revealing how the brain translates gene-environment interactions to produce behavioural disorder. Bill Deakin will present evidence about neurobiological mechanisms in adults with an antisocial personality disorder. Anita Thapar will concentrate on gene environment interactions in the development of antisocial traits. Essi Viding will describe the genetics and neurobiology of the development of psychopathy. The session will be chaired and introduced by Roland Zahn who has a new perspective on the neurobiology of moral emotions.

Antisocial behaviour in young people: what is known about the contribution of genes
Professor Anita Thapar, Cardiff University, School of Medicine, Cardiff

Genetic and neural correlates of child callous-unemotional conduct problems
Dr Essi Viding, UCL, Division of Psychology and Language Sciences, London

Brain structure, function and 5-HT in antisocial personality disorder; findings from a MRC programme grant
Professor Bill Deakin, The University of Manchester, Neuroscience and Psychiatry Unit, Manchester

14.30 - 15.45  Post Clozapine treatment strategies
Chair: Dr Ed Silva, Ashworth Hospital, Bronte House, Merseyside

The presentations reflect the practical difficulties faced by jobbing psychiatrists when faced by severe and intractable psychosis. All the presenters have first hand experience in the treatment of patients with highly resistant schizophrenia accompanied by violence, severe side effects, progression through levels of secure care and ultimately lengthy seclusion. The first speaker describes the best available evidence for treatments other than clozapine with the remainder of the session focusing on the practical steps that can be taken to help those with benign ethnic or clozapine induced neutropenias including examples of the various strategies that can be used with G-CSF.

Overview of the evidence base for post clozapine drug treatment
Dr Mark Swinton, Edenfield Centre, Manchester

Clozapine rechallenge after neutropenia, BEN (benign ethnic neutropenia), and the use of G-CSF
Dr Melanie Higgins, Ashworth Hospital, Bronte House, Merseyside

Case presentation: a case of Chronic Treatment Resistance
Dr Elizabeth Jones, Edenfield Centre, Manchester

I1 Forensic Institute (cont’d)

16.15 - 17.30  Seclusion in the 21st Century - an outdated treatment modality?
Chair: Dr Ben Johnson, Ashworth Hospital, Liverpool

Seclusion within psychiatric services remains a controversial approach to managing violence and aggression. Often the intervention of choice here in the UK, this is not always so within cultures that profess to share common ethical principles and values. The presentations will explore seclusion practice in key areas, including:
- Relationship with human rights
- Disparity between cultures
- Principles of effective reduction programmes
- Risk management planning to aid termination of seclusion.

Sessions will offer guidance on strategies that have proved effective in reducing seclusion and encourage debate on a complex intervention that continues to attract significant clinical, legal and academic attention.

Cultural variations in the management of violence and aggression
Mr Des Johnson, Ashworth Hospital, Liverpool

Principles and practice of an effective seclusion reduction programme
Dr Inti Qurashi, Ashworth Hospital, Liverpool

Risk management planning to aid seclusion termination
Dr Caroline Logan, Ashworth Hospital, Liverpool

I2 Old Age Institute (Hall 1B)

9.45 - 11.00  Specialist service priorities for older people
Chair: Dr Anand Ramakrishnan, Nottinghamshire Healthcare NHS Trust, Nottingham

Management of Affective disorders in older people remains a difficult issue and there have not been many changes in the last few years. This is possibly due to lack of any new developments or due to shift in the service priorities in caring for people with dementias. This session will focus on the recent advances in management of Affective and Anxiety disorders and also on the Specialist services: new role of day hospitals based on the current evidence.

Is Old Age depressing?
Professor P. Murat Doraiswamy, Duke University Medical Center, Departments of Psychiatry and Medicine, North Carolina, USA

Declaration of interest: Prof Doraiswamy has accepted funds for a member of staff and research sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organization(s) that might be perceived to gain or lose from the content of his presentation.

Day hospitals for older people: Death or glory? A quality assurance issue
Professor Ken Wilson, St Catherine’s Hospital, EMI Academic Unit, Birkenhead

11.30 - 12.45  Vulnerable adults
Chair: Dr Jonathan Waite, Queens Medical Centre, Nottingham

Care and support for the Vulnerable older adults is an important function for those involved in providing services to them. This session will provide an update on identifying abuse, neglect and point out bad practices. It will also highlight recent changes in safeguarding and monitoring vulnerable adults. It would give an opportunity to examine the impact of the Safeguarding Vulnerable Adults Bill, implications of the Deprivation of Liberty Safeguards (DoL) and the Mental Capacity Act 2005.

Safeguarding vulnerable adults - current perspective
Professor Paul Kingston, Staffordshire University, Faculty of Health, Staffordshire
**I2 Old Age Institute (cont’d)**

**Can we empathise with the abuser?**
Dr Jonathan Waite, Queens Medical Centre, Nottingham

Declaration of interest: Dr Waite has been employed by the Court of Protection.

**A Fair Deal for older people**

In the last five years more than 130,000 people over 65 have died as a result of the cold. 18% of people aged 65 to 74 and 6% of people aged 75 and over are physically active at a level which is recom-mended to maintain a good health. 33% of the overall population are active to the recommended level in 2006, 63% of people aged 65 to 74 reported having a longstanding illness and 38% said long-standing illness limited their ability to carry out daily activities. Around 25% of people over 65 years living in the community have symptoms of depression that need intervention. There have been many reports from Government and Voluntary agencies like Age Concern, Alzheimer’s Society etc. about the inequalities in the service provision for older people especially people with mental health issues like dementia. This session will focus on those issues and how best it could be addressed to enable better service delivery.

---

**Dementia care - a lottery?**
Mr Neil Hunt, Alzheimer’s Society, London

**The need to address age discrimination in mental health**
Dr David Anderson, Mosley Hill Hospital, Liverpool

**Older people - a concordat between health and social care?**
Mr Peter Ashley, User representative

16.15 - 17.30

**Dementia in ethnic minorities**
Chair: Dr Nitin Purandare, University of Manchester, School of Community Based Medicine, Manchester

The proportion of ethnic minority illness in the UK is expected to rise. Older people from ethnic minorities often do not seek help for memory problems and dementia remains undiagnosed and untreated. This session will explore current knowledge about varying presentations and understandings of dementia in south Asian and Afro-Caribbean ethnic communities. The session will also show this culture-specific knowledge could be used to improve access to services.

---

**Dementia in ethnic minority elders: a review**
Professor Ajit Shah, International School for Communities, Rights and Inclusion, University of Central Lancashire

**Dementia in Afro-Caribbean elders: lessons from Islington**
Professor Gill Livingston, Centre for Ageing and Mental Health Science, London

**Twice a Child I-III: Improving access to services for South Asian and African Caribbean elders in Wolverhampton**
Professor David Jolley, University of Manchester, Manchester

**I3 Academic Institute (Hall 1C)**

9.45 – 11.00

**Hallucinations, delusions and ADHD**
Chair: Professor Nicholas Craddock, Cardiff University, School of Medicine, Cardiff

This session will explore latest advances in our understanding of biological and psychological mechanisms involved in the causation of hallucinations and delusions. The session will also investigate the relationship between genes, brain and behaviour to explain some of the symptoms of attention deficit and hyperactivity disorder.

---

**Understanding the neural basis of psychotic symptoms**
Dr Sukhi S Shergill, Institute of Psychiatry, London

---

**I3 Academic Institute (cont’d)**

The psychology of delusional reasoning
Professor Philippa Garety, Institute of Psychiatry, London

Understanding ADHD: investigating links between genetic influences, brain function and behaviour
Professor Philip Asherson, King’s College London, London

Declaration of interest: Dr Asherson receives funding from NIHR for clinical research on adults with ADHD and neurodevelopmental disorders in children. He has received support from the Wellcome, MRC and EU/NHS for studies of ADHD. His research is further supported by funds from Shire, Janssen-Cilag, BI-Lilly and Flynn Pharma for advisory board and consultancy work.

11.30 – 12.45

**Depression**
Chair: Dr Nitin Purandare, University of Manchester, Manchester

This session will explore certain aspects of aetiology of depression across the life span. The session will start with the role of endocrine processes in aetiology of childhood depression, followed by insights from treating depression in working age adults with medications. The session will end by exploring shared and unique pathways that lead to depression in older people and those with dementia.

---

**Psychoendocrine processes and childhood depression**
Professor Ian Goodyer, University of Cambridge, Cambridge

**Aetiology of depression: lessons from psychopharmacology**
Professor Ian Anderson, University of Manchester, Manchester

Declaration of interest: Professor Anderson has accepted funds for a member of staff, research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisation(s) that might be perceived to gain or lose from the content of his presentation.

**Aetiology of depression in older people and dementia**
Professor John O’Brien, Newcastle University, Newcastle upon Tyne

14.30 – 15.45

**Aggression**
Chair: Professor Peter Woodruff, University of Sheffield, School of Medicine, Sheffield

The overall aim of this session is to improve our understanding of factors that may predict aggression in different clinical populations. It will specifically explore mechanisms that lead to aggression in patients with substance misuse and those with psychosis.

---

**Mental comorbidity of violence in free and captive populations**
Professor Jeremy Coid, Queen Mary University of London, London

**Neuroscientific basis of impulsivity in substance misuse**
Dr Anne Lingford-Hughes, Imperial College & Central and North West London NHS Foundation Trust, London

**Violence and psychosis**
Professor Pamela Taylor, Cardiff University, Cardiff

16.15 – 17.30

**Suicide**
Chair: Professor Ilana Crome, University of Keele, Staffordshire

This session will explore factors that predict suicide across age spectrum and specifically that predict suicide in those with substance misuse and those held captive in prisons.

---

**Effect of age on factors predicting suicide**
Professor Na K Kapur, University of Manchester, Manchester

**Suicide and substance misuse**
Professor Ilana Crome, University of Keele, Staffordshire

**Suicide in Prison**
Professor Jenny Shaw, Ashworth Hospital, Centre for Suicide Prevention, Liverpool
9.45 – 11.00  
Forensic psychotherapy: murderousness and frightened clinicians  
Chair: Dr David Reiss, West London Mental Health NHS Trust, Middlesex

The presentations will be based on two recent publications edited by the speakers, Psycho-Assaults and Frightened: Clinical Counter-transference in Forensic Settings (Gordon and Kitchuk) and Murder: A Psychotherapeutic Investigation (Doctor). The focus is how forensic patients empty their minds and personalities of inhibitory emotional content through patterns of relating to staff and — in the case of assaults and murder — to victims. The objectives of the session are to enable participants to develop a mental safety belt to withstand the impacts of their patients and to conceptualise their experiences with patients in order, both individually and as members of a team, to better formulate treatment interventions.

The role of a psychotherapy department in the forensic setting  
Dr Gabriel Kitchuk, West London Mental Health NHS Trust, Middlesex

How much smoke does a smoking gun need? Risk assessment in the community  
Chair: Dr Ronald Doctor, West London Mental Health NHS Trust, Middlesex

Forensic anxiety: countertransference  
Mr John Gordon, Consultant Adult Psychotherapist, West London Mental Health NHS Trust, Middlesex

11.30 – 12.45  
Making links to applied psychoanalytic psychotherapy in a medical setting  
Chair: Dr Ronald Doctor, West London Mental Health NHS Trust, Middlesex

In this workshop, the two speakers present applied psychoanalytically informed work from medical settings specifically a gynaecology and a multidisciplinary chronic pain team. They will focus on setting and the context, the nature of referrals and what is being requested — explicitly and implicitly — by the refers. Specific features of the work particular to this setting rather than a more typical psychotherapy setting will be discussed, using case examples as illustrations.

