

Trent Division



January 2009

Foreword from the Division Chair

Inside this issue:

CPD Events 2009	2
Divisional Prizes	5
Elections 2009	7
Affiliates Affairs	11
PTC Update	12
Clinical Excellence Awards	14

It barely seems six months since the last Trent Division Newsletter of July 2008 was produced as so much has been happening since then. Our Division hosted a very successful and well attended AGM entitled "Governance Matters" on 24th October 2008. The lunchtime debate was on New Ways of Working which has attracted a great deal of national concern. The programme devoted to Governance for psychiatrists was topical and well received. Leicester hosted an excellent meeting and I am sure that the AGM in Sheffield planned for 2009 will be equally stimulating and interesting.

(Continued on page 2)

Trent Division Annual Meeting



Dr Deenesh Khoosal, Trent Division Chair and Vanessa Cameron, Chief Executive, RCPsych (full report on page 4)

Dates for your Diary

- RCPsych Annual Meeting 2009
2 - 5 June 2009
Liverpool
- Trent Division Annual Meeting
9 October 2009
Rotherham-Sheffield

If you would like to submit an article for inclusion in the next edition of the newsletter please send it to ndavies@trentdiv.rcpsych.ac.uk by 31 May 2009

Foreword from Division Chair (continued)

(Continued from page 1)

The attention of our Divisional members is currently being concentrated on recruitment into psychiatry. Workforce issues remain a major area of concern in all the Divisions and at the College as it affects all of us. The August 2009 intake of trainee doctors is expected to be even more compromised unless major changes occur. National plans are being discussed to promote recruitment into medicine and psychiatry. Recruitment from non EC countries has not been excluded.

I would also like to draw your attention to a very important paper recently discussed at CEC regarding the Care Quality Commission (CQC) which deals with the relationship between professionally led national quality improvement and the regulation of healthcare services in England. If you would like further information on this I would be happy to discuss it with you.

I do hope you enjoy this issue of the Newsletter. We continue to strive to improve its content and presentation. Any ideas you have should be sent to Nikki at ndavies@trentdiv.rcpsych.ac.uk

Deenesh Khoosal
Trent Division Chair

Trent Division CPD Events for 2009

Dates for your diary!

Three CPD afternoons are being organised by the RCPsych Trent Division CPD Committee on the following dates.

Friday, 1st May 2009 - Darzi Implementation Update - Leicester

2pm to 5pm - speakers TBC

Friday, 26th June 2009 - Nottingham

2pm to 5pm - topic/speakers TBC

Friday, 6th November 2009 - Derby/Chesterfield

2pm to 5pm - topic/speakers TBC

The registration fee has been set at £20 per event. The invitation flyers with programme details for each CPD afternoon will be sent out soon.

In the meantime please contact Sue Corfield (scorfield@trentdiv.rcpsych.ac.uk) should you have any queries or need further information.

Dr Asit Biswas, Regional CPD Coordinator,
Trent Division, RCPsych (asitbiswas@yahoo.co.uk)

Trent Division Annual General Meeting 2009

To be held in
Rotherham - Sheffield
Friday, 9th October 2009

From 9.00 am – 4.30 pm

Booking form and full programme will be sent out soon

For more information please contact the Divisional Office

Tel: 0121 410 2655 Fax: 0121 410 2656

ndavies@trentdiv.rcpsych.ac.uk

scorfield@trentdiv.rcpsych.ac.uk

This event is eligible for CPD subject to the approval of your peer group

Fellowship Nominations

The closing date for nominations is 30 September each year. The process by which Members be awarded Fellowship of the College is that they should be nominated, proposed and seconded by two members of the College. Further details, including a nomination form, can be found at <http://www.rcpsych.ac.uk/training/postgraduateeducation/collegefellowship.aspx>

The Division would like to encourage eligible members to apply for Fellowship and has recently established a sub-committee to enable it to do so. Members wishing to apply for Fellowship should contact the Divisional Office if they need any assistance.

