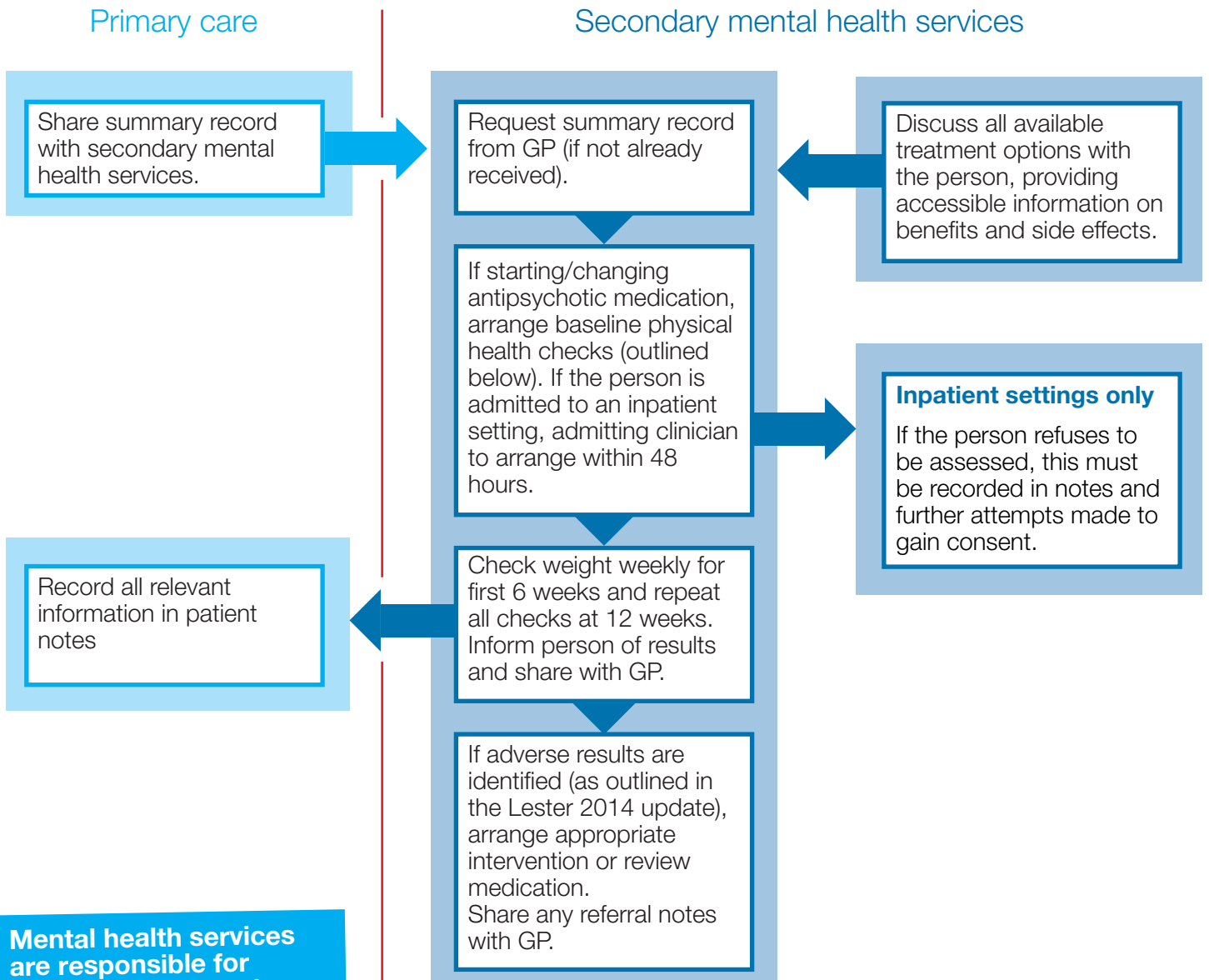


Integrated Physical Health Pathway

Supporting the physical health of people with psychosis and schizophrenia

Initiation of treatment or admission to inpatient setting

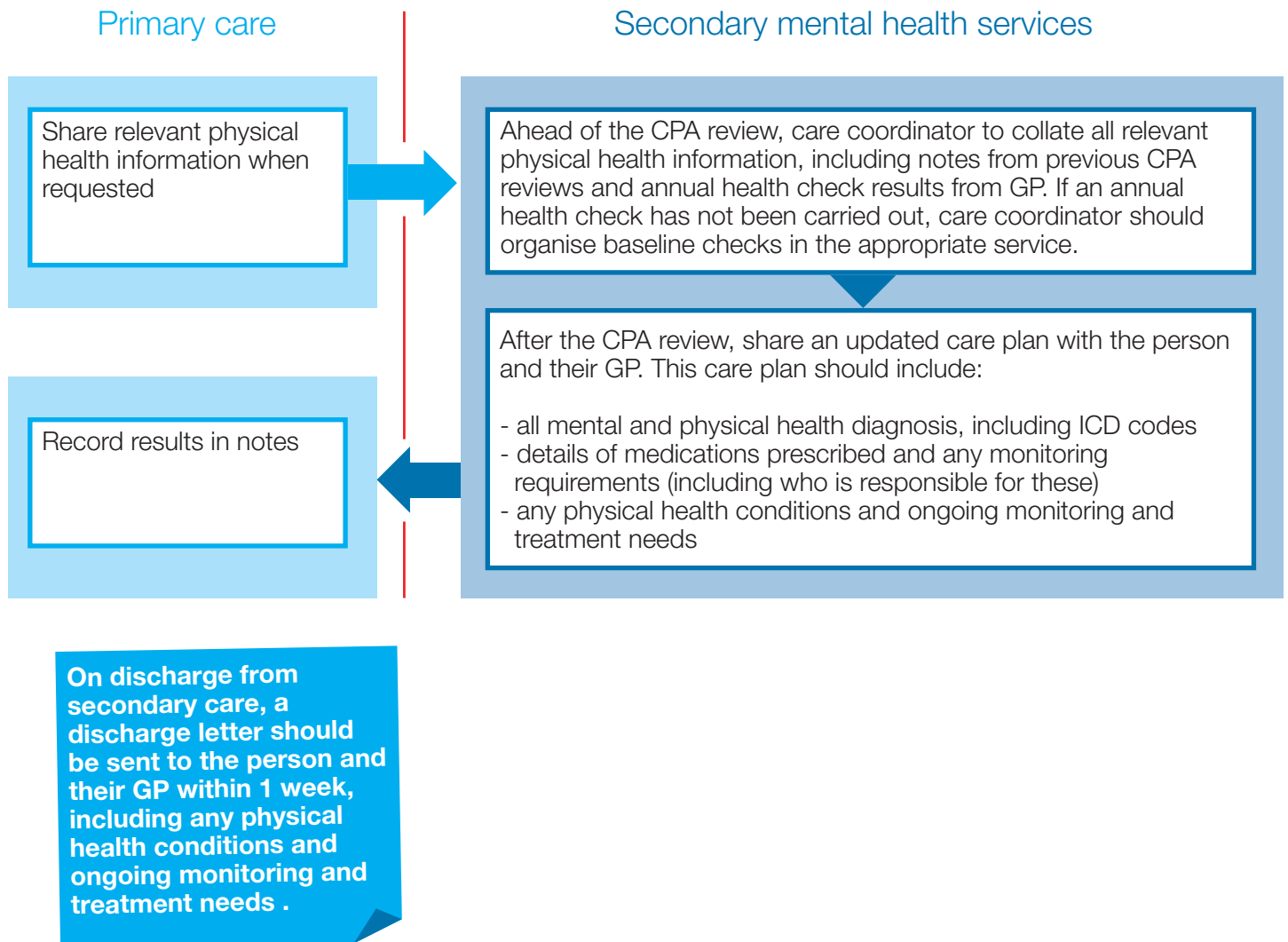


Mental health services are responsible for monitoring physical health and medication side-effects for the first 12 months, or until the person's condition has stabilised, whichever is longer. Responsibility may then transfer to primary care under shared care arrangements.

Baseline Physical Health Tests

- Family history
- Smoking status, exercise and diet
- Weight and waist circumference
- Blood Pressure and pulse
- Fasting estimates of plasma glucose (FPG) and/or HbA1c,
- Lipids (total cholesterol, LDL, HDL, triglycerides)
- ECG (if the person is being admitted as an inpatient if history/family history of CVD, or if taking medication known to cause ECG abnormalities)

Care Programme Approach (CPA) Review



Annual health check in primary care