Psychotherapy and making links — How to do psychotherapy in a medical setting  
Chair: Dr Ronald Doctor, West London Mental Health NHS Trust, Middlesex

Making links — Working in a chronic pain setting  
Ms Shirley Borghetti-Hiscock, Pain Clinic, Royal Free Hospital, London

Declaration of interest: Dr Stern has accepted funds for a member of staff, sponsorship for attending a meeting, and a fee for speaking at a symposium from organization(s) that might be perceived to gain or lose from the content of his presentation.

14.30 – 15.45  
Open access community support groups for people with personality disorder — utilising service users' own resources  
Chair: Dr Steve Miller, West London & St George’s Mental Health NHS Trust, London

Three service users will describe the model for offering open access support groups for people with personality disorder. They will share their experiences, answer questions and participate in debate. The session will enhance awareness of the assets that people with Personality Disorder have for support and share information on specific and useful techniques for supporting this patient group.

A model for offering support to people with personality disorder — personal experiences  
Mr Peter Watts, Member of the Sutton SUN Project group, London

Keeping everyone safe — the inside perspective  
Ms Barbara West, Member of the Windwards SUN Project group, London

Some thoughts on what is helpful and why  
Ms Annie Owen, Member of the Kingston SUN Project group, London

16.15 – 17.30  
Transpersonal psychotherapy  
Chair: Dr James Johnson, Leeds

The theme of extending frontiers is applied to psychotherapy and its relationship to spirituality in clinical practice. The first speaker looks at the practicalities of investigating spiritual experience during psychotherapy as patients and therapists face questions such as ‘Why must I suffer?’ and ‘What is it all for?’. The second critically evaluates gains and snags of borrowing techniques from Eastern traditions for use in Western psychotherapeutic interventions. The session should help attendees gain confidence when helping patients to realise their innate capacities in the face of difficulty and in advising them about the safe use of meditation with psychotherapy.

Exploring spiritual reality in psychotherapy  
Dr Andrew Powell, Oxford

Promises and pitfalls in borrowing psychotherapeutic techniques from other traditions  
Dr Chris Mace, St Michael’s Hospital, Warwick

11.30 – 12.45  
A Fair Deal in North America? Stigma in Canada, services in the Bronx, cross-border resident training in Canada, Mexico and USA  
Chair: Dr Nigel Bark, Bronx Psychiatric Center, New York, USA

Roumen Milev will describe a research project on stigma and discrimination in which 220 patients with mood disorders in Canada completed an Inventory of Stigmatizing Experiences. Stigma and Discrimination were high, similar in Depression and Bipolar Disorder with greater psychosocial impact in Bipolar Disorder.

Nigel Bark will describe how City, State and Private psychiatric services with Federal Support provide for one of the poorest and most multicultural counties in the US. Richard Swinson will describe IMPACT/IMPACTO a project that brings together psychiatric residents from Mexico, United States and Canada to spend a month in each country studying mental health policy.

Stigma and discrimination in patients with mood disorders in Canada  
Dr Roumen Milev, Queen’s University, Mood Disorders Research and Treatment Service, Kingston, Canada

Psychiatric services in the Bronx: one of the poorest and most multicultural counties in the United States  
Dr Nigel Bark, Bronx Psychiatric Center, New York, USA

Declaration of interest: Dr Bark has been employed by a provider of services in the Bronx.

The IMPACT/IMPACTO Project: Building leadership in public mental health in Canada, Mexico and the USA  
Professor Richard P Swinson, McMaster University, Anxiety Treatment and Research Centre, Hamilton, Canada

11.30 – 12.45  
A Fair Deal for the changes in the South Asian psychiatry  
Chair: Professor S. Haroon Ahmed, Chair of South Asia Division, RCPsych & Psychosocial Centre, Karachi, Pakistan

The objectives of the session will be to study the applicability of development of culturally relevant, financially feasible and easily accessible facilities. This will in turn help to develop training programmes for the supportive staff which are scantily available in South Asian countries.

• Understanding the limitation of unmodiﬁed application of western model of psychiatric services in a developing country.
• Be able to propose changes in the current curriculum of training for mental health professional in South Asian countries.

Session contents will include sharing of experiences among the South Asian countries for promotion of mental health in the background of available resources and uniqueness of individual South Asian countries. This will incorporate the challenges in development of appropriate services and applicable local solutions to deal with those challenges.

11.30 – 12.45  
A Fair Deal for the changes in the South Asian psychiatry  
Chair: Professor S. Haroon Ahmed, Chair of South Asia Division, RCPsych & Psychosocial Centre, Karachi, Pakistan

Some thoughts on what is helpful and why  
Ms Anne Owen, Member of the Kingston SUN Project group, London

A model for offering support to people with personality disorder — personal experiences  
Mr Peter Watts, Member of the Sutton SUN Project group, London

Keeping everyone safe — the inside perspective  
Ms Barbara West, Member of the Windwards SUN Project group, London

Some thoughts on what is helpful and why  
Ms Anne Owen, Member of the Kingston SUN Project group, London

Transpersonal psychotherapy  
Chair: Dr James Johnson, Leeds

The theme of extending frontiers is applied to psychotherapy and its relationship to spirituality in clinical practice. The first speaker looks at the practicalities of investigating spiritual experience during psychotherapy as patients and therapists face questions such as ‘Why must I suffer?’ and ‘What is it all for?’ The second critically evaluates gains and snags of borrowing techniques from Eastern traditions for use in Western psychotherapeutic interventions. The session should help attendees gain confidence when helping patients to realise their innate capacities in the face of difficulty and in advising them about the safe use of meditation with psychotherapy.

Exploring spiritual reality in psychotherapy  
Dr Andrew Powell, Oxford

Promises and pitfalls in borrowing psychotherapeutic techniques from other traditions  
Dr Chris Mace, St Michael’s Hospital, Warwick
**I5 (BIA) International Mental Health Institute (cont’d)***

**A Fair Deal for the changes in the South Asian Psychiatry: Indian Perspective**
Professor Parmanand Kulhara, Postgraduate Institute of Medical Education and Research, Chandigarh, India

Declaration of interest: Prof Kulhara has accepted funds for research from an organisation that might be perceived to gain or lose from the content of his presentation.

Working together for better mental health in South Asia
Dr Aziz Javed, The Medical Centre, Nuneaton

Dilemmas of a psychiatrist in a developing country
Professor Sa’ad Bashir Malik, The Park Lane Clinic, Lahore, Pakistan

12.45 - 12.55
Followed by film screening from Al Rashad Hospital, Baghdad

14.30 - 14.45
Towards a fair deal in the Western Pacific: Identifying the principal needs
Chair: Professor A. S. Henderson, Canberra, Australia

In the context of a Fair Deal for Mental Health, to discuss practices in the multicultural delivery of psychiatric services across the Western Pacific Region so that participants can learn from experiences in different countries and hopefully adapt them for better services in their own countries.

Learning Objectives:
• Identifying principal areas of need for a Fair Deal in the Region
• Understanding different cultures
• Use of Language, learning key words
• Practicing greetings, understanding cultural sensitivities

A New Zealand case note study of compulsory community treatment orders
Dr Richard Mullen, Dunedin School of Medicine, New Zealand

**A Fair Deal: Perceptions, Expectations and Reality**
Dr Vanessa Wong, Hong Kong

**Practising the Culture of Multicultural Psychiatry in Brunei and Malaysia**
Dr M P Deva, Suri Seri Begaman Hospital, Brunei

16.15 - 17.30
The African initiative: Addressing shortages of psychiatrists
Chair: Professor Tuvah Zabow, University of Cape Town, Cape Town, South Africa

Despite the paucity of professionals which has been repeatedly highlighted, all the people in Africa have the right to access mental health care. This is an urgent need. Many debates have addressed the shortage of psychiatrists and alternate initiatives to develop appropriate strategies to address the lack that has been developed. The various different approaches have been underway which include the provision of skills to primary care health workers. The involvement of the community has resulted in the opportunity to manage less severe mental health illnesses. The awareness of policy makers and educationalists will be introduced in the presentations to illustrate some of the initiatives in the region. Discussion will be held as to active services in other regions in relation to different skills available.

Where there is shortage of psychiatrists: African initiative
Professor David Ndetei, University of Nairobi, Faculty of Medicine, Nairobi, Kenya

Providing other health personnel with mental health skills
Dr Femi Olugbile, Lagos State University Teaching Hospital, Ikeja, Nigeria

Increasing access to mental health services in Kenya - a national primary care training programme
Professor Rachael enkinyi, Director of Board of International Affairs, Royal College of Psychiatrists, London

**I6 Liaison Institute (Room 4)**

9.45 - 11.00
The presentation and management of fabricated disorders in adults and children
Chair: Dr Trevor Friedman, Leicester General Hospital, Brandon Unit, Leicester

This session will compare and contrast the presentation of factitious disorder in acute health care settings. The main modes of factitious disorder presents in acute hospital settings will be described and major management strategies outlined. Key research in this area will also be presented. The session will focus on adults with factitious disorder and fabricated illness induced in children.

**Fabricated disorder in adults**
Dr Christopher Bass, John Radcliffe Hospital, Oxford

**Fabricated and Induced Illness (FI) by parents in children**: an update
Dr Mary Emerson, Royal Bolton Hospital, Child and Family Services, Bolton

11.30 - 12.45
Psychological co-morbidity in long term conditions
Chair: Dr Ian Rogerson, Cheshire and Warrington Partnership NHS Foundation Trust

This session will focus on 3 exemplar chronic diseases: coronary heart disease, diabetes and stroke. For each condition the prevalence and impact of psychiatric disorder on long term outcome of function will be reviewed. Treatment and interventions for depression in each of the exemplar conditions will be critically appraised. There will be a general discussion about the cross-fertilisation of knowledge from different chronic diseases to improve overall patient outcome.

**Coronary heart disease**
Professor Francis Creed, Manchester Royal Infirmary, Manchester

Declaration of interest: Prof Creed has accepted a fee for speaking at a symposium from organisation(s) that might be perceived to gain or lose from the content of his presentation.

**Diabetes and psychiatry**
Dr Khaled Ismail, Guy’s, King’s & St. Thomas’ School of Medicine, London

14.30 - 15.45
Mental health in primary care: medically unexplained symptoms
Chair: Professor Elie Guthrie, Manchester Mental Health & Social Care Trust, Manchester

This session will describe up-to-date research and clinical management of patients with medically unexplained symptoms in primary care. The first talk will focus on interactions between GPs and patients with medically unexplained symptoms and how these can lead to empowering patients to manage their symptoms better or to disempowering patients who are left feeling misunderstood. The second talk will focus on the reattribution model and will describe the model and update research on its implementation in primary care. The final talk will describe the management of medically unexplained symptoms from the GP’s perspective both in terms of what can be achieved in primary care and what help is required from mental health services.

**We’re just b*********** them**: GPs’ values in explaining unexplained symptoms
Professor Peter Salmon, University of Liverpool, Liverpool

**Reconsidering ‘Reattribution’: reflections on a primary care intervention for Medically Unexplained Symptoms**
Professor Linda Gask, Resole Health Centre, Manchester

**Management of medically unexplained symptoms from the GP perspective**
Dr Carolyn Chew-Graham, Primary Care Research Group, Manchester

16.15 - 17.30
Liaison psychiatry: Dragon’s Den
Chair: Dr Christopher Bass, John Radcliffe Hospital, Oxford

Three proposals for the development of a new liaison service will be presented to a panel of dragons. Each presenter will have 10 minutes to present with a further 10 minutes of scrutiny by the dragons.

**Presenters**
Dr Jim Bolton, Dr Mel Temple and Dr Stella Monts

**Dragons**
Dr Peter Tigwell, Leeds General Infirmary, Leeds; Dr Peter Atkinson, Director of R&D, Devon Partnership NHS Trust, Exeter and Mr Iain Tulley, Wonford House Hospital, Exeter
The workshop will provide an overview to developing a Human Rights based approach in the care of people with complex support needs. The introduction will describe three measures we have developed – a Human Rights statement, a risk assessment tool, and a person’s care plan. There will then be time to see how the tools can work in practice through group work and discussion.