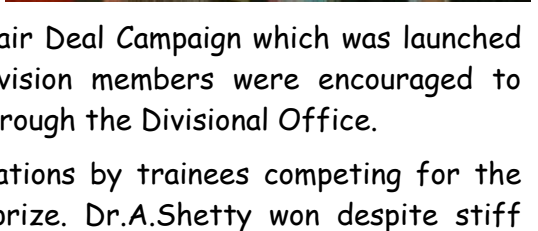
Congratulations to the following Division members who were elected to the Fellowship in 2008: Dr Sheela Biswas, Dr Edward de Saram, Dr Philip Meats and Dr Richard Prettyman.

Trent Division Annual Meeting 2008 - Conference Report

The very successful Annual General Meeting of the Trent Division of the Royal College of Psychiatrists was held at The Hilton Hotel in Leicester on the 24th October 2008. The event was well attended with over a hundred participants including nearly 30 trainees.

The morning session began with the welcome address by the Chair of the Division - Dr Deenesh Khoosal. This was followed by the business meeting and the Chair's report. The report highlighted important concerns for all Psychiatrists including major workforce issues facing us with recruitment and the Fair Deal Campaign which was launched at the College's Annual General Meeting in July 2008. Division members were encouraged to contribute to the Division's website with a new blog section, through the Divisional Office.

The days events unfolded with impressive research presentations by trainees competing for the award of the 2008 Trent Division Research Presentation prize. Dr. A. Shetty won despite stiff



competition. His presentation was entitled - A Descriptive study of the mortality of psychiatric patients in Nottingham. This study was a meticulous investigation spanning many years and included data from OPCS, Coroner's reports, psychiatric notes, Records department etc. The prize for best poster was also keenly contested with more than 14 submissions. The prize was awarded to Dr. K. Thangavelu for his poster on Driving among drug users.

Dr. Anne Bird (Associate Dean) then presented an interesting



talk on the new MRCPsych exams with a brief overview of its

history, evolution and current format. This was followed by what was possibly the liveliest session of the day, the debate : Psychiatry is being deprofessionalised by new ways of working. The floor counted 41 members for, 30 against and 9 abstentions on the motion. Prof. Palmer was an able and entertaining chair with Drs. Frost and Kinnair speaking for and Drs. Kendall and Clements making strong cases against.

After lunch, delegates had opportunities to participate in several parallel sessions including Job Planning, Appraisal and Revalidation, Examination Practice workshop and a Review of the Clinical Excellence Awards Process. Special sessions were held for trainees to meet with representatives on The Psychiatric Trainees Committee to discuss issues of common interest. Affiliates and SAS members also had a special session on how to approach Job planning exercises .

The informative and stimulating day concluded with a vote of thanks. We certainly will be attending the next AGM of the Trent Division in 2009 and encourage all members of the Division to do so as well.

Vijay Delaffon and Avinash Hiremath (ST4 trainees)



Divisional Prizes

The 2008 **Trent Division Poster Presentation Prize** was awarded to Dr Karthik Thangavelu for his entry 'Driving among drug users - are we doing enough? Outcome of an audit cycle on assessment of driving and related issues in drug misusers'. He was awarded a cheque for £100.

The 2008 **Research Presentation Prize** was awarded to Dr Adarsh Shetty at the Trent Division Annual Meeting. He was awarded a cheque for £200 for his presentation entitled 'A descriptive study of the mortality of psychiatric patients in Nottingham'. Further details about prizes and prize winners can be obtained from the Division's web page.



From left to right: Poster Presentation Prize judging; Dr Karthik Thangavelu - 2008 Poster Presentation Prize winner; Dr Adarsh Shetty - 2008 Research Presentation Prize winner

2009 Research Presentation Prize

The Trent Division of the Royal College of Psychiatrists invites entries from trainee psychiatrists and SAS grade psychiatrists for the Research Presentation Prize. Please note that trainee psychiatrists and SAS grade psychiatrists working in any specialty or sub-specialty within the Trent Region are eligible to enter providing the research was conducted in the UK irrespective of whether it is/was part of another degree. This year's prize (which can be shared) will amount to £200 and will be awarded for the best presentation of a piece of research carried out by a trainee or SAS grade psychiatrist. The winner will also be presented with a certificate at the Trent Division Annual General Meeting. Up to four entries will be selected by the Administering Committee as the most meritorious of those submitted and the entrants will be invited to present their research at the Trent Division Annual General Meeting.

