

# Research workshop on ‘Religion, Spirituality and Health’ with Prof. Dr. Harold Koenig

**September 12-16, 2005  
Switzerland (Langenthal)**

The workshop is open to all interested in doing research on religion, spirituality and health (accepting participants of any education level or degree, including theologians, chaplains, physicians, nurses, psychologists, pastoral counselors, public health specialists, epidemiologists, or other potential researchers). Professor Harold Koenig is known as senior author of the “Handbook of Religion and Health”. He holds a university teaching position as full professor at Duke University Medical Center (Internal Medicine, Psychiatry, and Behavioral Sciences). Furthermore he is co-director of the Center for Spirituality, Theology and Health ([www.dukespiritualityandhealth.org](http://www.dukespiritualityandhealth.org)) (see biosketch). This center offers - amongst others – a 2-year post-doc program in religion and health, which Dr Koenig has compressed into 5-day workshops like the one being offered here in Europe for the first time. The following topics will be discussed:

- Historical connections between religion and health care
- Previous research on religion, spirituality and health
- Strengths and weaknesses of previous research
- Theological considerations and concerns
- Highest priority studies for future research
- Strengths and weaknesses of religion/spirituality measures
- Designing different types of research projects
- Funding and managing a research project
- Writing a research paper for publication; getting it published
- Presenting research to public audiences; working with the media
- Developing an academic career in this area

In addition to the lectures of Prof. Harold Koenig European researchers will present their research work and discuss the situation in Europe – e.g. Dr. A.W. Braam, Netherlands, Dr. Dr. Harald Walach, Germany. Further speakers have been invited. Mentorship meetings with Prof. Harold Koenig and/or European presenters will allow participants to discuss individual research projects.

## Program

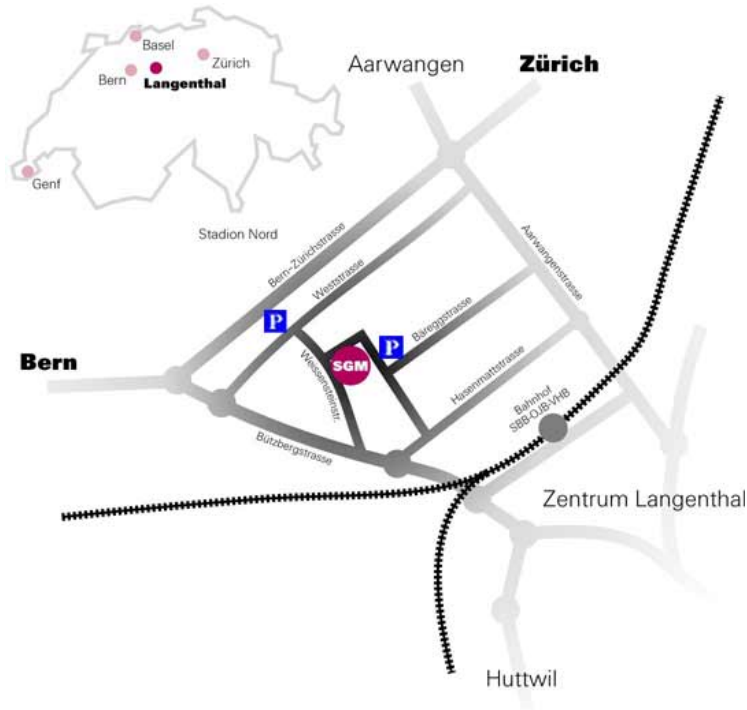
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00		European speaker	European speaker	European speaker	European speaker

10:00		Historical connection	Strengths and weaknesses of previous research	Designing a research project (question and sample)	Writing a research paper
					Working with the media
11:00					Relevance to public health
12:00					
		Lunch	Lunch	Lunch	Lunch
13:00		Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
		Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
		Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
14:00	Welcome, introduction	Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
		Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
		Individual Mentorship	Individual Mentorship	Individual Mentorship	Individual Mentorship
15:00	Round of introductions, individual research interests	Review of mental health	Highest priority studies for future res.	Designing a research project (clinical trial)	Social Program (voluntary)
16:00		Review of physical health	Funding and managing a research project	Basic statistics	
		Pause			
17:00	Sources of information	Individual Mentorship	Individual Mentorship	Individual Mentorship	
		Individual Mentorship	Individual Mentorship	Individual Mentorship	
		Individual Mentorship	Individual Mentorship	Individual Mentorship	
18:00		Individual Mentorship	Individual Mentorship	Individual Mentorship	