The session aims to increase people’s understanding of Human Rights, how using a Human Rights approach helps in risk assessment and management, and how service users can be involved in the whole process.
There are few specialist mental health services for people with severe to profound hearing loss so general mental health services do have to see them. About 1 in 1,000 are deaf from birth but 1 in 7 people have a significant hearing loss. Having a significant hearing loss changes how people view the world and how they behave: it is important to take this into account when conducting psychiatric interviews, for example, interviewers need to be aware of the nodding head syndrome. It can be difficult to know how to work with interpreters and still achieve a rapport and knowing how to conduct a mental state examination can be challenging for example how to ask a person deaf from birth if they hear voices? There are many pitfalls where communication and understanding can breakdown and mistakes can be made, for example, it is normal for a deaf person to feel they are being looked at.

Very popular at previous meetings, we are pleased to once again offer this workshop to give attendees the opportunity to rest their minds! With all the pressures in life it’s important to stop and pause. Meditation is a practice that enables us to find that ‘still point in a turning world’. It is both an ancient art and a modern-day skill. There are many meditation techniques from various philosophies and disciplines, but the essence of them all is to quieten the mind. During this session we will promote the benefits of a calm and discerning mind, both in clinical practice and everyday life. We will demonstrate several simple meditation techniques and give participants the opportunity to ask questions.
**TC1 Neurology Training Course (cont’d)**

**Organic personality disorder**
Dr Kieran O’Driscoll, Hope Hospital, Centre for Neurosciences, Manchester

**Assessing capacity: Is it really all about insight?**
Dr Janet Grace, Walkergate Park Centre, Walkergate Hospital, Newcastle upon Tyne

16.15 – 17.30  **Conversion disorder master class: from tendon hammer to therapy couch**
Chair: Dr Alan Canon, Royal Edinburgh Hospital, Edinburgh

Dr Stone and Dr Carson will take the final session of the course giving a management guide to conversion disorders from history taking through neurological and mental state examination to therapeutic interventions.

Dr Alan Canon, Royal Edinburgh Hospital, Edinburgh
Dr Jon Stone, Western General Hospital, Department of Clinical Neurosciences, Edinburgh

**Conversion disorder master class: from tendon hammer to therapy couch**
Chair: Dr Alan Canon, Royal Edinburgh Hospital, Edinburgh

Dr Stone and Dr Carson will take the final session of the course giving a management guide to conversion disorders from history taking through neurological and mental state examination to therapeutic interventions.

Dr Alan Canon, Royal Edinburgh Hospital, Edinburgh
Dr Jon Stone, Western General Hospital, Department of Clinical Neurosciences, Edinburgh

**18 Trainees’ Institute (Room 12)**

**9.45 - 11.00**  **Lessons in leadership: a European perspective**
Chair: Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

This session will involve three trainee leaders of European psychiatry. They will discuss what they have achieved and the skills and lessons they have learnt about leadership.

**Learning objectives:**
- Understanding of international training systems
- Leadership and management skills for trainees

**Leadership in international waters**
Dr Victor Buwalda, Netherlands, Founding Member of World Association for Young Psychiatrists & Trainees

**Trainees’ as drivers for change in Europe**
Dr Amit Malik, Gosport War Memorial Hospital, Gosport & President of European Federation of Psychiatric Trainees

**Developing a national training scheme**
Dr Kajsa Norström, Sweden & Past-President of European Federation of Psychiatric Trainees

11.30 – 12.45  **Debate: “This house believes that the sub-consultant grade threatens to degrade psychiatry as a profession”**
Chair: Professor Peter Tyrer, Professor of Community Psychiatry, Imperial College, London

This session will debate whether the creation of a sub consultant grade will be beneficial to psychiatry.

**Learning objectives:**
- Understanding of key psychiatric workforce issues

**Wednesday 3rd June**

**I8 Trainees’ Institute (Room 12)**

**Speaking for the motion:**
Professor Nick Creedick, Cardiff University, Cardiff and Chair, Academic Faculty, Royal College of Psychiatrists
Dr Lisa Gardiner, SpR Trainee in Forensic Psychotherapy, Oxford Clinic Medium Secure Unit, Oxford

**Speaking against the motion:**
Dr Sally Pidd, Consultant in Psychiatry, Associate Dean for Workforce, Royal College of Psychiatrists
Dr Paul Henderson, ST5 Trainee in General Adult Psychiatry, Borders Community Health Services, Galashiels

14.30 – 15.45  **Challenges to the future of training in psychiatry: Question and Answer panel**
Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges’ Trainee Doctors Group

This panel will include prominent figures in postgraduate education in psychiatry and the profession in general. The audience will have the opportunity to ask questions of the experts about various training in psychiatry.

**Learning Objectives:**
- Understanding of the current issues in postgraduate psychiatric training
- Gain knowledge of the potential future changes in training within the UK

**How do you measure a good doctor?**
Professor Femi Oyebode, Past Chief Examiner, Royal College of Psychiatrists & University of Birmingham, National Centre for Mental Health, Birmingham

**Portfolios for trainees’**
Dr Andy Brittlebank, Associate Dean for Postgraduate Training, Royal College of Psychiatrists, London & Newcastle General Hospital, Newcastle upon Tyne

**Revalidation and portfolios for consultants**
Dr Laurence Mynors-Wallis, Associate Dean for Revalidation, Royal College of Psychiatrists & Alderney Community Hospital, Poole

16.15 – 17.30  **Portfolios in psychiatry**
Chair: Dr Clare Oakley, Chair, Psychiatric Trainees’ Committee, RCPsych and Reaside Clinic, Birmingham

This session will focus on the increasing use of portfolios in professional practice. The use of portfolios by trainees’ will be discussed and how this portfolio should evolve to be used as evidence for revalidation for consultants.

**Learning Objectives:**
- Understanding of the increasing importance of portfolios in psychiatry
- Practical information about compiling a portfolio
- Gain knowledge of example portfolios

**How do you measure a good doctor?**
Professor Femi Oyebode, Past Chief Examiner, Royal College of Psychiatrists & University of Birmingham, National Centre for Mental Health, Birmingham

**Portfolios for trainees’**
Dr Andy Brittlebank, Associate Dean for Postgraduate Training, Royal College of Psychiatrists, London & Newcastle General Hospital, Newcastle upon Tyne

**Revalidation and portfolios for consultants**
Dr Laurence Mynors-Wallis, Associate Dean for Revalidation, Royal College of Psychiatrists & Alderney Community Hospital, Poole

28

29
**Wednesday 3rd June**

**9.00 – 9.40**

**KN4 THE STIFF UPPER LIP, SYMPTOM MINIMIZATION AND POST DEPLOYMENT SYNDROME: WHAT ARE THE MENTAL HEALTH COSTS OF MILITARY DEPLOYMENT**

Chair: Dr Jonathan Bisson, Cardiff University, University Hospital of Wales, Cardiff

Professor Sandy McFarlane, The University of Adelaide, Centre for Military and Veterans Health, Australia

**S1 SCHIZOPHRENIA**

Professor Shijl Kapur, Institute of Psychiatry, King’s College London, Section of Schizophrenia Imaging and Therapeutics, London

**9.45-11.00**

**Professor Shitij Kapur, Institute of Psychiatry, King’s College London, Section of Schizophrenia Imaging and Therapeutics, London**

**S5 MODELS OF PSYCHOSOCIAL CARE FOR MAJOR TRAUMATIC EVENTS**

Chair: Professor Richard Williams, College Lead Officer for Disaster Management

**The NATO model of psychosocial care for major traumatic events**

Dr Penny Bevan, Director of Emergency Preparedness, Department of Health, London

The workshop will discuss peer-reviewing for novices and also for non-novices. The approach will focus on reviewing different types of paper (i.e., editorials, original research, systematic and narrative reviews and book reviews). Candidates will be invited to select the type of paper they wish to review and will be allocated accordingly. In addition, applicants will be asked if they are novice reviewers and if so will be allocated for part of the session (about 30 minutes) to a group facilitated by the trainee editor.

**Declaration of interest:** Professor Tyrer is the Royal College of Psychiatrists’ Editor. The College might gain in status from this workshop.

**11.00-11.30**

**S2 THERAPIES THAT CLAIM TO CHANGE SEXUAL ORIENTATION – HISTORICAL AND CURRENT PERSPECTIVES**

Chair: Professor Michael King, University College Hospital, Royal Free Hospital, Department of Mental Health Sciences, London

**Dr Jonathan Bisson**, Cardiff University, University Hospital of Wales, Cardiff

**Mr John Bowis**, MEP for London

Paris 1789: The future of NHS Psychiatry in England?

Professor George Ikkos, Hon. Treasurer, Royal College of Psychiatrists, London

**Mr Jeremy Marks**, COURAGE, Guildford

Psychotherapists’ attempts to change sexual orientation – a UK perspective

Dr Annie Bartlett, University of London, Division of Mental Health, London

The future of psychiatry in Europe

Mr John Bowis, MEP for London

Bringing together recent guidance to create an international framework for psychosocial and mental health care for people affected by disasters, major incidents, terrorism and pandemics

Professor Richard Williams, St Cadoc’s Hospital, Gwent

The status of sexual conversion therapies in the US

Jack Drescher M.D., New York, New York City, USA

Religious tradition and attempts to change sexual orientation

Mr Jeremy Marks, COURAGE, Guildford

Psychotherapists’ attempts to change sexual orientation – a UK perspective

Dr Annie Bartlett, University of London, Division of Mental Health, London

**S3 STATE OF PSYCHIATRY IN THE 21ST CENTURY**

Chair: Professor Dinesh Bhugra, President, The Royal College of Psychiatrists, London

**This session will compare service delivery and mental healthcare policy across different European countries**

The future of psychiatry in Europe

Mr John Bowis, MEP for London

Paris 1789: The future of NHS Psychiatry in England?

Professor George Ikkos, Hon. Treasurer, Royal College of Psychiatrists, London

**S4 CAUSES OF MENTAL ILLNESS IN BME GROUPS**

Chair: Dr Rikkar Armin, Central & North West London Foundation Trust, London

International expertise in trans-cultural Psychiatry talk about the cause of mental illness in BME groups

Dr Selten talks about the long-term experience of social defeat defined as a subordinate position or outsider status, leading to sensitization of the mesolimbic dopamine system and increase the risk for psychosis. This hypothesis may explain the increased risk for immigrants from developing countries, for people who grow up in urban environments (with higher levels of competition). Dr Craig presents the findings from the AESOP (Aetiology and Ethnicity in Schizophrenia and Other Psychoses) study, a multicentre epidemiological study of first episode psychosis in the UK, which suggest early childhood separation from parents and adult social disadvantage, isolation and discrimination may be important risk factors or risk indicators for psychosis and that adverse social experience throughout the life course play an important role in the aetiology of psychosis. Professor McKenzie describes his research findings of aetiology of mental illness in Canadian and African Caribbean’s in Canada.

**S6 PSYCHIATRIC UPDATES I**

Chair: Dr Angela Hassiotis, University College London, Department of Mental Health Sciences, London

All of the presentations in this session come directly from submitted abstracts. Providing a forum for new research is always an essential feature of the College’s annual meeting. In terms of training and continuing professional development, it is not only important for psychiatrists to have an understanding of research methodology and critical appraisal but also to be able to translate new and interesting findings into a form that makes sense for their own clinical practice.

Research presentations are clinically relevant and reflect the diversity of outstanding academic and clinical work that occurs in the UK and beyond.

