

# Trent Division



July 2009

## Foreword from the Division Chair

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Much has happened since our last newsletter was circulated. At a Divisional level, Dr Gill Doody and Dr Danitza Jadresic have come to the end of their terms of office as elected Executive Committee Members of the Trent Division. We thank them for their hard work. We are pleased to welcome Dr Mangesh Marudkar and Dr Anand Ramakrishnan as new members of the Executive and we look forward to working closely with them. My thanks also to Dr Danitza Jadresic for agreeing to serve on the English Policy Committee as a co-opted member of our Division. Dr Gill Doody will also remain on the Trent Division Executive Committee in her position as Regional Advisor for Derbyshire, Lincolnshire and Nottinghamshire.

*(Continued on page 2)*

## RCPsych Annual Meeting - Liverpool



Division Chairs (and Managers) at work (clockwise from front left: Tom Brown, Michael Maier, Deenesh Khoosal, Eva Davison, Philip McGarry, Adrian James, Nikki Davies, Cathal Cassidy, Helen Matthews and Josanne Holloway)

### Dates for your Diary

- Trent Division Annual Meeting  
9 October 2009  
Rotherham-Sheffield
- RCPsych Annual Meeting 2009  
21 - 24 June 2010  
Edinburgh

If you would like to submit an article for inclusion in the next edition of the newsletter please send it to [ndavies@trentdiv.rcpsych.ac.uk](mailto:ndavies@trentdiv.rcpsych.ac.uk) by 30 November 2009

## Foreword from Division Chair (continued)

*(Continued from page 1)*

We have been very active at several different levels. An excellent programme has been put together for our AGM in Rotherham on Friday 9<sup>th</sup> October 2009. Details of this event are available in this newsletter together with an outline of the newly set up prizes. Please keep the date free in your diary as I look forward to meeting you at this event. It will also be an opportunity to meet Prof. Dinesh Bhugra who is keen to foster a closer working relationship with the Divisions. I would also like to congratulate our Division's members who have obtained Fellowship of our College. Our members made up 15% of all the new Fellows - an admirable record of the work done by our Fellowship Committee.

We have now embraced the Fair Deal Campaign by incorporating user/carer involvement and recruitment into psychiatry into our action plans. Watch this space for more information. Following consultation with our members last year, we have arranged the requested CPD events. The first session was about Personality Disorders on 26<sup>th</sup> June 2009 in Nottingham. Details of other CPD events will be available on our website in due course. This is your opportunity to support the activities that you wanted the Executive to arrange for you. This Division has provided a robust response to the President's discussion paper on Professionalism in Psychiatry. Our contribution appears to be similar to that from other Divisions and from trainees. The President has agreed to take these comments into consideration when producing the next draft.

At College level, the Liverpool AGM (June 2009) was a huge success especially for the Divisions. We hosted our first ever, very successful double session on how psychiatry can influence politicians and how politicians in turn can influence psychiatry entitled "Shaping Policy for Mental Health". Speakers were Denise Coia, Martin Elphick, Anthony Sheehan and Sue Bailey. So successful was this event that the registrar has plans for this session to be printed in a future issue of the Bulletin. The Divisions are planning another session for the Edinburgh AGM (21-24<sup>th</sup> June 2010). The Divisions have also been successful in their campaign to remove the regular use of the title of Vice President of the College as this title does not, to non psychiatrists, represent the work undertaken by the post holder. I am also pleased to report that competition for the Royal College of Psychiatrists awards for 2009 has been intense and a short list was announced on 10<sup>th</sup> June 2009. Our best wishes to those shortlisted from Trent. The winners will receive their awards at a special ceremony at the Royal Society of Medicine (London) on 6<sup>th</sup> October 2009.

Finally I do hope that you enjoy this issue of our newsletter. Many people have contributed to its production and success and I thank them all for this. This is after all your newsletter so please send us your comments, views, ideas, photographs etc., for consideration for inclusion in future issues. Enjoy!

**Dr Deenesh Khoosal, Trent Division Chair**

The College offers a discount of £25 for fee payment in one Direct Debit instalment (January) and £15 for payment in two Direct Debit instalments (January and June). Retired members, PMPTs, and members overseas pay the lowest rate regardless of payment method. To set up a Direct Debit arrangement please go to <http://www.rcpsych.ac.uk/member/yourmembership/categoriesfees/howmuch.aspx#method>.

