

Welcome to the sixth and final NAV Newsletter! January 2007 Issue 6

After over 18 hectic months, we have now reached the end of the audit programme. We would like to take this opportunity to thank everybody involved for making it a great success.

After months of analysing all the data collected from the audit, the final reports (one for working age adult services and one for older peoples' services) have been posted to all Project Leads and Chief Executives of participating trust/organisations. These are now available to download on our website under www.rcpsych.ac.uk/nav-reports

This final issue of our newsletter contains information about ongoing work around action planning and implementing change, as well as concluding information about the project. Enjoy!



Action Plan Database

To support project teams to share ideas about their planned actions with other project teams that might be considering making similar improvements, we have compiled the action plans into a searchable database that is now available on our website under the link www.rcpsych.ac.uk/nav-apdatabase.

The action plan database contains every individual action identified. These can be searched through **either** using a 'keyword' **or** by selecting from 'categories'.

Below is how the search function appears on the website.

- Using the Keyword search, each individual action that contains the word/term searched will be displayed.
- Using the drop down boxes in the category search allows navigation of multiple category headings, allowing a wider search, also displaying related themes.
- Search results are displayed under Trust and Ward name. Alongside each action, you will also find the contact details of the corresponding project team lead who has given her/his permission for you to contact them.

Keyword:
 Search

Main Category:

Sub Category1:

Sub Category2:

List

Bedfordshire and Luton (Townsend)

Issues Identified:	Lower than national levels of staff personal safety alarms available
Actions/Recommendations:	A system is now fully in place where nurse call alarm pagers and triggers are available in the nursing office for all staff, students and professional visitors. A system is in place to monitor the use of these.
Main Category:	The Ward
Sub Category1:	Alarms
Sub Category2:	Personal Safety Alarm
Contact Name	Maggie Nicholls
Telephone:	01234 315843
Email:	maggie.nicholls@blpt.nhs.uk

Available online now!

Implementing change Supporting teams to take forward their local action plans

As part of the National Audit of Violence, local teams were asked to compile an action plan for each participating ward. The Healthcare Commission has funded the *Royal College of Psychiatrists' Education and Training Centre* to carry out a series of one-day training sessions. These workshops will support those responsible for taking these action plans forward and will help you understand how to bring about change.



Through a combination of **presentations**, **small group exercises** and **discussion** you will learn tools and techniques that will help you **overcome resistance**, **implement change successfully** and **sustain** it within your organisation.

By the end of this course, you will:

- Understand why making lasting change is so difficult
- Identify the key challenges that will lead to success
- Know what you need to do to make lasting change in your organisation
- Learn the practical tips, tools and techniques to help change and how to apply them
- Identify barriers / resistance to change and overcome them
- Know how to communicate change effectively, embed change and make it stick!
- Develop a change action plan

Available dates

Tuesday 29th January 2008	London
Tuesday 19th February 2008	Bristol
Wednesday 5th March 2008	Manchester
Wednesday 12th March 2008	Newcastle
Thursday 24th April 2008	Birmingham
Monday 28th April 2008	Leeds
Tuesday 29th May 2008	London

For more information and a booking form, please click on the following link;
<http://www.rcpsych.ac.uk/pdf/Implementing%20Change%20Flyer2.pdf>

Please note: All bookings are being handled by the College Education and Training Centre, who can be contacted on 020 7977 6652/57

Book your places now!

NAV-Chat is staying put!

Although the project has come to an end, we have decided to keep the NAV-Chat discussion group running for the foreseeable future. We hope that it will continue to be useful for sharing ideas and information, especially around action planning and change implementation. We will inform discussion group members when we plan to close the group. If you wish to unsubscribe from the group, please send an email with the subject 'unsubscribe' to nav-chat@cru.rcpsych.ac.uk. If you are not already a member, and would like to join, alternatively email with the subject 'join'.

Records of achievement

Each trust/organisation's project lead should have now received a 'record of achievement', listing how many modules were participated in by each ward, the number of questionnaires/checklists returned for each module, attendance at Introductory Workshops and Feedback Events and submission of action plans. These have also been sent to the Chief Executives of each trust/organisation.

If you require an electronic copy of your records, please do not hesitate to contact us.



How safe are your wards?

On 11th December 2007, the Royal College of Nursing Forensic Nursing Forum and the National Audit of Violence joined forces to host a one-day conference on best practice for in-patient services. Talks and Workshops were held by, amongst others, Colin Dale (NIHME/NPSA Prevention and Management of Violence Project), Marion Janner (Star Wards) and our very own Maureen McGeorge.

The day was a great success, with overwhelming number by service-users, carers and healthcare professionals in attendance. Many thanks to all the NAV project teams that attended. Presentations from the day are available under the link www.rcpsych.ac.uk/nav-events

Accreditation for Acute Inpatient Mental Health Services – Older People's Services (AIMS-OP)



From October 2008 the College Centre for Quality Improvement will offer membership of a new accreditation programme for older people's services. Work is currently underway to compile the standards and audit tools.

If you are interested in enrolling your service/s, or would like to forward details on to the appropriate person within your trust/organisation, more information and a joining form is available by clicking on the link www.rcpsych.ac.uk/aims-op

**Warmest wishes for 2008
and
Thank you for participating
From the Audit Team**

Contact us!

Please do not hesitate to contact us with any queries or suggestions:

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