**Social Experience and Psychosis: Insights from studies of migrant and ethnic minority groups**

Dr Craig Morgan, Institute of Psychiatry, Health Service and Population Research, London

**The social defeat hypothesis**

Dr Jean-Paul Selten, University Medical Centre, Utrecht, The Netherlands

**Biology of Mental Illness in Canada - African and Caribbean (EMIC - AC)**

Professor Kwame McKenzie, Centre for Addiction and Mental Health, Social Equity and Health Research, Ontario, Canada

**55 MODELS OF PSYCHOSOCIAL CARE FOR MAJOR TRAUMATIC EVENTS**

Chair: Professor Richard Williams, College Lead Officer for Disaster Management

This session will start with a description of the work performed by NATO to develop a model of care pertinent to governments and regional/national planners of psychosocial care for major traumatic events. This will be followed by a description of the work of the European Network for Traumatic Stress to develop a model of care aimed primarily at the local planners and providers of services. The third presentation will be on the Department of Health’s guidance for psychosocial responses to major incidents in the UK. The presentations will be followed by a discussion of the implications of these.

**The NATO model of psychosocial care for major traumatic events**

Dr Penny Bevan, Director of Emergency Preparedness, Department of Health, London

**The European Network for Traumatic Stress guidelines for psychosocial care following disasters**

Dr Jonathan Bisson, Cardiff University, University Hospital of Wales, Cardiff

**The status of sexual conversion therapies in the US**

Jack Drescher M.D., New York, New York City, USA

Religious tradition and attempts to change sexual orientation

Mr Jeremy Marks, COURAGE, Guildford

Psychotherapists’ attempts to change sexual orientation – a UK perspective

Dr Annie Bartlett, University of London, Division of Mental Health, London

**S5 MODELS OF PSYCHOSOCIAL CARE FOR MAJOR TRAUMATIC EVENTS**

Chair: Professor Richard Williams, College Lead Officer for Disaster Management

**W5 PEER REVIEWING FOR JOURNALS: AN UNTAUGHT SKILL**

Facilitators: Professor Peter Tyrer, Imperial College, London, Dr Ros Ramsay, Book review editor, British Journal of Psychiatry, Dr Neel Halden, Trainee Editor Psychiatric Bulletin, Professor Patrick Casey, University College Dublin

The workshop will discuss peer-reviewing for novices and also for non-novices. The approach will focus on reviewing different types of paper (i.e., editorials, original research, systematic and narrative reviews and book reviews). Candidates will be invited to select the type of paper they wish to review and will be allocated accordingly. In addition, applicants will be asked if they are novice reviewers and if so they will be allocated for part of the session (about 30 minutes) to a group facilitated by the trainee editor.

**Declaration of interest**: Professor Tyrer is the Royal College of Psychiatrists’ Editor. The College might gain in status from this workshop.

**11.00-11.30**

**TEA & COFFEE (HALL 2B)**
The Psychiatrists’ Support Service Helping Psychiatrists in difficulty
Ms Kathryn Bartlett, Psychiatrists’ Support Service Manager, The Royal College of Psychiatrists

The Use of Leverage Tools to Improve Mental health care Adherence (ULTIMA)
Dr Andrew Molodynski, Department of Social Psychiatry, Oxford

The effect of an educational video on the accuracy of proxy decisions: the case of electroconvulsive therapy
Dr Selchon Pieroni, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

An integrated self-harm service within the day hospital: how has it affected assessments?
Dr Adam Pohnay, Queen Margaret Hospital, Dunfermline

Effectiveness of Antipsychotic Treatment in First Episode Psychosis
Dr Aidan Turszting, Department of Psychiatry, Queen’s University, Belfast

The Psychiatrists’ Support Service Helping Psychiatrists in difficulty
Ms Kathryn Bartlett, Psychiatrists’ Support Service Manager, The Royal College of Psychiatrists

The Use of Leverage Tools to Improve Mental health care Adherence (ULTIMA)
Dr Andrew Molodynski, Department of Social Psychiatry, Oxford

The effect of an educational video on the accuracy of proxy decisions: the case of electroconvulsive therapy
Dr Selchon Pieroni, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

An integrated self-harm service within the day hospital: how has it affected assessments?
Dr Adam Pohnay, Queen Margaret Hospital, Dunfermline

Effectiveness of Antipsychotic Treatment in First Episode Psychosis
Dr Aidan Turszting, Department of Psychiatry, Queen’s University, Belfast

The Psychiatrists’ Support Service Helping Psychiatrists in difficulty
Ms Kathryn Bartlett, Psychiatrists’ Support Service Manager, The Royal College of Psychiatrists

The Use of Leverage Tools to Improve Mental health care Adherence (ULTIMA)
Dr Andrew Molodynski, Department of Social Psychiatry, Oxford

The effect of an educational video on the accuracy of proxy decisions: the case of electroconvulsive therapy
Dr Selchon Pieroni, Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust

An integrated self-harm service within the day hospital: how has it affected assessments?
Dr Adam Pohnay, Queen Margaret Hospital, Dunfermline

Effectiveness of Antipsychotic Treatment in First Episode Psychosis
Dr Aidan Turszting, Department of Psychiatry, Queen’s University, Belfast
CPD LEVEL 1
Room 11B
S12 LITERATURE AND PSYCHIATRY
Chair: Professor Femi Oyebode, University of Birmingham, National Centre for Mental Health, Birmingham
This session will explore the benefit of literature for psychiatry. The objectives are:
1. The place of biographical accounts in furthering our understanding of psychiatric disorders and of their impact on the family
2. The place of biography in understanding fictional work; the case of Dostoyevsky

"Is everyone mad?" The presentation of mental disturbance in the work of Dostoyevsky
Dr Allan Beveridge, Queen Margaret Hospital, Dunfermline

Mad orbit: Elfriede Jelinek's Piano Teacher
Dr Rachel Ulphergrove, The Early Intervention Service (West), Birmingham

Relative Strangers: Schizophrenia in the family
Ms Celia Robertson, author of "Who Was Sophie? - The lives of my grandmother"

Ms Janey Antoniou, Service Users' Recovery Forum (SURF) Royal College of Psychiatrists

CPD LEVEL 1  
Hall 1A
S13 ENHANCING CHOICE IN MENTAL HEALTH: VARIETY, DIALOGUE, PARTICIPATION, FUNDING MECHANISMS
Chair: Dr Helen Miller, Director of Conferences, Royal College of Psychiatrists
Choice can be exercised by patients, carers, professionals, service purchasers. This session aims to look at patient choice in relation to mental health services in primary care and secondary care. The aim is to move from choice as consumerism to choice as dignity, participation, partnership and social inclusion. Different countries in the UK are setting different priorities. How do funding mechanisms support or undermine real choice? How can psychiatrists influence the range of choices available to patients?

Choice: What do service users want from psychiatrists and mental health services?
Ms Janey Antoniou, Service Users' Recovery Forum (SURF) Royal College of Psychiatrists

Real choice: variety, dialogue and participation
Professor George Ikkos, Hon. Treasurer, Royal College of Psychiatrists

Funding mechanisms, choice and participation
Dr Mark Davies, Director, ResConsortium Ltd

Respondent: Dr Mark Tam, Secretary, Psychiatric Trainees' Committee

CPD LEVEL 1  
Hall 1C
S14 WHAT CAN WE LEARN FROM CROSS CULTURAL RESEARCH?
Chair: Professor Hamid Ghodse, St Georges Hospital Medical School, Department of Addictive Behaviour, London

The learning objectives of this session are to describe examples of cross cultural research; to outline experiences of cross cultural research; to provide outcome data on epidemiological and treatment research where appropriate; to understand qualitative approaches to cross cultural research and the problems and pitfalls; and to appreciate the use and methodological problems of quantitative methods in cross cultural research.

Professor Dinesh Bhugra, President, Royal College of Psychiatrists, London
Professor Martin Prince, Institute of Psychiatry, London
Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London

CPD LEVEL 1  
Hall 1B
S15 VETERANS MENTAL HEALTH
Chair: Dr Walter Busuttil, Combat Stress, Ex Services Mental Welfare Society, Surrey
Updates on veterans' and servicemen's mental health with an emphasis on access into care during and after military service. Issues and research findings surrounding stigma, help seeking behaviours, clinical presentations, mental health policy and the risk of the institution, madhouse keepers and the treatment of patients who were practising doctors.

The management of insanity in the voluntary lunatic hospitals of Georgian England
Dr Leonard Smith, University of Birmingham, Centre for the History of Medicine, Birmingham

Accessing defence psychiatric services: clinical pathways to the NHS and other agencies on leaving the military
Group Captain Frank McManus, Department of Community Mental Health, Telford

Help seeking, stigma and barriers to care amongst UK service personnel
Dr Amy Iversen, Weston Education Centre, London

Clinical services for veterans: the interface between the NHS and Combat Stress
Dr Walter Busuttil, Combat Stress, Ex Services Mental Welfare Society, Surrey

Declaration of Interest: Dr Busuttil is the medical director to national charity Combat Stress

Declaration of interest: Dr Busuttil is the medical director to national charity Combat Stress

CPD LEVEL 2
Room 4
S16 COGNITION AND MENTAL ILLNESS IN DEPRESSION, SCHIZOPHRENIA AND ALCOHOL
Chair: Professor Alistair Burns, University of Manchester, School of Community Based Medicine, Manchester

Cognitive impairment is common in major mental illnesses such as depression and schizophrenia. Considerable proportion of patients with dementia show clinical relevant depressive and psychotic symptoms. This session will explore this intriguing relationship between cognitive impairment, depression and psychosis.

Cognitive Impairment in Depression
Dr Richard Drake, University of Manchester, School of Community Based Medicine, Manchester

Cognitive Impairment in Schizophrenia
Professor Nicol Ferrier, University of Newcastle upon Tyne

Alcohol related dementia
Professor E.J. Byrne, University of Manchester, School of Community Based Medicine, Manchester

CPD LEVEL 2  
Room 11B
S17 HISTORY OF PSYCHIATRY IN THE 19TH CENTURY & 20TH CENTURY
Chair: Dr Laetitia Lovett, Keele Medical School & North Staffordshire Combined Healthcare Trust, Staffordshire

This session will explore the attitudes of those treating the insane in the 19th and late 18th centuries as well as approaches towards their care or cure. The audience will learn about theories of causation, the dichotomy between Medical and moral therapy, private and public asylums, mental health policy and the risk of the institution, madhouse keepers and the treatment of patients who were practicing doctors.

The management of insanity in the voluntary lunatic hospitals of Georgian England
Dr Leonard Smith, University of Birmingham, Centre for the History of Medicine, Birmingham
Thursday 4th June

**I9 Film Institute (Room 4)**

9.45-11.00  The horror, the horror  
Chair: Dr Ross Overshott, Royal Oldham Hospital, Oldham  
The session will contain presentations exploring the long relationship psychiatry has had with the horror genre.

Madness in the Dracula film  
Dr Fiona Subotsky, London  

A brief history of horror films  
Dr Kostas Agath, Westminster Treatment Centre, London  

Lessons for psychiatry from the horror genre  
Dr Peter Byrne, Newham University Hospital, London  

11.30-12.30  Death and near death on film  
Chair: Dr Jonathan Bisson, Monmouth House, Cardiff  

Suicide in Bollywood  
Dr Imran Ali, Hope Hospital, Salford  

Deathwatch  
Dr Ross Overshott, Royal Oldham Hospital, Oldham  

Good grief: what psychiatry can learn from grief on film  
Dr Peter Byrne, Newham University Hospital, London  

12.45  Showing of the BBC Horizon programme  

14.30-15.45  Documentaries and psychiatry  
Chair: Dr Mark Salter, Homerton Hospital, London  

Working with documentary filmmakers: service user perspective  
Ms Janey Antoniou, service user consultant  

Problems and Pitfalls of being in a documentary  
Dr Peter Byrne, Newham University Hospital, London  

But it’s almost true: a brief history of mental illness documentary films  
Dr Peter Byrne, Newham University Hospital, London  

Working with documentary filmmakers: a psychiatrist’s perspective  
Dr Mark Salter, Homerton Hospital, London  

16.15-17.30  Q&A on the BBC Horizon programme "How mad are you?"  
The programme achieved 1.8 million viewers per episode transmitted at 9 p.m. on BBC2. Large numbers downloaded the programmes on iPlayer from October until late December 2008. Three speakers will describe the origins of its reality TV format, making the programme and the critical reaction to its broadcast.