Direct debits set up now will take effect from January 2010.

# Trent Division Annual General Meeting 2009

## 'Psychiatry in Distress: Professionalism'

To be held in  
**Rotherham**

**Friday, 9<sup>th</sup> October 2009**

For more information please contact the Divisional Office

Trent and West Midlands Divisions,

Halifax House, 14-15 Frederick Road,

Edgbaston, Birmingham, B15 1JD

Tel: 0121 410 2655 Fax: 0121 410 2656

[ndavies@trentdiv.rcpsych.ac.uk](mailto:ndavies@trentdiv.rcpsych.ac.uk)

[scorfield@trentdiv.rcpsych.ac.uk](mailto:scorfield@trentdiv.rcpsych.ac.uk)

**\*Limited places available – book early to avoid disappointment \***

*This event is eligible for CPD subject to the approval of your peer group*

## Fellowship Nominations

The closing date for nominations is 30 September each year. The process by which Members be awarded Fellowship of the College is that they should be nominated, proposed and seconded by two members of the College. Further details, including a nomination form, can be found at <http://www.rcpsych.ac.uk/training/postgraduateeducation/collegefellowship.aspx>

The Division would like to encourage eligible members to apply for Fellowship and has recently established a sub-committee to enable it to do so. Members wishing to apply for Fellowship should contact the Divisional Office if they need any assistance.

Congratulations to the following Division members who were recently elected to the Fellowship: Dr Asit Biswas, Dr Paul Boston, Dr Walter Bouman, Dr Ann Boyle, Dr Penelope Campling, Dr Debbie Chaloner, Dr Nisha Dogra, Dr Gillian Doody, Dr Satheesh Gangadharan, Dr Ray Haddock, Dr Danitza Jadresic, Dr Adarsh Kaul, Dr Tim Kendall, Dr Hugh Middleton, Dr Mostafa Mohanna, Dr Tim O'Grady, Dr Gill Pinner, Dr Dev Ratan, Dr Nicholas Seivewright, Dr John Sykes and Dr David Tombs.

16% of new Fellows were from the Trent Division and 100% of the applications submitted through the Divisional Office were successful in obtaining the Fellowship.

## Trent Division CPD Events for 2009/2010

### Dates for your diary!

**Friday, 6th November 2009** - Derby/Chesterfield

2pm to 5pm - Adult ADHD

**April 2010** (exact date tbc)

**June 2010** (exact date tbc)

**November 2010** (exact date tbc)

The registration fee has been set at £20 per event. The invitation flyers with programme details for each CPD afternoon will be sent out nearer the time.

In the meantime please contact Sue Corfield ([scorfield@trentdiv.rcpsych.ac.uk](mailto:scorfield@trentdiv.rcpsych.ac.uk)) should you have any queries or need further information.

Dr Asit Biswas, Regional CPD Coordinator,  
Trent Division, RCPsych ([asitbiswas@yahoo.co.uk](mailto:asitbiswas@yahoo.co.uk))

### 2009 Audit Prize for Foundation Trainees

Entries are invited from Foundation trainees, who are currently registered as RCPsych Student Associates, for the Audit Prize. A prize of £100 will be awarded to the best audit relevant to any field of psychiatry. The winner will also be presented with a certificate at the Trent Division Annual General Meeting.

### 2009 Research Presentation Prize

Entries are invited from trainees and specialty grade doctors for the Research Presentation Prize. Please note that trainees and specialty grade doctors working in any specialty or sub-specialty of psychiatry within the Trent Region are eligible to enter providing the research was conducted in the UK irrespective of whether it is/was part of another degree. This year's prize (which can be shared) will amount to £200 and will be awarded for the best presentation of a piece of research carried out by a trainee or specialty grade doctor. The winner will also be presented with a certificate at the Trent Division Annual General Meeting. Up to four entries will be selected by the Administering Committee as the most meritorious of those submitted and the entrants will be invited to present their research at the Trent Division Annual General Meeting.

### 2009 Poster Presentation Prize

Entries are invited from trainees and specialty grade doctors for the Poster Presentation Prize. Please note that trainees and specialty grade doctors working in any specialty or sub-specialty of psychiatry within the Trent Region are eligible to enter. Prizes of £100 will be awarded to the best poster presentation by a CT1-3 trainee and the best poster presentation by a ST4-6 trainee or specialty grade doctor. The winner will also be presented with a certificate at the Trent Division Annual General Meeting.