**Entries should be sent to the Chair of the Trent Division at the Divisional Office by
31st July 2009**

2009 Poster Presentation Prize

The Trent Division of the Royal College of Psychiatrists invites entries from trainee psychiatrists and SAS grade psychiatrists for the Poster Presentation Prize. Please note that trainees and SAS grade psychiatrists working in any specialty or sub-specialty within the Trent Region are eligible to enter. This prize will amount to £100 and will be awarded for the best poster presentation by a trainee or SAS grade psychiatrist. The winner will also be presented with a certificate at the Trent Division Annual General Meeting.

**Entries should be sent to the Chair of the Trent Division at the Divisional Office by
31st July 2009**

Further details of all prizes can be found at

[http://www.rcpsych.ac.uk/college/divisions/trentdivision/
prizesandcompetitions.aspx](http://www.rcpsych.ac.uk/college/divisions/trentdivision/prizesandcompetitions.aspx)

Local Award Winners 2008

The British Pakistani Psychiatrists Association Awards 2008 results were announced during the 7th BPPA Annual Conference on 1-2 November 2008 at Marriott Forest of Arden Hotel, Warwickshire, UK. Congratulations to Dr Alvina Ali from Leicester who won The BPPA Clinical Audit Award.

If you or any of your colleagues have won awards recently please let us know so we can inform the membership of your achievements.

Trent Division - Current Consultations

(<http://www.rcpsych.ac.uk/college/divisions/trentdivision/currentconsultations.aspx?page=4000>)

The Division is currently seeking the views of its membership on the following:

- NICE: Promoting mental wellbeing at work - Consultation on the Evidence <http://www.nice.org.uk/guidance/index.jsp?action=folder&o=43058><http://www.nice.org.uk/nicemedia/pdf/MentalWellBeingInTheWorkplaceStatement.pdf>
Comments to tkennedy@rcpsych.ac.uk by 25 February 2009
- Consultation on the Draft General Medical Council (Licence to Practice; regulations 2009 and supporting guidance for Doctors) [Licence to Practice](#)
Comments to cchurchill@rcpsych.ac.uk by 6 April 2009
- Care Quality Commission consults on proposals for 2009/10 assessments of health and social care
Full details available at [Care Quality Commission](#)
Document available at [Consultation document](#)
Comments to cchurchill@rcpsych.ac.uk by 6 March 2009

If you would like to contribute to the Division's response to any of these documents please contact [Nicola Davies](#) at the Divisional Office.

Assessors for the College on Advisory Appointment Committees

If you have been a consultant for more than three years, would you be interested in representing the College as an Assessor on Advisory Appointment Committees (AACs)? Assessors are crucial to ensure good practice is maintained at all AACs and to provide a constructive assessment of applicants' expertise for the post. We urgently need representatives in all psychiatric specialties and in all regions. For full details on the role and how to become an Assessor, please contact Miss Charlotte Cox at the Department of Postgraduate Educational Services, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Alternatively, please see the College website by following the link <http://www.rcpsych.ac.uk/training/collegeassessor.aspx>. We do hope that you will join our team of Assessors and look forward to hearing from you.

2009 Elections, Appointments and Vacancies

ELECTIONS

Members of the Division are reminded of the forthcoming elections for:

2 x Executive Committee Members

Anyone wishing to stand for election should return a nomination form to Sue Duncan, Divisions Administrator, Royal College of Psychiatrists, 17 Belgrave Square, London, SW1X 8PG. The closing date for the return of nomination forms is

Friday, 3 April 2009

VACANCIES

Affiliates and SAS Doctors Representative

Addictions Faculty Representative

APPOINTMENTS

Dr Val Yeung - Psychiatric Trainees Committee Representative

Dr Jon Arcelus - Eating Disorders Section Representative

Dr Mangesh Marudkar - Service User and Carer Involvement

FAREWELLS

Dr Siraj Salahudeen - Affiliates and SAS Doctors Representative

Dr Anne Aboaja - Psychiatric Trainees Committee Representative

Please contact Nicola Davies in the Divisional Office for further details

New Specialist Associate Grade

The new grade of Specialist Associateship has been launched. Specialist Associateship of the College is open to registered medical practitioners working in the United Kingdom and who meet the following criteria:

- At least 5 years experience in psychiatry.
- Specialist training which has been assessed in the United Kingdom as being at least equivalent to a full programme of specialist training in psychiatry in the United Kingdom.
- Support from two sponsors who are subscribing Members or Fellows of the Royal College of Psychiatrists.
- Support from the Chair of the College Division in which the applicant is working at the time of application (the College will submit completed forms to Divisional Chairs on behalf of applicants).

