



**The Planned  
Environment  
Therapy Trust**

WITH



**TWO RESIDENTIAL COURSES IN THERAPEUTIC CHILDCARE**

## **Managing a Living Learning Experience**

- A residential course for managers and senior workers -

## **Creating a Living Learning Experience**

- A residential course for care workers -

**THROUGH 2010**



### **Background**

These two courses aim to introduce the principles of working in therapeutic childcare management and practice. Both courses rely on understanding disordered attachment and early childhood damage to make sense of distressed behaviour in children and young people and its impact on staff. Participants will be encouraged to make use of their own feeling responses as a tool for staff management, treatment and nurturing care. The relevance of approaches based on social pedagogy will also be explored.

### **Managing A Living Learning Experience: Course for Managers and Senior Workers**

Having an understanding of the emotional impact on workers will aid managers and senior workers to encourage a more resilient and effective staff team able to work alongside children and young people with more confidence and less stress.

### **Creating A Living Learning Experience: Course for Care Workers**

Workers will discover that seeking to understand behaviour through their own emotional responses will give them the tools to work alongside children and young people with more confidence and less stress.

## Working Method

The working method will reflect daily practice in therapeutic communities by using psychodynamic and group-analytic approaches for understanding behaviour. It will offer a programme of practice discussions and reflective workshops as well as facilitated self-experience reflective groups. In all these sessions participants will have the opportunity to make connections between their personal life experiences, their practice experience and theoretical learning. Each workshop builds on the previous one, each course is to be embarked on as a whole.

## Who these courses are for

One course is for Managers and Senior Workers, the other for Care Workers. Both will be of benefit to people who would like to develop their capacity to work with their own feeling responses with an interest and/or experience in working with emotionally troubled children and young people in any setting. They are likely to come from fields such as residential or day-care, specialist social work (adoption, fostering, disability), mental health, or education. Groups will be about 14 participants. We can accept a maximum of 2 bookings from any work organisation for each course.

## Workshop Staff

**John Diamond** is CEO of the Mulberry Bush Organisation. He has worked in the field of therapeutic child care for many years and has advised government about child care practice.

**Teresa von Sommaruga Howard** is a group-analytic psychotherapist, an architect and an organisational consultant. She conducted the experiential group on the Reading University MA in Therapeutic Child Care.

**Deborah Best** is an independent trainer in therapeutic child care, and has taught on courses from Diploma level (Lioncare, Brighton) to MA (Reading University, Carlow College, the Tavistock & Portman) with many years' experience of SEBD education.

**Dave Roberts** is Head of Training and Consultancy at the Mulberry Bush Organisation and Programme Leader for the Foundation Degree in Therapeutic Work with Children and Young People validated by the University of the West of England.

**Dr. Linnet McMahon** is a play therapist and was course leader of the Reading University MA in Therapeutic Child Care

## Course Dates

**For Managers and Senior Workers:** 2-4 March; 10-11 June; 22-23 September

**For Workers:** 11-13 May; 15-16 July; 23-24 September.

## Venue and Cost

The Workshops will be held at

**The Study Centre, PETT, Toddington, near Cheltenham, Gloucs. GL54 5DQ.**

The centre offers good food with comfortable single or shared rooms. The fee for each course, including all meals and accommodation will be £1150.00. Payment may be divided as follows: £450.00 for first workshop and £350.00 for each of the following two workshops.

Further information, including travel details, will be sent out no later than a week in advance of the first workshop.

## Bookings

**To book** please return the tear off booking slip overleaf with a non-returnable deposit of £100.00 to

**Joanna Jansen,**

Planned Environment Therapy Trust, Church Lane, Toddington,  
Cheltenham, GLOS. GL54 5DQ, United Kingdom

**Tel:** + 44 (0) 1242 621200

**Email:** joanna@pettrust.org.uk

Please reserve a place for me on Course 1 or 2 – Please strike out course that does not apply:

1. Managing a Living Learning Experience' for Managers and Senior Workers
2. Creating a Living Learning Experience for Care Workers

I enclose a cheque for the deposit of £100.00 payable to Planned Environment Therapy Trust  
N.B. – All deposits are non-refundable.

<b>Name</b>		
<b>Job Title</b>		
<b>Organisation name (if applicable)</b>		
<b>Address</b>		
<b>Email</b>	<b>Phone</b>	
<b>Have you any special dietary requirements? Please specify</b>		
<b>Would you be willing to share a room? <i>Please tick</i></b>	<b>Yes</b>	<b>No</b>
<b>Signature of person attending workshop:</b>		

Please ensure that the balance of payment is made by no later than four weeks before the course date. Any cancellations must be received by the Planned Environment Therapy Trust by this date, after which the full fee will be payable. Names and addresses of those attending are held on a computer record; if you object to this information being held and do not wish to receive details of future workshops, please tick here