**Entries for all of the above prizes should be sent to the Chair of the Trent Division at the Divisional Office by 31st July 2009**

### Coming soon....

Medical Student Elective Prize - 1<sup>st</sup> prize £500 and 2 runner up prizes of £250 each - open to final year medical students (1 prize for each Medical School)

Medical Student Public Speaking Prize - this will commence in the near future. A prize of £500 will be shared between the winning team from Sheffield, Leicester or Nottingham.

Further details of all prizes can be found at  
[http://www.rcpsych.ac.uk/college/divisions/trentdivision/  
prizesandcompetitions.aspx](http://www.rcpsych.ac.uk/college/divisions/trentdivision/prizesandcompetitions.aspx).

## Trent Division - Current Consultations

(<http://www.rcpsych.ac.uk/college/divisions/trentdivision/currentconsultations.aspx?page=4000>)

The Division is currently seeking the views of its membership on the following:

- Draft guidance on provisions to deal with nuisance or disturbance behaviour on NHS premises in England [http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH\\_099063](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_099063)  
Comments to [cchurchill@rcpsych.ac.uk](mailto:cchurchill@rcpsych.ac.uk) by 28 July 2009
- Strategic Review of Health Inequalities in England post 2010 (Marmot Review) <http://www.ucl.ac.uk/gheg/marmotreview/consultation>  
Comments to [cchurchill@rcpsych.ac.uk](mailto:cchurchill@rcpsych.ac.uk) by 24 July 2009

If you would like to contribute to the Division's response to any of these documents please contact [Nicola Davies](#) at the Divisional Office.

## New Specialist Associate Grade

The new grade of Specialist Associateship has been launched. Specialist Associateship of the College is open to registered medical practitioners working in the United Kingdom and who meet the following criteria:

- At least 5 years experience in psychiatry.
- Specialist training which has been assessed in the United Kingdom as being at least equivalent to a full programme of specialist training in psychiatry in the United Kingdom.
- Support from two sponsors who are subscribing Members or Fellows of the Royal College of Psychiatrists.
- Support from the Chair of the College Division in which the applicant is working at the time of application (the College will submit completed forms to Divisional Chairs on behalf of applicants).

Further information can be found at <http://www.rcpsych.ac.uk/members/aboutmembership.aspx#specialist>

## Assessors for the College on Advisory Appointment Committees

If you have been a consultant for more than three years, would you be interested in representing the College as an Assessor on Advisory Appointment Committees (AACs)? Assessors are crucial to ensure good practice is maintained at all AACs and to provide a constructive assessment of applicants' expertise for the post. We urgently need representatives in all psychiatric specialties and in all regions. For full details on the role and how to become an Assessor, please contact Miss Charlotte Cox at the Department of Postgraduate Educational Services, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG. Alternatively, please see the College website by following the link <http://www.rcpsych.ac.uk/training/collegeassessor.aspx>. We do hope that you will join our team of Assessors and look forward to hearing from you.

## Advance Notice

### International Congress of the Royal College Of Psychiatrists

'ADVANCING SCIENCE'

21st - 24th June 2010 at the EICC, Edinburgh

For further information please visit

<http://www.rcpsych.ac.uk/events/annualmeeting2010.aspx>  
or contact

### The Psychiatrists' Support Service

The Psychiatrists' Support Service (PSS) is a confidential telephone advice line for members of the Royal College of Psychiatrists who find themselves in difficult and often times distressing situations.

Since its launch at the college's 2007 Annual General Meeting, the PSS has taken over 100 calls from Members and Associates covering a wide range of issues including bullying and harassment, the career pathway, disciplinary procedures, General Medical Council referral and stalking, amongst much else.

We are now delighted to announce the publication of a series of 8 information guides (with more in the pipeline), which were launched at the 2008 AGM. As well as some of the topics mentioned above, these cover information on being excluded from work, whistle-blowing and the transition from trainee to consultant, to name a few.

Currently the guides are only obtainable in printed format, but will be available to download from the college website soon!

The PSS has also recently recruited a total of 9 doctors from across the UK to be part of our network of support psychiatrists. These will assist the Core Committee in providing support and advice to doctors who call the service.