Further information can be found at <http://www.rcpsych.ac.uk/members/aboutmembership.aspx#specialist>

Mental Health Research Network in Trent

The UK Mental Health Research Network (MHRN) is part of and funded by the National Institute for Health Research. The Network provides the NHS infrastructure to support commercial and non-commercial large scale research in mental health, including clinical trials. It is one of the topic specific networks under the umbrella of the UK Clinical Research Network (UKCRN) and is managed by a partnership between the Institute of Psychiatry, King's London and the University of Manchester.

Why do we need a research network?

Historically mental health research has not led or supported practice development. Reliance on small, localised studies prevented researchers from drawing valid general conclusions. In the past there has been little or no active involvement of those at the front line: service users and carers.

As a result, research has failed to inform policy, lacking coherence, relevance and crucially credibility with users and professionals. Without an efficient infrastructure, research findings suffer poor dissemination. Poor integration of resources, experience and expertise has meant that mental health research has been unable to attract level of funding support it needs.

The MHRN is intended to support research that will lead to larger more meaningful trials that can be converted into clinical practice. There are eight Hubs covering most of England and similar bodies in Wales, Scotland and Northern Ireland. The local Hubs coordinate research and provided Clinical Science Officers to identify subjects for studies. The MHRN has been very successful in improving recruitment to studies ensuring that they are completed in time with sufficient numbers of subjects. The MHRN has over 100 studies running across England at the moment.

In Trent there are two Hubs that cover much of the region. The East Midlands Hub Led by Professor Clive Adams and the Deputy lead is Dr Brian Ferguson, and the Heart of England Hub led by Professor Max Birchwood and for which I am deputy lead. As part of your normal working you will probably be contacted from time to time to be asked to take part in studies or to help in the identification of subjects. There has been a major increase in NHS research spending in recent years and there continues to be a drive from the Department of Health to double the number of patients involved in clinical research. There has also been extra support for research provided by the Comprehensive Local Research Network. There will be a move over time for research moneys to be concentrated on areas that are research active and for other areas to lose funding if they are not active in this area. These are exciting and challenging times

More information on the MHRN can be found at www.mhrn.info/

Dr Trevor Friedman

Deputy Lead, Heart of England Mental Health Research Network

Chair, Local Research Network for Leicestershire, Northamptonshire and Rutland

Executive Committee Member, Trent Division, RCPsych

The College offers a discount of £25 for fee payment in one Direct Debit instalment (January) and £15 for payment in two Direct Debit instalments (January and June). Retired members, PMPTs, and members overseas pay the lowest rate regardless of payment method. To set up a Direct Debit arrangement please go to <http://www.rcpsych.ac.uk/member/yourmembership/categoriesfees/howmuch.aspx#method>.

Direct debits set up now will take effect from January 2010.

Advance Notice

Annual Meeting of the Royal College Of Psychiatrists

'A FAIR DEAL for all: mental health in a multi-cultural society'

2nd - 5th June 2009 at the BT Convention Centre, Liverpool

For further information please visit

<http://www.rcpsych.ac.uk/events/annualmeeting2009.aspx>

or contact

conference@rcpsych.ac.uk

The Psychiatrists' Support Service

The Psychiatrists' Support Service (PSS) is a confidential telephone advice line for members of the Royal College of Psychiatrists who find themselves in difficult and often times distressing situations.

Since its launch at the college's 2007 Annual General Meeting, the PSS has taken over 100 calls from Members and Associates covering a wide range of issues including bullying and harassment, the career pathway, disciplinary procedures, General Medical Council referral and stalking, amongst much else.

