A New Service Model For The Treatment of Severe Anorexia Nervosa In The Community: The Anorexia Nervosa Intensive Treatment Team (A.N.I.T.T.)

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There is a dearth of evidence relating to the efficacy, safety or cost-effectiveness of treatment for the sub-group of patients with severe Anorexia Nervosa. Can intensive community-based treatment safely and effectively treat patients with severe Anorexia Nervosa?

We describe an intensive home treatment service (A.N.I.T.T) for patients with severe Anorexia Nervosa (sAN) which has been developed in Edinburgh over the last 7 years. A preliminary evaluation of acceptability, safety and cost are presented.