For further information about the new information guides and the service in general, please contact the Psychiatrists' Support Service Manager on: 020 7245 0412 or by email at:

[psychiatristssupportservice@rcpsych.ac.uk](mailto:psychiatristssupportservice@rcpsych.ac.uk).

### \*MEDIA ALERTS\*

The Divisional Office receives daily press alerts of issues relating to psychiatry that have appeared in the media. If there are any issues or particular articles that you would like us to look out for please contact us and we will arrange for alerts to be forwarded to you.

**DEBATE SECTION - an opportunity to express *your* views**

'New Ways of Working: A Pragmatic Way Forward?'

click for

[YES](#)

click for

[NO](#)

Votes received so far = 50% Yes / 50% No

Please write to the editor, c/o the Divisional Office with any additional comments, views and opinions on this topic by the end of November 2009

**2009 Elections, Appointments and Vacancies****\*2009 ELECTION RESULTS\***

Executive Committee Member - Dr Mangesh Marudkar

Executive Committee Member - Dr Anandamandiram Ramakrishnan

**\*VACANCIES\***

Affiliates' and SAS Members' Representative - closing date 31 July 2009

Forensic Psychiatry Faculty Regional Representative - closing date 31 July 2009

Addictions Faculty Representative - nominations with Faculty

**\*APPOINTMENTS\***

There have been no appointments within the Division

**\*FAREWELLS\***

Dr Gill Doody and Dr Danitza Jadresic have both come to the end of their terms of office as elected members of the Executive Committee but will continue in their respective roles as Regional Advisor (GD) and Policy Committee Representative (DJ).

Please contact Nicola Davies in the Divisional Office for further details

'What do Members want from their Division?'

click here to e-mail your response:

[RESPONSE!](#)

or write to the editorial board, c/o the Divisional Office with any additional comments, views and opinions on this topic for inclusion in the next edition of the newsletter.

## Member of the month—interview with Dr Deenesh Khoosal

Dr Deenesh Khoosal was brought up in Durban in South Africa. He studied medicine in Dublin before doing his junior training in Oxford and worked as an SpR on the Leeds rotation scheme. In 1989, Professor Sydney Brandon persuaded Dr Khoosal to move to Leicester where he now works as a consultant in general adult psychiatry at the Leicester General Hospital.

**Did you attend this year's Annual Meeting in Liverpool?**

I have been attending the College Annual Meetings for several years now as it is a good opportunity for CPD, meeting colleagues and networking. This year the Divisions organised their first ever session on 'Shaping Policy for Mental Health'. The session attempted to address the issue of whether those of us working in the NHS can actually influence policy and if so, how? I wouldn't miss the AGM's if at all possible.

**Tell us something about yourself that most people don't know.**

I was brought up in apartheid South Africa which led me to develop a strong social conscience. I find it impossible to tolerate injustice of any kind, particularly in matters relating to ethnicity. I studied medicine for a year at a Medical School in Johannesburg - this was at the time a white institution. However, a number of political protestors were "accidentally" falling to their death out of seventh storey windows at the John Vorster Police HQ. I became involved in student protests and marches, and was thrown out of the Medical School for not honouring the opportunity given to me.

**What trait do you deplore in others?**

I despise bigotry. I believe that my reputation locally is for being straight forward and honest.

**Could you tell me about either a film or book that left an impression on you?**

Salman Rushdie's *Midnight Children*. It is such a



cleverly written social treatise charting the history of partition and the injustices that arose on both sides of the divide which wrecked people's lives.

**When not being a psychiatrist, what do you enjoy?**

I enjoy socialising, good food and theatre. Leicester has recently opened a state of the art theatre, The Curve. It was designed by the world renowned architect, Rafael Vinoly. I had the privilege of meeting the Queen, for a second time, at its opening.

**Which people have influenced you the most?**

Nelson Mandela and Gandhi because despite personal adversity, both men had an admirable sense of compassion and morality.

**If you were not a psychiatrist what other profession would you choose?**

I would probably have chosen law. This was largely due to the political struggle to rid the South Africa of my childhood of its unacceptable practises.

Read all about Professor Bob Palmer in the next issue...

## Psychiatric Trainees' Committee Update

### Proposed future nationalisation of ST4-6 allocation to higher specialist training

Most, if not all of you, training at both core and higher levels will hopefully have received emails from Trent PTC reps about the proposal for nationalising ST4 entry by the Dean, Professor Rob Howard. Thanks again to those of you who fed back views and concerns to the PTC, and please continue to do so on such important matters, that can have ramifications for us all.

