

# Mirtazapine

Antidepressant



## Your medication

# Mirtazapine



## What is this leaflet for?

This leaflet is to help you understand more about your medicine.

Your medicine could look different to the pictures on this leaflet.

Mirtazapine is also called Zispin

Mirtazapine is available as tablets and liquid.



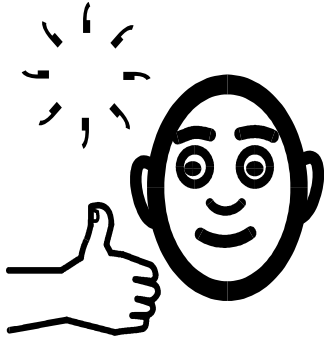
## What is Mirtazapine used for?

Mirtazapine is commonly used to treat depression.

It is also used in:

- People having repetitive thoughts or behaviours
- People feeling tense or angry

# Mirtazapine



## What will Mirtazapine do?

Mirtazapine should help you feel calm and relaxed.

It could take a few weeks for Mirtazapine to have its full effect.



## What are the side effects of Mirtazapine?

Side effects are the unwanted effects of any medicine on the body.

Not everyone taking a medicine will get side effects.

Many side effects will go away with time. But some side effects may last for longer.

Some side effects can be serious.

You should tell your doctor if you have any side effect.

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**Some side effects are more serious.**

You should tell someone straight away if...

- you feel dizzy
- you feel shaky
- you have problems with passing water
- you have a rash on your skin or your skin feels itchy.

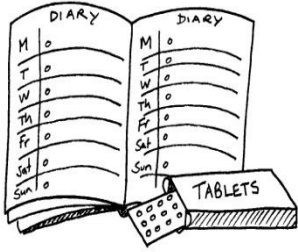


**Other side effects of Mirtazapine can be...**

- feeling restless or cannot sit still
- feeling sleepy or sluggish
- feeling sick
- having problems sleeping at night
- having the 'runs' or needing the toilet a lot
- dry mouth
- headache
- loss of interest in sex
- putting on weight



# Mirtazapine



## How and when do I take Mirtazapine?

The label on your Mirtazapine packet should tell you

when and how much you should take.



## If you forget to take your medicine

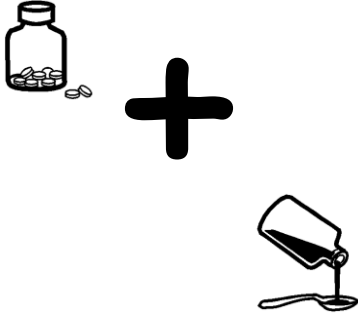
Tell your carer or doctor straight away.



## When to stop taking your Mirtazapine?

You should carry on taking your medicine unless your doctor asks you to stop.

# Mirtazapine



**Some medicines do not work well together.**

You should tell your doctor about any other medicines you are taking.



**What should I not do while taking Mirtazapine?**

Drinking alcohol when you are on Mirtazapine could make you feel sleepy.



**Doctor's comments**

# Help and support



Your doctor: .....  
Telephone Number: .....

Your Psychiatrist: .....  
Telephone Number: .....



Your Community Nurse: .....  
Telephone Number: .....

Other professionals involved:

Other resources:

**Patient UK**  
The same health information as provided  
by GPs to patients during consultations

[www.patient.co.uk](http://www.patient.co.uk)

**NHS** Can be reached on  
**0845**  
**Direct 4647**



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**Please note this is not a manufacturer's information leaflet**