We are now delighted to announce the publication of a series of 8 information guides (with more in the pipeline), which were launched at the 2008 AGM. As well as some of the topics mentioned above, these cover information on being excluded from work, whistle-blowing and the transition from trainee to consultant, to name a few.

Currently the guides are only obtainable in printed format, but will be available to download from the college website soon!

The PSS has also recently recruited a total of 9 doctors from across the UK to be part of our network of support psychiatrists. These will assist the Core Committee in providing support and advice to doctors who call the service.

For further information about the new information guides and the service in general, please contact the Psychiatrists' Support Service Manager on: 020 7245 0412 or by email at:

psychiatristssupportservice@rcpsych.ac.uk.

MEDIA ALERTS

The Divisional Office receives daily press alerts of issues relating to psychiatry that have appeared in the media. If there are any issues or particular articles that you would like us to look out for please contact us and we will arrange for alerts to be forwarded to you.

DEBATE SECTION - an opportunity to express *your* views

'New Ways of Working: A Pragmatic Way Forward?'

click for

click for

Votes received as at 27 January 2009 = 50% Yes / 50% No

Please write to the editor, c/o the Divisional Office with any additional comments, views and opinions on this topic for inclusion in the next edition of the newsletter

Comments received...

'New Ways of Working' (NWW) is arguably neither 'new' nor always 'works' (better). It is not even a 'Way'. It is a concept related to the constant process of adapting to, and shaping, the external circumstances in order to try and achieve a healthy balance between maximising the patient care, minimising the cost, and optimising the work-life balance for the work-force

A range of factors have raised doubts about the ongoing appropriateness and feasibility of the 'traditional' model of a 'catchment area' consultant psychiatrists' work with responsibility spanning across inpatient, day-patients, out-patients and domiciliary patients (and a range of other commitments). There are arguments in favour of this model too, but it seems that increasingly the case for change is strengthening. In the absence of any consistent external 'evidence', the operational component of the NWW is likely to be shaped by the Values and Perceptions of the stakeholders. It is perceived that the finances will be an increasingly major determining force

What is likely to work (better)?

Ability to make a clear and balanced case for change is necessary. A sense of ownership, team spirit and a keenness to succeed on the part of the involved clinicians (not just consultants) and managers is a key ingredient without which any model is unlikely to 'work'. A flexible attitude; willingness to learn and change with experience; clarity and agreement of roles and expectations between all concerned; adequate and equitable resource allocation are some of the other factors needed to succeed.

What is unlikely to work?

A centrally driven dictate; a sense of primacy of organisational requirements over user needs; a sense of powerlessness among clinicians and service users; are some of the obvious dangers to success of any NWW. A mere cosmetic changes with just redefining of the boundaries or change of management structure is unlikely to work. More paperwork for the clinicians 'to feed the beast' will also make any NWW difficult to succeed.

A way forward?

As stated before, there isn't 'a' way forward. Local needs, resources, values and experiences will drive local solutions. In Leicester, different psychiatric specialties are attempting to shape differently. A particular emphasis is being given on the management of interface issues as this is often perceived as a barrier and generates difficulties. The debate between specialty-led grouping and geographically led grouping of services has generated a number of ideas on getting the 'best of both worlds' along with the fears of having to serve 'two masters' with different expectations. The debate has also brought into sharp focus the gap between the 'vision' and the 'reality' of the services; the role of 'specialists' versus 'generalists'; 'appropriate delegation' versus opting for the 'cheapest pair' of hands to do the job; 'continuity of care' versus 'multi clinician team involvement'; gate-keeping between and across services; effects on the training of junior doctors, and a number of other issues. An ongoing awareness and acknowledgement of these issues and an ability to 'empathise' on the part of all concerned is needed to make any NWW work well.

Dr Mangesh Marudkar
Consultant Psychiatrist for Older Adults, Leicester

Affiliates' and SAS Members' Representative

SAS Doctors and Revalidation

The GMC intend to issue licences in the autumn of 2009 for all doctors in the medical register who wish to have a licence. SAS Grade doctors will need a licence to practice and those who are on specialist register will require recertification as well. The General Medical Council based on Good Medical Practice will issue licenses, which in turn will be based on satisfactory annual appraisal and participation in independent 360-degree feedback. Moreover, any issues concerning the doctor's conduct or practice should be resolved to the satisfaction of the medical director or responsible officer. Furthermore, according to GMC, relicensure will be based on a positive affirmation of the doctor's entitlement to practise, not simply on the absence of concerns.