Based on the success of this year's national CT1 recruitment process, there are now plans for ST4-6 entry to be run using a similar, national, MTAS like system. To summarise the proposal:-

- Job allocations in 2010 are to be adapted and piloted to a system that can be used for 2011 when all posts are uncoupled, by creating two rounds of allocations.
- For round 1, all run through STs will be appointed to jobs in their deaneries as done previously, but with only 2 choices of subspecialty. Jobs left over then get put through to round 2. After CASC results (and with the knowledge of run-through trainees who don't meet ST4 criteria from failing the exam), the available ST4 posts that are open are then ascertained for round 2.
- Round 2 is then opened to all those who don't have run through contracts, but meet the person specifications, eg CTs and staff grades. These non run through doctors then compete for the remaining jobs. This round will be NATIONAL recruitment. Candidates get two choices, either the same specialty in two deaneries, or two specialties in one deanery across the nation (England only).
- Trainees would get up to two interviews for jobs, with questions set to national standards.
- The proposed template for round 2 is to be used for future national recruitment from 2011 when all posts are uncoupled.
- There are two proposed entry points per year into ST4 - either February/August or April/October.

The PTC and many trainees were concerned about the proposal in its current form. In particular, that higher specialist training selection, having more specific issues for both trainees and deaneries, was being modelled on core training selection, with restricted options, despite aiming to be a 'national' process. These issues have been brought to the attention of the Dean and Heads of Schools to address and debate further.

### Annual medical student and FYT prizes for Trent Division

Prizes for elective projects and audits have now been approved by the College, with quite a bit of cash up for grabs. Please look out for the notices and see if your students / FYT can get an award.

There are also separate presentation prizes for core and higher trainees, and every 4 months £25 will awarded for the best photo depicting aspects of mental health to anyone in the Division, to support the RCPsych 'Images of Psychiatry' campaign. Get snapping!

### **Coming Up...**

- Further debate over ST4-6 allocation and the value of the CCT.

## Psychiatric Trainees' Committee Update (continued)

- Dr Max Pemberton, Telegraph columnist and author of 'Trust Me I'm A Junior Doctor' will be in Nottingham University in September for an evening presentation about training in psychiatry, with a reading from his new book 'Where Does it Hurt?'
- Continued debate over core trainees being allowed to assess for section 5(2) under supervision, in parts of the Trent region.
- Possible launch of annual Trent Division prizes for clinical teaching.

Changes to our training continue to impact on all of our working futures. Whilst many of us have already endured such changes, it is still vital that as many viewpoints as possible continue to be heard, to inform College decision making whenever possible, from both experienced and less experienced trainees. Please continue to feed back your opinions and ideas to make our training as good as it can be. In fact, come and tell us in person at the PTC slot in the Trent AGM. We look forward to seeing you there.

Best wishes,

Dr Val Yeung, PTC Representative, Trent Division, RCPsych

## The Royal College of Psychiatrists on Facebook [www.facebook.com](http://www.facebook.com)

The official Facebook group of the Royal College of Psychiatrists is used to sign-post information on the medical students pages of the Royal College of Psychiatrists website such as details of College competitions, conferences and psychiatry electives.

Medical School Psychiatry Societies can use the page to share information about their local seminars and events. Details of the student associateship will also appear here.

## 'Images of Psychiatry' Photo Prize

The Trent Division has recently established an 'Images of Psychiatry' prize for the best photo taken by any member of the Division, depicting mental health. A prize of £25 will be awarded every four months. Entries should be submitted electronically with an accompanying paragraph of 150-200 words by the end of March, July or November. All suitable entries will be displayed on the Division's website and in the newsletter and the three winning photos from each year will be displayed at the Trent Division Annual Meeting.

## In the news...

Psychiatry's UK recruitment crisis by Channel 4 News

<http://www.channel4.com/news/article.jsp?id=3190557>

Shrink Rap - Stephen Fry

<http://www.channel4.com/programmes/shrink-rap/4od#2920417>

## How to do an overseas Out of Programme Experience

**How to do an overseas OOPE (Out Of Program Experience) for trainees.**

**Interview with Dr Anne Aboaja, Forensic Psychiatrist by Dr Val Yeung**

Dr Anne Aboaja recently returned from a 3 month period volunteering in Bolivia, following the completion of her higher specialist training in Trent.