Yasmine Miller, participant  
Rob Udall, producer  
Peter Byrne, programme consultant
### S21 MENTAL HEALTH ACROSS OFFENDER PATHWAY – CURRENT PERSPECTIVES

**Room 3A**

**Chair:** Dr Simon Plunkett, Lancashire Care NHS Foundation Trust, Preston

Although it is widely recognized that the prevalence of psychiatric morbidity in prison is much higher than in the community, historical mental illness in prisons remains largely undetected and untreated. In 1999, responsibility for prison health care in the UK transferred to the NHS to improve the quality of care in line with community services. The session will report on the latest findings of a series of projects examining pathways of care throughout the criminal justice system.

**The National evaluation of prison mental health in-reach services**

Dr Jane Senior, Northwest Forensic Academic Network & Mersey Care NHS Trust, Liverpool

**The effects of the prison environment on mental health**

Ms Lamiece Hassan, Northwest Forensic Academic Network & Mersey Care NHS Trust, Liverpool

**A pilot study of “Critical Time Intervention” adapted for mentally disordered remand prisoners**

Professor Jenny Shaw, Northwest Forensic Academic Network & The University of Manchester, Manchester

### S22 PSYCHIATRY MORBIDITY: LESSONS FROM THE SECOND BRITISH NATIONAL SURVEY

**Room 3B**

**Chair:** Dr Angela Hassiotis, University College London, Department of Mental Health Sciences, London

The second British National Survey of Psychiatric Morbidity set out to estimate the prevalence of psychiatric morbidity, to examine use of services, and to identify the extent to which social disadvantage and other factors are associated with mental disorders. Information was obtained by structured survey interviews. This has provided a rich source of data to guide the future planning of mental health services, and this session focuses on the challenging areas of those with psychosis, women and mental health, and people with borderline intellectual functioning.

**Gender, suicidality and sexual abuse**

Professor Paul Bebbington, University College London, Department of Mental Health Sciences, London

**Alcohol in moderation, premorbid intelligence and Cognition In Older Adults: results from the Psychiatric Morbidity Survey**

Dr Claudia Cooper, University College London, Department of Mental Health Sciences, London

**Psychiatric morbidity and social functioning among adults with borderline intellectual functioning living in private households**

Dr Ian Hall, Mile End Hospital, Community Learning Disability Service, London

### S23 INTERNATIONAL CLASSIFICATION OF DISEASES ICD-11 & DSM-V

**Room 3B**

**Chair:** Professor Sir David Goldberg, Institute of Psychiatry, London

This session aims to create a broad discussion of both the International Classification of Diseases Eleventh Revision (ICD-11) & the Diagnostic and Statistical Manual of Mental Disorders ninth edition (DSM-V) as the new classification systems will affect our clinical lives for a number of years, users should have an opportunity to feed into it. A final revised version of ICD-11 is intended to be submitted to the World Health Assembly for approval by 2014 & a release of the final, approved DSM-V by the APA is expected in May 2012.

**Creating ICD-11 and DSM-V: progress and challenges**

Professor Norman Sartorius, President, Association for the Improvement of Mental Health Programmes

### S24 PSYCHIATRY AS COGNITIVE NEUROSCIENCE: PHILOSOPHICAL PERSPECTIVES

**Room 1C**

**Chair:** Matthew Broome, University of Warwick, Warwick Medical School, Coventry

The unifying philosophical theme is how psychopathology is studied scientifically within psychiatry and psychology through the paradigms of cognitive neuroscience and cognitive neuropsychiatry. Topics addressed include the nature of psychiatry as a science; the compatibility of the accounts of mental illness derived from neuroscience, information-processing, and folk psychology; the nature of mental illness; the status of delusions and the (dis)continuity between delusions and ordinary beliefs; the interplay between clinical and empirical findings in psychopathology and accounts of virtue and responsibility in moral psychology and ethics.

**In defence of the Continuity Thesis: delusions as irrational beliefs**

Dr Lisa Bortolotti, University of Birmingham, Department of Philosophy, Birmingham

**A secret history of ICD and the hidden future of DSM**

Professor KWM Fulford, University of Warwick, Warwick Medical School, Coventry

**Mental illness is indeed a myth**

Dr Simon Dein, University College London, London

**Creating ICD-11 and DSM-V: progress and challenges**

Professor Norman Sartorius, President, Association for the Improvement of Mental Health Programmes

### S25 SHAPING POLICY FOR MENTAL HEALTH I: WHAT INFLUENCE CAN THE SERVICE HAVE?

**Room 12**

**Chair:** Dr Michael Maier, West London Mental Health NHS Trust, London and Dr Tom Brown, Western Infirmary, Glasgow

This double session will finish at 12.45 and will include a coffee break at 11.00

**Dr Anthony Sheehan, University of Central Lancashire, Preston**

**Dr Denise Coia, Vice President, Royal College Psychiatrists**

**Professor Sue Bailey, Registrar, Royal College of Psychiatrists, London**

**Dr Martin Elphick, College Specialist Advisor on Information Based Funding, Quality and Outcomes**

In this session four speakers will attempt to address the issue of whether those working in the NHS can actually influence policy and if so, how? Speakers include clinicians, managers and civil servants. Following presentations from theses varying perspectives there will a round table discussion allowing considerable time for the audience to both question the speakers panel and share their own experience of this important topic.

### S26 WHERE PATHS MEET: PSYCHIATRISTS IN A MULTI-FAITH SOCIETY

**Room 12**

**Chair:** Dr Sarah Eagger, Central & North West London NHS Foundation Trust, St Charles Hospital, London

What is the role of religion and spirituality for psychiatrists and mental health service users in 21st century Britain? Does belonging to a faith tradition help Service Users cope with mental health difficulties? What role do faith and spirituality have to play in professional life? Are Service Users and healthcare professionals happy to talk to each other about spirituality and faith, especially when they belong to different traditions? These are some of the issues we aim to explore through this session, through presenting the literature, personal reflection, and audience discussion.

**The Faith of the psychiatrist**

Professor Christopher Cook, Tees, Esk & Wear Valleys NHS Foundation Trust & Durham University, Durham

**The Faith of patients**

Dr Simon Dein, University College London, London
79 MEDICAL MANAGEMENT FOR PSYCHIATRISTS
Facilitators: Dr Sudhir Kaligotla and Mr David Curtis, Pennine Care NHS Foundation Trust, Ashton under Lyne

This workshop will look at management across the NHS with particular emphasis on the role of clinicians within mental health. The workshop will also touch upon both corporate and clinical governance. The last component will give a flavour of finance and accounts for the uninitiated.

Chair: Dr Elizabeth Fellow-Smith, West London Mental Health NHS Trust, Windmill Lodge, Southall

This session will inform members about the developments in revalidation including licensing and re-certification and the College’s role in re-certification of specialists. It will examine the likely and possible components of re-certification and will look at data from pilot sites on possible tools.

What will revalidation look like and mean to you?
Dr Laurence Mynors-Wallis, Aldenham Community Hospital, Poole & College lead on Revalidation
Revalidation: where we are and how we got there! What now?
Mr Robert Jackson, Head of Professional Standards Department, Royal College of Psychiatrists, London

11.00-11.30

TEA & COFFEE (HALL 2B)

S28 STRANGERS IN A STRANGE LAND: THE MENTAL HEALTH OF TRAFFICKED WOMEN, REFUGEES AND ASYLUM SEEKERS
Chair: Dr Louise Howard, Institute of Psychiatry, King’s College London, London

International experts will be discussing the mental health of trafficked women, refugees and asylum seekers. Dr Abas will be discussing mental disorders and mental health care for women victims of human trafficking, drawing on work with the International Organisation for Migration and on her research with women in Moldova in a rehabilitation centre. Helen Atkins and Silva Hove, from the POPPY project (the National Service provider for women trafficked into prostitution) will be discussing the mental health of women trafficked into prostitution in the UK and comparing these with women in prostitution who have not been trafficked.

Dr Turner will be focusing on the importance of research evidence concerning the manner in which asylum seekers present, the likelihood that a history of rape will not be easy to disclose in an initial interview, that there may be inconsistencies in recall without this necessarily implying that there is fabrication and that there may be dissociation within the official asylum interview itself.

Mental disorders and mental health care in women victims of human trafficking in Europe
Dr Melanie Abas, Institute of Psychiatry, King’s College London, London

Traumatic Memories and Judicial Assumptions
Dr Stuart Turner, Trauma Clinic, London

The mental health consequences of women trafficked into prostitution in the UK
Ms Helen Atkins, Editing Prohibition Development Officer and Ms Silva Hove, POPPY Support Team Leader (Acute Services)

11.30-12.45

CPD level 2

Hall 1A

S29 REVALIDATION: WHAT IT MEANS FOR YOU
Chair: Dr Elizabeth Fellow-Smith, West London Mental Health NHS Trust, Windmill Lodge, Southall

This session will inform members about the developments in revalidation including licensing and re-certification and the College’s role in re-certification of specialists. It will examine the likely and possible components of re-certification and will look at data from pilot sites on possible tools.

What will revalidation look like and mean to you?
Dr Laurence Mynors-Wallis, Aldenham Community Hospital, Poole & College lead on Revalidation
Revalidation: where we are and how we got there! What now?
Mr Robert Jackson, Head of Professional Standards Department, Royal College of Psychiatrists, London

Psychedelic drugs have a controversial history in medicine. Fifty years ago they were investigated as agents to bridge the gap between psychotherapy and psychopharmacology. Despite their reported clinical effectiveness they became demonised in the wake of the 1960s drug culture. Now, after a 40-year hiatus there are projects underway to revisit these substances. This symposium explores the contemporary psychedelic research of recent years.

Three speakers will present their evidence-based approach to this field of medicine to ask whether drugs like LSD, MDMA and psilocybin might shed their controversial past and once again become established prescription medicines for the future.

Psychedelic psychopharmacotherapy: something old, something new?
Professor David Healy, Cardiff University, Bangor

The safety and efficacy of 3,4-methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for treatment-resistant post-traumatic stress disorder (PTSD): A Double-Blind Randomized Placebo-Controlled Pilot Study
Dr Michael C. Mithoefer, Medical University of South Carolina, South Carolina, USA

Declaration of interest: Dr Mithoefer has accepted funds for a member of staff, research, sponsorship for attending a meeting and fees for consultancy from organisation(s) that might be perceived to gain or lose from the content of his presentation.

The mental health consequences of women trafficked into prostitution in Europe
Dr Melanie Abas, Institute of Psychiatry, Kings College London, London

Traumatic Memories and Judicial Assumptions
Dr Stuart Turner, Trauma Clinic, London

The mental health consequences of women trafficked into prostitution in the UK
Ms Helen Atkins, Editing Prohibition Development Officer and Ms Silva Hove, POPPY Support Team Leader (Acute Services)

12.45-13.15

LUNCH (HALL 2B)

S27 MENTAL HEALTH ACROSS OFFENDER PATHWAY – CURRENT PERSPECTIVES II
Chair: Dr Simon Plunkett, Lancashire Care NHS Foundation Trust, Preston

Although it is widely recognised that the prevalence of psychotic morbidity in prison is much higher than in the community, historically mental illness in prisons remains largely undetected and untreated. In 1999, responsibility for prison healthcare in the UK transferred to the NHS to improve the quality of care in line with community services.