The new SAS contract says that doctors should maintain professional standards and obligations as set out from time to time by the General Medical Council (GMC) and comply in particular with the GMC's guidance on 'Good Medical Practice' and a doctor is responsible for maintaining skills and knowledge. Annual appraisal is important for both revalidation as well as pay progression as part of the new SAS contract. During annual appraisal, it is important to produce evidence for the steps taken in the last year or since the last appraisal to maintain and improve ones knowledge and skills. If there are any professional or personal factors significantly restricting in maintaining and developing our skills and knowledge it is important to raise it during appraisal. Job planning should not be confused with annual appraisal. However, job

planning is quite important to achieve goals in our personal development plans (PDP) and finding time to maintain and improve our knowledge and skills. This is where the importance of Supporting Professional Activity (SPA) lies. Under the new SAS contract, a minimum of one SPA is mandatory. However, as SAS doctors progress through higher pay threshold they will require more than one SPA to demonstrate their contributions to a wider role. If a SAS doctor require more than one SPA, it can be negotiated during job planning sessions. Nevertheless, according to the new SAS contract, if a doctor has been prevented by any action or inaction on the part of the employer from satisfying any element of the incremental or threshold criteria they will not be prevented from moving through the relevant increment or threshold.

Annual appraisal is important for those who are on old SAS contracts as well, because of revalidation. Hence, it is important for all SAS doctors to develop and maintain a portfolio of evidence in order to support both revalidation and pay progression. All those who have already been maintaining a portfolio of evidence and involved in annual appraisals are well equipped to the face any contractual requirements and relicensing demands.

**Dr Siraj Salahudeen MRCPsych,
Affiliates and SAS grade Representative,
Trent Division, RCPsych
(e-mail sirajs@doctors.org.uk)**

References: <http://www.rcpsych.ac.uk/PDF/Information%20about%20Revalidation%20for%20Psychiatrists.pdf>
NHS employers- T&C of Service - Specialty Doctor 2008
<http://www.gmc-uk.org/about/reform/relicensing.asp>

'What do Members want from their Division?'

click here to e-mail your response:

[RESPONSE!](#)

or write to the editorial board, c/o the Divisional Office with any additional comments, views and opinions on this topic for inclusion in the next edition of the newsletter.

Psychiatric Trainees' Committee

Hello and Happy New Year to all!

Training in 2008 continued to be as demanding as ever. Not only were we still recovering from the aftermath of MMC, the past year also heralded many changes: the introduction of the new MRCPsych examination, the Student Associate grade, online work place based assessments, the new MHA and the first round of the ARCP.

In October 2008, Drs Anne Aboaja and Adaeze Anaenugwu handed over their roles as Trent PTC reps, whilst Dr Elena Baker-Glenn (ST4, Nottingham) has continued and branched out as Vice Chair of the PTC. She is joined by Drs Matt Impey (ST3, Sheffield) and Val Yeung (ST3, Nottingham). We thank Anne and Adaeze for their hard work, wish them well and we wish Anne good luck with the exciting new challenge of her consultant role.

The Trent Division AGM on 24th October was well attended by trainees which appeared to drive some friendly competition for the research and poster prizes, and sparked good trainee contributions in the lively debate on New Ways of Working. An update about the exam was provided for all by Dr Anne Bird, Associate Dean of the College and Dr Gill Doody, an experienced College examiner, ran a useful workshop for the exam specifically for trainees. There was also a PTC session, and it was a great opportunity for us to meet some of you, hear about the difficulties you are facing with your training and provide an update about training issues, which we aim to continue to do for all trainees in the region.

Update

Trainee registration with the College

For all CT1-3, ST1-3, LAT, and FTSTAs who are pre-membership psychiatric trainees (PMPT) - you **must** be registered with the College from January 2009. If you haven't already registered, do it NOW. Not only is it a mandatory training requirement, you will need to be registered to access the online WPBA and therefore pass the ARCP and sit your exams. Keep £118 spare for this.

