

Partners in Care Training Resource

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- Preface by Her Royal Highness The Princess Royal
- Foreword by Mike Shooter, Sheila Hollins & Peter Tihanyi
- Knowledge, Skills and Attitudes about Carers – Mike McClure

1. CARERS MODULE

- Who cares for the carers? – Mike Shooter
- The Princess Royal Trust for Carers: Carers' Health Survey
- Caring for Richard – Cornelius Katona & Philippa Katona
- Sharing – Philip Ingram
- An unsuspecting Carers Tale – Maurice Vaillancourt
- Life in the fast lane – a mother
- Who will listen – a wife
- A prisoner in his own home – a husband
- Are we here yet? – David and Anne Shiers
- Richard and I – a wife
- Being equally different: lesbian and gay carers – Roger Newman

CD ADDITIONS

- *Assessment of carers' psychological needs* – Jan Oyebode
- *Expressed emotion across cultures* – Dinesh Bhugra & Kwame McKenzie
- *Expressed emotion at first-episode psychosis: investigating a carer appraisal model* – D. Raune, E. Kuipers & P. E. Beddington

2. PARTNERSHIPS MODULE

- Policies and legislation for carers – Peter Tihanyi
- Carers as partners in care – Nick Hervey and Rosalind Ramsay
- User and carer involvement in mental health services: from rhetoric to science – E.L. Simpson and A. O. House
- Carers' and users' expectations of services – Paul Lelliott, Anne Beevor, Gary Hogman, John Hyslop, Judith Lathlean & Martin Ward
- Healing from within: spirituality and mental health – Larry Culliford

CD ADDITIONS

- *An Introduction to working in partnership with carers (PowerPoint)* – Irene Cormac
- *Family aspects of caring (PowerPoint, notes and references)* – Gráinne Fadden
- *Carers' and users' expectations of services questionnaire*

3. YOUNG CARERS & FAMILIES MODULE

- Young carers' stories: Sometimes; Good days and bad days; The best Dad in the world; Mum alone in the house; Keeping an eye on Terry
- Young Carers, young victims or young survivors? – Alan Cooklin
- Checklist for professionals coming into contact with the children of parents with mental health problems
- Checklist for parents with children with mental health problems
- Information about psychosis for brothers and sisters

CD ADDITIONS

- *Caring Round the Clock*

4. CONDITIONS MODULE

- Alcohol, drugs and addiction
- Alzheimer's disease and other dementias
- Anxiety and phobias
- Depression
- Eating disorders
- Forensic psychiatric services
- Learning disability and mental health problems
- Postnatal depression
- Severe mental illness

5. COMMUNICATION MODULE

- Checklist for carers of people with mental health problems.
- Checklist for people with mental health problems.
- Checklist for psychiatrists.
- Leaflet on ' Carers and confidentiality in mental health: issues involved in information-sharing'
- Inhuman Rights –
- What should we tell people about dementia? – Gill Pinner & Walter Pierre Bouman
- Partners in care: psychiatric advance directives: a user's view -anonymous

CD ADDITIONS

- *Confidentiality and carers – teaching for psychiatric trainees (PowerPoint and references) – Irene Cormac*
- Checklists in other languages**
- *Checklist for carers of people with mental health problems (Urdu & Hindi)*
- *Checklist for people with mental health problems (Urdu & Hindi)*
- *Checklist for Psychiatrists (Urdu)*

6. CARERS IN TRAINING MODULE

- Training for tutors: a summary – Gráinne Fadden
- Involving carers and service users in the training of psychiatrists – Gráinne Fadden, Mike Shooter and Gareth Holsgrove
- User and carer involvement in mental health training – Gill Livingston & Claudia Cooper
- Examples of involving carers in training – Gráinne Fadden

CD ADDITIONS

- *Experience & benefits of involving patients and carers in mental health training (PowerPoint) – Gráinne Fadden and Simon Foster*
- *Carers in partnership (PowerPoint) – Jeffrey Breslaw, Carer*
- *Carers in partnership (PowerPoint) – Peter Woodhams, Carer*
- *Involving patients and carers in psychiatric education (PowerPoint) – Gareth Holsgrove*



FURTHER HELP

- Mental health, learning disability and carer organisations

REFERENCES

EVALUATION

ACKNOWLEDGEMENTS

CD ADDITIONS

- *Catalogue of materials and order form*

Partners in Care: working together to make a real difference is grateful to

Partnerships in care 

for producing this training resource