



Royal College of
Obstetricians and Gynaecologists

Bringing to life the best in women's health care



Hormones and Mood Disorders in Women

Joint RCOG/RCPSYCH Meeting

Thursday 26 January 2012

Hormones and Mood Disorders in Women

Date: Thursday 26 January 2012

Venue: RCOG, London

Overview

This unique conference will bring together researchers and clinicians from endocrinology, gynaecology and psychiatry to examine the roles and uses of hormones in our understanding and treatment of mood disorders.

Why attend?

- Listen to speakers from a variety of specialities discuss the latest research in their fields
- Discuss the evidence with expert speakers
- RCPsych CPD: This conference is eligible for 1 CPD hour for each hour of educational activity in which you participate, subject to your own personal reflection and peer group approval
- RCOG CPD: Claim a maximum of 7 CPD credits for full attendance at this meeting

Who should attend?

- All Trainees and Consultants in Obstetrics and Gynaecology
- Clinicians or academics working in mental health, gynaecology, endocrinology or primary care
- Staff Grades, Staff Doctors, Trust Doctors and Associate Specialists

Registration Fee and Booking Process

£327.00 Standard Rate **£276.60** RCOG/RCPsych Member Rate
£226.20 Trainee Rate **£211.08** Allied Healthcare Professional Rate

For a £10 reduction please book and pay securely online. Alternatively you can download a registration form from www.rcog.org.uk/events

To verify which rate you qualify for, please visit www.rcog.org.uk/events or contact the Conference Office on +44 (0) 20 7772 6245. Prices indicated here are inclusive of VAT at 20%.

Course Organisers:

Dr Roch Cantwell FRCPsych, Glasgow
Dr Alain Gregoire MRCPsych DRCOG, Southampton
Dr Ian Jones MRCPsych, Cardiff
Professor Shaughn O'Brien FRCOG, Stoke on Trent
Dr Carmine Pariente MRCPsych, London
Professor John Studd FRCOG, London

Honorary Director of Conferences:

Miss Raneë Thakar MD MRCOG, London

Programme

Thursday 26 January

8.30am | REGISTRATION AND REFRESHMENTS

9.00am | **Introduction and welcome**
Professor John Studd, London

Session I

Chair: Professor John Studd

- 9.10am | **Child bearing related mood disorders**
Dr Ian Jones, Reader in Perinatal Psychiatry, Cardiff University; Honorary Consultant Psychiatrist, Cardiff and Vale NHS Trust
- 9.50am | **Premenstrual mood disorders**
Professor Shaughn O'Brien, Consultant Gynaecologist, University Hospitals of North Staffordshire NHS Trust, Stoke on Trent
- 10.30am | *REFRESHMENTS*

Session II

Chair: Professor John Studd

- 10.50am | **The effect of sex hormones on the brain**
Dr Michael Craig, Senior Lecturer, Institute of Psychiatry, King's College London; Honorary Consultant Psychiatrist, Maudsley Hospital, London
- 11.30am | **Other hormones relevant to mood and their effect on the brain**
Dr Carmine Pariante, Head of the Stress, Psychiatry and Immunology Laboratory (SPI-Lab), Division of Psychological Medicine, King's College London
- 12.10pm | **Roundtable discussion**
- 12.40pm | *LUNCH*

Session III

Chair: Dr Roch Cantwell, Consultant Perinatal Psychiatrist, Southern General Hospital, Glasgow

- 1.30pm | **Depression and sexuality in women**
Miss Claudine Domoney, Chair of Institute of Psychosexual Medicine; Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London
- 2.10pm | **Hormonal treatment of premenstrual problems**
Mr Nick Panay, Consultant Gynaecologist; Subspecialist in Reproductive Medicine and Surgery, Queen Charlotte's & Chelsea and Chelsea & Westminster Hospitals, London
- 2.50pm | **Transdermal estradiol treatment of postpartum depression: Rationale and Design of an NIMH funded RCT**
Dr Katherine L Wisner, Professor and Director, Women's Behavioral HealthCARE, Western Psychiatric Institute and Clinic, Pittsburgh, USA
- 3.30pm | *REFRESHMENTS*

Session IV

Chair: Dr Roch Cantwell

- 3.50pm | **Practical aspects of treatment of postnatal mood disorders**
Dr Alain Gregoire, Consultant and Honorary Senior Lecturer in Perinatal Psychiatry, Perinatal Mental Health Service, Hampshire Partnership NHS Trust, Southampton
- 4.30pm | **Practical aspects of oestrogen therapy for depression**
Professor John Studd
- 5.10pm | **Roundtable discussion**
- 5.40pm | *CLOSE*

GENERAL INFORMATION AND TERMS AND CONDITIONS

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment.

The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions.

Payment may be made by debit/credit card via our website at www.rcog.org.uk/events

Cheques should be made payable to "RCOG". Payments from abroad should be by international bankers draft or money order in sterling. Payment in other currencies will not be accepted.

Places booked by post, fax or telephone will be confirmed within 14 days of receipt of payment. You are not guaranteed a place until you receive this confirmation. **Booking online provides you with immediate confirmation of your place and receipt of payment by email.**

If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on 020 7772 6245.

All registered retired Fellows and Members of the RCOG are entitled to a 50% discount on the member rate registration fee (please state if you are retired at the time of booking).

Venue and Correspondence

RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG. Tel: 020 7772 6200 Fax: 020 7772 6388

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display),

NCP on corner of Park Road and Rossmore Road, Tel: 0870 242 7144 for further information.

Cancellations

Cancellations must be received in writing by **Thursday 12 January 2012** and be accompanied by a copy of your confirmation letter and receipt. An administrative charge of £25 will be made on all cancellations received before or on the above date. We regret the College cannot refund fees after this date. Cancellations will be processed after the conference. Substitutions are welcome at any time.

In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any travel and/or accommodation costs that have already been incurred by the delegate, or any administration charges relating to cancellation of travel tickets or accommodation.

Data Protection Act

The details you provide on this form will be held and processed in order to administer your registration. Your name, department, hospital name and town will be included on the list of participants that will be issued to delegates, speakers, sponsoring companies and other interested parties involved in the conference.

We will keep your contact details on record in order to inform you of future RCOG conferences and courses. If you do not wish your details to be used in this manner, please tick the appropriate boxes on the registration form.

For full terms and conditions please visit www.rcog.org.uk/events/terms-and-conditions

Accommodation

Please visit www.rcog.org.uk/events/accommodation for local accommodation and delegate rate information.



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Conference Office

Royal College of Obstetricians and Gynaecologists
27 Sussex Place, London, NW1 4RG