Membership criteria and exams

As of 2009, there is no longer a need to do a 6 month post in CAMHS or LD in order to acquire membership of the College. However, in order to sit the final CASC exam, you will still need to demonstrate the **'acquisition of core training developmental psychiatry and psychotherapy competencies as evidenced by completion of appropriate workplace based assessments'** (from the current online application form). The current eligibility criteria stipulate that these should be ACEs, but, for the first sitting in 2009, other WPBAs that you have completed in developmental psychiatry and psychotherapy should provide sufficient evidence of your competencies. Don't leave them until the last minute and let us know if you encounter logistical difficulties in getting them done.

Recruitment

Recent exam data showed that only 6% of applicants were UK graduates. Since the MMC fallout and tougher immigration laws, we are heading now for a major shortage in the workforce which will affect us all, unless things change. There has since been a huge emphasis on recruitment from the College with the launch of the Student Associate grade with various freebies, the student section

Psychiatric Trainees' Committee (continued)

of the College website and an RCPsych facebook group. Please steer your medical students (and Foundation trainees) towards the positives of our profession, get them involved and enthused in patient care during their attachment, let them shadow you, give them appropriate educational grillings and feedback on their developing skills, and get them to sign up for the Student Associate grade with the College.

National recruitment to CT1 2009

The College are co-ordinating National Recruitment to CT1 for England in 2009. The applications were available online with a closing date of 16th January 2009. Interviews will take place between 9th March - 27th March and initial job offers will be made from 6th April. Further information is available on the College website. If you have any feedback on the recruitment process, positive or negative, please let us know.

Communication

2009 will no doubt reveal more changes and concerns for trainees. Please let us know if there are difficulties within your area that you would like raised within the College. We can be contacted via email addresses provided below and there is a Trent google group, which allows e-mail communication amongst all trainees across Trent. Please e-mail Elena to join. Please also continue to check the trainee pages of the College website regularly, particularly if you are aiming to sit the exam. Make sure your contact details are kept up to date with the College and, once registered with the College, you should receive regular PTC e-newsletters.

On the Horizon...

- We are aiming to hold meetings for all trainees in the 3 main areas of the Trent region (Leicester, Nottingham and Sheffield) as previously done, to enable you to directly feedback training issues and receive the latest from the College.
- The launch of an annual psychiatry 'Summer School' for interested medical students, the first to be held at the Maudsley this summer.
- The development of medical student societies for each of the Universities in our region.
- The launch of new annual Trent Division medical student prizes.
- Debate over the future of the medical workforce and value of the future CCT by NHS employers.

Training in 2009 holds the promise of further challenges for us all. Whilst I have listed my New Year's resolutions to include trying to keep my portfolio in order and do more for the audit section, I hope you will continue to feed back your views and ideas, work with us to improve training and make it as accessible, valuable and interesting as possible for all grades.

Best wishes,

Dr Val Yeung, PTC Representative, Trent Division, RCPsych

Elena's e-mail address is: elenabakerglenn@yahoo.co.uk

Matt's e-mail address is: matthew.impey@shsc.nhs.uk

Val's e-mail address is: valyeung@yahoo.co.uk

Clinical Excellence Awards

Congratulations to Professor Conor Duggan on obtaining a gold award in the 2008 round and to Dr Mike Harris and Dr Nisha Dogra on obtaining bronze awards.

The Trent Division CEA nominating committee met on Friday, 17 October 2008 to discuss 2009 bronze, silver and gold applications. Nominations were forwarded to the College. Details of Trent Division rankings can be found at <http://www.rcpsych.ac.uk/college/divisions/trentdivision/cearankings.aspx?page=3900> (member login required)

Members wishing to be considered for the 2010 round should submit their CVQ and the College's covering sheet to Sue Duncan, College Awards Administrator, sduncan@rcpsych.ac.uk, by 24th July 2009. Further details about the College's CEA procedures be found on the College website.