**Q. What made you go for an OOPE?**

A. As a medical student I travelled to Uganda for my medical elective which was an opportunity to use and develop skills in a country with significant health needs. As I was about to finish my training, I decided to put my experience and broad skills into practice and take a "second medical elective". I felt that it would be "now or never", before I began my exciting consultant career.

**Q. Why Bolivia?**

A. Bolivia is the poorest country in South America. 0.2% of the health budget is spent on mental health (cf 5% in the UK). Prison mental health care in Bolivia requires much development especially as the prisons are twice as overcrowded as UK prisons (prison occupancy: Bolivia 209%, UK 112%). I worked in Cochabamba, the third largest city in Bolivia, where there was only one mental health professional, a psychologist, for all the city's prisons. I also wanted to improve my Spanish and have the exciting challenge of working in a totally different culture and setting.

**Q. How did you organise it?**

A. I started planning some months in advance and discussed it with my TPD (training programme director). I then completed an application to the Deanery, comprising rationale for OOPE, objectives, a personal learning plan, schedule of costs with sources of funding, and a letter from the host organisation. I then sent this paperwork to the Deanery for approval.

**Q. Seems similar to organising an elective.**

**How did you get funding and choose your placement?**

A. With all the orientation weekend, checklists, paperwork, jobs and insurance, the preparation certainly felt like a second elective but within the field of my chosen medical speciality! Sources of funding included my study budget and donations from friends and family.

The RCPsych Board of International Affairs has a Volunteers Programme which can sometimes be approved as part of training. There are a number of charitable organisations which can offer advice for other doctors considering working abroad. I approached such an organisation and requested a project in a Spanish speaking country involving prison / mental health work.

**Q. What kind of work did you do?**

A. I spent half of my time working at FreeHands, a community rehabilitation project for disadvantaged women who have been in prison either as an offender or as the wife/child of an offender. Through a programme called Life Skills, I organised sessions addressing mental health awareness, crisis resolution, problem-solving, substance misuse, and self-esteem. The rest of my time was split between the psychiatric hospital and the prison. I was not involved in direct clinical work. I shadowed consultants, and gave presentations to raise awareness of forensic mental health issues and to inform about psychiatric education and services in the UK.

## How to do an overseas Out of Programme Experience (continued)



*Two Bolivian psychiatrists (in white coats) after one of Anne's presentations*

### Q. Tell me about memorable experiences.

A. There were so many, I felt quite overwhelmed! I lived with a Bolivian family which was a helpful way to learn about the culture. The prison exposure was a real eye-opener, especially to see the whole family of the offender living alongside them inside the prison and to learn that many inmates had to pay rent for their cells.

The hospital buildings were well-kept and the grounds could easily feature in a National Trust brochure! There were four main units: i) substance misuse ii) male admissions/assessment iii) women's iv) long stay. The long stay ward provided care for men mainly with treatment-resistant schizophrenia, learning disability or dementia, all mixed on the ward. I learnt about differences in mental health law and training.

I felt really privileged to see all of this, and be in a position to hopefully make some positive changes through sharing information and signposting.

A particular highlight was when the women at FreeHands completed the Life Skills programme and celebrated this achievement during a graduation ceremony.

### Q. Sounds like it was really an adventure in psychiatry! What do you think you got from it?

A. I thoroughly enjoyed my OOPE and would highly recommend it to anyone who wants to have an exciting experience of psychiatry outside of our usual training. I learnt how to work collaboratively with very limited resources, to identify needs in the system and affirmed my worth as a doctor with a unique set of the skills acquired in my training that I can bring to the MDT in my work. I am ready to face the next challenge!



*Graduation ceremony for women at FreeHands*

In order to avoid an OOPE turning into an Out Of Body Experience, Anne and the PTC recommend that any plans are discussed as early as possible with the relevant Deanery and TPD!

## Clinical Excellence Awards

Members wishing to be considered for the 2010 round should submit their CVQ and the College's covering sheet to Sue Duncan, College Awards Administrator, [sduncan@rcpsych.ac.uk](mailto:sduncan@rcpsych.ac.uk), by 24th July 2009. Further details about the College's CEA procedures be found on the College website.

## RCPsych Awards 2009

We are delighted to announce that the following Trent Division mental health service provider has been shortlisted for the RCPsych Awards 2009.