The session will report on the latest findings of a series of projects, examining pathways of care throughout the criminal justice system.

Suicide in the Criminal Justice System: a case control study
Ms Naomi Humber, University of Manchester, Manchester

National Confidential Inquiry into Suicide and Homicide by people with mental Illness
Dr Nicola Swinson, University of Manchester, Manchester

Suicide in discharged prisoners and across the criminal justice pathway
Professor Jenny Shaw, Prison Health Research Network, The University of Manchester, Manchester & team from the Offender Health Network

S30 PSYCHEDELIC THERAPY: BRIDGING THE GAP BETWEEN PSYCHOTHERAPY AND PHARMACOLOGY
Chair: Dr Ben Sessa, Orchard Lodge Adolescent Unit, Somerset

Psychedelic drugs have a controversial history in medicine. Fifty years ago they were investigated as agents to bridge the gap between psychotherapy and psychopharmacology. Despite their reported clinical effectiveness they became demonised in the wake of the 1960s drug culture. Now, after a 40-year hiatus there are projects underway to revisit these substances. This symposium explores the contemporary psychedelic research of recent years.

Three speakers will present their evidence-based approach to this field of medicine to ask whether drugs like LSD, MDMA and psilocybin might shed their controversial past and once again become established prescription medicines for the future.

Psychedelic psychopharmacotherapy: something old, something new?
Professor David Healy, Cardiff University, Bangor

The safety and efficacy of 3,4-methylenedioxymethamphetamine (MDMA)-assisted psychotherapy for treatment-resistant post-traumatic stress disorder (PTSD): A Double-Blind Randomized Placebo-Controlled Pilot Study
Dr Michael C. Mithoefer, Medical University of South Carolina, South Carolina, USA

Declaration of interest: Dr Mithoefer has accepted funds for a member of staff, research, sponsorship for attending a meeting and fees for consultancy from organisation(s) that might be perceived to gain or lose from the content of his presentation.

The mental health consequences of women trafficked into prostitution in Europe
Dr Melanie Abas, Institute of Psychiatry, Kings College London, London

Traumatic Memories and Judicial Assumptions
Dr Stuart Turner, Trauma Clinic, London

The mental health consequences of women trafficked into prostitution in the UK
Ms Helen Atkins, Editing Prohibition Development Officer and Ms Silva Hove, POPPY Support Team Leader (Acute Services)
Thursday 4th June

CPD level 2
Room 12

S32 COMPETENCE BASED TRAINING IN EUROPE
Chair: Dr Anne Lindhardt, University of Copenhagen, Psychiatric Center Bispebjerg, Denmark
Discussants: George Chatzidoumou, Hellenic Psychiatric Association, Athens, Greece

Competence based training is in use in a number of European countries. UEMS is working on a report to develop this type of training for psychiatry and to give out recommendations on a European level to stress the importance of the multi facets of the role of psychiatrist as a training tool. Alongside is the development of assessment procedures to reflect the diversity of competences. The session will report from experiences with competence based training and assessment and present the work of UEMS.

Training for psychiatry in Europe, presentation of a European survey
Dr Roelof Ten Doeschate, Stichting Afdheisio, Deventer, Netherlands

Competence based training - experiences from Denmark
Dr Anne Lindhardt, University of Copenhagen, Psychiatric Center Bispebjerg, Denmark

CPD level 2
Room 1A

W28 BECOMING A CONSULTANT PSYCHIATRIST - WHAT YOU REALLY NEED TO KNOW
Chair: Dr Clive Oakley, Chair, Psychiatric Trainees’ Committee, RCPsych and Headsde Clinic, Birmingham
Facilitators: Dr Amit Malik, Gosport War Memorial Hospital, Gosport & President of European Federation of Psychiatric Trainees’ & Dr Graham Worwood, Consultant in General Adult Psychiatry, Queens Medical Centre, Nottingham

This session will involve three personal accounts from recently appointed consultants. It will contain information about how to get the consultant job of your choice and how to survive your first year as a consultant.

Learning Objectives:
• Provide information about optimising chances for success in obtaining a consultant post
• Knowledge and understanding of the key practical issues in succeeding as a new consultant.

12.45-13.30
LUNCH AND POSTER VIEWING (HALL 2B)

1.30-1.45
Hall 1A

A PSYCHIATRIST IN ELITE SPORT
Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges’ Trainee Doctors Group

From a chance request to help out with an elite athlete, there followed a series of events over a few years that led to my becoming a full time Psychiatrist in Elite Sport. This role entails many dimensions and calls upon a variety of professional skills with an underlying psychiatric basis. This presentation will offer a flavour of this unique position in working with a variety of teams in the Olympic arena and other elite sports and will suggest a way forward for others who might wish to follow this pathway.

Dr Steve Peters, University of Sheffield, Sheffield & British Cycling and UK Sport

13.45-14.30
Hall 1A

KN7 BAD SCIENCE
Chair: Dr Oliver White, SpR in Forensic Psychiatry, The Oxford Clinic, Oxford & Chair, Academy of Medical Royal Colleges’ Trainee Doctors Group

Dr Ben Goldacre, Maudsley Hospital, London

Thursday 4th June

CPD level 2
Hall 1A

S33 WEB 2.0 DEVELOPMENTS AND THEIR IMPACT ON PSYCHIATRY
Chair: Dr Martin Baggaley, Maudsley Hospital, London & Dr Fionnbar Lenihan, Royal Edinburgh Hospital, Edinburgh

Web 2.0 is the future of internet. It brings people together in a more dynamic and interactive space. Web 2.0 is a trend in the use of World Wide Web technology and web design that aims to facilitate creativity, information sharing, and, most notably, collaboration among users. These concepts have led to the development and evolution of web-based communities and hosted services, such as social networking sites, wikis, blogs, and podcasts. How do these developments effect psychiatry will be discussed in this interactive session.

Web 2.0 Psychiatry - a model for Psychiatry in the 21st century
Dr Justin Marley, Rotherham General Hospital, South Yorkshire

RC Psych on the web - encouraging interaction
Dr Martin Briscoe, Wonford House Hospital, Exeter

Web 2.0 - Psychiatry blogs and podcasts
Dr Sa Nadeem, St John’s Hospital, Livingston, Scotland

S34 JUSTICE AFTER RAPE: A FAIR DEAL FOR ALL
Chair: Dr Fiona Mason, St Andrew’s Healthcare, Northampton

The Solicitor General, Vera Baird has been leading attempts to improve justice for rape victims. Dr Fiona Mason will both Chair, and introduce the session addressing the links between the psychological sequelae of rape and the judicial process. Dr Mason will also explore some of the myths believed by many jurors in rape trials.

Professor Vanessa Munro will present research examining complaint credibility in (mock) rape trials exploring the impact of juror education on post-assault behaviour. Dr Elton will consider the issue of the use and abuse of psychiatric evidence in rape trials - specifically during cross-examination - and the issue of false accusations and women’s “madness”.

The presenters will then consider potential ways forward following their work with Vera Baird, and the judiciary, and recent legal precedents.

Psychological reactions to rape: relevance at trial
Dr Fiona Mason, St Andrew’s Healthcare, Northampton

Complainant credibility in (mock) rape trials: exploring the impact of juror education on post-assault behaviour
Professor Vanessa Munro, University of Nottingham, Nottingham

The use and abuse of psychiatric evidence in rape trials
Dr Louise Ellison, University of Leeds, Leeds

Legal developments and discussion

13.45-14.30
Hall 1B

S35 OPEN FORUM: NEW WAYS OF WORKING, LEARNING THE LESSONS
Chair: Professor Sue Bailey, Registrar, The Royal College of Psychiatrists, London

Come and discuss New Ways of Working.

1.30-1.45
Hall 1C

S36 PREDICTION OF THE EFFICACY AND TOLERABILITY OF PHARMACOLOGICAL INTERVENTIONS: INSIGHTS FROM PHARMACOGENETIC RESEARCH
Chair: Dr David Baldwin, RSH Hospital, University Department of Mental Health, Southampton

The session will provide an introduction to the insights offered by pharmacogenetic research into three common problems - metabolic disturbances with antipsychotic drugs; effects of different antidepressant drugs on depressive and somatic symptoms and suicidal thoughts; and role of genetic polymorphisms in smoking cessation therapies. The session has been developed by the Psychopharmacology Special Interest Group (PSIG), and will also see the award of the 2009 Robert W Kerwin prize for Psychopharmacology to Dr Yevtushenko,
Thursday 4th June

CPD level 1
Room 11B

S37 AN OVERVIEW OF THE DEPRIVATION OF LIBERTY SAFEGUARDS

- Overall position of DoLS in relation to mental health legislation.
- Mental health, mental capacity and eligibility assessments.
- Addressing the roles of the Best Interests Assessor and the Independent Mental Capacity Advocate.
- Lacking powers of attorney and the role of the Court of Protection.

An overview of the Deprivation of Liberty Safeguards

Dr Jonathan Waite, Queens Medical Centre, Nottingham

Declaration of interest: the CETC was sponsored by DH to produce Mental Health Assessor training for DoLS.

CPD level 2
Room 12

S38 TECHNOLOGICAL ADVANCES IN PSYCHIATRIC MEDICAL EDUCATION

Chair: Dr Jonathan Bisson, Cardiff University, University Hospital of Wales, Cardiff

This lecture will bring together three speakers that are in the process of developing innovative technological advances in psychiatric medical education. There will be talks covering the use of e-learning in psychiatric medical education, the development of virtual patients and the use of podcasts. It is envisaged that this session will give the attendees some pointers in how to develop these innovations within their local areas. It is particular importance to encourage doctors and medical students to actively engage in the development of these resources, thereby making ownership of the resource and increases the likelihood of the resource being accessed.

At the end of this session the attendees will:
- Have an insight into technological innovations in the enhancement of psychiatric medical education.
- Have confidence and practical advice on how these can be developed locally.
- Gain an appreciation of how this technology can be embedded in the conventional curriculum.

Podcasts in the undergraduate psychiatry curriculum

Ms Olaa Mohamed Ahmed, Cardiff University, Department of Psychological Medicine, Cardiff

Creating and Embedding Virtual Patients

Mr Marcus Pany, University of Southampton, Division of Medical Education, School of Medicine, Southampton

Thursday 4th June

CPD level 2
Room 11A

WVII. FAIR DEAL FOR MENTAL HEALTH: HOW TO INFLUENCE THE POLITICAL AGENDA IN YOUR AREA

Facilitators: Dr Iain Hall, Mile End Hospital, Community Learning Disability Service, London & Mr Neil Balmer, Public Affairs Officer, Royal College of Psychiatrists, London

Hosted by the College’s Westminster Parliamentary Liaison Committee, this workshop aims to show psychiatrists how to lobby their political representatives with the aim of improving mental health services, and promoting good mental health. Members will learn how to use tools such as the College Fair Deal campaign to address local issues. This will include learning how to present arguments and stories in a digestible form. Members will learn to find out who the local representatives are, how to approach them and also get tips on how to work with other local campaigning.

TEA & COFFEE (HALL 2B)

S39 REBUILDING MENTAL HEALTH SERVICES IN IRAQ

Chair: Dr Râdiê Abed, Rotherham District General Hospital, Department of Psychiatry, Rotherham and Dr Nasser Loza, The Behman Hospital, Cairo, Egypt

The objectives of the session are to reflect on the effects of prolonged states of civil violence and social upheaval on psychiatric morbidity and on mental health services and to consider how societies and services begin to recover following such upheavals. Also, to encourage college members/fellows to consider ways they can help in such situations.

