

To join the Quality Network for Perinatal In-patient Units, please complete and return this form:

CONTACT TITLE: .....

CONTACT FIRST NAME:.....

CONTACT SURNAME:.....

JOB TITLE:.....

UNIT NAME:.....

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ADDRESS:.....

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.....

.....

POSTCODE:.....

TEL:.....

FAX:.....

EMAIL:.....

PLEASE INDICATE LENGTH OF SUBSCRIPTION:

\_\_\_ 1 year at £2360 (exc. VAT)

\_\_\_ 3 years at £6726 (exc. VAT)

INVOICE TO BE MARKED FOR THE ATTENTION OF:

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ADDRESS.....

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POSTCODE:.....

TEL.....

FAX.....

## COSTS

Membership is £2360 (exc. VAT) per unit and is paid annually. Costs are subject to annual revision. Members can sign up for 3 years for £6726 (exc. VAT) - a 5% discount.

## CONTACT DETAILS

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Royal College of Psychiatrists' Centre for Quality Improvement

[www.rcpsych.ac.uk/perinatal-network](http://www.rcpsych.ac.uk/perinatal-network)

# Quality Network for Perinatal Mental Health Services



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## Why has the network been established and what will it do?

Following the inquiry into the death of Daksha and Freya Emson in October 2003 and the publication of the Confidential Enquiries into Maternal Deaths in 2001 and 2004, the College made a commitment to promote perinatal mental health. Initial funding was provided for the College Centre for Quality Improvement (CCQI) to complete a national survey of Specialist Perinatal Mental Health Services and to set up a Quality Network to develop and maintain standards for mother and baby units.

### CCQI

The CCQI has been engaging with frontline staff in mental health services for over 7 years and now has 11 successful quality improvement projects working in areas including CAMHS, therapeutic communities, the delivery of ECT, medium secure units and acute adult psychiatric in-patient units.

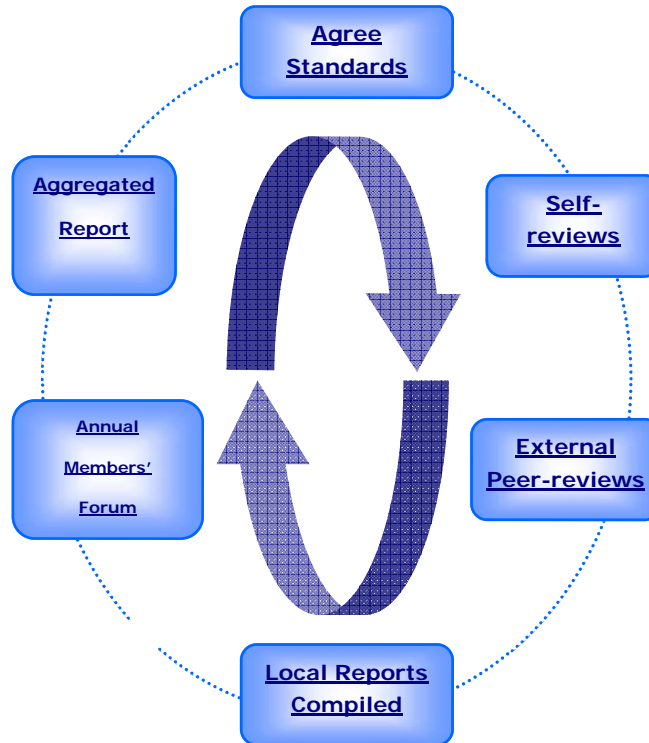
The perinatal network will follow a clinical audit cycle within a peer support network (this cycle is shown to the right).

### Comments from members of other CCQI projects about the benefits of being part of a network:

*"It is very useful to see other services and think about practices that could be used in our own unit"*

*"The peer network provides a focal point for sharing good practice and obtaining advice on common problems"*

## The review cycle



### The benefits of membership:

- **Service standards:** Developed in consultation with members of the network and specifically for in-patient perinatal units.
- **Self-review:** Members reflect on their performance against the standards—this familiarises them with key standards and provides a designated space for reflection on service provision.

- **Peer-review:** This allows staff to identify and discuss challenges with the visiting review team made up of other perinatal professionals. The peer-review is service-focused, pooling the experience of the reviewers to help formulate action plans and recommendations.
- **A detailed team report:** This recognises areas of achievement and suggests ideas for improvement and action points.
- **An organised visit to another perinatal in-patient unit:** Staff peer-review another service, supported by an experienced lead reviewer.
- **Annual national report:** The aggregated data from the peer-reviews will be used to identify trends and allow benchmarking.
- **Newsletter:** Updates on perinatal news, project developments and papers describing service improvement initiatives undertaken by members.
- **Annual Forum:** An opportunity to report and discuss findings from across the network and share service development initiatives.
- **Certificate of participation:** The certificate from the Royal College of Psychiatrists confirms that staff are committed to ongoing evaluation and quality improvement, and striving to meet best practice standards.