RCPsych Awards 2009

Categories:

- Psychiatric Team of the Year
- Mental Health Services Provider of the Year
- Advanced Psychiatric Trainee of the Year
- Psychiatric Academic of the Year
- Psychiatrist of the Year
- Core Psychiatric Trainee of the Year
- Medical Manager/Leader of the Year
- Public Educator of the Year

Nominations are welcome from individuals, teams, organisations, service users and/or carers, unless otherwise stated (please check the criteria online for each award).

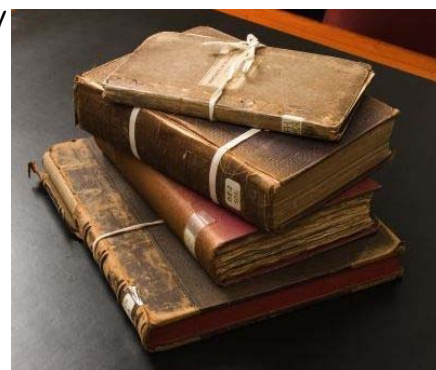
Closing date Monday, 2 March 2009.

Further details can be found at www.rcpsych.ac.uk/rcpsychawards

Adopt-a-book

An opportunity to contribute towards the history of psychiatry and the College

The Adopt-a-Book scheme is aimed at raising funds for the conservation and repair of the College's antiquarian book collection. The collection consists of rare books with some dating as far back as the 15th century. Most of the books were donated to the Medico-Psychological Association, a predecessor body of the College in 1895 as gifts or bequests towards the development of the library. Donations mainly came from the libraries of Doctors Daniel Hack



Tuke, J Lord, C Lockhart Robertson and J Whitwell. The collection also contains books written by notable authors such as John Charles Bucknill, Henry Maudsley, John Connolly, Sigmund Freud, and includes the first editions in both English and German of the complete works of Emil Kraepelin, as well as a collection of 18th century psychiatric dissertations on mental illnesses. It is an important source of information on the history of psychiatry, mental illness and learning disability.

The appeal for donations is directed at members and fellows of the College, and anyone who is interested in restoring and conserving the collection to a condition suitable for its use by researchers and historians, and in its preservation as part of our national heritage.

To obtain a full list of books to be adopted and a donation form, please go to www.rcpsych.ac.uk/college/archives/adopt-a-book or contact Francis Maunze, The Archivist, Tel: 020 7235 2351
E-mail: archives@rcpsych.ac.uk

Membership of the Executive Committee

Dr Deenesh Khoosal	Chair (E)
Dr Walter Bouman	Honorary Secretary (E)
Dr Gillian Pinner	Finance Officer (E)
Dr Harry Andrews	Rehab & Social Psychiatry Faculty
Dr Jon Arcelus Alonso	Eating Disorders Section
Dr Sabyasachi Bhaumik	Immediate Past Chair
Dr Asit Biswas	CPDRC
Dr Paul Boston	Faculty of Old Age
Dr Ann Boyle	ETSC Representative (E)
Dr Deborah Chaloner	Committee Member (E)
Dr Debasis Das	Committee Member (E)
Dr Gillian Doody	Committee Member (E)/ Regional Adviser
Dr Trevor Friedman	Liaison Faculty
Dr Danitza Jadresic	Committee Member (E)
Dr Adarsh Kaul	Forensic Psychiatry Faculty
Dr Richard Lansdall-Welfare	Learning Disability Psychiatry Faculty
Dr Mangesh Marudkar	Service User/Carer Involvement
Dr Ian Medley	Public Education Officer
Dr Rudresh Pathak	Committee Member
Dr Rhona Sargeant	Psychotherapy Faculty
Dr Mohan Thomas	Child & Adolescent Psychiatry Faculty
Dr Christopher Wallbridge	General & Community/ Regional Adviser
Dr Jane Warrington	Regional Adviser
Professor Peter Woodruff	Academic Faculty
Dr Val Yeung	PTC Representative

The Trent Division Executive Committee meets four times a year to discuss both College and local issues. Members of the Committee can be contacted through the Divisional Office.

2009 Meetings:

21st January 2009

3rd April 2009

24th June 2009

13th November 2009

Please refer to the Division's website for a full colour version of this newsletter in PDF format.

Disclaimer: The opinions expressed in this newsletter are those of individual authors and do not necessarily represent the views of the Royal College of Psychiatrists

Royal College of Psychiatrists

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