The Experience of Running a Large Mental Health Facility Under a Situation of Violence and Civil State

Dr Jameel Kadom Mudim, Al-Rashad Teaching Mental Hospital, Baghdad, Iraq

Conversion disorders in a walk-in clinic in Iraq

Dr Saleh Dhunnah, Consultant Psychiatrist, Park Royal Centre for Mental Health, Central and North West London Foundation Trust

Implementation of Cognitive Behavioural Therapy training in Iraq: Needs and challenges

Dr Saleh Al-Hasnawi, Iraqi Health Minister and Professor Nasser Loza, Chair of the Middle Eastern Division

Comments

Dr Salih Al-Hasnawi, Iraqi Health Minister and Professor Nasser Loza, Chair of the Middle Eastern Division

CPD level 2
Hall 1B

S40 PSYCHIATRIC UPDATES II

Chair: Dr Matt Allin, Institute of Psychiatry, London

All of the presentations in this session come directly from submitted abstracts. Providing a forum for new research is always an essential feature of the College’s annual meeting. In terms of training and continuing professional development it is not only important for psychiatrists to have an understanding of research methodology and critical appraisal but also to be able to translate new and interesting findings into a form that makes sense for their own clinical practice. Research presentations are clinically relevant and reflect the diversity of outstanding academic and clinical work that occurs in the UK and beyond.

Persistence of Antenatal Depression - A Longitudinal study nested in a cluster randomized trials

Dr Abid Malik, Manchester West NHS Foundation Trust and Honorary Teacher at University of Sheffield

Obsessive Reference Syndrome: A Systematic review of the world literature

Dr Mila Begum, Behavioural Psychotherapy Service, NHS Forth Valley

Transient Epileptic Amnesia: Regional Brain Atrophy and Its Relationship to Memory Deficits

Dr Amit Bhaduri, Homerton University Hospital, London

The ‘Schizophrenia Postdrome’: A study of low-level positive symptoms after remission of first episode schizophrenia

Ms Kate Barley, University of Birmingham, Birmingham
Thursday 4th June

**S41 BIPOLAR DISORDERS - NEW GUIDELINES, NEW EVIDENCE AND NEW DIRECTIONS: A BRITISH ASSOCIATION OF PSYCHOPHARMACOLOGY SYMPOSIUM**

Chair: Professor Thomas Barnes, Imperial College, Division of Neuroscience and Mental Health, London

This session will follow the format of the highly successful British Association of Psychopharmacology (BAP) organised session in 2008 meeting around depression. The proposed focus for 2009 is bipolar disorder. The session will begin with an overview of some of the key recommendations from the new BAP revised guidelines on bipolar disorder due to be published in 2009. This will be followed by a review of the management of treatment resistant bipolar disorder. The session will conclude by examining new treatment avenues arising from new evidence around the mechanism of action of current mood stabilizers.

- **The BAP 2009 Bipolar Disorder Guidelines**
  Professor Guy Goodwin, Warneford Hospital, Neuroscience Building, Oxford

- **The management of difficult to treat bipolar disorder**
  Professor Nicoli Ferrer, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

- **New potential treatment avenues in bipolar disorder**
  Dr Richard McQuade, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

**9.35 – 10.45**

**Psychosis:**

Chair: Dr Richard Corrigall, Guy’s Hospital, Snowfields Adolescent Unit, London

This session will follow the format of the highly successful British Association of Psychopharmacology (BAP) organised session in 2008 meeting around depression. The proposed focus for 2009 is bipolar disorder. The session will begin with an overview of some of the key recommendations from the new BAP revised guidelines on bipolar disorder due to be published in 2009. This will be followed by a review of the management of treatment resistant bipolar disorder. The session will conclude by examining new treatment avenues arising from new evidence around the mechanism of action of current mood stabilizers.

- **Professor Dieter Wolke, The University of Warwick, Coventry**
  The meta-analysis at 12 years of age
  The BAP 2009 Bipolar Disorder Guidelines

- **Dr Madeleine Groom, University of Nottingham, Queen’s Medical Centre, Nottingham**
  The management of difficult to treat bipolar disorder

- **Professor Nicol Ferrier, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne**
  New potential treatment avenues in bipolar disorder

**11.15 – 12.30**

**Psychosis and early intervention**

Chair: Professor Dieter Wolke, The University of Warwick, Coventry

New potential treatment avenues in bipolar disorder

Dr Richard McQuade, Newcastle University, Institute of Neuroscience, Newcastle upon Tyne

**Using CBT in adolescents with early onset psychosis**

Dr Richard Corrigall, Guy’s Hospital, Snowfields Adolescent Unit, London

**Using CBT in adolescents with early onset psychosis**

Dr Sophie Browning, Institute of Psychiatry, King’s College London, London

**Developing early-onset psychosis services - a CAMHS perspective**

Dr Claire Lamb, North Wales Adolescent Service, Clwyd, Wales

**13.20 - 14.20**

**Israel Kolvin Lecture: A fresh look at the role of childhood adversity in schizophrenia**

Room 11B

Chair: Professor Emily Simonoff, Institute of Psychiatry, London

**14.30 – 15.45**

**Early Intervention in Psychosis – a Fair Deal for children and adolescents**

Chair: Professor Robin Mummy, Institute of Psychiatry, London

**Facilitators:** Dr David Ward, Newcastle Child & Adolescent Mental Health Services, Newcastle upon Tyne & Mr Paul Veitch, Early Intervention in Psychosis, Newcastle upon Tyne

Despite extensive interest in dual diagnosis research, inclusion in the National Service Framework for Mental Health and a plethora of service models, the care of people with substance misuse and other mental disorders remains patchy. The amended Mental Health Act (England & Wales) does little to help and the Code of Practice is strangely silent. Can a revitalised NSF reach the parts legislation clearly fails to do? The session explores missed chances and opportunities to improve the care of the dually diagnosed individual.

**National Service Frameworks and dual diagnosis**

Dr Mary-Jane Tacchi, Crisis Assessment and Treatment Service, Newcastle upon Tyne

**Effective approaches to improve dual diagnosis treatment**

Professor Alex Copello, University of Birmingham, Birmingham

Making use and avoiding abuse of the amended Mental Health Act in Dual Diagnosis

Dr Ken Checinski, University of London, Division of Mental Health St George’s, London

**15.45 – 17.00**

**ANNUAL GENERAL MEETING & PRESENTATION CEREMONY**

**Saturday 5th June**

**W12 HOW TO TACKLE THE ISSUES AROUND DOMESTIC VIOLENCE IN EVERY DAY CLINICAL PRACTICE - “THERE IS NO PLACE LIKE HOME…”**

Chair: Dr Leon Rozewicz, Nelson Hospital, London

Facilitators: Dr Jacqueline Short, Central Regional Forensic Mental Health Service, Porirua, New Zealand and Dr Louise Howard, Institute of Psychiatry, King’s College London, London

Domestic violence is an issue that can confront clinicians with complex difficulties. The session will be co-ordinated by an expert in the area of women’s mental health and domestic violence and a renowned UK forensic psychiatrist. They will provide advice and information on dealing with domestic violence in every day clinical practice, with particular emphasis from Dr Short on cross cultural issues in New Zealand. The presentation will include case scenarios and women’s experiences of domestic violence will be illustrated on video and then discussed with the audience.

**9.35 - 10.45**

**Psychosis**

Chair: Dr Richard Corrigall, Guy’s Hospital, Snowfields Adolescent Unit, London

**Prospective study of peer victimization in childhood and psychotic symptoms in a non-clinical population at 12 years of age**

Professor Dieter Wolke, The University of Warwick, Coventry

**Differentiation of schizophrenia high-risk from ADHD using clinical, cognitive and electrophysiological measures**

Dr Madeleine Groom, University of Nottingham, Queen’s Medical Centre, Nottingham

**11.15 – 12.30**

**Psychosis and early intervention**

Chair: Professor Dieter Wolke, The University of Warwick, Coventry

**Using CBT in adolescents with early onset psychosis**

Dr Richard Corrigall, Guy’s Hospital, Snowfields Adolescent Unit, London

**Using CBT in adolescents with early onset psychosis**

Dr Sophie Browning, Institute of Psychiatry, King’s College London, London

**Developing early-onset psychosis services - a CAMHS perspective**

Dr Claire Lamb, North Wales Adolescent Service, Clwyd, Wales

**13.20 - 14.20**

**Israel Kolvin Lecture: A fresh look at the role of childhood adversity in schizophrenia**

Chair: Professor Emily Simonoff, Institute of Psychiatry, London

**14.30 – 15.45**

**Early Intervention in Psychosis – a Fair Deal for children and adolescents**

Chair: Professor Robin Mummy, Institute of Psychiatry, London

**Facilitators:** Dr David Ward, Newcastle Child & Adolescent Mental Health Services, Newcastle upon Tyne & Mr Paul Veitch, Early Intervention in Psychosis, Newcastle upon Tyne

The workshop organiser will briefly discuss the national and international guidelines on the collaboration between Child and Adolescent and Adult Mental Health Services in the delivery of early intervention in psychosis services. The implementation of these guidelines nationally will then be reviewed along with a brief presentation of a service cited in the National Service Framework review as a model of good practice. The workshop will then go on to look at the difficulties and dilemmas of managing psychotic symptomatology in children and adolescents and the challenges to early intervention in psychoses: best practice guidelines in this age group. Clinical case discussion will be used to illustrate some of these themes.

**I10 Child and Adolescent Institute (Hall 1B)**

**I11 General & Community Institute (Hall 1A)**

**09.35 - 10.45**

**What the generalist needs to know about……**

Chair: Dr Leon Rozewicz, Nelson Hospital, London

The title of this session is fairly self explanatory. Generalists, by their very nature, can be faced with a broad range of problems in their day to day practice. Some present more complex challenges than others. The intention of this session is for specialists in these complex management areas to describe the guidelines and practices relevant to the generalist. Following the symposia the goal is that generalists will feel more equipped to manage these problems and know when they should refer to tertiary level specialists.

**Gender Dysphoria**

Professor Kevan Wylie, Sheffield
**Friday 5th June**

**I11 General & Community Institute (cont’d)**

**Eating disorders**
Dr John Morgan, Yorkshire Centre for Eating Disorders, Leeds

**Obsessive Compulsive Disorder**
Professor Naomi Fineberg, Queen Elizabeth II Hospital, Hertfordshire

Declaration of interest: Prof Fineberg has accepted funds for research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisations that might be perceived to gain or lose from the content of her presentation.

**Primary and secondary care working together - but where and how?**
Chair: Dr Roger Banks, Vice President, Royal College of Psychiatrists

The Darzi review of health services in England recommended significant changes in the context in which the public will engage with health care in the future. Greater patient empowerment and choice also require significant changes in the way in which health care is commissioned and delivered. Practice based commissioning is seen as key to delivering greater flexibility and choice in England. The other jurisdictions of the UK are also pursuing significant changes in commissioning and provision. This session will give an overview of these changes in primary and secondary care across the UK and will discuss potential advantages to be realised and disadvantages to be overcome.