## Organisation, Accommodation, Charges

The workshop is organized in collaboration with the “Klinik SGM Langenthal, Switzerland” ([www.klinik-sgm.ch](http://www.klinik-sgm.ch)). It is taking place in the training rooms of the

clinic. Dr. med. René Hefti and Dipl.-Psych., Dipl. Theol. Franz Fischer are responsible for the organisation of the workshop.



In terms of accommodation we suggest the hotel “Drei Linden” which is very near to the clinic ([www.hoteldreilinden.ch](http://www.hoteldreilinden.ch)). Participants are, of course, very welcome to organise their own accommodation (q.v. [www.langenthal.ch](http://www.langenthal.ch), Verkehr und Tourismus / Übernachtungsmöglichkeiten). Lunch can be taken in the cafeteria of the clinic.

**The workshop charges are differentiated as follows:**

For registrations before May, 15, 2005: 850.- Euro

For registrations before June, 15, 2005: 900.- Euro;

For registrations from June, 16, 2005: 950.- Euro.

They include lectures, mentorship meetings and coffee breaks.

Deadline for registrations is 15<sup>th</sup> of July 2005.

**The workshop is limited to 25 persons, so early registration is encouraged.**

For further questions or requests for information contact:

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## Biosketch Prof. Dr. Harold Koenig

Dr. Koenig completed his undergraduate education at Stanford University, his medical school training at the University of California at San Francisco, and his geriatric medicine, psychiatry, and biostatistics training at Duke University Medical Center. He is board certified in general psychiatry, geriatric psychiatry and geriatric medicine, and is on the faculty at Duke as Professor of Psychiatry and Behavioral Sciences, and Associate Professor of Medicine. Dr. Koenig is co-director of the *Center for Spirituality, Theology and Health* at Duke University Medical Center, and has published extensively in the fields of mental health, geriatrics, and religion, with over 250 scientific peer-reviewed articles and book chapters and 28 books in print or in preparation. He is editor of the Medline research journal, the *International Journal of Psychiatry in Medicine*. His research on religion, health and ethical issues in medicine has been featured on over 50 national and international TV news programs (including NBC's The Today Show and ABC's Good Morning America), 80 national or international radio programs (including multiple NPR and BBC Radio 5 interviews), and 200 national or international newspapers or magazines (including cover stories for Reader's Digest, Parade Magazine, Newsweek, and Time). In September 1998, Dr. Koenig was invited to give testimony before the U.S. Senate concerning the benefits of religion and spirituality on health. He has been interviewed by James Dobson on Focus on the Family and by Robert Schuller in the Crystal Cathedral on the Hour of Power. Dr. Koenig has been nominated twice for the Templeton Prize for Progress in Religion. His latest books include the *The Healing Power of Faith* (Simon & Schuster, 2001 paperback), *The Handbook of Religion and Health* (Oxford University Press, 2001), *Spirituality in Patient Care* (Templeton Foundation Press, 2002), and his autobiography, *The Healing Connection* (Templeton Foundation Press, 2004). Dr. Koenig travels widely to give workshops and seminar presentations (see <http://www.dukespiritualityandhealth.org/dsh/calendar/index.jsp>).

## REGISTRATION

Name:		First Name:	
Title:	Age-group:	Nationality:	
Occupation:		Position:	
Address:			
Telephone:		Fax:	
Email:		Website:	
Reason for participating at the workshop:			

Research interests:
Previous publications:
Accommodation in hotel "Drei Linden": Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you want to have lunch in the clinic? Yes <input type="checkbox"/> No <input type="checkbox"/>
Comments:

Address:

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