The winners will be announced at the Awards ceremony, which will be held on Tuesday, 6 October 2009 at the Royal Society of Medicine in London.

Mental Health Services Provider of the Year 2009 shortlisted:

- Lincolnshire Partnership Trust

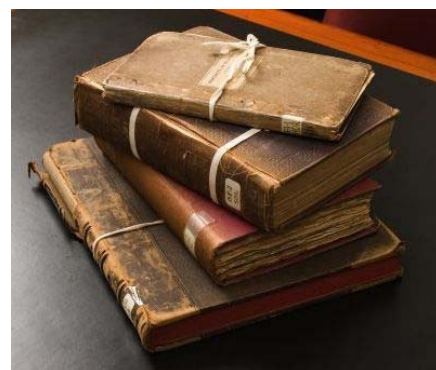
For more information about the RCPsych Awards, please contact

Nicola Boyce ([nboyce@rcpsych.ac.uk](mailto:nboyce@rcpsych.ac.uk))  
Campaigns and Communications Manager

## Adopt-a-book

*An opportunity to contribute towards the history of psychiatry and the College*

The Adopt-a-Book scheme is aimed at raising funds for the conservation and repair of the College's antiquarian book collection. The collection consists of rare books with some dating as far back as the 15th century. Most of the books were donated to the Medico-Psychological Association, a predecessor body of the College in 1895 as gifts or bequests towards the development of the library. Donations mainly came from the libraries of Doctors Daniel Hack Tuke, J Lord, C Lockhart Robertson and J Whitwell. The collection also contains books written by notable authors such as John Charles Bucknill, Henry Maudsley, John Connolly, Sigmund Freud, and includes the first editions in both English and German of the complete works of Emil Kraepelin, as well as a collection of 18th century psychiatric dissertations on mental illnesses. It is an important source of information on the history of psychiatry, mental illness and learning disability.



The appeal for donations is directed at members and fellows of the College, and anyone who is interested in restoring and conserving the collection to a condition suitable for its use by researchers and historians, and in its preservation as part of our national heritage.

To obtain a full list of books to be adopted and a donation form, please go to [www.rcpsych.ac.uk/college/archives/adopt-a-book](http://www.rcpsych.ac.uk/college/archives/adopt-a-book) or contact Francis Maunze, The Archivist, Tel: 020 7235 2351

## Membership of the Executive Committee

Dr Deenesh Khoosal	Chair (E)
Dr Walter Bouman	Honorary Secretary (E)
Dr Gillian Pinner	Finance Officer (E)
Dr Harry Andrews	Rehab & Social Psychiatry Faculty
Dr Jon Arcelus Alonso	Eating Disorders Section
Dr Sabyasachi Bhaumik	Immediate Past Chair
Dr Asit Biswas	CPDRC
Dr Paul Boston	Faculty of Old Age
Dr Ann Boyle	ETSC Representative (E)
Dr Deborah Chaloner	Committee Member (E) Public Education
Dr Debasis Das	Committee Member (E)
Dr Gillian Doody	Regional Adviser
Dr Trevor Friedman	Liaison Faculty
Dr Danitza Jadresic	Policy Representative
Dr Adarsh Kaul	Forensic Psychiatry Faculty
Dr Richard Lansdall-Welfare	Learning Disability Psychiatry Faculty
Dr Mangesh Marudkar	Committee Member (E) Service User/Carer Involvement
Dr Rudresh Pathak	Committee Member (Lincoln Representative)
Dr Anandamandiram Ramakrishnan	Committee Member (E)
Dr Rhona Sargeant	Psychotherapy Faculty
Dr Mohan Thomas	Child & Adolescent Psychiatry Faculty
Dr Christopher Wallbridge	General & Community/ Regional Adviser
Dr Jane Warrington	Regional Adviser
Professor Peter Woodruff	Academic Faculty
Dr Val Yeung	PTC Representative

The Trent Division Executive Committee meets four times a year to discuss both College and local issues. Members of the Committee can be contacted through the Divisional Office.

2009 Meetings:

21st January 2009

3rd April 2009

24th June 2009

27th November 2009

Please refer to the Division's website for a full colour version of this newsletter in PDF format.

Disclaimer: The opinions expressed in this newsletter are those of individual authors and do not necessarily represent the views of the Royal College of Psychiatrists

## Royal College of Psychiatrists

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