**Primary/secondary care relationships in Scotland, its strengths and weaknesses and how this differs from the rest of the UK**
Dr Denise Coia, Vice President, Royal College Psychiatrists

**The Bamford Review – Realising the vision for Northern Ireland**
Professor Roy McClelland, Chair, Bamford Review, Belfast

**RCGP/RCPsych collaborations in relation to mental health in primary care**
Dr Carolyn Chew-Graham, Primary Care Research Group, Manchester

**Circadian Rhythms, sleep and melatonin**
Dr Sue Wilson, University of Bristol

---

**I12 Rehabilitation & Social Institute (Room 3A)**

**9.35 – 10.45**
**What does a Fair Deal mean for rehabilitation services?**
Chair: Dr Helen Killaspy, University College London, London

This session will explore the role of rehabilitation services in the wider mental health system and the importance of the specialty for service users with longer term and complex mental health needs. The session includes an overview of the subject, a service user’s perspective on what a “Fair Deal” means to them and how individual service users’ needs can be respected and attended to. The third speaker will address the subject from the perspective of setting national care standards and the challenges of delivering rehabilitation services to those with less common conditions such as Asperger’s Syndrome and organic brain conditions.

**Fair Deal for mental health: why specialist rehabilitation services are crucial to its success**
Dr Frank Holloway, Chair of the Rehabilitation and Social Faculty & South London and Maudsley NHS Foundation Trust, Bethlem Royal Hospital, Kent

**FAIR DEAL: spelling it out for service users**
Mr Maurice Arbuthnott, London

**Setting National Care Pathway Standards to improve Outcomes**
Dr Geraldine Strathdee, Darz Mental Health programme, Clinical Director, London

**11.15 – 12.30**
**The treatment of Asperger’s syndrome**
Chair: Dr Paul Wolfson, Eth Centre, Kent

This session will build on the theme explored in the previous Rehab Institute session on diverse needs of rehabilitation service users and explore how services can best meet the needs of people with Asperger’s Syndrome.

**Asperger syndrome and mental illness**
Professor Terry Burgha University of Leicester, Department of Health Sciences, Leicester

**Asperger syndrome, autistic spectrum disorder and adult mental health services**
Dr Andrew Flynn, Oxleas NHS Trust
### I12 Rehabilitation & Social Institute (cont’d)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.35 – 10.45</td>
<td>Asperger syndrome; a service user’s perspective</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ms Rita Parkin, Liverpool</td>
<td></td>
</tr>
<tr>
<td>14.30 - 15.45</td>
<td>Getting the measure of recovery</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chair: Dr Glenn Roberts, Wonford House Hospital, Exeter</td>
<td></td>
</tr>
</tbody>
</table>

It is no longer satisfactory for services to report activity. There is instead an increasing ambition to demonstrate outcomes and a particular interest in developing meaningful measures that evaluate recovery outcomes. Tools and measures that report on recovery outcomes are valued as a way of reporting on services but also as a stimulus for service and practice development and a support for individuals in their personal experience of recovery. This session will present leading and pioneering approaches to the assessment of recovery outcomes being used across a wide range of services in England and Scotland.

### I13 Perinatal Institute (cont’d)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.15 – 12.30</td>
<td>Panel Discussion: Interface between Perinatal and Psychological Services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chair: Dr Liz McDonald, East London and the City Mental Health Trust and Dr Lucinda Green, St Thomas’ Hospital, London</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working with mothers with severe mental illness and their infants</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr Amanda Jones, North East London Mental Health Trust</td>
<td></td>
</tr>
<tr>
<td>14.30 - 15.45</td>
<td>Workshop: Providing preconceptual advice to women with severe mental illness: what and how</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Facilitators: Dr Ian Jones, University of Cardiff and Dr Alain Gregoire, Southampton Perinatal Mental Health Service</td>
<td></td>
</tr>
<tr>
<td>16.15 – 17.30</td>
<td>Workshop: Preventing relapse of psychosis and depression after childbirth: evidence and practice</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Facilitators: Dr Liz McDonald, East London and the City Mental Health Trust and Dr Lucinda Green, St Thomas’ Hospital, London</td>
<td></td>
</tr>
</tbody>
</table>

### I14 Neuropsychiatry Institute (Hall 1C)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.35 – 10.45</td>
<td>Mild Cognitive Impairment - What do clinicians need to know?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chair: Dr Alex Mitchell, Leicester General Hospital, Department of Liaison Psychiatry, Leicester</td>
<td></td>
</tr>
</tbody>
</table>

This session will describe the concept, clinical value and outcome of MCI as applied to NHS clinicians. However, it will feature the latest evidence based research.

### I15 Perinatal Institute (Room 3B)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.35 – 10.45</td>
<td>Interface between perinatal and adult mental health services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chair: Dr Roch Cantwell, Perinatal Mental Health service, Glasgow</td>
<td></td>
</tr>
</tbody>
</table>

What adult mental health services should do for women with severe mental illnesses in pregnancy and postnatally: lessons from inquiries

Dr Margaret Oates, Nottingham

Why do we need to be so concerned about the care of pregnant WOMEN And mothers of young infants?
Friday 5th June

I14 Neuropsychiatry Institute (cont’d)

**DTI tractography in neuropsychiatry: back to the future?**
Dr Marco Catani, Institute of Psychiatry, Department of Psychological Medicine, London

**Multimodal neuroimaging in epilepsy**
Dr Andrew Bagshaw, University of Birmingham, School of Psychology, Birmingham

**14.30 - 15.45 Epilepsy & Neuropsychiatric aspects: what can a psychiatrist do?**
Chair: Professor Mike Trimble, Institute of Neurology, London

Epilepsy is a common neurological condition with neuropsychiatric co-morbidities. This session will describe common affective and psychotic co-morbidities and their management and discuss use of anxiolytic medications in psychiatric settings.

**Affective disorders in epilepsy**
Dr Niti Agrawal, St George’s Hospital, London

Using anti-epileptic drugs in psychiatric settings
Dr Jonathan Bird, Frenchay Hospital, Bursdon Centre for Neuropsychiatry, Bristol

Declaration of interest: Dr Bird has accepted funds for a member of staff, research, sponsorship for attending a meeting, fees for consultancy and a fee for speaking at a symposium from organisation that might be perceived to gain or lose from the content of his presentation.

**16.15 - 17.30 Traumatic brain injury**
Chair: Dr Niti Agrawal, St George’s Hospital, London

Traumatic Brain Injury is a common cause of presentation to A&E departments. With advances in acute management, increasing number of people survive even with severe injuries though with neurocognitive and neuropsychiatric consequences. This session will highlight various post traumatic brain injury neuropsychiatric problems. The assessment and management of these problems will be described.

**Post Concussion Syndrome**
Dr Simon Reminger, Maudsley Hospital, London

**Neuropsychiatric assessment of traumatic brain injury**
Prof Shoumitro Deb, University of Birmingham, The National Centre for Mental Health, Birmingham

**Treating neuropsychiatric disorders in TBI**
Dr Alan Cantor, Royal Edinburgh Hospital, Edinburgh

I15 Addictions Institute (Room 4)

**Addiction treatment needs in remand prisoners**
Professor Pamela Taylor, Cardiff University, Department of Psychological Medicine, Cardiff

Followed by a Panel Discussion.

**11.15 - 12.30 New understandings and pharmacological treatments in alcohol disorders**
Chair: Professor Colin Drummond, Institute of Psychiatry, London

This session aims to look at what is currently known about the neurobiology of alcohol dependence and to describe the treatment implications derived from this understanding. The session will describe current best practice in management of alcohol withdrawal to reduce the harm caused by alcohol dependence.

**Pharmacological treatments for alcohol dependence: novel approaches derived from preclinical studies**
Professor Hilary J. Little, St George’s University of London, London Channels & Cell Signalling Centre, London

**14.30 – 15.45 Injecting treatments for Opioid misuse**
Chair: Dr Sally Porter, Community Substance Misuse Team (OAKS), Croydon

Clinical trials of Injectable substitution treatment for Opioid dependence are taking place in the UK and abroad. This session looks at the efficacy of such treatment and what is known about the risks and benefits of such treatments.

**Injectable Opioid treatment in the UK**
Professor John Strang, Institute of Psychiatry, London

**Injectable Opioid treatment in North America**
Professor Martin T. Schechter, University of British Columbia, Department of Health Care and Epidemiology, Vancouver, Canada

**16.15 – 17.30 Carers and users in addiction services: squaring the circle?**
Chair: Dr David Ball, Institute of Psychiatry, London

This session aims to explore the relationship between patients, their carers and the substance misuse treatment services. The benefits of carer involvement, and the potential conflicts between the needs of patients and the needs of their carers, will be examined. The session will take the form of an interactive debate with speakers including two psychiatrists, a service user and a carer.

**This house believes that in the treatment of addictions, the needs of users and those of carers are mutually incompatible?**
Dr Ken Checinski, St George’s University of London, Dr Vanessa Crawford, Homerton University Hospital, London
Eating Disorders Unbound: Improving Care in a Multi-Cultural Society

Eating disorders affect women, men and children from all walks of life and cultural backgrounds. This session aims to 1) enhance knowledge and understanding of the epidemiology, aetiology and cultural diversity of eating disorder phenomenology and 2) develop knowledge and skills with which to improve access to care and outcome for people with eating disorders from diverse cultural backgrounds.

Dr Anne Becker will open the session with a keynote presentation addressing global perspectives on epidemiology, phenomenology, diagnosis and aetiology of eating disorders. Further presentations will consider the needs of young people and mothers from ethnic minority groups, the impact of gender and sexuality on service use and outcome, barriers in pathways of care for the culturally diverse population of the UK, and how services might better adapt to improve access and treatment for all. The session will close with an interactive discussion session for speakers and delegate.

9.35-10.45  Chair: Professor Ulrike Schmidt, Institute of Psychiatry, London

A global perspective on eating disorders
Keynote speaker: Dr Anne Becker, Massachusetts General Hospital, Boston, USA

9.15-11.45 

9.15-10.00  Room 12

10.00-10.45  CPD level 2 

10.45-11.30  Room 12

11.30-12.15  Room 12

12.15-12.30  Room 12

12.30-13.20  Room 12

13.05-13.15  Room 12

13.20-13.50  Room 12

14.30-15.45  Room 12

15.45-16.15  Room 12

16.15-17.30  Room 12

SESSION: WHY SHOULD PSYCHIATRISTS WORK IN THE FAMILY COURTS?
Chair: Mr Justice Ryder, High Court Judge and Family Division Liaison Judge for the Northern Circuit

Why should psychiatrists work in the Family Courts?
Her Honour Judge De Haas QC, Circuit Judge and Designated Family Judge for Liverpool

The Bearing Good Witness Pilot
Ms Sonja Mahoney, QED, Legal Services Commission

Surely you must be mad to want to work in the Family Courts?
Dr Shazad Amin, Consultant Psychiatrist

To increase awareness of the workings of the Family Courts, and how expert evidence from Psychiatrists can assist them in making long-term decisions for the welfare of children, in the light of the Chief Medical Officer’s report, Bearing Good Witness.

10.00 – 10.30  Hall 1A

10.30 – 11.00  Hall 1B

11.00 – 11.30  Hall 1A

11.30 – 12.00  Hall 1B

12.00 – 12.30  Hall 1A

12.30 – 13.00  Hall 1B

13.00 – 13.30  Hall 1B

13.30 – 14.00  Hall 1A

14.00 – 14.30  Hall 1B

14.30 – 15.00  Hall 1A

15.00 – 15.30  Hall 1B

15.30 – 16.00  Hall 1A

16.00 – 16.30  Hall 1B

16.30 – 17.00  Hall 1B

17.00 – 17.30  Hall 1A

17.30 – 18.00  Hall 1B

18.00 – 18.30  Hall 1A

Friday 5th June

9.00 – 9.30  Hall 1A

9.35 – 10.45  CPD level 2  Room 12

10.45 – 11.15  Room 12

11.15 – 12.30  Room 12

12.30 – 13.20  Room 12

13.05 – 13.15  Room 12

13.20 – 13.50  Room 12

14.30 – 15.45  Room 12

15.45 – 16.15  Room 12

16.15 – 17.30  Room 12

17.30 – 18.00  Room 12

18.00 – 18.30  Room 12

Friday 5th June